

Top 5 CME

Total AAPA Category 1 CME Credits: 5

A Case-Based Approach to Acute Coronary Syndrome

AAPA Category 1 CME Credits: 1

Description: This session covers the topic of acute coronary syndrome and the diagnoses that fall within that spectrum through a series of cases. The session outlines the approach to the patient, the diagnostic methods and criteria for the conditions, as well as management of acute coronary syndrome. The cases are presented vignette style with history, physical exam, diagnostic studies, differential diagnoses, and management to be included.

Educational Objectives

At the conclusion of this session, participants should be able to:

- Compare and contrast the diagnoses on the acute coronary syndrome spectrum
 - Describe the appropriate evaluation for a patient with suspected acute coronary syndrome
 - Discuss the treatment plan for a patient unstable angina, NSTEMI or STEMI
 - Given a clinical scenario, identify a non-ST elevation acute coronary syndrome patient that would require more aggressive management
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Acute Kidney Injury: Kidneys Gone Bad

AAPA Category 1 CME Credits: 1

Description: This session is an introduction to acute kidney injury (AKI) with an emphasis on what defines AKI; lab changes to expect as well as physical exam findings consistent with AKI; likely etiologies and the acute and long term implications that are associated with the diagnosis. It includes discussion of when to treat and what treatment modalities are available as well as how to choose the most appropriate therapy. The session includes an overview of bio markers used to identify AKI as well as those implemented in predicting the probability of developing AKI.

Educational Objectives

At the conclusion of this session, participants should be able to:

- Define Acute Kidney Injury (AKI)
 - Identify causes of AKI - common and uncommon, community acquired vs. hospital acquired
 - Review testing required to identify AKI including use of predictive testing modalities
 - Discuss the treatment of AKI with objective use of which modalities to use and when
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Anaphylaxis: Early Recognition and Treatment

AAPA Category 1 CME Credits: 1

Description: This session addresses the rapid recognition of the anaphylactic patient including the myriad of signs that may show up and indicate an anaphylactic process. It also covers the initial and late-phase treatment of the anaphylactic patient, the long term follow up, and the prevention of future anaphylactic events.

Educational Objectives

At the conclusion of this session, participants should be able to:

- Recognize the early signs and symptoms of an anaphylactic reaction
 - Describe the early treatment options as well as the late-phase and biphasic treatment of an anaphylactic reaction
 - Discuss the long term follow up of the anaphylactic patient as well as prevention measures that can help avoid a future anaphylactic event
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A Review of Intracranial Trauma by Case Studies

AAPA Category 1 CME Credits: 1

Description: A patient stating, I have a headache this BIG, may be part of the patient's presentation for a traumatic head injury. In other instances, the patient is not alert, and much less conversant. This session provides patient cases to explore different mechanisms of injury such as vehicle collision, football tackle, or gunshot wound. Key features of the patients' clinical presentation are compared. Radiographic findings of a variety of intracranial hemorrhages are evaluated. Compilation of the case studies with the radiographic findings in order to delve deeper into treatment options will summarize the session. This will be beneficial to PAs as a review for certification as well as those in the practice of caring for these patients in the ER setting.

Educational Objectives

At the conclusion of this session, participants should be able to:

- Compare patient cases for mechanism of injury and clinical presentation
 - Differentiate intracranial trauma radiographic findings, including subdural, epidural, subarachnoid, and intraparenchymal hemorrhage
 - Summarize head trauma key clinical and radiographic features with brief survey of management options
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Burnout: It's Not Just Physicians

AAPA Category 1 CME Credits: 1

Description: This session addresses burnout specific to PAs utilizing data from national studies in comparison to physicians. It identifies the signs and symptoms of burnout and the challenges in recognizing these signs and symptoms in ourselves. The session describes how burnout may occur differently in men and women and the impact burnout has on medical providers both personally and professionally; including divorce, suicide rates, depression, patient satisfaction, and medical errors. The financial impact burnout has on a medical practice is also covered. The session highlights methods that have been proven effective in preventing and combating burnout, including a guided large-group mindfulness mini-session. Participants are given resources for help if suffering from burnout.

Educational Objectives

At the conclusion of this session, participants should be able to:

- Distinguish factors contributing to burnout
 - Identify the prevalence of burnout
 - Identify the signs and symptoms of provider burnout
 - Identify ways to treat and prevent burnout
 - Apply preventive/treatment tools for burnout
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