



CME POST-TEST

All post-tests must be completed and submitted online.

EXPIRATION DATE: APRIL 2023

Earn Category I CME Credit by reading both CME articles in this issue, reviewing the post-test, then taking the online test at <http://cme.aapa.org>. Successful completion is defined as a cumulative score of at least 70% correct. This material has been reviewed and is approved for 1 hour of clinical Category I (Preapproved) CME credit by the AAPA.

ANTERIOR SHOULDER INSTABILITY

- 1. Traumatic shoulder instability occurs in what percentage of the US population each year?**
 - a. 0.7%
 - b. 1.3%
 - c. 1.7%
 - d. 3%
- 2. Anterior instability recurs in what percentage of patients with traumatic shoulder instability who did not receive operative care?**
 - a. 30% to 42%
 - b. 52% to 70%
 - c. 65% to 78%
 - d. 80% to 92%
- 3. What is an avulsion injury involving soft tissue or bony injury known as?**
 - a. an osseous lesion
 - b. a Bankart lesion
 - c. a rotator cuff tear
 - d. a Hill-Sachs lesion
- 4. A nonathlete presenting with anterior shoulder instability typically has experienced which of the following events?**
 - a. a fall on an outstretched arm with the shoulder in an abducted and externally rotated position
 - b. a fall on an outstretched arm with the shoulder in an adducted and externally rotated position
 - c. a fall on an outstretched arm with the shoulder in an abducted and internally rotated position
 - d. an unexpected forward pull on an outstretched arm
- 5. Which of the following is the standard diagnostic test for evaluating anterior shoulder instability?**
 - a. MRI
 - b. CT scan
 - c. MRA
 - d. plain radiographs

ARDS

- 6. Which of the following most accurately describes the disease burden placed on ICUs by ARDS?**
 - a. 23% of all ICU admissions and 10% of all patients requiring mechanical ventilation during hospital admission
 - b. 25% of all ICU admissions and 53% of all patients requiring mechanical ventilation during hospital admission
 - c. 10% of all ICU admissions and 23% of all patients requiring mechanical ventilation during hospital admission
 - d. 50% of all ICU admissions and 73% of all patients requiring mechanical ventilation during hospital admission
- 7. What was the inhospital mortality for mild, moderate, and severe ARDS in 2014?**
 - a. 25%, 30%, and 36%, respectively
 - b. 35%, 40%, and 46%, respectively
 - c. 45%, 50%, and 56%, respectively
 - d. 55%, 60%, and 66%, respectively
- 8. Which of the following is the most common disease or insult that results in ARDS?**
 - a. pneumonia
 - b. sepsis
 - c. aspiration
 - d. trauma
- 9. Which of the following is characteristic of the subacute phase of ARDS?**
 - a. edema improves and epithelial repair with collagen and fibroblasts begins
 - b. clearance of acute neutrophilic infiltration with residual fibrosis
 - c. pulmonary edema and endothelial and epithelial damage
 - d. ARDS resolution without residual lung damage
- 10. Which of the following is included in the Berlin criteria?**
 - a. presentation within 2 weeks of clinical insult
 - b. unilateral opacification on chest radiograph
 - c. symptoms that are not better explained to be cardiac in origin
 - d. P_{aO_2}/F_{iO_2} greater than 300 mm Hg