



American Academy of
PHYSICIAN ASSISTANTS

How to Develop a Community Oral Health Program (COHP)

Why COHP?

- Childhood Caries/tooth decay is preventable
- Childhood caries are 5 times more common than asthma
- 40% of children have caries by kindergarten
- Early oral screening decreases caries
- Prevention works and decreases oral healthcare costs



Why Fluoride?

- Fluoride decreases caries/tooth decay
- Fluoride increases remineralization, hardens dental enamel and decreases caries
- Topical Fluoride applications harden the enamel and prevents caries
- Topical Fluoride costs approx \$1.00/ application
- Fluoride Varnish (5%NaF) 0.25-0.5ml singular dose topical application



Professionally Applied Topical Fluoride: Evidence-based Clinical Recommendations¹

Assess	Advise			Decide	
	Risk Group/Age	< 6 years	6–18 years		18+ years
Caries Risk <i>(see back for risk factors)</i> <ul style="list-style-type: none"> • Low • Moderate • High 	Low	Patient may not receive any additional benefit*	Patient may not receive any additional benefit*	Patient may not receive any additional benefit*	<ul style="list-style-type: none"> • whether to apply fluoride • type of fluoride • frequency of application • how often to re-evaluate
	Moderate	Varnish every 6 months	Varnish or Fluoride gel every 6 months	Varnish or Fluoride gel every 6 months	
	High	Varnish every 6 or 3 months	Varnish every 6 or 3 months or Fluoride gel every 6 or 3 months	Varnish or Fluoride gel every 6 or 3 months	
<p>* Fluoridated water and fluoride toothpastes may provide adequate caries prevention in this risk category.</p> <ul style="list-style-type: none"> • Application time for fluoride gel and foam should be 4 minutes. • Due to limited evidence these recommendations have not been extrapolated to foams. • There is limited evidence differentiating NaF and APF gels. 					

A

Recommendation based on higher levels of evidence

B

C

D

Recommendation based on lower levels of evidence

Levels of evidence and strength of recommendations:

Each recommendation is based on the best available evidence. The level of evidence available to support each recommendation may differ. Lower levels of evidence *do not* mean the recommendation should not be applied for patient treatment.



Fluoride Varnish Product List

Fluoride Name	Unit Dose	Fluoride	Manufacturer	Suppliers/Distributors
AllSolutions/NUPRO	0.25 ml	5% NaF	Dentsply Professional	Patterson
Cavity Shield	0.25 ml 0.40 ml	5% NaF	Omnii/3M ESPE 800/634-2249	Atlanta Dental, Patterson, Darby, Sullivan-Schein, others
Clear Shield	0.40 ml	5% NaF	DMG America	DMG America
Duraflor	0.25ml 0.40ml 10ml tube	5% NaF	Medicom 800/361-2862	Patterson, Darby, Practicon, Henry Schein
Duraflor HALO White Varnish	0.50 ml	5% NaF		
Duraphat Varnish	10 ml tube	5% NaF	Colgate Oral Pharmaceuticals	Henry Schein
Enamel Pro	0.25 ml 0.40 ml	5% NaF	Premier Products 800/888-670-6100	Practicon
Flor-Opal Varnish White	0.50 ml	5% NaF	Ultradent Products, Inc.	Ultradent
Fluor Protector	0.40 ml	0.1% difluorosilane	Ivoclar Vivadent, Inc 800/533-6825	Benco, Darby, Henry Schein, Ivoclar Vivadent, Patterson, others
PreviDent Varnish	0.40 ml	5% NaF	Colgate Oral Pharmaceuticals	Henry Schein
Topex DuraShield	0.40 ml	5% NaF	Sultan Healthcare 800/637-8582	Darby, Pearson
Vanish Varnish	0.50 ml (can be used as 0.25ml and 0.40ml)	5% NaF	Omnii/3M ESPE 800/634-2249	Patterson, RJM, Darby, Sullivan-Schein, SmartPractice, others
VarnishAmerica	0.25 ml 0.40 ml	5% NaF	Medical Product Laboratories 800/523-0191	Direct sales
VELLA	0.50 ml	5% NaF + xylitol	Preventive Technologies	Henry Schein, Patterson, Benco Dental, Preventech



