Agenda

Wednesday, September 20, 2023

7 a.m. – 5 p.m.
Registration

7 - 8 a.m.
Breakfast (Provided)

8:00 – 11:30 a.m.
Hospital Diagnostics Workshop *(Separate registration required.)*
Brian Wolfe, MD, Frannie Lorenzi, MMS, PA-C, Rudy Moravek, PA-C, Erin Szemak, DNP, APRN, AGACNP-BC

The Hospital Diagnostics Workshop will include various expert faculty who will provide diagnostic strategies for ECGs, imaging, and lab interpretation. This interactive session will provide participants with the opportunity to practice reading ECGs and x-rays. Cases of liver test abnormalities, antibody pattern cases, and acid base cases will also be included. Participants will have the opportunity to interact with faculty and other clinicians.

At the conclusion of this session, participants should be able to:

- Independently and systematically review ECGs that will be encountered in hospital practice
- Independently and systematically review chest radiographs that will be encountered in hospital practice
- Interpret common acid base, liver test and antibody testing encountered in hospital practice

11:30 – 1 p.m.
Lunch (on own)

1 – 5 p.m.
Point-of-Care Ultrasound Pre-Course: HOCUS POCUS: Point of Care Ultrasound Workshop *(Separate registration required.)*
Adrijana Anderson, PA-C, Andrea King, PA-C, Andrew Walker, PSM, MS, PA-C

Point of Care Ultrasound is becoming much more prevalent in many different specialties as an important clinical tool to help assess/diagnose patients and guide resuscitation. This workshop will introduce basic concepts of how to perform point of care ultrasound and how it can be implemented into your clinical practice - with lots of hands on practice on live ultrasound models!

At the conclusion of this session, participants should be able to:

- Explain the indications for the use of bedside, point-of-care ultrasound (POCUS)
- Describe the basics of ultrasound technology, and “knobology”
Thursday, September 21, 2023

7 a.m. - 5 p.m. Registration
7 - 8 a.m. Exhibits and Breakfast (Provided)
8 - 8:15 a.m. Welcome From Course Directors

8:15 - 9 a.m. Case-Based Approach to VTE & Anticoagulation
Stephanie Jalaba, PA-C

This session utilizes a case-based approach to discuss the complex topics of venous thromboembolism (VTE) and anticoagulation. Cases will shed light on the latest evidence-based guidelines and strategies in practice and give the learner a chance to explore how they would approach each scenario. Current best practice with anticoagulants and reversal agents will be discussed in the context of cases. Learners practicing in any acute care capacity should find this session useful to their practice.

At the conclusion of this session, participants should be able to:
- Explore different options for anticoagulation, including the latest guideline updates for treatment of VTE
- Discuss a patient-centered approach to choosing the appropriate anticoagulation method
- Analyze options for anticoagulation reversal

9:15 - 10:15 a.m. Debugging Sepsis
Andrew Walker, PA-C

One out of every three patients that die in the hospital today have sepsis. What can you do to recognize this syndrome sooner? What treatments should you initiate first and which have the best evidence to reduce mortality? Discover novel therapies to treat an ancient illness as we debug sepsis.

At the conclusion of this session, participants should be able to:
- Describe the pathophysiology of sepsis
- Recognize and initiate appropriate therapy for sepsis quickly
- Discuss novel approaches to sepsis treatment

10:15 - 10:45 a.m. Exhibits/Break
10:45 - 11:45 a.m. Diversity, Equity, Inclusion, and Belonging (DEI-B): Key Considerations in Hospital Medicine
Amira del Pino-James, MD

The importance of Diversity, Equity, Inclusion, and Belonging (DEI-B) in healthcare has never been clearer. The work that we do in hospital medicine
can help to advance DEI-B, allowing us to provide high quality care for our patients and contribute to a positive climate and culture within our institutions. In this session, we will discuss the current state of DEI-B in healthcare and examine ways in which hospitalists can approach and evaluate their everyday work utilizing a DEI-B lens.

At the conclusion of this session, participants should be able to:

- Define Diversity, Equity, Inclusion, and Belonging (DEI-B) in the context of healthcare
- Describe challenges related to DEI-B in our current healthcare systems and environments
- Discuss ways in which hospitalists can incorporate evidence-based DEI-B principles into everyday workflow
- List ways in which we can overcome barriers to advancing DEI-B in hospital medicine

11:45 a.m. – 12 p.m.  
Interactive Review Session

12 – 1 p.m.  
Exhibits and Lunch (Provided)

1 - 2 p.m.  
Nephrology for the Hospitalist

Brett Gage, PA-C

In this session we will be reviewing how to manage patients with acute kidney injury, hyperkalemia and hyponatremia. We will be reviewing how to approach and manage a patient with acid-base disturbances.

