



CME POST-TEST

All post-tests must be completed and submitted online.

EXPIRATION DATE: JANUARY 2026

Earn AAPA Category 1 CME credit by reading both CME articles in this issue, reviewing the post-test, then taking the online test at <https://cme.aapa.org>. Successful completion is defined as a cumulative score of at least 70% correct. This material has been reviewed and is approved for 2 AAPA Category 1 CME credits.

TREATMENT-RESISTANT DEPRESSION

- Under the definition adopted by the FDA and the European Medicines Agency, a patient with MDD is defined as having TRD if their condition
 - does not respond to an adequate trial of CBT.
 - does not respond to an adequate trial of psychotherapy.
 - does not respond to an adequate trial of one antidepressant medication.
 - does not respond to an adequate trial of at least two different antidepressant medications.
- What percentage of patients taking standard first-line antidepressants for MDD do not experience either remission or a treatment response?
 - less than 10%
 - 15% to 25%
 - 30% to 40%
 - more than 50%
- In 2021, what percentage of people in the United States older than age 18 years were estimated to have experienced at least one major depressive episode?
 - less than 1%
 - 3.8%
 - 6.8%
 - 8.3%
- Each year, what percentage of patients diagnosed with MDD are switched to a diagnosis of bipolar disorder after initial misdiagnosis?
 - less than 0.5%
 - 1% to 3%
 - 8% to 10%
 - 12% to 15%
- What is regarded as the most efficacious treatment for TRD?
 - ECT
 - TMS
 - SSRIs
 - psychotherapy

WILMS TUMOR

- What is the median age at which Wilms tumor presents in children?
 - 2.3 years
 - 3.5 years
 - 4.3 years
 - 5.3 years
- What is the most common site of Wilms tumor metastasis?
 - liver
 - bone
 - lung
 - brain
- Which predisposing congenital syndrome puts patients at the highest risk for developing Wilms tumor?
 - trisomy 18
 - Beckwith-Wiedemann syndrome
 - WAGR syndrome
 - Denys-Drash syndrome
- Although the clinical presentation can vary widely, most children with Wilms tumor present
 - with urinary symptoms.
 - without symptoms but with an abdominal mass.
 - with developmental delays.
 - with inflammation of the urethra.
- What percentage of Wilms tumor cases have an autosomal dominant inherited trait pattern?
 - 0.01% to 0.02%
 - 0.1% to 0.2%
 - 1% to 2%
 - 10% to 20%



Scan for access to all JAAPA post-tests.