Report of Reference Committee B Education, Certification, Credentialing, Constituencies

> Sunday, May 27, 2012 1:00 p.m. – 4:00 p.m. Sheraton Centre Toronto, Canada

### THIS REPORT IS NOT POLICY. THESE RESOLUTIONS WILL NOT BECOME ACADEMY POLICY UNTIL FORMALLY ACTED UPON BY THE HOUSE OF DELEGATES.

		Committee	
Number:	Title:	<b>Recommendation:</b>	Line:
2012-B-01	Oppose Specialty Certification	Divide	7
2012-B-01-A	Oppose Specialty Certification Policy	Amend by substitution	34
2012-В-01-В	Oppose Specialty Certification Paper	Amend	510
2012-В-02	Definition of Constituent Organization	Amend by substitution	941
	Officers		
2012-В-03	Federal Health Care Scholarship and Loan	Amend by substitution	976
	Repayment Programs		
2012-B-04	Establishing Constituent Organization	Adopt	1005
	Federal Legislative Liaisons		
2012-B-05	Statement on PA to MD/DO "Bridge	Adopted on Consent	Х
	Programs (Referred 2011-B-06)	Agenda	
2012-B-06	Guidelines for Updating Medical Staff	Adopt	1018
	Bylaws		
2012-B-07	MOC Pilot Program	Reject	1044

\*\*Shaded resolutions were adopted on the General Consent Agenda and will not appear in this document.

1		peaker, the Reference Committee on Education, Certification, Credentialing	
2	and Constituencies has considered each of the resolutions referred to it and wishes to present the		
3	following report. The committee's recommendations on each extracted resolution will be		
4	submitted separately, and I respectfully suggest that each extracted item be dealt with before		
5 6	going on to the ne	xt. Mr. Speaker, please proceed with the extraction process.	
8 7 8	The Committee co	onsidered testimony on 2012-B-01, the resolved portion of which reads:	
9	2012-B-01	Resolved	
10			
11 12		licy HP-3200.4.2 and the attached position paper <u>Flexibility as a Hallmark of</u> <u>ofession</u> – (changes accepted version) as follows:	
13			
14	HP-3200.4	l.2	
15		opposed to specialty certification and to the use of specialty examinations that	
16	could redu	ce the profession's versatility and flexibility and drastically alter its value to	
17	society.		
18			
19	±	ports efforts by the NCCPA to explore focused, practice specific modules,	
20	provided the	hat recertification remains generic.	
21			
22	Every effo	rt must be made to prevent regulators, employers, third-party payers, and	
23	others, inc	luding PAs from misusing the exam results.	
24			
25	See: Flexi	bility as a Hallmark of the PA Profession: The Case Against Specialty	
26	Certificati	<i>on</i> (PP tab 20)	
27			
28 29	• 1	ed to the Reference Committee indicated that it would be beneficial to divide e position paper to simplify the process of discussion.	
30			
31		Speaker, the committee requests that Resolution 2012-B-01 be divided into	
32	two resolutions a	<u>s follows:</u>	
33			
34	2012-B-01-A	Resolved	
35			
36	Amend po	licy HP-3200.4.2:	
37			
38	HP-3200.4		
39		opposed to specialty certification and to the use of specialty examinations that	
40	could redu	ce the profession's versatility and flexibility and drastically alter its value to	
41	society.		
42			
43	±	ports efforts by the NCCPA to explore focused, practice-specific modules,	
44	provided t	hat recertification remains generic.	
45			

46 47	Every effort must be made to prevent regulators, employers, third-party payers, and others, including PAs from misusing the exam results.
48 49 50	The following testimony was given:
50 51 52 53	There was no significant pro testimony given in the resolution's original form. The preponderance of the testimony provided was con to the original resolution. The following points were made:
54 55 56	<ul> <li>Concerns regarding the NPI, coding and billing and reimbursement.</li> <li>Insurance companies could and likely would restrict payment to PAs without a subspecialty CAQ.</li> </ul>
57	• It could limit mobility between specialties.
58 59	• It could influence changes in PA education like lengthening programs, increasing costs to students, and requiring additional specialty rotations.
60	• It was noted there is a need for AAPA to take a position on the issue.
61	
62	Based on the testimony provided the committee revised the policy accordingly.
63	The committee moneyees the following emergine whether whether is
64 65	The committee proposes the following amendment by substitution: HP-3200.4.2
66	III -5200.4.2
67	AAPA is opposed to specialty certification, the use of specialty examinations and
68	certificates of added qualification that could reduce the profession's versatility and
69	flexibility, drastically altering its value to society.
70	
71	Every effort must be made to prevent regulators, employers, third-party payers, and
72	others, including PAs from misusing specialty certification, the use of specialty
73	examinations and certificates of added qualification.
74	
75	Mister/Madame Speaker, the committee moves that the divided resolution 2012-B-01A be
76	amended by substitution.
77 78 79	The Committee next considered testimony on the divided 2012-B-01B resolution, the resolved portion of which reads:
80	r
81	Amend the attached position paper Flexibility as a Hallmark of the PA Profession as
82	follows:
83	
84	Flexibility as a Hallmark of the PA Profession:
04	
85	The Case Against Specialty Certification
86	(Adopted 2002 and reaffirmed 2007)
87	
88	<b>Executive Summary of Policy Contained in this Paper</b>

- Summaries will lack rationale and background information, and may lose nuance of policy. You
  are highly encouraged to read the entire paper.
- 91

AAPA is opposed to specialty certification and to the use of specialty examinations that
 could reduce the profession's versatility and flexibility, thus drastically altering its value
 to society.

Regulators, third party payers, employers, credentialing offices and others could misuse
 such tests to create artificial barriers to practice, decrease flexibility, increase costs and
 fragment the profession. These potential consequences and their professional
 implications are astounding and contrary to the hallmarks of the profession.

#### 99 Introduction

100 Physician assistants (PAs) have worked in specialty practice from the earliest days of the 101 profession. Debate has been ongoing about WHETHER THERE SHOULD BE recognition of 102 specialty PRACTICE OF physician assistants, the lack of formal specialty credentials, and the 103 fairness of the generalist recertification examination. From time to time, OVER THE YEARS, 104 specialty certification has been proposed as the solution. With tThis paper, the American 105 Academy of Physician Assistants states the arguments for and against specialty certification and 106 concludes that such a system would not be IS NOT in the best interests of PAs, their physician 107 colleagues, or the public. The AAPA supports the efforts of the National Commission on 108 Certification of Physician Assistants (NCCPA) to explore the use of practice-focused modules as 109 part of the recertification process, provided that recertification remains generic.

#### 110 Value of Physician Assistants

111 The creation of the PA profession was a significant accomplishment. After conceiving 112 the idea REALIZING that the problem of physician shortage and maldistribution OF MEDICAL 113 SERVICES could be resolved by using medically trained providers THAT working with 114 supervision, physicians developed educational curricula and programs, established accreditation 115 and certification structures, and proposed a regulatory framework for physician assistant 116 practice. The men and women involved in the founding of the profession, – not only physicians, 117 but also public policy experts, researchers, educators, AND lawmakers, and others - had an 118 opportunity to take the best and most workable ideas and assemble a new model. By choice, they

designed a provider who could be educated relatively quickly and inexpensively, who had
generalist medical training and the skills for life-long learning, and who was flexible enough to
meet THE changing societal needs.

By virtually any standard, the experiment has been a RESOUNDING success. Physician assistants have become a valuable component of health care delivery. They possess a combination of attributes not found in many other professions. Among the unique attributes of PAs are the focus, content, and length of their education, their socialization, AND THEIR flexibility, and ADAPTABILITY IN THE delivery of medical services previously provided only by physicians. PAs are also distinguished by their commitment to practicingE as part of physician-PAdirected teams.

#### 129 PA Education

130 Physician assistant educational programs provide a broad-based generalist medical education with a focus on primary care.<sup>1</sup> PAs are trained to think like physicians and to be life-131 132 long learners. The educational process FREQUENTLY draws upon the prior experience of 133 students, adds intense didactic and clinical instruction, and produces individuals who know how 134 to practice MEDICINE as part of a team and value their role in the system. Their generalist 135 training prepares PAs to work with physicians in any specialty. Similar in curriculum to the 136 fast-track training of generalist physicians during World War II, PA programs average 276 months in length AFTER COLLEGE PRE-REQUESITE COURSEWORK.<sup>2</sup> This is a relatively 137 138 short production pipeline that can respond quickly to changes in the size and composition THE 139 NEEDS of the health workforce.

Compared to medical school and residency training, PA education is less expensive and
more quickly completed. It produces a medically-trained health care professional with
significantly less educational debt. A physician assistant is available to join the health workforce
and increase patient access to care in fewer years than it takes to produce other medical
providers.

Unlike advanced practice nurses, who attend specialty <u>-</u>specific nursing programs, PAs
have a general, primary care, medical background DESIGNED FOR THE PRIMARY CARE
SETTING. By virtue of the broad foundation of PA education, future employment is not limited
to one specialty. Graduates who wish to increase their skills and knowledge in a particular
specialty may do so through a clinically <u>-</u>based postgraduate program, <u>a less structured series of</u>

workshops and continuing medical education sessions, additional clinical training in the practice
setting, or a combination of these options. It is the PA's decision whether THEY WISH TO
PURSUE THIS and how to obtain additional training.