At the conclusion of this session, participants should be able to:

- Manage Hyperkalemia
- Evaluate Acid-Base Disturbances
- Describe Acute Kidney Injury
- Illustrate how to approach to Hyponatremia
- Discuss dialysis

2:15 - 3:15 p.m.  
Infectious Diseases Pearls for the Cultured Hospitalist

Rachel Hendryx, PA-C

The aim of this presentation is to help clinicians in anti-infective (antibiotics as well as antifungals, antivirals, etc.) selection in the hospital setting, as well as clarify some common misconceptions or mistakes I see in regard to inpatient infectious diseases. Lastly, I would like to offer some helpful resources many ID clinicians use in daily practice.

At the conclusion of this session, participants should be able to:

- Describe specific principles when choosing an anti-infective: side-effects, interactions, doses, delivery, etc.
• Recognize hospital medicine specific ID pearls and clarify common mistakes or misunderstandings regarding obtaining and interpreting microbiology data
• Recall ID-specific resources to reference in daily clinical use

3:15 – 3:45 p.m.  Exhibits/Break
3:45 – 4:45 p.m.  Having Difficult Conversations with and Planning Next Steps for Patients with Serious Illness
Harekia Brackett, APRN, CNS, ACHPN

APP’s are often asked to communicate very difficult, devastating yet necessary information to their patients who have a serious illness. This is one of the most important skills that an APP can possess. Breaking bad news incorrectly or in a harsh manner can be detrimental to the relationship and can impact trust and comfort levels. This session will describe methods to communicate difficult information in a compassionate and effective manner as well as determine the difference between value-based goals of care and a treatment plan in a short amount of time. The session will also help the APP feel confident in providing a recommendation based on the patient’s values as well as what is a realistic treatment plan.

At the conclusion of this session, participants should be able to:
• Describe the process of matching value-based goals of care to a realistic treatment plan
• Describe and practice methods for communicating difficult news
• Identify methods in providing appropriate recommendations based on a patient’s values coupled with what is a realistic treatment plan

4:45 – 5:00 p.m.  Interactive Session
5 - 6 p.m.  Networking Reception

Friday, September 22, 2023
7 a.m. – 5:30 p.m.  Registration
7 - 8 a.m.  Exhibits and Breakfast (Provided)
8 - 9 a.m.  Things That Go Bump in the Night: Surviving Night Floor Calls
Jessica Chambers, MD

Night shift is one of the most dreaded phrases in medicine. The volume and acuity of pages can vary dramatically, and quiet nights can be shattered with one critical call. This session will serve as an overview to cross cover medicine, how to tackle specific issues, and when to escalate care. By defining your individual approach to overnight care, and prioritizing communication with ancillary staff, you can walk into any shift feeling prepared. Evidence-based approaches to delirium, arrhythmias, fevers, foley and IV issues, and much
more will be discussed. Attendees will leave the session with access to a continually updated guide to night medicine issues that was designed in conjunction with subspecialist faculty. Expect integration with how point-of-care ultrasound can be used to improve diagnostic accuracy and patient outcomes. Concise documentation of overnight events will also be emphasized.

At the conclusion of this session, participants should be able to:

- Summarize the most common cross-cover calls received overnight
- Differentiate across the standard approaches to routine patient care issues overnight
- Apply triage concepts to multiple competing priorities during night shift
- Demonstrate judicious decision making in pharmacologic interventions
- Develop a consistent strategy for cross-cover documentation and communication

9:15 – 10:15 a.m.  

Oh, I’ve Got Friends… With Low Platelets

Andy Herber, PA-C

The following presentation is a fast-paced, high-energy, and case-based lecture discussion on the evaluation and management of thrombocytopenia. Attendees will be asked to join the speaker on a journey through the hospital medicine wards where multiple complex patients will present with thrombocytopenia. Evidence-based workup and treatment strategies will be discussed throughout.

At the conclusion of this session, participants should be able to:

- Discuss differential diagnosis of acute thrombocytopenia in hospitalized patients
- Discuss evaluation of hospitalized patients with acute thrombocytopenia
- Explain the difference between DIC and TTP

10:15 - 10:45 a.m.  

Exhibits/Break

10:45 - 11:45 a.m.  

Wound Management: More than "Consult Wound Care"

Dipali Sahoo, DO, MBA, FACP, SFHM

This session will focus on basic wound care principles that are beneficial for all hospitalist physicians, PAs and NPs. In addition to reviewing types of commonly seen wounds in hospital medicine, our aim is for our audience to become familiar with treatments and management tactics of commonly seen wounds in hospital medicine.

