



Jeremiah first got involved with Wounded Warrior Project® (WWP) in 2011 after being invited to a Soldier Ride® in Phoenix, Arizona. He was later introduced to the WWP Physical Health, and Wellness program, which inspired him to take back control of his physical well-being. He shares his story as both a WWP spokesperson and member of the National Speaker's Association.

A lot of Jeremiah's inspiration comes from his kids.

"I see them smile, and it motivates me to be even better. I also see things that fellow warriors are doing; some with injuries much worse than mine. They help me to carry on and be positive, and they fuel my desire to help others."



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