Site Location

- Head Start
- Federal Qualified Health Clinic (FQHC)
- Free Clinics for the underserved
- Mobile Van Clinic
- Migrant Farm workers and their families
- Other community organizations for children and adults at risk

Head Start Locator

- http://eclkc.ohs.acf.hhs.gov/hslc/HeadStartOffices#.UTETCI8e_YA.email

Registration | Login | Print | Contact Us | 1-866-763-6481

HEAD START
An Office of the Administration for Children and Families
Early Childhood Learning & Knowledge Center (ECLKC)

Search

Head Start | School Readiness | Policy & Regulation | Monitoring & Reports | Training & Technical Assistance | States | Español

ECLKC Home > Head Start Locator SHARE    

Head Start Locator



To find a Head Start or Early Head Start program near you, begin your search by entering location details. You can increase the distance or choose a specific type of Head Start center. Once you have entered your search criteria, select the search button.

When the search is completed, you may download a list of all results in CSV format.

Search By

Street

City

State

Zip

Distance

Type

Grant Number

Search results are best viewed in the latest browser versions.



http://eclkc.ohs.acf.hhs.gov/hslc/HeadStartOffices#.UTETCI8e_YA.email

Head Start

- Locate and contact the medical director or health educator at the head start or community program
- Review the educational program and the application of topical fluoride varnish
- Distribute the parent/guardian consent form
- If you will take photos of the event, the parent/guardian must check the box on the consent form



Parent/Guardian Consent

What to Expect During the Oral Exam and Fluoride Varnish Application

Assessing your child's risk for caries (cavities) and applying fluoride varnish are safe, and easy way to prevent early childhood caries (cavities), but don't worry – fussing is normal!

Parents – it is expected that infants and toddlers may cry during the exam and fluoride varnish application. Our Physician Assistants and dentists are very gentle and are trained to manage children's crying. We appreciate your help and cooperation in assisting us in making your child as comfortable as possible.

To familiarize you with the process, we have provided a picture below of a child receiving an oral exam and fluoride varnish. You are an active participant in this process and in making sure your child's teeth are healthy and strong! Thank you for your participation.

By receiving this oral screening here you are saving up to \$50 out of your cost for this service. All information about your family's health collected during this training will remain confidential.

The information obtained from this screening is preliminary only, and does not constitute a complete dental examination or diagnosis of dental problems.

There is no charge to participate in the screening process or for the fluoride varnish application.

I (parent or guardian) _____ agree to my child's _____ participation with a photo YES ___ NO ___ in the American Academy of Physician Assistants (AAPA) PAs for Oral Health Training as a patient volunteer for physician assistants to practice performing an oral health risk assessment and fluoride varnish application. Although none are to be expected, the AAPA cannot be held responsible for treatment during this event and any associated outcomes.

Signature _____

Date _____

Spanish Parent/Guardian Consent

Que esperar durante el examen oral y la aplicación del barniz de fluoruro

El chequeo dental y la aplicación del barniz de fluoruro es una manera fácil de prevenir caries en los niños. La aplicación del barniz de fluoruro es seguro. Durante el proceso su niño puede estar incómodo, lo cual es normal.

Padre/madre – Es muy común que los niños lloren durante el examen oral y la aplicación del barniz de fluoruro. Nuestro equipo de Asistente Médicos y Dentistas son muy cuidadosos y están entrenados para tratar con el llanto de sus niños. Apreciamos su cooperación y ayuda para hacer que el proceso sea lo más cómodo posible para sus niños.

Para que usted se familiarize con el procedimiento, le mostramos más abajo una foto de un niño aplicándose el barniz de fluoruro durante el examen oral. Usted es un participante activo en este proceso, por lo cual debe asegurarse que sus niños crezcan con dientes sanos y fuertes. Gracias por su participación.

Este servicio es gratis y al recibirlo se ahorra alrededor de \$50 del costo. Toda la información médica acerca de su familia obtenida durante este entrenamiento es confidencial.

Los resultados de este examen oral son preliminares, o sea que no es un examen oral completo o el diagnóstico de problemas dentales.

