FINAL PROGRAM

THE TENTH ANNUAL ADULT HOSPITAL MEDICINE



SEPTEMBER 12-16, 2018
ORLANDO, FL





WELCOME!

AAPA and the Society of Hospital Medicine are pleased to welcome you to **Boot Camp 2018**. We hope this important educational program exceeds your expectations and improves your clinical practice.

We welcome your feedback and thank you for making **Boot Camp** a part of your lifelong learning experience.

Sincerely,

Efren Manjarrez, MD, SFHM Jennifer Palermo, MMS, PA-C Laura Rosenthal, DNP, ACNP, FAANP Course Directors

CME SUPPORT

Supported by an educational grant from Novartis.

Supported by an educational grant from Novo Nordisk, Inc.



GENERAL INFORMATION

Accreditation Statements

The Boot Camp 2018: Hospital Medicine 101 Pre-Course, offered September 12, 2018, has been reviewed and is approved for a maximum of 4 AAPA Category 1 CME credits by the AAPA Review Panel. PAs should claim only those hours actually spent participating in the CME activity.

The Boot Camp 2018: Fun with Pharm Pre-Course, offered September 12, 2018, has been reviewed and is approved for a maximum of 3 AAPA Category 1 CME credits by the AAPA Review Panel. PAs should claim only those hours actually spent participating in the CME activity. This activity is also approved for 3.0 contact hours of continuing education (which includes 3.0 hours of pharmacology) by the American Association of Nurse Practitioners. Activity ID 18073275. This activity was planned in accordance with AANP Accreditation Standards and Policies.

The Tenth Annual Adult Hospital Medicine Boot Camp General Course, offered September 13 – 16, 2018, has been reviewed and is approved for a maximum of 25.75 AAPA Category 1 CME credits by the AAPA Review Panel. PAs should claim only those hours actually spent participating in the CME activity.

These programs were planned in accordance with AAPA's CME Standards for Live Programs and for Commercial Support of Live Programs.

This educational activity may contain discussion of published and/or investigational uses of agents that are not indicated by the FDA. Therefore, before prescribing any medication, please review the complete prescribing information including indications, contraindications, warnings, precautions, and adverse effects. The information presented is that of the contributing faculty and does not necessarily represent the views of AAPA, SHM, and/or any named commercial entity providing financial support.

Accessing Electronic Handouts

Electronic handouts provided by conference faculty are available under My Curriculum in Learning Central. To access the handouts:

- 1. Log in to Learning Central at **cme.aapa.org** using your AAPA username and password. If you don't know your user credentials or are unable to log in, please contact **cme@aapa.org**.
- 2. Click the My Curriculum tab and select the Tenth Annual Adult Hospital Medicine Boot Camp General Course, Boot Camp 2018: Hospital Medicine 101 Pre-Course, or Boot Camp 2018: Fun with Pharm Pre-Course.
- 3. Click on the orange Select or Resume button on the top right of the page.
- 4. Navigate to the Activity Material section and click on the PDFs to open the session handouts.

Completing Evaluations and Obtaining a CME Certificate

Your feedback helps us plan future conferences; therefore, your completion of course evaluations is a prerequisite for a CME certificate. The course evaluations/CME certificate will be available in Learning Central starting on Sunday, September 16, 2018. **You will have until Tuesday, October 16, 2018, to complete the evaluations.** Please use the following steps to complete the course evaluations and receive your CME certificate:

- 1. Log in to Learning Central at **cme.aapa.org** using your AAPA username and password. If you don't know your user credentials or are unable to log in, please contact **cme@aapa.org**.
- 2. Click the My Curriculum tab and select the Tenth Annual Adult Hospital Medicine Boot Camp General Course, Boot Camp 2018: Hospital Medicine 101 Pre-Course, or Boot Camp 2018: Fun with Pharm Pre-Course.
- 3. Click on the orange Select or Resume button on the top right of the page.
- 4. Navigate to the Evaluation section and click on the Launch button to open and complete the survey.
- 5. View your certificate under My Transcript.



PRE-COURSES: WEDNESDAY, SEPTEMBER 12

Andrew Herber, PA-C

6:30 a.m. – 5 p.m. **Registration**

Convention Level, Florida Ballroom Foyer

7:30 – 7:45 a.m. **Hospital Medicine 101: Welcome From Course Directors**

Convention Level, Florida Ballroom

7:45 – 8:45 a.m.

