

Resources for Educators Regarding Veterans Needs

Pain Management Resources

http://www.va.gov/painmanagement/clinical_resources.asp

Above link is very thorough website on pain management for veterans. This website is from the VA and has many different, evidence-based guides and tools for clinicians that work in the VA, as well as an overview of pain management in veteran populations.

<http://www.guideline.gov/content.aspx?id=16313>

A link to the Veteran's Administration/Department of Defense clinician guideline for chronic pain management of the veteran patient. This is also helpful for the general chronic pain patient.

<http://www.rehab.research.va.gov/jour/07/44/2/Clark.html>

Above is a 2007 research article on pain and combat injuries in OEF/OIF veterans. Identifies and utilizes pain classification and the challenges of pain management.

<http://www.ucsf.edu/news/2012/03/11625/iraq-afghanistan-veterans-pain-ptsd-prescribed-more-opiates-other-veterans-pain>

The above link is to a news story highlighting a research study on mental health and pain. This highlights the unique role that mental health plays in the veteran pain patient and the obstacles that may be at play when caring for these individuals.

Traumatic Brain Injury (TBI) Resources

<http://www.publichealth.va.gov/docs/vhi/traumatic-brain-injury-vhi.pdf>

Above link is a 2010 document created by the VA on TBI management. It serves as a program for primary care practitioners outlining patient presentations of TBI in primary care settings and various treatment strategies.

<http://www.ptsd.va.gov/professional/pages/traumatic-brain-injury-ptsd.asp>

The above is an article highlighting the similarities and differences in PTSD and mild Traumatic Brain Injury. It further investigates the presentation, diagnosis and treatment of two conditions.

<http://iava.org/content/traumatic-brain-injury-tbi>

This is a veteran-friendly website that explains about many aspects of veteran health, including TBI.

http://www.defense.gov/home/features/2012/0312_tbi/

The above link is to an extensive Department of Defense website on TBI and resources for both the professional as well as patients dealing with TBI's.

<http://www.neuroskills.com/brain-injury/veterans-and-traumatic-brain-injury.php> The above website provides a list of great resources for more information on veterans and TBI.

Combat Injuries

<http://www.dtic.mil/cgi-bin/GetTRDoc?AD=ADA480495>

This is a link to a 2003 research article combat injuries from WWI and onward. This It explains different types of combat injuries that veterans face and continue to face.

<http://www.dtic.mil/cgi-bin/GetTRDoc?AD=ADA433833>

This is a primary research article from Navy-Marine data on combat injuries in OEF/OIF veterans. This provides good insight into types of injuries and the warzones in Iraq/Afghanistan.

Amputation Care

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2018851/>

This is an interesting overview article about amputation, causes and treatment. Not specifically veteran related but it is informative regarding the struggles an amputation patient must face.

<http://www.amputee-coalition.org/military-instep/what-to-expect.html>

A veteran focused resource that provides straightforward information regarding the amputation process and pain management concerns.

<http://www.rehab.research.va.gov/jour/10/474/sigford.html>

A statement from the VA on how the amputation system works within the VA health system and what the patient and care teams can expect from that process.

<http://www.rehab.research.va.gov/jour/11/481/pdf/melcer.pdf>

A primary research article explaining complications from amputation presented in case-series approach.

<http://ccs.sagepub.com/content/7/2/136.short>

A research article highlighting that phantom limb pain is a chronic issue with for veterans who are amputees.

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3198614/?report=classic>

This is a full article on phantom limb pain, overview and treatment strategies.

Orthopedic Injuries

<http://www.ncbi.nlm.nih.gov/pubmed/18399571>

This is an abstract on orthopedic injuries due to combat. The main purpose is to highlight that musculoskeletal injuries are very common in combat and the outcomes of treatment in the military patient are applicable in civilian trauma, primary care, and rehabilitation centers.

<http://archive.ahrq.gov/research/mar07/307RA14.htm>

The above website highlights that arthritis is a common concern for many veterans due to orthopedic injuries.

<http://www.jrheum.org/content/33/2/348.short>

This is a link to an abstract on chronic arthritis and rheumatoid arthritis in veteran population.

Women's Health

<http://www.womenshealth.va.gov/>

This link to the VA site on the women's health concerns in the military and provides access to several other resources related to female veterans needs.

<http://www.ncbi.nlm.nih.gov/pubmed/22944901>

This is an abstract related to women's mental health as related to trauma/fertility in the military, an interesting perspective on medical care in the veteran population.

Chronic Disease

http://www.cdc.gov/pcd/collections/pdf/PCD_Veterans_Health_2011-12_web.pdf

Above is an excellent and thorough resource on preventing chronic disease in veterans and is based on VA research.

<http://jama.jamanetwork.com/article.aspx?articleid=1653520>

This is a JAMA perspective article about managing veteran chronic illness.

Rehab and Physical Medicine

<http://www.veteranshealthlibrary.org/rehab/>

Above is an excellent resource for patient and clinicians on veteran rehabilitation. It does a wonderful job categorizing various diagnoses requiring rehabilitation and clinical management.

<http://www.sci.va.gov/>

Above is link to VA Spinal Cord Injury medicine site. It is an overview website that highlights various aspects of spinal cord injury, including rehabilitation.

Mental Health Needs

<http://www.mentalhealth.va.gov/index.asp>

Primary resource website for veterans and their families regarding mental health and military service.

http://www.ptsd.va.gov/professional/continuing_ed/index.asp

The above site provides continuing education for professionals in relation to PTSD and trauma in the veteran patient.

<http://www.ptsd.va.gov/public/web-resources/web-military-resources.asp>

An extensive list of resources for families and patients suffering from PTSD from military service.

Association of American Medical Colleges and Joining Forces Campaign:

https://www.aamc.org/advocacy/campaigns_and_coalitions/258074/joiningforces.html

A glimpse at what our counterparts in the American Medical Colleges are doing to promote veterans needs education within their curriculum.

https://www.aamc.org/advocacy/campaigns_and_coalitions/306856/joiningforceswebinarseries.html

Several pre-made videos about veterans needs done in collaboration with Joining Forces and the AAMC. An efficient way to get important information to students without creating individual lectures. Topics include: Understanding military culture, TBI, PTSD, Military families and women's health issues.