#### 153 PA Practice

By functioning as part of physician-directed teams, PAs have flexibility in practice. A supervising physician is-free, ALLOWED within the boundaries of state law, to delegate to the PA any portion of his services OF THE PHYSICIAN'S PRACTICE that are within the PA's ability to perform.<sup>3</sup> New tasks and responsibilities can be taught and delegated as the PA's expertise expands and as the team members' understanding of one another grows. A physician assistant may choose to change specialties or may practice in more than one specialty simultaneously.

161 There are benefits to society from having a well-educated, flexible, and cost effective 162 medical provider as part of the workforce. PAs fill a role that CANNOT BE FILLED BY other providers cannot fill. For example, community-based training, a broad set of primary care skills, 163 164 and lower salary expectations enable PAs to meet patient needs in poor and underserved areas 165 that cannot afford to support a physician full-time. PAs also add value to the public's investment 166 in the education of physicians by freeing physicians from routine responsibilities, allowing them 167 to deal with TREAT patients whose complex medical conditions require their expertise and to 168 expand the services offered by their practices. The synergy of physician-PA team practice 169 benefits patients both individually and collectively.

Physicians have a depth and breadth of training that is unmatched by other medical
professionals. PAs embrace the notion that physicians should lead the health care team. PAs do
not seek to compete with physicians, but rather endorse their role and support the concept of
physician-directed care.

The current system THAT CONSISTS OF education, NATIONAL certification, STATE
licensure, and THE team practice CONCEPT has made this success possible. THE AAPA
BELIEVES THAT Changes to the system should be made only if they are improvements that
have benefits for the public as well as for PAs and their physician colleagues.

178 <u>A System in Flux</u>

DRAMATIC CHANGES ARE OCCURRING IN THE HEALTH CARE SYSTEM.
 Managed care has drastically altered the health care marketplace. The growing role of

181 administrators and accountants, with their focus on the bottom line and the interests of investors, 182 has led to decreased autonomy for physicians and other providers. The rising cost of health care 183 has made it essential to institute money-saving measures, sometimes reflected in a reduction of 184 nursing staff or other provider positions. The percentage of the Gross Domestic Product spent on 185 health care continues to rise, reflecting growing demand for services. Competition among 186 managed care organizations (MCOs) has increased, leading to mergers of large corporations and 187 further elimination of duplicative positions. The aging of the population adds another set of 188 pressures to the marketplace. These competing forces combine to create an atmosphere of change 189 and uncertainty. THE UNCONTROLLED RISES IN THE COST OF HEALTH CARE HAS 190 MADE IT ESSENTIAL TO INSTITUTE COST-SAVING MEASURES. THE PERCENTAGE 191 OF THE GROSS DOMESTIC PRODUCT SPENT ON HEALTH CARE CONTINUES TO 192 RISE, REFLECTING NOT ONLY A GROWTH IN SERVICE DEMANDS, BUT ALSO 193 EXEMPLIFYING A POOR HEALTHCARE DELIVERY SYSTEM. WITH THE PASSING OF 194 HEALTHCARE REFORM, THERE WILL BE A CONTINUED PUSH TO REDUCE COSTS 195 BY ELIMINATING DUPLICATIVE SERVICES, IMPROVING QUALITY AND 196 EFFICIENCY OF THE DELIVERY OF CARE, AS WELL AS A NEW FOCUS ON 197 INCREASING PRIMARY CARE PROVIDERS. ALTHOUGH THE PATIENT PROTECTION 198 AND AFFORDABLE CARE ACT AIMS TO ENSURE THAT ALL AMERICANS HAVE 199 ACCESS TO QUALITY, AFFORDABLE HEALTH CARE AND TO CREATE THE CHANGES WITHIN THE SYSTEM TO CONTAIN COSTS, THIS MUST BE BALANCED 200 201 WITH A LARGE AGING POPULATION AND A CURRENT SHORTAGE OF PRIMARY 202 CARE PROVIDERS. THESE COMPETING FORCES COMBINE TO CREATE AN 203 ATMOSPHERE OF CHANGE AND UNCERTAINTY WITHIN HEALTHCARE. 204 The global shifts in the economy are beyond the control of any one group, but it is 205 possible for PAs to make decisions that are specific to the profession, such as the means by 206 which PAs affirm their continued proficiency or obtain recognition of achievements in specialty 207 practice. It is critical to make these decisions within the context of the changing marketplace and 208 with the public good in mind. ALTHOUGH GLOBAL SHIFTS IN THE ECONOMY ARE 209 BEYOND THE CONTROL OF ANY ONE GROUP, IT IS IMPORTANT TO REMEMBER 210 THAT PAS ARE ABLE TO MAKE IMPACTFUL DECISION ABOUT THE PROFESSION 211 WITHIN THESE SHIFTS. AN EXAMPLE OF THIS IS DETERMINING THE MEANS BY

212 WHICH PAS AFFIRM THEIR CONTINUED PROFICIENCY OR OBTAIN RECOGNITION213 OF ACHIEVEMENT WITHIN THEIR SPECIALTY PRACTICE. IT IS CRITICAL TO MAKE

214 THESE DECISIONS WITH THE CONTEXT OF THE CHANGING MARKETPLACE AND

215 WITH THE PUBLIC GOOD IN MIND. THE PA PROFESSION MUST REMAIN AS

216 DYNAMICALLY FLUID AS THE HEALTHCARE SYSTEM IN WHICH PAS PRACTICE.

#### 217 Specialty Practice

There have been PAs in specialty practice from SINCE the beginning of the profession. Two of the first four PA graduates from the original Duke University program chose nonprimary care fields in which to practice and today approximately half of PAs are in specialty practices.<sup>4</sup> The growing number of specialty PA organizations attests to the interest and employment opportunities for PAs in specialties and to the interest of specialty physicians in PAs.

However, PAs in specialty practice have identified several issues of concern. When faced with employment opportunities in a particular specialty, some PAs with experience in that specialty have said THAT they need a credential other than THE NCCPA NATIONAL

227 COMMISSION ON CERTIFICATION OF PHYSICIAN ASSISTANTS (NCCPA) certification

228 to demonstrate their expertise and ADVANCED SKILL LEVEL;, a credential that C<del>w</del>ould make

them more attractive than experienced PAs new to the specialty or new graduate PAss willing to

230 work for a lower salary. PAs employed by some government agencies and institutional

employers point out that they need additional qualifications in order to move up the career ladder

and obtain promotions or salary increases. LASTLY, THERE ARE Some PAs who have

practiced in specialties for many years WHO have expressed a desire for recognition of theiraccomplishments.

One solution that has been discussed is specialty board certification, similar to that heldby physicians.

The idea CONCEPT of specialty boards REQUIRES COLLABORATION WITH THE
NCCPA. naturally brings into the discussion the cCurrentLY THE NCCPA'S certification
process, which tests new graduates by means of an initial certifying examination, known as THE
PANCE (Physician Assistant National Certifying Examination) and re-tests practicing PAs every
six years by means of a generalist recertification examination KNOWN AS THE (PANRE, or
(Physician Assistant National Recertification Examination) or the alternative mechanism of

Pathway II. Since 1973 the PANCE has served as a de facto licensingTHE CERTIFICATION
examination for ALL PAs. PASSAGE OF THE NCCPA'S PANCE EXAMINATION IS
REQUIRED IN ALL STATES IN ORDER TO OBTAIN LICENSURE TO PRACTICE.

The current system is economical and efficient and enhances the flexibility and value of PAs to society, but the generalist recertification examination has troubled PAs whose practice is concentrated in a specialty or subspecialty area. Because of DUE TO the close working relationship between PAs and physicians, it is reasonable to examine the physician certification model to see if it would be workable for PAs.

Both medical school and PA programs educate their students in general medicine. After graduation, physicians enter residency training programs in the specialty of their choice. Upon completion of one or more years of residency, physicians take A certif<del>ying</del>ICATION examinations produced by specialty boards. Although postgraduate training is a prerequisite for licensure, board certification CURRENTLY is not IN MOST JURISDICTIONS, nor is the absence of board certification an obstacle to practice once licensure has been obtained.

The physician assistant educational process does not include mandatory postgraduate residencies, nor does it include specialty certification examinations. A discussion of the advantages and disadvantages of following the physician model of specialty certification is presented below.

#### 261 Advantages of Specialty Certification

There may be many ARE advantages to specialty certification. It implies added knowledge, qualifications, or skills. In American society, individuals with outstanding accomplishments frequently receive awards, prizes, honorary titles, <del>or</del> AND certificates. A document is awarded to providers who complete training courses in particular clinical skills, such as endoscopy or colposcopy. Some aAdvocates of specialty certification believe an additional credential attests to THEIR experience and achievement in a specialty field of practice.

To the public and employers, specialty certification may provide a sense of reassurance.
Given the general public's incomplete understanding AS THE GENERAL PUBLIC MAY NOT
UNDERSTAND THE EDUCATION of the PA profession, AND THEIR FLEXIBILITY,
another credential may enhance the credibility of the PA. Employers, including physicians
accustomed to the specialty boards of their own profession, may have an added sense of comfort.

The administrative personnel in large institutions, particularly those in charge of credentialing the medical staff, may also recognize specialty certification as something familiar, akin to the physician model.

Consequently, the result for specialty certified PAs may be increased employment
 opportunities, greater job security, and enhanced compensation. Specialty certification also has
 the potential to simplify the process by which institutions or managed care organizations grant
 clinical privileges OR PAYERS REIMBURSE. It could even provide PAs with a competitive
 edge over other non-physician providers, such as advanced practice nurses or surgical assistants.