Hospital Medicine 101: Lab Rats to the Rescue: Inpatient Cases in Lab Medicine

Convention Level, Florida Ballroom

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At the end of this presentation, participants should be able to:

- Interpret common lab abnormalities found in hospitalized patients
- Recognize common laboratory patterns associated with common inpatient disease states
- Identify common pitfalls when reviewing lab findings of hospitalized patients

8:45 - 9:45 a.m.

Convention Level, Florida Ballroom **Hospital Medicine 101: Radiology 101: Commonly Ordered Imaging Studies for Hospitalized Patients** Christy Wilson, PA-C, MPAS, DFAAPA

At the end of this presentation, participants should be able to:

- Interpret common imaging studies such as chest X-rays (CXRs), chest CTs, and abdominal imaging
- Identify basic cardiothoracic anatomy
- Describe the correct placement of chest tubes, central venous lines, and endotracheal tubes
- Differentiate common abnormalities on CXRs

9:45 – 10 a.m. **Break**

Convention Level, Florida Ballroom Foyer

10 – 11 a.m.

Hospital Medicine 101: The Battle of the Clot: Anticoagulation in the Hospitalized Patient

Convention Level,

Brian Yorkgitis, PA-C, DO, FACS

Florida Ballroom

At the end of this presentation, participants should be able to:

- Discuss the pharmacologic properties of common anticoagulants
- Describe indications for anticoagulation
- Discuss perioperative management of anticoagulants
- Describe reversal strategies and management of bleeding with anticoagulation

Hospital Medicine 101: Antibiotic Use and Misuse in the Hospital Setting

11 a.m. – 12 p.m.

Bhavarth Shukla, MD, MPH

Convention Level, Florida Ballroom

- Review major antibiotic classifications
- · Describe the most common indications for the top antibiotics used in hospital medicine
- · Anticipate side effects associated with the top antibiotics



1 - 4 p.m.

Fun with Pharm

Convention Level, Florida Ballroom Melissa Murfin, PA-C, PharmD, BCACP

At the end of this presentation, participants should be able to:

- Select and appropriately dose antibiotics, vasopressors, and corticosteroids for the treatment of sepsis and septic shock
- · Discuss the treatment of Clostridium difficile, according to latest IDSA/SHEA guidelines
- Convert opioid pain medications from PO to IV and IV to PO
- Select antibiotics that are used in the treatment of multi-drug resistant organisms, such as MRSA, VRE, and CRE
- List medications that can cause QTc prolongation
- Review the Beers Criteria for appropriate prescribing in elderly patients, and name medications that are potentially harmful

GENERAL COURSE: THURSDAY, SEPTEMBER 13

6:30 a.m. - 5 p.m.

Registration

Convention Level, Florida Ballroom Foyer

7 – 8 a.m.

Exhibits and Continental Breakfast (Provided)

Convention Level, Florida Ballroom Foyer

8 – 8:15 a.m.

Welcome From Course Directors

Convention Level, Florida Ballroom

COPD: Where Do We Go From Here?

8:15 – 9:15 a.m. Convention Level,

Andrew Walker, PSM, MS, PA-C

Florida Ballroom

At the end of this presentation, participants should be able to:

- Review the causes and clinical presentation of a COPD exacerbation
- Determine the appropriate disposition of a patient presenting with a COPD exacerbation
- Discuss the evaluation and management of a COPD exacerbation
- Review the role of nebulized vs. MDI therapy in a COPD exacerbation
- Discuss the risk factors predisposing patients with COPD to readmission and strategies to mitigate the risk
- · Review emerging therapeutic interventions

9:15 – 10:15 a.m.

Dude, Where's My Blood? Anemia Cases From the Hospital

Convention Level,

Andrew Herber, PA-C

Florida Ballroom

- Assess different types of anemia from inspecting common associated laboratory findings
- Diagnose anemia based upon workup evaluation
- Integrate evidence-based guidelines for transfusion therapy
- Detect impact on patient outcomes of hospital-acquired anemia



10:15 - 10:30 a.m.