At the conclusion of this session, participants should be able to:

- Recognize the tenets of wound care
- Review common wounds seen in hospital medicine
• Describe the treatments and management tactics of commonly seen wounds

11:45 a.m. – 12 p.m.  Interactive Review Session

12 – 1 p.m.  Exhibits/Lunch (Provided)

1 – 2 p.m.  Liver Potpourri

Avash Kalra, MD

This talk will provide an overview of commonly encountered clinical manifestations of chronic liver disease, while also providing a practical approach to management of these conditions.
At the conclusion of this session, participants should be able to:
• Describe the management of common decompensations of cirrhosis
• Recognize indications for liver transplantation
• Explain the misunderstood coagulopathy of liver disease

2:15 p.m. – 3:15 p.m.  When the Answers Aren’t Straight Forward: LGBTQ+ Health For the Hospitalist

Keshav Khanijow, MD and Christopher Waybright, MSN, APRN, FNP-C

Lesbian, Gay, Bisexual, Transgender, and Queer (LGBTQ) individuals account for 11 million Americans, or 4.5% of the US population. Unfortunately, they suffer worse health outcomes compared to heterosexual and cis-gender patients. As frontline inpatient providers, hospitalists have the opportunity to help eliminate these disparities through knowledge of affirming and effective LGBTQ patient care. This session will provide knowledge on LGBTQ health concepts applicable to hospital medicine.

At the conclusion of this session, participants should be able to:
• Identify LGBTQ+ Health Disparities
• Utilize LGBTQ+ affirming language and documentation
• Discuss basic concepts in gender affirmation hormone therapy

3:15 - 3:45 p.m.  Exhibits/Break

3:45 – 5:15 p.m.  First Breakout Session (Choose One)

• ABGs and Ventilators: Let's talk about gas!
• Communication -The heART of Connection
• Hospital Medicine meets Critical Care: Patient Cases
• Neuro Exam for the Hospitalist breakout session

ABGs and Ventilators: Let's talk about gas!

Andrew Walker, PSM, MS, PA-C, Amelia Lowell, MS, RRT
Do you experience nausea, bloating, and abdominal discomfort when asked to interpret an ABG or discuss ventilators? Join us as we air out the steps to understanding a patient’s acid-base status and manipulate ventilator settings. By the end of the session you’ll be able to apply what you’ve learned to various clinical cases. Let’s talk about gas!

At the conclusion of this session, participants should be able to:

• Analyze ABGs to determine the primary acid-base disorders
• Describe and manage basic CPAP, BiPAP, and Ventilator settings
• Apply ABG results clinically

Communication -The heART of Connection

Lindsey Kriz, DNP, FNP, AG-ACNP

Effective communication in healthcare can make a life-or-death difference. Navigating complex patient care in the always advancing technology world presents a multitude of communication challenges. This session will teach skills and tools that can be put to immediate use in clinical practice with patients and colleagues.

At the conclusion of this session, participants should be able to:

• Articulate the importance of effective communication in patient-centered healthcare
• Utilize the PEARLS tool to navigate difficult conversations with patients and colleagues
• Incorporate tips to improve handoff and enhance team based care

Hospital Medicine meets Critical Care: Patient Cases

Adrijana Anderson, MMS, PA-C

Fun and interactive case-based approach to more unstable hospital patients. Tips and tricks on what to do when you patient starts decompensating, so you can improve outcomes and save lives.

At the conclusion of this session, participants should be able to:

• Identify patients who warrant evaluation by a critical care team and discuss early resuscitative measures
• Evaluate the patient with early sepsis
• Recognize acute respiratory failure and review initial management strategies
• Determine which type of shock can occur simultaneously
• Describe how an arterial blood gas can assist in clinical decision making

Neuro Exam for the Hospitalist breakout session
Sarah Kelly, PA-C, Grace Yanosich, PA-C

This session will include a brief lecture reviewing the implications and practice of performing a neurologic exam followed by hands on experience.

At the conclusion of this session, participants should be able to:
- Describe the components of a neurologic exam
- Demonstrate performing a full neurologic exam
- Explain normal and abnormal findings in a neurologic exam

Saturday, September 23, 2023

7 a.m. – 5:30 p.m. Registration

7 - 8 a.m. Breakfast (Provided)

8 - 9:30 a.m. Second Breakout Session (Choose One)
- ABGs and Ventilators: Let’s talk about gas!
- Communication - The heART of Connection
- Hospital Medicine meets Critical Care: Patient Cases
- Neuro Exam for the Hospitalist breakout session

9:45 – 10:30 a.m. The Four Pillars to Successfully Treat Heart Failure
Emily Benton, PhD, NP-C

This session will cover how to identify heart failure and what to expect when making the diagnosis. Understanding GDMT and how to initiate it both in the inpatient and outpatient settings will also be covered. And, what to follow on the HFrEF patient on GDMT will be addressed as well.