For PAs who need additional qualifications in order to achieve advancement in a bureaucratic institution, WITHIN AN INSTITUTION, specialty certification may provide one step up the career ladder. Past testimony in the AAPA House of Delegates indicates that PAs who desire concrete evidence of their accomplishments would find satisfaction in a framed certificate or some other visible sign of their specialty certification.

For many, specialty certification offers the potential to reform the recertification process. Recertification could be limited to testing only the skills and knowledge needed for the PA's specialty practice. For example, PAs who have worked in otolaryngology for 25 years would not be examined on their knowledge of obstetrics. Focusing recertification on knowledge limited to THE specialty practice wCould reduce concerns about failure, particularly in light of the fact that PAs who do not successfully complete the current process lose their national certification.

#### 293 Disadvantages of Specialty Certification

There are also numerous disadvantages to specialty certification. One of the most important is the limit it would place on PA flexibility, both professionally and in the delivery of care. It would no longer be easy to change from one specialty practice to another. It could affect a PA's ability to provide care in more than one specialty at a time or to hold part-time jobs. For example, a PA working in adult cardiology might not be able to moonlight in urgent care or a PA in general surgery might not be able to cover orthopedics on an as-needed basis without certification in that specialty.

301 — The immediate result of specialty certification could be a multi-tiered job market in

302 which PAs without the extra credentials would be at an economic and professional disadvantage.

303 This could manifest itself in terms of employment opportunities, salaries, professional liability,

304 and coverage of services by third party payers. To remedy the situation, PAs could undertake

305 additional education, but currently there are limited opportunities for formal specialty training.

306 Pursuing postgraduate training in more than one specialty would be time-consuming and
 307 expensive.

308 — There are many unanswered questions regarding maintenance of specialty credentials and
 309 the consequences of failing a specialty certification examination, including the impact on

310 hospital privileges and professional liability insurance premiums.

311 Licensing boards and other regulatory authorities have frequently tried to manage the 312 physician-PA team at an inappropriate level of detail. Given the opportunity to require specialty 313 certification, it is likely that some states would make it a prerequisite for licensure or for approval of a specific delegated scope of practice. This could complicate the requirements for 314 315 supervision. Regulators might decide that specialty certified PAs could only be supervised by 316 board certified physicians with matching credentials. This could adversely affect the day to day 317 practice of PAs in large, multi-specialty groups and create a disincentive to employ them. The 318 absence of certification for PAs in a particular specialty could prevent PAs from working in that 319 field. Failure to maintain specialty certification could result in a restricted scope of practice or, in 320 a worst case scenario, loss of licensure.

There are also questions about the timing of specialty certification. Would it be awarded soon after graduation or after a specific period of time? Would formal training be required? If not, what competencies would be evaluated, given the non-standardized variety of experiences to which PAs are subject? Unlike physicians, who move through a highly structured education and examination process at the beginning of their careers, PAs obtain their expertise in specialties through many different routes.

327 Educators would be wise to ask what impact specialty certification might have on entry-328 level PA education. It would be tempting for programs to revise their curricula and become 329 specialty oriented, or to increase their length, thus adding to the cost of training One should also 330 look at the potential for a proliferation of postgraduate programs and, aside from the current lack 331 of national standards and accreditation, ask if the capacity exists and whether more time spent in 332 hospital-based training is what the profession should bring to the health care system. 333 Some of the other arguments in favor of specialty certification can also be debated. 334 Another certificate on the office wall or another set of letters behind a PA's name may not

335 reassure patients or help them better understand the role of a PA. Employers may not understand

and value specialty certification in a way that assures hiring preferences, higher pay, and
 automatic awarding of hospital privileges.

338 Questions that are raised now about the generalist recertification examination carry over 339 to specialty recertification. What core knowledge would be tested? Practice activities can be as 340 diverse within a specialty as they are across specialties. For example, a surgical PA may act as a 341 first assistant, do hospital rounds, or see patients in an office setting. A PA working in cardiology 342 may concentrate on patients in the ICU or manage outpatient care. Difficult decisions would 343 have to be made regarding the spheres of specialty knowledge that would be encompassed in an 344 examination in order to develop a specialty recertification instrument that did not draw criticism 345 from sub-specialists.

All of these are valid concerns, but in truth the larger questions are these: If it takes
 longer and becomes more expensive to train PAs, is the benefit worth the cost to society? Will
 PAs remain flexible and responsive to changing patient and workforce needs? Will they retain

349 their unique attributes?

350 One of the hallmarks of the PA profession is its flexibility. Specialty certification would 351 undermine this flexibility, or at best make it extremely difficult to achieve. Locking PAs into 352 specialty practice by means of certification would have an impact on all PAs, not only those in 353 specialty practice. Specialty certification would cause a cultural shift for the profession, making 354 specialization mandatory, rather than voluntary. Some of the dissatisfaction now experienced by 355 specialty PAs would shift to the other half of the profession, those who embrace generalist 356 primary care and chose the profession for its broad vision and practice possibilities. Resolving 357 the employment and legal problems associated with initiation of specialty certification would 358 require the expenditure of much time, money, and political capital.

Moreover, resources used to obtain additional training translate to additional costs for
 patients, since training costs and potentially higher salaries would be passed along to consumers.
 American health care expenditures already exceed those of other countries, making it difficult to
 justify increased costs to sustain a specialty certification system.

363 — Although few could argue against making specialty care available in underserved areas,

364 the deployment of PAs may become less economically feasible. Individuals who have incurred

365 additional education related debts, or who have become accustomed to tertiary care practice

366 settings may be reluctant to work with fewer resources in rural or urban underserved

367 communities. Regulatory restrictions associated with a rigid specialty certification system may
 368 also hinder deployment.

369 The PA profession was created to increase access to care. In many cases, it has done so 370 by extending primary care physician services to patients in underserved areas. It has also done so 371 by filling niche markets as the health care system changes. PAs frequently change practice 372 settings and specialties in response to these opportunities. Imposing a specialty certification 373 system has the potential to eliminate many of the values that PAs bring to society. 374 -Specialty certification would not be a panacea for PAs seeking to add qualifications in 375 order to advance up a career ladder. It is presumably a step whose benefit can be realized only 376 one time. Given the consequences to the profession as a whole, specialty certification is too 377 drastic a solution to a problem faced only by PAs in certain employment settings, such as those 378 working for the Department of Veterans Affairs, the military, or academic institutions. 379 An alternate approach to the problem is the one that many PAs currently pursue. It 380 includes academic coursework, advanced degrees, and training workshops that enhance one's 381 ability to perform certain procedures. These options may improve a PA's marketability. The 382 Academy recognizes, however, that further work may need to be done to address this particular 383 problem.

THERE ARE ALSO DISADVANTAGES TO SPECIALTY CERTIFICATION FOR
PAS. THE MOST COMPELLING IS THE LOSS OF FLEXIBILITY OF THE PROFESSION.
THIS WOULD IMPACT ON THE PA AND THE ABILITY TO WORK WITH THE PA'S
PHYSICIAN COLLEAGUES AND PROVIDE THE COMPREHENSIVE DELIVERY OF
HEALTH CARE NEEDED IN SOCIETY TODAY.

389 SHOULD THE PROFESSION EMBRACE SPECIALTY CERTIFICATION, THE 390 IMPACT COULD BE A MULTI-TIERED PROFESSIONAL STRUCTURE. THOSE WITH 391 SPECIALTY CERTIFICATION COULD BE AT AN ECONOMIC AND PROFESSIONAL 392 ADVANTAGE. THOSE WITHOUT COULD MANIFEST ITSELF IN TERMS OF LOSS OF 393 EMPLOYMENT OPPORTUNITIES, DECREASED SALARIES, INCREASED 394 PROFESSIONAL LIABILITY AND A CHANGE IN THE COVERAGE OF SERVICES BY 395 THE THIRD PARTY PAYER. IN SPITE OF THE FACT THAT MANY PAS WORK IN 396 SPECIALTIES, SPECIALTY CERTIFICATION COULD PLACE THE MORE 397 ECONOMICALLY DESIROUS OF SPECIALTIES AT THE FOREFRONT AND THE LEAST

398 ECONOMICALLY DESIRABLE, SUCH AS PRIMARY CARE, BEHIND. THIS COULD
399 HAVE A GRAVE IMPACT ON THE LANDSCAPE OF THE DELIVERY OF HEALTH
400 CARE.

401 IN ADDITION, SPECIALTY CERTIFICATION COULD CHANGE THE CULTURE
402 OF THE PAS. THE HALLMARK OF THE PROFESSION HAS BEEN TO FILL THE GAP
403 AND WORK WITH THE PHYSICIAN IN PROVIDING HEALTH CARE. THE PAS
404 FLEXIBILITY AND ABILITY TO ADAPT TO THE NEEDS OF THE HEALTH CARE
405 COMMUNITY HAS BEEN ONE OF THE ASSETS OF THE PROFESSION. THERE ARE
406 SOME PAS WHO ELECT TO DO PRIMARY CARE AND NOT EMBRACE SPECIALTIES.
407 THEY SHOULD NOT BE PENALIZED.