Exhibits/Break

Convention Level, Florida Ballroom Foyer

10:30 - 11:30 a.m.

Altered Mental Status in the Hospitalized Patient

Convention Level, Florida Ballroom Erik Summers, MD, FACP

At the end of this presentation, participants should be able to:

- Discuss common causes and the workup of altered mental status
- Review key history/physical findings that may help identify the etiology for altered mental status
- Differentiate between patients with dementia and delirium
- · Recognize the risk factors for the development of delirium
- Discuss the unique aspects of elderly inpatients with altered mental status

11:30 a.m. – 12:15 p.m.

Sepsis: New Conceptual Definitions and Case Review

Convention Level, Florida Ballroom Carrie Parkinson, MS, ACNPC-AG, FNP-C, CCRN

At the end of this presentation, participants should be able to:

- Describe the economic impact of sepsis on the healthcare system
- · Define screening/stratification tools for pre-hospital, emergency department, ward, and ICU patients
- Review the 2016 criteria for sepsis and septic shock as defined by the Third International Consensus Definitions for Sepsis and Septic Shock (Sepsis-3)
- Briefly discuss the physiology of sepsis and the approach to managing septic shock
- Discuss therapeutic strategies in sepsis, and review the three and six hour SSC bundles
- Review the importance of early recognition, appropriate antibiotic therapy and adequate volume resuscitation in the septic patient

12:15 - 1:30 p.m.

Exhibits and Lunch (Provided)

Convention Level, Florida Ballroom Foyer

1:30 - 2:30 p.m.

Management of the Hospitalized Patient with Pneumonia

Convention Level,

Erik Summers, MD, FACP

Florida Ballroom

At the end of this presentation, participants should be able to:

- Differentiate the following types of pneumonia: community-acquired, hospital-acquired, ventilator-associated, and aspiration
- · Review the diagnostic tools available for hospitalized patients with pneumonia
- · Identify when a patient should be transferred to the ICU
- Utilize non-invasive ventilation strategies when appropriate
- Discuss the appropriate treatment for each type of pneumonia

2:30 - 3:30 p.m.

Medical Management of the Perioperative Patient

Convention Level, Florida Ballroom Efren Manjarrez, MD, SFHM

- Discuss the approach to preoperative cardiac risk stratification
- Properly manage perioperative cardiac medications
- · Identify risk factors for perioperative pulmonary complications
- · Outline strategies to reduce the risk of perioperative pulmonary complications



3:30 – 3:45 p.m. **Exhibits/Break**

Convention Level, Florida Ballroom Foyer

3:45 – 5 p.m.

Management of Acute Kidney Injury and ESRD in the Hospitalized Patient

Convention Level,

Zachary Hartsell, MHA, PA-C

Florida Ballroom At the end of this presentation, participants should be able to:

- · Recognize the stages of kidney disease and the signs and symptoms that accompany them
- Define acute kidney injury (AKI), its different causes and treatment options
- Determine the desired goals of therapy for patients with progressive kidney disease
- Identify the indications for dialysis in a hospitalized patient with ESRD or AKI

5 – 6 p.m. Welcome Reception

Fourth Level, Orchid Room and Verandah

GENERAL COURSE: FRIDAY, SEPTEMBER 14

7 a.m. – 5 p.m. **Registration**

Convention Level, Florida Ballroom Foyer

7 – 8 a.m. **Exhibits and Continental Breakfast (Provided)**

Convention Level, Florida Ballroom Foyer

8 – 9 a.m. **Update: Management of Venous Thromboembolism**

Convention Level,

Erin Stutz, PA-C, MPAS

Florida Ballroom At the end of this presentation, participants should be able to:

- Identify the current statistics and epidemiology of venous thromboembolism (VTE)
- Review the basic workup for a patient presenting with acute VTE
- Evaluate the options for initial pharmacologic management of acute deep venous thrombus (DVT) and pulmonary embolism (PE)
- Describe the indications for non-pharmacologic treatments
- · Discuss direct oral anticoagulants

9 – 10 a.m. Facilitating a "Good" Death: Tools for Expert End of Life Care for the Dying

Convention Level Hospitalized Patient

Convention Level, Florida Ballroom

Hannah Farfour, DNP, AGNP-C

At the end of this presentation, participants should be able to:

- · Identify helpful communication tools to use with patients and families at end of life
- Identify medications for expert symptom management at end of life
- · Identify ways to facilitate a "good" death for a hospitalized patient

10 – 10:15 a.m. Exhibits/Break

Convention Level, Florida Ballroom Foyer



10:15 - 11:15 a.m.