Yo (padre o tutor) _____ autorizo la participación, con una foto Si _____ No _____ de mi hijo/hija _____, en el programa PA's para la salud oral de la Academia de Asistente Medico (AAPA), como paciente voluntario en la aplicación del barniz de fluoruro y evaluación oral. Aunque no se espera ningún problema, la Academia (AAPA) no se hace responsable de complicaciones que puedan surgir a consecuencia de este tratamiento.

Firma _____

Fecha _____

Small, Medium or Large

- Determine the amount of time for the COHP
- Determine ages of children to be screened
- Determine the number of children to be screened and application of fluoride varnish
- Determine the number of volunteers needed to complete the outreach program

Education

- Suggest 1 adult for 5 children
- Suggest 15-30 minute education based on age and development
- Develop an educational oral health box
 - Giant teeth and toothbrush
 - Stuffed animals with teeth and toothbrush
 - Small toys to demonstrate “sugar bugs” on teeth
 - Vinegar, baking soda and pepper in a clear plastic jar to demonstrate how the “sugar bugs” or acids harm your teeth
- Songs: Sugar bugs, sugar bugs go away, sugar bugs, sugar bugs you can't stay!



Oral Health Gift Bag

- Gift Bag
- Toothbrush
- Toothpaste
- Dental Coloring book
- Crayons
- Age appropriate craft ideas

Know the State Law

- The next slide allows you to determine your PA state practice guidelines on the application of fluoride varnish
- Questions on state law on oral health, contact AAPA Constituent Organization Outreach and Advocacy (COOA) at:

http://www.aapa.org/the_pa_profession/federal_and_state_affairs/resources/item.aspx?id=5624

AAP Resource Map

- <http://www2.aap.org/oralhealth/State.html>

American Academy of Pediatrics
DEDICATED TO THE HEALTH OF ALL CHILDREN™



Children's Oral Health

PRINT 

Home > Chapter Oral Health Advocates > State Information and Resource Map

State Information and Resource Map

As more states become involved in the promotion of oral health, it is important to be able to access information about these activities. Find information about Medicaid reimbursement for fluoride varnish, American Academy of Pediatrics Chapter activities, and Chapter Oral Health Advocate information, as well as updated resources and trainings. You can also access the Caries Prevention Services Reimbursement Table  (111 KB) that lists all of the states and their reimbursement information, and the complete AAP Chapter Oral Health Advocates Roster  (16 KB) on this page.



British Columbia, Alberta, Manitoba, Ontario, Quebec, Atlantic Provinces, WASH, MONTANA, N DAK, MINN, WIS, ILL, IND, OHIO, PA, NY, VT, NH, ME, MASS, UNIFORMED SERVICES WEST, OREGON, IDAHO, WYOMING, S DAK, NEBRASKA, IOWA, W VA, VA, NC, NJ, CONN, DEL, MD, DC, CALIF, NEVADA, UTAH, COLORADO, KANSAS, MO, KY, W VA, VA, NC, NJ, CONN, DEL, MD, DC, ARIZONA, NEW MEXICO, OKLA, ARK, TENN, MISS, ALA, GA, SC, TEXAS, LA, MISS, ALA, GA, SC, UNIFORMED SERVICES EAST, FLA

Select a State 

Fact:

All children, especially those at high risk for dental issues, should establish a dental home by age 1.



Smiles for Life CME

- Arrange for a live lecture at your state or specialty organization conference (Contact Patrick Killeen, Chair oral health SIG, at pekilleen@aol.com)
- Complete free on-line CME via Smiles for Life: A National Oral Health Curriculum that addresses the link between oral health and systemic disease, and oral health throughout the life span.
<http://elearning.talariainc.com/buildcontent.aspx?tut=555&pagekey=62948&cbreceipt=0>
- Incorporate the Smiles for Life on-line curriculum for PA students in your PA program!

Summary Checklist

- Select Head Start date and time of COHP
- Communicate with Medical/Health Educator
- Parent/Guardian Consent
- Obtain fluoride varnish
- Develop gift bags
- Know your state law – and know that AAPA COOA is a resource to help you navigate and advocate in your state for PAs to apply fluoride varnish!
- Consider having the *Smiles for Life* CME lecture with your constituent organization