408 THE EDUCATION OF PAS COULD ALSO BE AFFECTED. CURRENTLY, THE FOCUS OF THE EDUCATION OF PA STUDENTS IS TOWARDS PRIMARY CARE, THUS 409 410 ALLOWING THE GRADUATE THE FREEDOM OF CHOICE TO CHOOSE WHERE THEY 411 WANT TO WORK. THE LACK OF SPECIALTY TRAINING COULD LIMIT THEIR JOB 412 OPPORTUNITIES AND THUS PLACE PRESSURE ON THE EDUCATIONAL 413 INSTITUTION IN PROVIDING SPECIALTY EDUCATION TO THE STUDENTS. THE ACCREDITATION REVIEW COMMISSION ON PHYSICIAN ASSISTANT EDUCATION 414 415 (ARC-PA) IS REPLETE IN ITS REQUIREMENTS THAT MUST BE INCLUDED IN THE 416 CURRICULUM. ADDING A TRACK FOR SPECIALTY TRAINING COULD BE ARDUOUS AND MAY EXTEND THE TIME OF THE PROGRAM, AS WELL AS TUITION FEES. ONE 417 418 OF THE ADVANTAGES OF ATTENDING PA SCHOOL IS THE TIME AND FINANCIAL 419 COMMITMENT THAT IS LESS THAN ATTENDING MEDICAL SCHOOL. THIS COULD 420 REQUIRE A COMPLETE RESTRUCTURING OF THE ARC-PA REQUIREMENTS FOR PA 421 EDUCATION AND MAY HAVE ADMISSION CANDIDATES THINKING TWICE ABOUT 422 APPLYING TO PA SCHOOL.

423 SPECIALTY TRAINING COULD ALSO HAVE AN IMPACT ON HOW THE
424 LICENSING BOARDS LICENSE PAS. SHOULD THERE BE SPECIALTY
425 CERTIFICATION, STATE STATUTES AND REGULATIONS COULD REQUIRE PAS TO
426 ACHIEVE SPECIALTY TRAINING, WHETHER IT IS IN NEURO-SURGERY OR
427 PRIMARY CARE. THIS COULD IMPACT THE PA WHO WISHES TO MOVE FROM

428 EMERGENCY MEDICINE TO PEDIATRICS. ADDITIONALLY, LEGISLATORS AND 429 ADMINISTRATORS MAY CONFUSE SPECIALTY CERTIFICATION WITH OTHER 430 CERTIFICATION EXAMINATIONS SUCH THE ORTHOPEDIC PHYSICIAN'S 431 ASSISTANTS (OPA) AND ANESTHESIOLOGIST'S ASSISTANT (AA). REGULATORS, 432 THIRD PARTY PAYERS, EMPLOYERS, CREDENTIALING OFFICES, AND OTHERS 433 CAN MISUSE SUCH TESTS TO CREATE ARTIFICIAL BARRIERS TO PRACTICE, 434 DECREASE FLEXIBILITY, INCREASE COSTS, AND FRAGMENT THE PROFESSION. 435 THE PROFESSIONAL IMPLICATIONS ARE ASTOUNDING AND ARE CONTRARY TO

436 HALLMARKS OF THE PROFESSION.

#### 437 Specialty Examinations

438 The NCCPA president has said that the organization is committed to generalist certification and has no plans to develop specialty certification.<sup>5</sup> The Commission is investigating 439 the feasibility of examining PAs in "focused areas of practice." <sup>5</sup> By this, the NCCPA means 440 441 separate components, or mini-exams, on pediatrics, surgery, obstetrics, emergency medicine, 442 cardiology, etc., a combination of which could be chosen by the person taking the recertification 443 examination. THE NCCPA HAS BEEN ACTIVE IN ADDRESSING THIS COMPLEX 444 ISSUE. ALTHOUGH IT STILL EMBRACES THE PRIMARY CARE CONCEPT AS 445 EVIDENCED IN THE PANCE AND PANRE, IT HAS, HOWEVER, IMPLEMENTED 446 CERTIFICATES OF ADDED QUALIFICATION SPECIALTY EXAMINATIONS. THE 447 SPECIALTIES CURRENTLY INCLUDED IN THE CAQ PROJECT ARE EMERGENCY 448 MEDICINE, ORTHOPEDIC SURGERY, CARDIOVASCULAR AND THORACIC 449 SURGERY, NEPHROLOGY AND PSYCHIATRY. SUCCESSFUL COMPLETION OF THE 450 CAO REQUIREMENTS ALLOWS THE PA TO OBTAIN AN ADDED CREDENTIAL OF 451 EXPERTISE IN THE SPECIALTY.

452 PROMOTING SPECIALTY CERTIFICATION EXAMINATIONS ONLY ENHANCES
453 THE CONCEPT OF SPECIALTY CERTIFICATION ANDDIMINISHES THE GENERALIST
454 VALUE OF THE PA PROFESSION.

The American Board of Family Practice uses this model. As part of the recertification
 process, family physicians take a core examination and also may choose from a number of
 elective components. If successful, they retain their family practice diplomate status. No

458 information is released indicating which particular aspects of practice (obstetrics, pediatrics,
459 behavioral medicine, etc.) were tested.

460 There is no question about the need to evaluate the knowledge of PAs in a broad range of medical areas. No one can say that pediatrics, surgery, geriatrics, and other topics should not be 461 462 included in an initial certification examination or in a generalist recertification examination. But 463 the knowledge tested in any new modules must be relevant to all PAs. And great care must be 464 taken so that the modules are not extracted to become stand-alone specialty examinations. Care 465 should also be taken to discourage or prevent the reporting of passage of these components in a 466 fashion that could be misinterpreted or misused as a specialty credential. The objections raised 467 to specialty certification also apply to specialty examinations. Regulators, third party payers, 468 employers, credentialing offices, and others can misuse such tests to create artificial barriers to 469 practice, decrease flexibility, increase costs, and fragment the profession. Specialty 470 examinations also offer the potential for competition among professional testing organizations. 471 Certification examinations are currently offered to orthopedic physician's assistants (OPAs) and 472 to anesthesiologists' assistants (AAs) by testing organizations other than the NCCPA. Both 473 OPAs and AAs have sought legal recognition as PAs, claiming their education and certification 474 standards are equivalent to those of the PA profession. On occasion, and through ignorance, 475 employers and regulators have been misled by these groups into believing that their training and 476 qualifications are equivalent. The fact that PAs have one national set of standards for their 477 generalist education and certification has been a strong, politically effective argument for 478 acceptance and progress. The confusion that could arise by blurring the lines between PAs and 479 other non-physicians would not be to the advantage of PAs or the public.

#### 480 Conclusion

The American Academy of Physician Assistants HIGHLY values highly the contributions of physician assistants in all areas of practice. It believes strongly in the mission of the profession, which is to promote quality, cost effective, and accessible health care, and concludes that this mission can best be met if PAs have the flexibility to adapt to changes in the health care workforce and market. Therefore, the AAPA is opposed to specialty certification and to the use of specialty examinations that could reduce the profession's versatility and flexibility<u>a</u> and THUS drastically alterING its value to society. The AAPA supports efforts by the NCCPA

- 488 to explore focused, practice specific modules, provided that recertification remains generic.
- 489 Every effort must be made to prevent regulators, employers, third party payers, and others
- 490 including PAs from misusing the exam results.
- 491
- 492 **<u>References</u>**
- 493 1. Accreditation Standards for Physician Assistant Education. ARC-PA. SEPTEMBER,
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- 496 2007-2008 <del>1999-2000</del>. PAEA. Alexandria, VA. 2008<del>June 2000</del>.
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- 499
- 500 The following testimony was given:
- 501
- The majority of the testimony provided on the position paper was in favor of the originally
   suggested revisions. There was pro and con testimony given regarding the education section of
   the position paper. Additional testimony given by the Advocacy and Government Affairs
- 505 Commission Chair proposed amendments to the position paper. The recommended changes
- reflect testimony provided by the delegates.
- 508 The committee would propose the following amendment by substitution:
- 509

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- 510 2012-B-01B 511
- See: Flexibility as a Hallmark of the PA Profession: The Case Against Specialty Certification
  (PP tab 20)
  - Flexibility as a Hallmark of the PA Profession:
    - The Case Against Specialty Certification
    - (Adopted 2002 and reaffirmed 2007)
  - **Executive Summary of Policy Contained in this Paper**
- 520 Summaries will lack rationale and background information, and may lose nuance of policy. You
- 521 are highly encouraged to read the entire paper.
- 522

- AAPA is opposed to specialty certification and to the use of specialty examinations that
   could reduce the profession's versatility and flexibility, thus drastically altering its value
   to society.
- AAPA IS OPPOSED TO SPECIALTY CERTIFICATION, THE USE OF SPECIALTY
   EXAMINATIONS AND CERTIFICATES OF ADDED QUALIFICATION THAT
   COULD REDUCE THE PROFESSION'S VERSATILITY AND FLEXIBILITY,
   DRASTICALLY ALTERING ITS VALUE TO SOCIETY.
- 530
- Regulators, third party payers, employers, credentialing offices and others could misuse
   such SPECIALTY CERTIFICATION, THE USE OF SPECIALTY EXAMINATIONS
   AND CERTIFICATES OF ADDED QUALIFICATION to create artificial barriers to
   practice, decrease flexibility, increase costs and fragment the profession. These potential
   consequences and their professional implications are astounding and contrary to the
   hallmarks of the profession.