Safe Opiate Prescribing in the Hospitalized Patient During a National Opioid Crisis: A Review of New Guidelines

Convention Level, Florida Ballroom

Laura Rosenthal, DNP, ACNP, FAANP

At the end of this presentation, participants should be able to:

- Adapt evidence-based pharmacologic and therapeutic strategies in treating the hospitalized patient with acute pain
- · Discuss new guidelines for opiate prescription in the inpatient setting
- Apply best practices for screening and monitoring before and during opioid initiation
- · Minimize opioid-related adverse events in the hospitalized patient with acute pain

11:15 a.m. – 12 p.m.

The Hospitalist's Approach to Chest Pain

Convention Level, Florida Ballroom Stephanie Jalaba, MMS, PA-C

At the end of this presentation, participants should be able to:

- Describe cardiac vs. non-cardiac chest pain
- · Discuss risk stratification for patients with suspected cardiac chest pain
- Explore appropriate and optimal testing for both cardiac and non-cardiac etiologies of chest pain
- Review treatment of common causes of chest pain

12 – 1:15 p.m.

Lunch (On your own)

Please visit the registration desk for a list of nearby restaurants.

1:15 - 3 p.m.

FIRST BREAKOUT SESSION

Convention Level, Florida Ballroom

A Day in the Life of a Hospitalist NP/PA: Common Cases

Jennifer Palermo, MMS, PA-C, and Zachary Hartsell, MHA, PA-C

At the end of this presentation, participants should be able to:

- List differential diagnoses for commonly encountered inpatient medical conditions
- Develop diagnostic and treatment plans for commonly encountered inpatient medical conditions
- · Recognize which patients require urgent bedside evaluation

Convention Level, Plaza International Ballroom D

ABG Interpretation Made Easy

Stephanie Jalaba, MMS, PA-C, and Andrew Walker, PSM, MS, PA-C

- Explore both the basic and more advanced components of an ABG
- Discuss the concept of compensation
- Calculate anion and delta gaps and apply to ABG interpretation
- Determine a differential diagnosis based on ABG interpretation and apply to clinical practice



Convention Level,
Plaza International
Ballroom F

Approach to the Neurologic Examination and Clinical Pearls

Mohan Kottapally, MD

At the end of this presentation, participants should be able to:

- Discuss how to approach the neurologic examination
- Identify common errors in performing the neurologic examination
- · Discuss the approach to the comatose patient
- · Review clinical pearls commonly associated with classic neurologic diseases

Convention Level, Plaza International Ballroom E

Hospital Internal Medicine Meets Critical Care: Patient Cases

Erin Stutz, PA-C, MPAS, and Adrijana Anderson, MMS, PA-C

At the end of this presentation, participants should be able to:

- · Identify critically ill patients that warrant early resuscitation
- · Recognize acute respiratory failure and review the initial management strategies
- Categorize the differences between mild, moderate, and severe Clostridium difficile infections
- · Determine which types of shock can occur simultaneously
- Review the complexities of managing a patient with diabetic ketoacidosis

3 - 3:15 p.m.

Break

Convention Level, Florida Ballroom Foyer

3:15 – 5 p.m.

