



**Nationally Recognized Certificate Programs
Approved for AAPA Category 1 CME Credit**

Below is a list of Certificate Programs that are preapproved for AAPA Category 1 Category credit and the maximum amount of CME hours that may be claimed following completion of each Certificate Program. The following programs are preapproved (sponsored) by AAPA regardless of who presents the programs or where they are presented. You may earn and apply CME hours for the same certification program once in a calendar year and no more than twice per logging cycle.

Title	Max # Hours	Footnote
ABLS – Advanced Burn Life Support Pre-hospital Course	6	1
ABLS – Advanced Burn Life Support – Provider Course	7	1
ABLS – Advanced Burn Life Support – Instructor Course	4.5	1
ACLS – Advanced Cardiac Life Support	8-16	2
ACLS EP – Advanced Cardiac Life Support Experienced Provider	9-10	2
ACLS Instructor – Advanced Cardiac Life Support Instructor Course	8	2
ADLS – Advanced Disaster Life Support	13	6
Adult CPR/AED (American Red Cross)	2.75	3
Adult CPR/AED Challenge (American Red Cross)	1	3
Adult CPR/AED Review (American Red Cross)	1.75	3
Adult and Pediatric First Aid/CPR/AED (American Red Cross)	5.5	3
Adult and Pediatric First Aid/CPR/AED Challenge (American Red Cross)	1.75	3
Adult and Pediatric First Aid/CPR/AED Review (American Red Cross)	3.5	3
Adult and Pediatric CPR/AED (American Red Cross)	3.25	3
Adult and Pediatric CPR/AED Challenge (American Red Cross)	1	3
Adult and Pediatric CPR/AED Review (American Red Cross)	2.25	3
Adult First Aid/CPR/AED (American Red Cross)	4.75	3
Adult First Aid/CPR/AED Challenge (American Red Cross)	1.5	3
Adult First Aid/CPR/AED Review (American Red Cross)	3.25	3
ALSO – Advanced Life Support in Obstetrics – Provider Course	18.25	11
APLS – Advanced Pediatric Life Support	14.5	9
Army Flight Surgeon Primary Course – Phase I	50	7
Army Flight Surgeon Primary Course – Phase II	50	7
ATLS – Advanced Trauma Life Support – Physician Extenders – 2 day course	19	5
ATLS – Advanced Trauma Life Support – 2 day course	19	5
ATLS – Advanced Trauma Life Support – 2.5 day course	19	5
ATLS – Advanced Trauma Life Support – Instructor Course	12	5
ATLS – Advanced Trauma Life Support – 1 day refresher	7	5
ATLS – Advanced Trauma Life Support – ½ day refresher	5	5

AWLS – Advanced Wilderness Life Support	17.5 or 24.5	16
BDLS – Basic Disaster Life Support	7.5	6
Bloodborne Pathogens (American Red Cross)	2	3
BLS – Basic Life Support for Healthcare Providers	6-8	2
BLS Instructor – Basic Life Support Instructor Course	6-8	2
ALS PEPP – Advanced Life Support – Pediatric Education for Prehospital Professionals	13	4
BLS PEPP – Basic Life Support - Pediatric Education for Prehospital Professionals	7	4
BTLS – Basic Trauma Life Support	16	15
C4 – Combat Casualty Care Course	49	7
CDLS – Core Disaster Life Support	3.5	6
CPR – Cardiopulmonary Resuscitation for the Professional Rescuer	9	3
CPR/AED for Professional Rescuers and Health Care Providers (American Red Cross)	5.5	3
CPR/AED for Professional Rescuers and Health Care Providers Challenge (American Red Cross)	1.75	3
CPR/AED for Professional Rescuers and Health Care Providers Review (American Red Cross)	3	3
CPR/AED for Professional Rescuers and Health Care Providers Instructor (American Red Cross)	9.5	3
FCCS – Fundamental Critical Care Support	16	10
First Aid (American Red Cross)	3	3
First Aid Challenge (American Red Cross)	1	3
First Aid Review (American Red Cross)	2	3
First Aid/CPR/AED Instructor (American Red Cross)	10	3
Heartsaver CPR – All Ages	5.5-6	2
Heartsaver CPR – Adult only	3	2
Heartsaver CPR – Infant/Child only	3	2
Heartsaver AED – Adult only	3	2
Heartsaver AED – Adult AED and Infant/Child CPR	6.25	2
Heartsaver First Aid	3-4	2
Heartsaver First Aid with CPR & AED	6-7	2
Heartsaver First Aid – Pediatric Module (infant/child CPR & child AED)	3.5	2
ITLS Basic – International Trauma Life Support Basic	16	15
ITLS Advanced – International Trauma Life Support Advanced	16	15
ITLS Instructor – International Trauma Life Support Instructor	8	15
ITLS Pediatric – International Trauma Life Support Pediatrics	8	15
ITLS Access – International Trauma Life Support Access	8	15
ITLS Military – International Trauma Life Support Military	8	15
NRP – Neonatal Resuscitation Program	varies	12
PALS – Pediatric Advanced Life Support	16	13