#### 537 Introduction

- 538 Physician assistants (PAs) have worked in specialty practice from the earliest days of the 539 profession. Debate has been ongoing about WHETHER THERE SHOULD BE recognition of 540 specialty PRACTICE OF physician assistants, the lack of formal specialty credentials, and the 541 fairness of the generalist recertification examination. From time to time, OVER THE YEARS, 542 specialty certification has been proposed as the solution. With tThis paper, the American 543 Academy of Physician Assistants states the arguments for and against specialty certification and 544 concludes that such a system <del>would not be</del> IS NOT in the best interests of PAs, their physician<mark>S</mark>, 545 or the public. The AAPA supports the efforts of the National Commission on Certification of 546 Physician Assistants (NCCPA) to explore the use of practice-focused modules as part of the 547 recertification process, provided that recertification remains generic. 548 Value of Physician Assistants 549 The creation of the PA profession was a significant accomplishment. After conceiving
- the idea REALIZING that the problem of physician shortage and maldistribution OF MEDICAL
   SERVICES could be resolved by using medically trained providers THAT working with
- 552 supervision, physicians developed educational curricula and programs, established accreditation
- and certification structures, and proposed a regulatory framework for physician assistant
- 554 practice. The men and women involved in the founding of the profession, not only physicians,

but also public policy experts, researchers, educators, AND lawmakers, and others – had an opportunity to take the best and most workable ideas and assemble a new model. By choice, they designed a provider who could be educated relatively quickly and inexpensively, who had generalist medical training and the skills for life-long learning, and who was flexible enough to

559 meet THE changing societal needs.

560 By virtually any standard, the experiment has been a RESOUNDING success. Physician 561 assistants have become a valuable component of health care delivery. They possess a 562 combination of attributes not found in many other professions. Among the unique attributes of 563 PAs are the focus, content, and length of their education, their socialization, AND THEIR 564 flexibility, and ADAPTABILITY IN THE delivery of medical services previously provided only 565 by physicians. PAs are also distinguished by their commitment to practicingE as part of 566 physician-PA directed teams.

#### 567 PA Education

568 Physician assistant educational programs provide a broad-based generalist medical education with a focus on primary care.<sup>1</sup> PAs are trained to think like physicians and to be life-569 570 long learners. The educational process FREQUENTLY draws upon the prior experience of 571 students, adds intense didactic and clinical instruction, and produces individuals who know how 572 to practice MEDICINE as part of a team and value their role in the system. Their generalist 573 training prepares PAs to work with physicians in any specialty. Similar in curriculum to the fast-574 track training of generalist physicians during World War II, PA programs average 276 months in length AFTER COLLEGE PRE-REQUESITE COURSEWORK.<sup>2</sup> This is a relatively short 575 576 production pipeline that can respond quickly to changes in the size and composition THE 577 NEEDS of the health workforce.

578 Compared to medical school and residency training, PA education is less expensive and 579 more quickly completed. It produces a medically-trained health care professional with 580 significantly less educational debt. A physician assistant is available to join the health workforce 581 and increase patient access to care in fewer years than it takes to produce other medical 582 providers.

583 Unlike advanced practice nurses, who attend specialty <u>-</u>specific nursing programs, PAs 584 have a general<del>, primary care,</del> medical background DESIGNED FOR THE PRIMARY CARE 585 SETTING. By virtue of the broad foundation of PA education, future employment is not limited

to one specialty. Graduates who wish to increase their skills and knowledge in a particular
specialty may do so through a clinically based postgraduate program, a less structured series of
workshops and continuing medical education sessions, additional clinical training in the practice
setting, or a combination of these options. It is the PA's decision whether THEY WISH TO

590 PURSUE THIS and how to obtain additional training.

591 PA Practice

By functioning as part of physician-directed teams, PAs have flexibility in practice. A
supervising physician is-free, ALLOWED AUTHORIZED within the boundaries of state law OR
FEDERAL REGULATIONS, to delegate to the PA any portion of his services OF THE
PHYSICIAN'S PRACTICE that are within the PA's ability to perform.<sup>3</sup> New tasks and
responsibilities can be taught and delegated as the PA's expertise expands and as the team
members' understanding of one another grows. A physician assistant may choose to change
specialties or may practice in more than one specialty simultaneously.

599 There are benefits to society from having a well-educated, flexible, and cost effective 600 medical provider as part of the workforce. PAs fill a role that CANNOT BE FILLED BY other 601 providers cannot fill. For example, community-based training, a broad set of primary care skills, 602 and lower salary expectations enable PAs to meet patient needs in poor and underserved areas 603 that cannot afford to support a physician full-time. PAs also add value to the public's investment 604 in the education of physicians by freeing physicians from routine responsibilities, allowing them 605 to deal with TREAT patients whose complex medical conditions require their expertise and to 606 expand the services offered by their practices. The synergy of physician-PA team practice 607 benefits patients both individually and collectively.

608 Physicians have a depth and breadth of training that is unmatched by other medical 609 professionals. PAs embrace the notion that physicians should lead the health care team. PAs do 610 not seek to compete with physicians, but rather endorse their role and support the concept of 611 physician-directed care.

The current system THAT CONSISTS OF education, NATIONAL certification, STATE licensure, FEDERAL REGULATIONS and THE team practice CONCEPT has made this success possible. THE AAPA BELIEVES THAT Changes to the system should be made only if they are improvements that have benefits for the public as well as for PAs and their physician colleagues. 617 A System in Flux

618 DRAMATIC CHANGES ARE OCCURRING IN THE HEALTH CARE SYSTEM. 619 Managed care has drastically altered the health care marketplace. The growing role of 620 administrators and accountants, with their focus on the bottom line and the interests of investors, 621 has led to decreased autonomy for physicians and other providers.- The rising cost of health care 622 has made it essential to institute money-saving measures, sometimes reflected in a reduction of 623 nursing staff or other provider positions. The percentage of the Gross Domestic Product spent on 624 health care continues to rise, reflecting growing demand for services. Competition among 625 managed care organizations (MCOs) has increased, leading to mergers of large corporations and 626 further elimination of duplicative positions. The aging of the population adds another set of 627 pressures to the marketplace. These competing forces combine to create an atmosphere of change 628 and uncertainty. THE UNCONTROLLED RISES IN THE COST OF HEALTH CARE HAS 629 MADE IT ESSENTIAL TO INSTITUTE COST-SAVING MEASURES. THE PERCENTAGE 630 OF THE GROSS DOMESTIC PRODUCT SPENT ON HEALTH CARE CONTINUES TO 631 RISE, REFLECTING NOT ONLY A GROWTH IN SERVICE DEMANDS, BUT ALSO 632 EXEMPLIFYING A POOR HEALTHCARE DELIVERY SYSTEM. WITH THE PASSING OF 633 HEALTHCARE REFORM, THERE WILL BE A CONTINUED PUSH TO REDUCE COSTS 634 BY ELIMINATING DUPLICATIVE SERVICES, IMPROVING QUALITY AND 635 EFFICIENCY OF THE DELIVERY OF CARE, AS WELL AS A NEW FOCUS ON 636 INCREASING PRIMARY CARE PROVIDERS. ALTHOUGH THE PATIENT PROTECTION AND AFFORDABLE CARE ACT AIMS TO ENSURE THAT ALL AMERICANS HAVE 637 638 ACCESS TO QUALITY, AFFORDABLE HEALTH CARE AND TO CREATE THE 639 CHANGES WITHIN THE SYSTEM TO CONTAIN COSTS, THIS MUST BE BALANCED 640 WITH A LARGE AGING POPULATION AND A CURRENT SHORTAGE OF PRIMARY 641 CARE PROVIDERS. THESE COMPETING FORCES COMBINE TO CREATE AN 642 ATMOSPHERE OF CHANGE AND UNCERTAINTY WITHIN HEALTHCARE. 643 The global shifts in the economy are beyond the control of any one group, but it is 644 possible for PAs to make decisions that are specific to the profession, such as the means by 645 which PAs affirm their continued proficiency or obtain recognition of achievements in specialty 646 practice. It is critical to make these decisions within the context of the changing marketplace and 647 with the public good in mind. ALTHOUGH GLOBAL SHIFTS IN THE ECONOMY ARE

648 BEYOND THE CONTROL OF ANY ONE GROUP, IT IS IMPORTANT TO REMEMBER 649 THAT PAS ARE ABLE TO MAKE IMPACTFUL DECISION ABOUT THE PROFESSION 650 WITHIN THESE SHIFTS. AN EXAMPLE OF THIS IS DETERMINING THE MEANS BY WHICH PAS AFFIRM THEIR CONTINUED PROFICIENCY OR OBTAIN RECOGNITION 651 652 OF ACHIEVEMENT WITHIN THEIR SPECIALTY PRACTICE. IT IS CRITICAL TO MAKE 653 THESE DECISIONS WITH THE CONTEXT OF THE CHANGING MARKETPLACE AND 654 WITH THE PUBLIC GOOD IN MIND. THE PA PROFESSION MUST REMAIN AS 655 DYNAMICALLY FLUID AS THE HEALTHCARE SYSTEM IN WHICH PAS PRACTICE. 656 **Specialty Practice** 

There have been PAs in specialty practice from SINCE the beginning of the profession. Two of the first four PA graduates from the original Duke University program chose nonprimary care fields in which to practice and today approximately half of PAs are in specialty practices.<sup>4</sup> The growing number of specialty PA organizations attests to the interest and employment opportunities for PAs in specialties and to the interest of specialty physicians in PAs.