SECOND BREAKOUT SESSION

A Day in the Life of a Hospitalist NP/PA: Common Cases

Convention Level, Florida Ballroom

ABG Interpretation Made Easy

Convention Level, Plaza International Ballroom D

Approach to the Neurologic Examination and Clinical Pearls

Convention Level, Plaza International Ballroom F

Hospital Internal Medicine Meets Critical Care: Patient Cases

Convention Level, Plaza International Ballroom E



GENERAL COURSE: SATURDAY, SEPTEMBER 15

7 a.m. – 5 p.m. **Registration**

Convention Level, Florida Ballroom Foyer

7 – 8 a.m. **Continental Breakfast (Provided)**

Convention Level, Florida Ballroom Foyer

8 – 9:45 a.m. THIRD BREAKOUT SESSION

A Day in the Life of a Hospitalist NP/PA: Common Cases

Convention Level, Florida Ballroom

ABG Interpretation Made Easy

Convention Level, Plaza International Ballroom D

Approach to the Neurologic Examination and Clinical Pearls

Convention Level, Plaza International Ballroom F

Hospital Internal Medicine Meets Critical Care: Patient Cases

Convention Level, Plaza International Ballroom E

9:45 – 10 a.m. **Break**

Convention Level, Florida Ballroom Foyer

10 – 11 a.m. **Hypertension in the Hospitalized Patient**

Convention Level, Florida Ballroom Chad Nelson, MD

At the end of this presentation, participants should be able to:

- Review the pathophysiology of hypertension
- · Discuss hypertension definitions and perspectives
- Outline a guideline-based approach to the treatment of hypertension
- Define hypertensive urgency and emergency and review treatment options

11 a.m. – 12 p.m.

Inpatient Management of Liver Disease: 10 Things You Should Know

Convention Level, Florida Ballroom Jennifer Palermo, MMS, PA-C

- Review etiologies of elevated liver chemistries
- · Discuss the use of MRE
- Outline the management of alcoholic hepatitis
- Select antibiotics for patients with UGIB and SBP
- Describe the TIPS procedure
- Discuss the "Window Hypothesis" of β-blockers
- Determine appropriate VTE prophylaxis for liver patients
- Calculate a MELD score
- List indications for consideration of liver transplant



12 – 1 p.m. Lunch (Provided)

Convention Level, Florida Ballroom Foyer

1 – 2 p.m.

Cardiac Arrhythmias in the Hospitalized Patient

Convention Level, Florida Ballroom

At the end of this presentation, participants should be able to:

- Identify commonly encountered cardiac arrhythmias in hospitalized patients
- · Discuss the proper treatment of commonly encountered cardiac arrhythmias
- Discuss guideline-based atrial fibrillation management with particular emphasis on the use of DOACs in stroke prophylaxis

2 - 3 p.m.

Neurologic Emergencies for Non-Neurologists

Convention Level, Florida Ballroom Mohan Kottapally, MD

Amit Badiye, MD, FACC

At the end of this presentation, participants should be able to:

- Discuss basic neuroanatomy
- · Complete a prompt and proper assessment of someone experiencing a neurologic emergency
- Outline the management of acute ischemic stroke, hemorrhagic stroke, aneurysmal subarachnoid hemorrhage, increased intracranial pressure, status epilepticus, spinal cord injury, and neuromuscular disorders

3 - 3:15 p.m.

Break

Convention Level, Florida Ballroom Foyer

3:15 – 4:15 p.m.

Diabetes in the Hospitalized Patient

Convention Level,

Efren Manjarrez, MD, SFHM

Florida Ballroom

At the end of this presentation, participants should be able to:

- Review the evidence for appropriate glycemic control in hospitalized patients
- Describe basic principles of physiologic basal-bolus insulin
- Discuss the approach to common diabetes cases seen in the hospital

4:15 – 5 p.m.

So You Think You Can't Breathe: Hospital Respiratory Cases

Convention Level, Florida Ballroom Adrijana Anderson, MMS, PA-C

- · Define and classify acute respiratory failure as hypoxemic, hypercapnic, or mixed
- · Describe the pathophysiology and manifestations of acute respiratory failure
- Review oxygen supplementation techniques
- Discuss when the use of NIPPV is most appropriate
- Diagnose acute respiratory distress syndrome correctly and review the best treatment options for this condition



GENERAL COURSE: SUNDAY, SEPTEMBER 16

7 a.m. – 12:45 p.m. **Registration**

Convention Level, Florida Ballroom Foyer

7 – 8 a.m. Continental Breakfast (Provided)

Convention Level, Florida Ballroom Foyer

8 – 9 a.m. Gut Check: Managing Hospitalized Patients with GI Bleeding, Acute Pancreatitis, and Biliary

Convention Level Obstruction

Convention Level, Obstruction
Florida Ballroom Derek Patel, MD

At the end of this presentation, participants should be able to:

· Identify hospitalized patients with GI bleeding at high risk for complications

- · Initiate the management and evaluation of hospitalized patients with acute pancreatitis
- Describe the common causes and evaluation of biliary obstruction