PALS Instructor – Pediatric Advanced Life Support Instructor	8	13
PEARS - Pediatric Emergency Assessment, Recognition and Stabilization	6.5	17
PEARS Update - Pediatric Emergency Assessment, Recognition and Stabilization Update	5-6	17
Pediatric CPR/AED (American Red Cross)	3.25	3
Pediatric CPR/AED Challenge (American Red Cross)	1	3
Pediatric CPR/AED Review (American Red Cross)	2.25	3
Pediatric First Aid/CPR/AED (American Red Cross)	5.5	3
Pediatric First Aid/CPR/AED Challenge (American Red Cross)	1.75	3
Pediatric First Aid/CPR/AED Review (American Red Cross)	3.5	3
PHTLS – Prehospital Trauma Life Support – Provider	16-20	14
PHTLS – Prehospital Trauma Life Support – Instructor	8	14
PHTLS – Prehospital Trauma Life Support – Refresher	8	14
Seizure Recognition and First Aid Certification	1.5	19
TCCC – Tactical Combat Casualty Care	16	18
WALS – Wilderness Advanced Life Support	36	16

1. Program developed by the **American Burn Association**. Additional information can be obtained at www.ameriburn.org
2. Program developed by the **American Heart Association**. Additional information can be obtained at [http://www.heart.org/](http://www.heart.org) or by calling 800/242-8721.
3. Program developed by the **American Red Cross**. Additional information can be obtained at <http://www.redcross.org/take-a-class/Learn-About-Our-Programs>.
4. Program developed by the **American Academy of Pediatrics**. Additional information can be obtained at www.peppsite.com/course_schedules_bls.cfm
5. The **American College of Surgeons (ACS)** developed the Advanced Trauma Life Support (ATLS) course. Some ATLS offerings allow physician assistants (called “physician extenders” by the ACS) to participate in the full course, including the skills stations and written exam. Other ATLS course offerings limit “physician extenders” to auditing the course or do not allow their participation at all. Typically, auditing does not include skill stations or the exam. As with physicians, PAs who register and complete the full course will receive an ATLS provider card documenting that they attended the course in its entirety. They also will receive a CME “certificate of attendance” documenting their attendance, the location, and the date(s) of the course. In addition to the student course, instructor and refresher courses are also available. For information on attending an ATLS course in your area, including courses designated for physician extenders, go to <https://www.facs.org/quality-programs/trauma/atls>.
6. Program developed by the **National Disaster Life Support Foundation**. Additional information can be obtained at <http://www.ndlsf.org/>

7. Program developed by the **United States Department of Defense**. Additional information about the C4 course can be obtained at <http://www.dmrti.army.mil/courses.html> or cme.coordinator@dmrti.army.mil or 210/221-0021. Additional information about the Army Flight Surgeon Primary Course can be obtained at usasam.fsc@se.amedd.army.mil or <http://www.cs.amedd.army.mil/usasam/>
8. Program developed by the **Wilderness Medical Associates, Canada**. Additional information can be obtained at <http://www.wildmed.ca/> or office@wildmed.ca or 905/524-5531.
9. Program developed by the **American Academy of Pediatrics (AAP)** and the **American College of Emergency Physicians (ACEP)**. Additional information can be obtained at www.aplsonline.com or by contacting AAP at 847/434-4795 or ACEP at 800/798-1822.
10. Program developed by the **Society of Critical Care Medicine**. Additional information can be obtained at <http://www.sccm.org/Fundamentals/FCCS/Pages/default.aspx> or 847/827-6869.
11. Program developed by the **American Academy of Family Physicians**. Additional information can be obtained at www.aafp.org/also or 800/274-2237.
12. Program materials developed by the **American Academy of Pediatrics** and the **American Heart Association**. CME credit is not automatically given to course participants for several reasons. Physician assistants taking the NRP course should check with course organizers in advance to determine the number of CME credits to be awarded. General information about NRP can be obtained at <http://www2.aap.org/nrp/index.html>
13. Program developed jointly by the **American Heart Association (AHA)** and the **American Academy of Pediatrics (AAP)**. Additional information can be obtained at http://www.heart.org/HEARTORG/CPRAndECC/HealthcareProviders/Pediatrics/Pediatric-Advanced-Life-Support-PALS_UCM_303705_Article.jsp or by contacting the AHA at 800/242-8721.
14. Program based on the Advanced Trauma Life Support (ATLS) courses which were developed by the **American College of Surgeons Committee on Trauma** which provides medical direction and content oversight for the PHTLS programs. Additional information can be obtained at <http://www.naemt.org/education/PHTLS/phtls.aspx>
15. Program developed by the **Alabama Chapter of the American College of Emergency Physicians**. The initial course title "Basic Trauma Life Support" (BTLS) is transitioning to International Trauma Life Support (ITLS). Existing BTLS cards remain in effect until their individual expiration dates. For additional information or to locate an ITLS course, go to www.itrauma.org or call 800/495-4857.
16. Program developed in 1997 at the **University of Utah School of Medicine**. AWLS is approved for AMA PRA Category 1 Credit through the **Wilderness Medical Society**. For additional information or to register for a course, go to www.awls.org.
17. Program developed by the **American Heart Association**. Additional information can be obtained at

http://www.heart.org/HEARTORG/CPRAndECC/HealthcareProviders/Pediatrics/Pediatric-Emergency-Assessment-Recognition-and-StabilizationPEARS_UCM_308135_Article.jsp

18. The **National Association of Emergency Medical Technicians** (NAEMT) conducts TCCC courses endorsed by the **American College of Surgeons** under the auspices of its Prehospital Trauma Life Support (PHTLS) program, the recognized world leader in prehospital trauma education. Additional information can be obtained at <http://www.naemt.org/education/TCCC/tccc.aspx>
19. Epilepsy Foundation Seizure Recognition and First Aid Certification is approved for 1.5 CME. <https://www.epilepsy.com/learn/seizure-first-aid-and-safety/first-aid-seizures-stay-safe-side>

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