663 However, PAs in specialty practice have identified several issues of concern. When faced 664 with employment opportunities in a particular specialty, some PAs with experience in that 665 specialty have said THAT they need a credential other than THE NCCPA NATIONAL 666 COMMISSION ON CERTIFICATION OF PHYSICIAN ASSISTANTS (NCCPA) certification 667 to demonstrate their expertise and ADVANCED SKILL LEVEL;, a credential that Cwould make 668 them more attractive than experienced PAs new to the specialty or new graduate PAss willing to 669 work for a lower salary. PAs employed by some government agencies and institutional 670 employers point out that they need additional qualifications in order to move up the career ladder 671 and obtain promotions or salary increases. LASTLY, THERE ARE Some PAs who have 672 practiced in specialties for many years WHO have expressed a desire for recognition of their 673 accomplishments. 674 One solution that has been discussed is specialty board certification, similar to that held

675 by physicians.

The idea CONCEPT of specialty boards REQUIRES COLLABORATION WITH THE
 NCCPA. naturally brings into the discussion the cCurrentLY THE NCCPA'S certification
 process, which tests new graduates by means of an initial certifying examination, known as THE

679 PANCE (Physician Assistant National Certifying Examination) and re-tests practicing PAs every

680 six years by means of a generalist recertification examination KNOWN AS THE (PANRE, or

681 (Physician Assistant National Recertification Examination) or the alternative mechanism of

682 Pathway II. Since 1973 the PANCE has served as a de facto licensing THE CERTIFICATION

683 examination for ALL PAs. PASSAGE OF THE NCCPA'S PANCE EXAMINATION IS

684 REQUIRED IN ALL STATES IN ORDER TO OBTAIN LICENSURE TO PRACTICE.

The current system is economical and efficient and enhances the flexibility and value of PAs to society, but the generalist recertification examination has troubled PAs whose practice is concentrated in a specialty or subspecialty area. Because of DUE TO the close working relationship between PAs and physicians, it is reasonable to examine the physician certification model to see if it would be workable for PAs.

690 Both medical school and PA programs educate their students in general medicine. After 691 graduation, physicians enter residency training programs in the specialty of their choice. Upon 692 completion of one or more years of residency, physicians take A certifyingICATION 693 examinations produced by specialty boards. Although postgraduate training is a prerequisite for 694 licensure, board certification CURRENTLY is not IN MOST JURISDICTIONS, nor is the 695 absence of board certification an obstacle to practice once licensure has been obtained. 696 The physician assistant educational process does not include mandatory postgraduate 697 residencies, nor does it include specialty certification examinations. A discussion of the

advantages and disadvantages of following the physician model of specialty certification ispresented below.

## 700 Advantages of Specialty Certification

There may be many ARE advantages to specialty certification. It implies added knowledge, qualifications, or skills. In American society, individuals with outstanding accomplishments frequently receive awards, prizes, honorary titles, <del>or</del> AND certificates. A document is awarded to providers who complete training courses in particular clinical skills, such as endoscopy or colposcopy. Some aAdvocates of specialty certification believe an additional credential attests to THEIR experience and achievement in a specialty field of practice.

To the public and employers, specialty certification may provide a sense of reassurance.
 Given the general public's incomplete understanding AS THE GENERAL PUBLIC MAY NOT

710 UNDERSTAND THE EDUCATION of the PA profession, AND THEIR FLEXIBILITY,

another credential may enhance the credibility of the PA. Employers, including physicians
accustomed to the specialty boards of their own profession, may have an added sense of comfort.

713 The administrative personnel in large institutions, particularly those in charge of credentialing

the medical staff, may also recognize specialty certification as something familiar, akin to the

715 physician model.

Consequently, the result for specialty certified PAs may be increased employment
 opportunities, greater job security, and enhanced compensation. Specialty certification also has
 the potential to simplify the process by which institutions or managed care organizations grant
 clinical privileges OR PAYERS REIMBURSE. It could even provide PAs with a competitive
 edge over other non-physician providers, such as advanced practice nurses or surgical assistants.

For PAs who need additional qualifications in order to achieve advancement in a bureaucratic institution, WITHIN AN INSTITUTION, specialty certification may provide one step up the career ladder. Past testimony in the AAPA House of Delegates indicates that PAs who desire concrete evidence of their accomplishments would find satisfaction in a framed certificate or some other visible sign of their specialty certification.

For many, specialty certification offers the potential to reform the recertification process. Recertification could be limited to testing only the skills and knowledge needed for the PA's specialty practice. For example, PAs who have worked in otolaryngology for 25 years would not be examined on their knowledge of obstetrics. Focusing recertification on knowledge limited to THE specialty practice wcould reduce concerns about failure, particularly in light of the fact that PAs who do not successfully complete the current process lose their national certification.

#### 732 Disadvantages of Specialty Certification

There are also numerous disadvantages to specialty certification. One of the most important is the limit it would place on PA flexibility, both professionally and in the delivery of care. It would no longer be easy to change from one specialty practice to another. It could affect a PA's ability to provide care in more than one specialty at a time or to hold part-time jobs. For example, a PA working in adult cardiology might not be able to moonlight in urgent care or a PA in general surgery might not be able to cover orthopedics on an as-needed basis without certification in that specialty.

The immediate result of specialty certification could be a multi-tiered job market in
 which PAs without the extra credentials would be at an economic and professional disadvantage.
 This could manifest itself in terms of employment opportunities, salaries, professional liability,
 and coverage of services by third party payers. To remedy the situation, PAs could undertake
 additional education, but currently there are limited opportunities for formal specialty training.
 Pursuing postgraduate training in more than one specialty would be time-consuming and
 expensive.

There are many unanswered questions regarding maintenance of specialty credentials and
 the consequences of failing a specialty certification examination, including the impact on
 hospital privileges and professional liability insurance premiums.

750 - Licensing boards and other regulatory authorities have frequently tried to manage the 751 physician PA team at an inappropriate level of detail. Given the opportunity to require specialty 752 certification, it is likely that some states would make it a prerequisite for licensure or for 753 approval of a specific delegated scope of practice. This could complicate the requirements for 754 supervision. Regulators might decide that specialty certified PAs could only be supervised by 755 board-certified physicians with matching credentials. This could adversely affect the day-to-day 756 practice of PAs in large, multi-specialty groups and create a disincentive to employ them. The 757 absence of certification for PAs in a particular specialty could prevent PAs from working in that 758 field. Failure to maintain specialty certification could result in a restricted scope of practice or, in 759 a worst case scenario, loss of licensure. 760 There are also questions about the timing of specialty certification. Would it be awarded

root and the disconstruction of the interference of the interfe

- 766 Educators would be wise to ask what impact specialty certification might have on entry-
- 767 level PA education. It would be tempting for programs to revise their curricula and become
- 768 specialty-oriented, or to increase their length, thus adding to the cost of training One should also
- 769 look at the potential for a proliferation of postgraduate programs and, aside from the current lack

of national standards and accreditation, ask if the capacity exists and whether more time spent in

771 hospital based training is what the profession should bring to the health care system.

772 Some of the other arguments in favor of specialty certification can also be debated.

773 Another certificate on the office wall or another set of letters behind a PA's name may not

reassure patients or help them better understand the role of a PA. Employers may not understand

and value specialty certification in a way that assures hiring preferences, higher pay, and

776 automatic awarding of hospital privileges.

777 Questions that are raised now about the generalist recertification examination carry over 778 to specialty recertification. What core knowledge would be tested? Practice activities can be as 779 diverse within a specialty as they are across specialties. For example, a surgical PA may act as a 780 first assistant, do hospital rounds, or see patients in an office setting. A PA working in cardiology 781 may concentrate on patients in the ICU or manage outpatient care. Difficult decisions would 782 have to be made regarding the spheres of specialty knowledge that would be encompassed in an 783 examination in order to develop a specialty recertification instrument that did not draw criticism 784 from sub-specialists.

All of these are valid concerns, but in truth the larger questions are these: If it takes
 longer and becomes more expensive to train PAs, is the benefit worth the cost to society? Will
 PAs remain flexible and responsive to changing patient and workforce needs? Will they retain
 their unique attributes?

789 One of the hallmarks of the PA profession is its flexibility. Specialty certification would 790 undermine this flexibility, or at best make it extremely difficult to achieve. Locking PAs into 791 specialty practice by means of certification would have an impact on all PAs, not only those in 792 specialty practice. Specialty certification would cause a cultural shift for the profession, making 793 specialization mandatory, rather than voluntary. Some of the dissatisfaction now experienced by 794 specialty PAs would shift to the other half of the profession, those who embrace generalist 795 primary care and chose the profession for its broad vision and practice possibilities. Resolving 796 the employment and legal problems associated with initiation of specialty certification would 797 require the expenditure of much time, money, and political capital. 798 Moreover, resources used to obtain additional training translate to additional costs for

799 patients, since training costs and potentially higher salaries would be passed along to consumers.

American health care expenditures already exceed those of other countries, making it difficult to
 justify increased costs to sustain a specialty certification system.

Although few could argue against making specialty care available in underserved areas,
 the deployment of PAs may become less economically feasible. Individuals who have incurred
 additional education-related debts, or who have become accustomed to tertiary care practice
 settings may be reluctant to work with fewer resources in rural or urban underserved
 communities. Regulatory restrictions associated with a rigid specialty certification system may
 also hinder deployment.

808The PA profession was created to increase access to care. In many cases, it has done so809by extending primary care physician services to patients in underserved areas. It has also done so

810 by filling niche markets as the health care system changes. PAs frequently change practice

811 settings and specialties in response to these opportunities. Imposing a specialty certification

812 system has the potential to eliminate many of the values that PAs bring to society.