At the conclusion of this session, participants should be able to:
- Illustrate how to diagnose and evaluate for heart failure
- Identify the four pillars of HF GDMT
- Implement the GDMT

10:30 – 10:45 a.m. Break

10:45 a.m. – 12:15 p.m. Third Breakout Session (Choose One)
- ABGs and Ventilators: Let’s talk about gas!
- Communication - The heART of Connection
- Hospital Medicine meets Critical Care: Patient Cases
- Neuro Exam for the Hospitalist breakout session

12:15 – 1:30 p.m. Lunch (On Own)

1:30 – 2:30 p.m. Detoxing and Dopesick - Acute Care Management of Alcohol and Opioid Withdrawal
Sarah Tiesing, MSN, FNP-C
This presentation will serve to empower the acute care Hospitalist clinician in early identification of alcohol and opioid withdrawal as well as best practice pharmacologic therapies. It will specifically focus on the role of Suboxone in acute care with recent elimination of the X-waiver and enhanced access to opioid treatment for our opioid use disorder patients.

At the conclusion of this session, participants should be able to:

- Identify the risks and complications of alcohol and opioid withdrawal
- Identify the risks and complications of alcohol and opioid withdrawal
- Identify best practice pharmacologic therapies for alcohol and opioid withdrawal

2:45 – 3:45 p.m.

For the Love of Oxygen: Hospital Respiratory Cases

Adrijana Anderson, PA-C

Fun, case based approach to many common respiratory clinical presentations you may encounter, regardless of which speciality you practice in.

At the conclusion of this session, participants should be able to:

- Define and classify acute respiratory failure
- Review oxygen supplementation techniques
- Summarize updates for management of pulmonary embolism
- Discuss appropriate use of NPPV
- Outline the updated CAP guidelines

3:45 – 4 p.m.

Break

4 - 5 p.m.

Perioperative Medicine Potpourri

Brian Wolfe, MD

This is a choose-your-own-adventure didactic on perioperative medicine. The audience will select from a matrix of topics running from perioperative myocardial infarction to non-cardiac surgery in patients with liver disease... and everything in between.

At the conclusion of this session, participants should be able to:

- Explain the common risks confronting the perioperative patients
- Discuss the current evidence behind the management of perioperative patients
- Describe the role of common chronic conditions and their effect on perioperative risk

5 – 5:15 p.m.

Interactive Review Session

Sunday, September 24, 2023

7 a.m. - 1 p.m.
Registration

7 - 8 a.m.
Breakfast (Provided)
8 – 8:45 a.m.  **How to keep calm while calming others: approach to the agitated patient**  Heather Murray, MD, MPH

Agitation is common in the inpatient hospital setting and is associated with staff assaults and patient morbidity. In addition, psychiatric consultation is not available at many institutions, so it is imperative that hospital medicine providers feel confident in working-up and managing acute agitation. During this session, the group will review common causes of agitation in the hospital setting along with how to determine when to use common behavioral and pharmacological interventions to manage acute agitation.

At the conclusion of this session, participants should be able to:

- Discuss common causes of agitation in the acute care setting
- Discuss behavioral approaches to de-escalation
- Discuss pharmacological approaches to management of agitation

9:00 – 10 a.m.  **Diabetes Mellitus, Hyperglycemia & Hypoglycemia for Hospitalized Patients in 2023**  Krystal M. Renszel, DO, MS, FACP

This will be an interactive session with case-based learning whereby attendees will learn how to dose insulin based on patient characteristics and nutritional status.

At the conclusion of this session, participants should be able to:

- Review current literature regarding glycemic targets & insulin dosing with focus on non-ICU hospitalized patients
- Manage special populations (corticosteroids, ESRD/CKD, peri-operative)
- Discuss hypoglycemia and impact on mortality
- Choose dosing regimens based on patient population and nutritional status

10:00 - 10:30 a.m.  **Break for Hotel Check-Out**

10:30 - 11:30 a.m.  **Chest pain, arrhythmias and syncope - Oh My!**  Karen Ream, PA-C, MBA

This session will use case-based examples to review common cardiac complaints in the hospitalized patient and how to complete the work up.

At the conclusion of this session, participants should be able to:

- Identify common causes of chest pain in hospitalized patients
- Explain the components needed for a syncope work up
- Differentiate between common arrhythmias seen in hospitalized patients
11:45 - 12:30 p.m.  
**Pain Management: Improving Provider and Patient Comfort**

Maura Burton, NP

This case-based session will help you methodically identify and treat pain in the hospitalized patient. Opioid, non-opioid, and non-pharmacologic interventions will be discussed.

At the conclusion of this session, participants should be able to:

- Describe how to choose the right drug
- Outline the basic principles of opioid management
- Determine how and when to use patient-controlled analgesia (PCA)
- Develop a consistent strategy for cross-cover documentation and communication

12:30 p.m.  
**Closing Remarks**

* This agenda may be updated or modified without notification.