9 – 10 a.m. **CHF: A Failure to Pump**

Jason Lucas, PhD, PA-C

Convention Level, Florida Ballroom

Florida Ballroom

At the end of this presentation, participants should be able to:

- · Identify and discuss the proper nomenclature for heart failure diagnoses and documentation
- Describe the differing stages of heart failure
- Describe the difference between heart failure with reduced EF vs. heart failure with preserved EF
- Identify the signs and symptoms of heart failure and the appropriate treatments
- Describe the physical presentation of a patient with acute heart failure exacerbation as they present on admission
- Describe the use of a Swan-Ganz catheter in the evaluation/treatment of a patient with acute decompensated heart failure requiring ICU admission

10 – 10:30 a.m. **Break**

Convention Level, Florida Ballroom Foyer

10:30 – 11:30 a.m. **Transfusion Medicine Update**

Convention Level, Jennifer Palermo, MMS, PA-C

- Describe the appropriate patient and clinical situation to transfuse blood products
- Determine the appropriate type and amount of blood products to transfuse
- List common transfusion reactions
- · Select the appropriate reversal agent for common anticoagulant



11:30 a.m. – 12:30 p.m. Oncology "Is and Os" for the Hospital-Based Practitioner

Convention Level. Florida Ballroom

LaKeisha Day, PA-C, CMQ

At the end of this presentation, participants should be able to:

- Discuss the clinical presentations and initial triage of acute cancer-related pathology, including bowel obstruction, hypercalcemia, and cord compression
- · Discuss the clinical presentations and initial triage of acute complications of cancer therapy, including tumor lysis syndrome, neutropenic fever, cytokine release syndrome, and cytopenias
- Discuss the anticipatory management involved in specific oncologic cases
- Discuss the supportive care needs of the oncology patient and how to manage them utilizing a collaborative approach

12:30 - 12:45 p.m.

Closing Remarks

Convention Level, Florida Ballroom

FACULTY

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Phoenix, Arizona

Disclosures: No relevant commercial relationships to disclose

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Disclosures: Speaker's Bureau – Boehringer Ingelheim

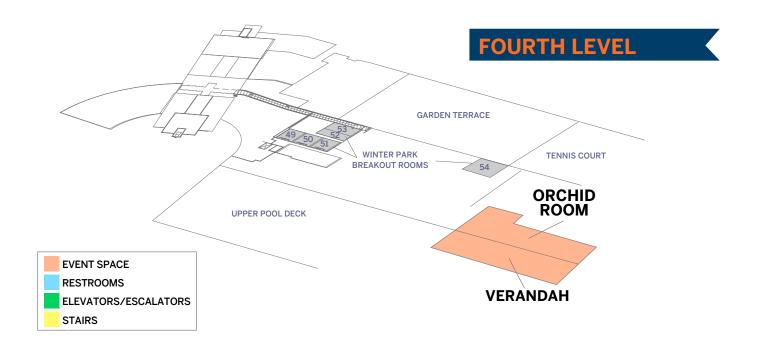
Brian Yorkgitis, PA-C, DO, FACS

University of Florida College of Medicine

Jacksonville, Florida

Disclosures: No relevant commercial relationships to disclose

FLOOR PLAN





SAVE THE DATE

THE ELEVENTH ANNUAL ADULT HOSPITAL MEDICINE



SEPTEMBER 13-17, 2019 PORTLAND, OR



NOTES

NOTES

SPECIAL THANKS

AAPA and SHM would like to thank the following companies for sponsoring the

Tenth Annual Adult Hospital Medicine Boot Camp!









Pfizer and Bristol-Myers Squibb are partners in a worldwide collaboration. This global alliance combines both Bristol-Myers Squibb's and Pfizer's long-standing strengths in drug development and commercialization. For more information, visit www.eliquis.com.



US Acute Care Solutions was founded by like-minded groups that share an unwavering emphasis on quality and support. We work as a team dedicated to success without sacrificing our values. For more information, visit www.usacs.com.



Vituity is a national multispecialty provider of acute care services. Our careers offer advanced providers opportunities for ongoing education and leadership development. Practice at the top of your license with Vituity. For more information, visit www.vituity.com/careers.