813 — Specialty certification would not be a panacea for PAs seeking to add qualifications in

814 order to advance up a career ladder. It is presumably a step whose benefit can be realized only

815 one time. Given the consequences to the profession as a whole, specialty certification is too

816 drastic a solution to a problem faced only by PAs in certain employment settings, such as those

817 working for the Department of Veterans Affairs, the military, or academic institutions.

818 An alternate approach to the problem is the one that many PAs currently pursue. It

819 includes academic coursework, advanced degrees, and training workshops that enhance one's

820 ability to perform certain procedures. These options may improve a PA's marketability. The

Academy recognizes, however, that further work may need to be done to address this particular
 problem.

THERE ARE ALSO DISADVANTAGES TO SPECIALTY CERTIFICATION FOR
PAS. THE MOST COMPELLING IS THE LOSS OF FLEXIBILITY OF THE PROFESSION.
THIS WOULD IMPACT ON THE PA AND THE ABILITY TO WORK WITH THE PA'S
PHYSICIAN COLLEAGUES AND PROVIDE THE COMPREHENSIVE DELIVERY OF
HEALTH CARE NEEDED IN SOCIETY TODAY.

828 SHOULD THE PROFESSION EMBRACE SPECIALTY CERTIFICATION, THE
829 IMPACT COULD BE A MULTI-TIERED PROFESSIONAL STRUCTURE. THOSE WITH
830 SPECIALTY CERTIFICATION COULD BE AT AN ECONOMIC AND PROFESSIONAL

831 ADVANTAGE. THOSE WITHOUT COULD MANIFEST ITSELF IN TERMS OF LOSS OF 832 EMPLOYMENT OPPORTUNITIES, DECREASED SALARIES, INCREASED 833 PROFESSIONAL LIABILITY AND A CHANGE IN THE COVERAGE OF SERVICES BY 834 THE THIRD PARTY PAYER. IN SPITE OF THE FACT THAT MANY PAS WORK IN 835 SPECIALTIES. SPECIALTY CERTIFICATION COULD PLACE THE MORE 836 ECONOMICALLY DESIROUS OF SPECIALTIES AT THE FOREFRONT AND THE LEAST 837 ECONOMICALLY DESIRABLE, SUCH AS PRIMARY CARE, BEHIND. THIS COULD 838 HAVE A GRAVE IMPACT ON THE LANDSCAPE OF THE DELIVERY OF HEALTH 839 CARE.

IN ADDITION, SPECIALTY CERTIFICATION COULD CHANGE THE CULTURE
OF THE PAS. THE HALLMARK OF THE PROFESSION HAS BEEN TO FILL THE GAP
AND WORK WITH THE PHYSICIAN IN PROVIDING HEALTH CARE. THE PAS
FLEXIBILITY AND ABILITY TO ADAPT TO THE NEEDS OF THE HEALTH CARE
COMMUNITY HAS BEEN ONE OF THE ASSETS OF THE PROFESSION. THERE ARE
SOME PAS WHO ELECT TO DO PRIMARY CARE AND NOT EMBRACE SPECIALTIES.
THEY SHOULD NOT BE PENALIZED.

847 THE EDUCATION OF PAS COULD ALSO BE AFFECTED. CURRENTLY, THE 848 FOCUS OF THE EDUCATION OF PA STUDENTS IS TOWARDS PRIMARY CARE. THUS 849 ALLOWING THE GRADUATE THE FREEDOM OF CHOICE TO CHOOSE WHERE THEY 850 WANT TO WORK. THE LACK OF SPECIALTY TRAINING COULD LIMIT THEIR JOB 851 OPPORTUNITIES AND THUS PLACE PRESSURE ON THE EDUCATIONAL 852 INSTITUTION IN PROVIDING SPECIALTY EDUCATION TO THE STUDENTS. THE 853 ACCREDITATION REVIEW COMMISSION ON PHYSICIAN ASSISTANT EDUCATION 854 (ARC-PA) IS REPLETE IN ITS REOUIREMENTS THAT MUST BE INCLUDED IN THE 855 CURRICULUM. ADDING A TRACK FOR SPECIALTY TRAINING COULD BE ARDUOUS 856 AND MAY EXTEND THE TIME OF THE PROGRAM, AS WELL AS TUITION FEES. ONE OF THE ADVANTAGES OF ATTENDING PA SCHOOL IS THE TIME AND FINANCIAL 857 858 COMMITMENT THAT IS LESS THAN ATTENDING MEDICAL SCHOOL. THIS COULD 859 REQUIRE A COMPLETE RESTRUCTURING OF THE ARC-PA REQUIREMENTS FOR PA EDUCATION AND MAY HAVE ADMISSION CANDIDATES THINKING TWICE ABOUT 860 861 APPLYING TO PA SCHOOL.

862 SPECIALTY TRAINING COULD ALSO HAVE AN IMPACT ON HOW THE 863 LICENSING BOARDS LICENSE PAS. SHOULD THERE BE SPECIALTY 864 CERTIFICATION, STATE STATUTES AND REGULATIONS COULD REQUIRE PAS TO ACHIEVE SPECIALTY TRAINING, WHETHER IT IS IN NEURO-SURGERY OR 865 866 PRIMARY CARE. THIS COULD IMPACT THE PA WHO WISHES TO MOVE FROM 867 EMERGENCY MEDICINE TO PEDIATRICS. ADDITIONALLY, LEGISLATORS AND 868 ADMINISTRATORS MAY CONFUSE SPECIALTY CERTIFICATION WITH OTHER 869 CERTIFICATION EXAMINATIONS SUCH THE ORTHOPEDIC PHYSICIAN'S 870 ASSISTANTS (OPA) AND ANESTHESIOLOGIST'S ASSISTANT (AA). REGULATORS, 871 THIRD PARTY PAYERS, EMPLOYERS, CREDENTIALING OFFICES, AND OTHERS 872 CAN MISUSE SUCH TESTS TO CREATE ARTIFICIAL BARRIERS TO PRACTICE, 873 DECREASE FLEXIBILITY, INCREASE COSTS, AND FRAGMENT THE PROFESSION. 874 THE PROFESSIONAL IMPLICATIONS ARE ASTOUNDING AND ARE CONTRARY TO 875 HALLMARKS OF THE PROFESSION.

#### 876 Specialty Examinations

877 The NCCPA president has said that the organization is committed to generalist certification and has no plans to develop specialty certification.<sup>5</sup> The Commission is investigating 878 the feasibility of examining PAs in "focused areas of practice." <sup>5</sup> By this, the NCCPA means 879 880 separate components, or mini-exams, on pediatrics, surgery, obstetrics, emergency medicine, 881 cardiology, etc., a combination of which could be chosen by the person taking the recertification 882 examination. THE NCCPA HAS BEEN ACTIVE IN ADDRESSING THIS COMPLEX 883 ISSUE. ALTHOUGH IT STILL EMBRACES THE PRIMARY CARE CONCEPT AS 884 EVIDENCED IN THE PANCE AND PANRE, IT HAS, HOWEVER, IMPLEMENTED 885 CERTIFICATES OF ADDED QUALIFICATION (CAQ), SPECIALTY EXAMINATIONS. 886 THE SPECIALTIES CURRENTLY INCLUDED IN THE CAQ PROJECT ARE 887 EMERGENCY MEDICINE, ORTHOPEDIC SURGERY, CARDIOVASCULAR AND 888 THORACIC SURGERY, NEPHROLOGY AND PSYCHIATRY. SUCCESSFUL 889 COMPLETION OF THE CAQ REQUIREMENTS ALLOWS THE PA TO OBTAIN AN 890 ADDED CREDENTIAL **OF EXPERTISE** IN THE SPECIALTY.

# 891 PROMOTING SPECIALTY CERTIFICATION EXAMINATIONS ONLY ENHANCES 892 THE CONCEPT OF SPECIALTY CERTIFICATION ANDDIMINISHES THE GENERALIST 893 VALUE OF THE PA PROFESSION.

The American Board of Family Practice uses this model. As part of the recertification
process, family physicians take a core examination and also may choose from a number of
elective components. If successful, they retain their family practice diplomate status. No
information is released indicating which particular aspects of practice (obstetrics, pediatrics,
behavioral medicine, etc.) were tested.

899 There is no question about the need to evaluate the knowledge of PAs in a broad range of 900 medical areas. No one can say that pediatrics, surgery, geriatrics, and other topics should not be 901 included in an initial certification examination or in a generalist recertification examination. But 902 the knowledge tested in any new modules must be relevant to all PAs. And great care must be 903 taken so that the modules are not extracted to become stand-alone specialty examinations. Care 904 should also be taken to discourage or prevent the reporting of passage of these components in a 905 fashion that could be misinterpreted or misused as a specialty credential. The objections raised 906 to specialty certification also apply to specialty examinations. Regulators, third party payers, 907 employers, credentialing offices, and others can misuse such tests to create artificial barriers to 908 practice, decrease flexibility, increase costs, and fragment the profession. Specialty 909 examinations also offer the potential for competition among professional testing organizations. 910 Certification examinations are currently offered to orthopedic physician's assistants (OPAs) and 911 to anesthesiologists' assistants (AAs) by testing organizations other than the NCCPA. Both 912 OPAs and AAs have sought legal recognition as PAs, claiming their education and certification 913 standards are equivalent to those of the PA profession. On occasion, and through ignorance, 914 employers and regulators have been misled by these groups into believing that their training and 915 qualifications are equivalent. The fact that PAs have one national set of standards for their 916 generalist education and certification has been a strong, politically effective argument for 917 acceptance and progress. The confusion that could arise by blurring the lines between PAs and 918 other non-physicians would not be to the advantage of PAs or the public.

919 Conclusion

920	The American Academy of Physician Assistants HIGHLY values highly	the
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- 921 contributions of physician assistants in all areas of practice. It believes strongly in the mission of
- 922 the profession, which is to promote quality, cost effective, and accessible healthcare, and
- 923 concludes that this mission can best be met if PAs have the flexibility to adapt to changes in the
- 924 health care workforce and market. Therefore, the AAPA is opposed to specialty certification and
- 925 to the use of specialty examinations that could reduce the profession's versatility and flexibility.
- 926 and THUS drastically alterING its value to society. The AAPA supports efforts by the NCCPA
- 927 to explore focused, practice specific modules, provided that recertification remains generic.
- 928 Every effort must be made to prevent regulators, employers, third party payers, and others
- 929 including PAs from misusing the exam results.
- 930 <u>References</u>
- 931 1. Accreditation Standards for Physician Assistant Education. ARC-PA. SEPTEMBER,
- 932 2010<del>January 2001</del>.
- 933 2. <del>16<sup>th</sup></del> 24<sup>th</sup> Annual Report on Physician Assistant Educational Programs in the United States,
- 934 2007-2008 <del>1999-2000</del>. PAEA. Alexandria, VA. 2008<del>June 2000</del>.
- 935 3. Physician Assistants: State Laws and Regulations. AAPA, Alexandria, VA. 201100.
- 936 4. 2010 AAPA Physician Assistant Census Report. AAPA, Alexandria, VA. 2011October 2000.
- 937

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# 938 <u>Mister/Madame Speaker, the committee moves that the divided policy 2012-B-01B be so</u> 939 <u>amended.</u> 940

- 941 The Committee next considered testimony on 2012-B-02, the resolved portion of which reads:
- 943 2012-B-02 <u>Resolved</u>
- 945 Officers of Constituent Organizations shall be defined as the President, President-elect,
  946 Vice President, Secretary and Treasurer.
- 948 The following testimony was given:
- 950 There was concern expressed by delegates that the listed positions would be required.
- 951 Clarification was provided that the resolution does not mandate Constituent Organizations to952 have each of these officers.
- 953 nave
- After further investigation, the committee referred to the AAPA Policy Manual and modeled the
  language to be consistent. AAPA Bylaws read:
- 957 ARTICLE VII Board of Directors and Officers of the Corporation.

958		
959	Section 3: <u>Officers of the Corporation</u> . The Officers of the Corporation shall be a	
960	President, a President-elect, a Vice President, a Secretary-Treasurer, and the Immediate	
961	Past President ("Academy Officers"). The Academy Officers are voting members of the	
962	Board of Directors by virtue of position.	
963		
964	The committee proposes the following amendment by substitution:	
965		
966	AAPA defines the following positions as officers of a Constituent Organization:	
967	President, President-elect, Vice President, Secretary and Treasurer, and/or Secretary-	
968	Treasurer.	
969		
970	This definition is for AAPA policy purposes and does not require any organization to	
971	have a particular office.	
972		
973	Mister/Madame Speaker the committee moves that 2012-B-02 be so amended by	
974	substitution.	
975		
976	The Committee next considered testimony on 2012-B-03, the resolved portion of which reads:	
977		
978	2012-B-03 Resolved	
979		
980	Amend policy HX-4600.3.4 as follows:	
981		
982	AAPA urges the National Health Services Corps AND ALL OTHER FEDERALLY	
983	FUNDED PROGRAMS TO INCLUDE PHYSICIAN ASSISTANTS IN ALL HEALTH	ĺ
984	CARE SCHOLARSHIP AND LOAN REPAYMENT PROGRAMS. AAPA URGES	
985	THE NATIONAL HEALTH SERVICE CORPS AND ADMINISTRATORS OF ALL	
986	OTHER REPAYMENT OPPORTUNITIES to actively recruit physician assistants into	
987	viable placement sites within the corps PROGRAMS.	
988		
989	The following testimony was given:	
990		
991	The student delegation recommended including state funded programs. Another delegate	
992	recommended including locally funded programs.	
993		
994	The committee recognizes that the National Health Service Corps is a federally funded program	
995	and the committee felt it does not need to be identified independently.	
996	and the committee feat it does not need to be identified independently.	
997	The committee proposes the following amendment by substitution:	
998	The commutee proposes the ronowing uncomment by substitution.	
999	AAPA urges all federal, state, local and privately funded programs to include and recruit	
1000	physician assistants in all healthcare scholarship and loan repayment programs.	
1000	physician assistants in an neartheare scholarship and toan repayment programs.	
1001	Mister/Madame Speaker, the committee moves that Resolution 2012-B-03 be so amended	
1002	by substitution.	
1003		

1004		
1005	The Committee nex	t considered testimony on 2012-B-04, the resolved portion of which reads:
1006		
1007 1008	2012-B-04	Resolved
1009 1010 1011	position on t	ecommends that every Constituent Organization include a federal liaison heir Government Affairs Committee or comparable body to coordinate legislative efforts.
1012 1013	No testimony was p	rovided.
1014 1015 1016 1017	Mister/Madame Sp voting "aye."	beaker, the committee recommends you adopt Resolution 2012-B-04 by
1017 1018 1019	The Committee nex	t considered testimony on 2012-B-06, the resolved portion of which reads:
1017 1020 1021	2012-B-06	Resolved
1021	Amond by a	ubstitution policies HP-3500.3.3, Guidelines for Amending Medical Staff
1022		HP-3500.3.5, Guidelines for Privileging Physician Assistants with the
	•	
1024	1 11	er entitled "Guidelines for Updating Medical Staff Bylaws:
1025	Credentialin	g and Privileging Physician Assistants." See position paper.
1026		
1027	The following testin	iony was given:
1028	T	
1029		t the language in the policy paper be edited to read "reflect state and/or
1030 1031	federal requirements	s for" rather than "require" in lines 26, 237 and 289.
1032	The chair of Profess	ional Practice Commission stated in the hearing she was willing to accept
1033 1034	-	C chair subsequently consulted with the commission, and while willing to hey prefer to keep the language as currently written.
1035		
1036	The purpose of the o	locument is to present general guidelines.
1037		
1038	Policy Manual Secti	on HP-3200 supports AAPA's position on continuing education,
1039	professional develop	oment and life-long learning.
1040	1	
1041	Mister/Madame St	beaker, the committee recommends you adopt Resolution 2012-B-06 by
1042	voting "aye."	
1043		
1044	The Committee nex	t considered testimony on 2012-B-07, the resolved portion of which reads:
1044		considered assumption for 2012 is or, the resolved portion of which reads.
1045	2012-B-07	Resolved
1040		
/		

1048	AAPA endorses a ten year Maintenance of Certification (MOC- Recertification) 'Pilot
1049	Program' to start in 2013. The HOD charges the speaker to communicate this to the
1050	NCCPA (National Commission for Certification of PAs) BOD including all PAs.
1051	
1052	The following testimony was given:
1053	
1054	The policy will be irrelevant in one year.
1055	
1056	According to the management perspective report shared with delegates, initiatives to address the
1057	10 year MOC requirements are already under way, including:
1058	• AAPA is currently working with NCCPA to ensure that the new Certification
1059	Maintenance CME requirements are practical, meaningful and practice relevant to PAs
1060	• AAPA plans to conduct pilot PI-CME and self-assessment programs in 2013
1061	• These pilot programs will provide the opportunity for PAs to participate in activities
1062	similar to those that will be required by the new NCCPA certification maintenance
1063	requirements
1064	• Participation in the pilot PI-CME and self-assessment programs will satisfy current
1065	Category 1 CME requirements, but will not otherwise affect the certification cycle of the
1066	participating PAs
1067	• Participation in the 2013 pilot programs will not satisfy the future PI-CME and self-
1068	assessment requirements
1069	• The AAPA will ask that the NCCPA Certification Committee consider whether there are
1070	any benefits to the NCCPA conducting a parallel pilot program to address the 10 year
1071	certification maintenance cycle specifically, as opposed to the educational/CME aspects
1072	
1073	According to testimony, NCCPA already completed a MOC pilot-program.
1074	
1075	Mister/Madame Speaker, the committee recommends you reject Resolution 2012-B-07 by
1076	voting "nay."
1077	
1078	

1079	Mister/Madame Speaker, that concludes the report of Reference Committee B. I would like to
1080	thank the House Officers Alan Hull, Gail Curtis, and David Jackson for their support and
1081	guidance. I would further extend gratitude and thanks to the hard work of AAPA staff Kodi Blue
1082	Erb. I would like to thank the committee members for their hard work and being well prepared
1083	for this committee.
1084	
1085	Respectfully submitted,
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1087	SIGNATURES ON FILE
1088	
1089	
1090	John Trimbath, Chair
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1095	Nicole Manning
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1099	Jeremy Nelson
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1104	Linda Sekhon
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1106	
1107	
1108	
1109	James Williamson
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1113	
1114	Anthony Marlon, Student Member
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1116	
1117	
1118	
1119	Jennifer Feirstein, Alternate