# Infectious Diseases update with an emphasis on COVID

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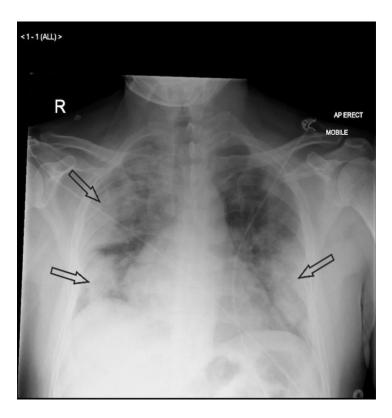
#### **Disclosures**

I have no relevant relationships with ineligible companies\* to disclose within the past 24 months

### **Learning Objectives**

- Discuss updates in the prevention and treatment of mild COVID-19 for non-hospitalized patients
- Discuss best practices in the management of hospitalized patients with COVID-19
- Review the antibiotic recommendations for postoperative wound infections

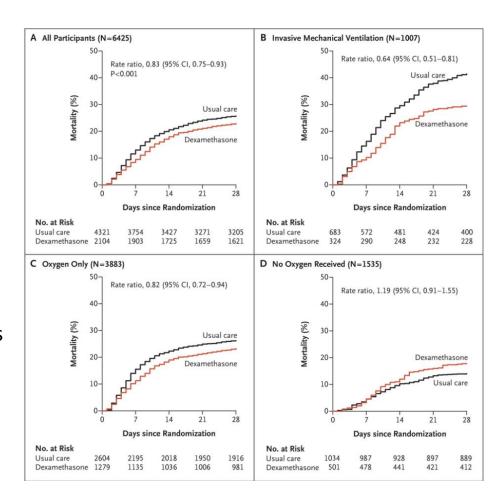
#### **Severe COVID-19**



- 65 year male, CKD, BMI- 35, CAD, hospitalized with COVID-19, RR-24, on 4l by NC, hospitalized
- Recommendations:
- **Remdesivir** IV X 5 days- if given early
- Dexamethasone 6 mg IV/PO for up to 10 days or until hospital discharge
- Or dexamethasone alone
- Consider Tocilizumab/Baricitinib if increasing O2 requirement within first 24 hours

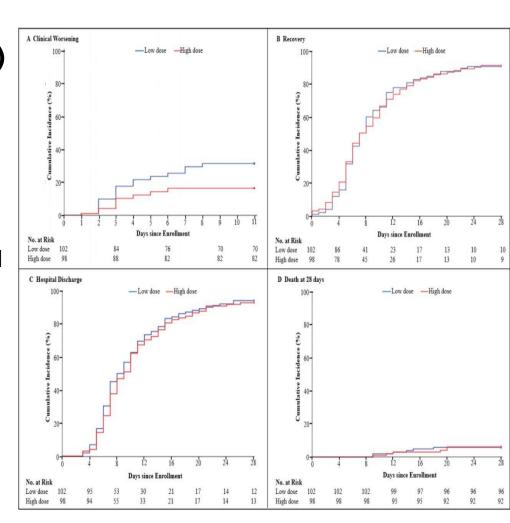
#### **Corticosteroids- Recommendations based on RECOVERY Trial**

- Yes in hospitalized, critically ill patients
  - Odds of mortality at 28 days is 34% lower in the dexamethasone group
- Yes in hospitalized patients with severe COVID-19
  - -28-day mortality 17% lower
- No in hospitalized patients without hypoxemia
- Dose
  - Dexamethasone 6 mg IV or PO for 10 days (or until discharge if earlier)
    - Or Equivalent total daily doses of alternative glucocorticoids



#### Dexamethasone low dose vs high dose

- Low or High Dose Dexamethasone (HIGHLOWDEXA)
- Randomized to receive
  - -Low dose dexamethasone
    - -(6 mg once daily for 10 days)
  - -Or high dose dexamethasone
    - –(20 mg once daily X 5 days, followed by 10 mg once daily X 5 days)



# Tocilizumab- Studies showing benefit in patients with worsening Oxygen requirements

- RECOVERY
  - 2000 patients in Toci arm vs 2000 in standard of care arm
    - Reduction in mechanical ventilation 12% vs 15%
    - Reduction in 28 day mortality if given with steroids
      - 27% vs 33%
- REMAP-CAP Trial (n =800 )
  - IL-6 antagonist started within 24 hours of ICU admission
  - Reduced mortality in IL-6 arm



## NIH guidance on anticoagulation-January 5, 2022

- Hospitalized, Nonpregnant Adults Who Require Low-Flow Oxygen and Are Not Receiving ICU Level of Care
- Panel recommends using therapeutic-dose heparin for
  - Patients who have a D-dimer above the upper limit of normal
  - Require low-flow oxygen
  - Have no increased bleeding risk or contraindications
  - Treatment should continue for 14 days or hospital discharge,
  - Do not use therapeutic-dose oral anticoagulants
- Anticoagulation for patients in ICU or on high flow Oxygen
  - The Panel recommends against the use of intermediatedose and therapeutic-dose anticoagulation for VTE prophylaxis
  - Use prophylactic-dose heparin as VTE prophylaxis



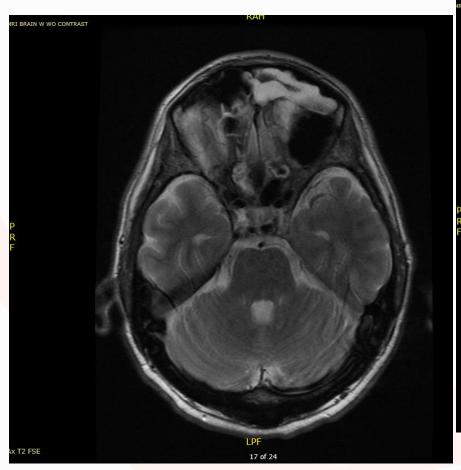
# Other Infectious complications in patients with COVID-19

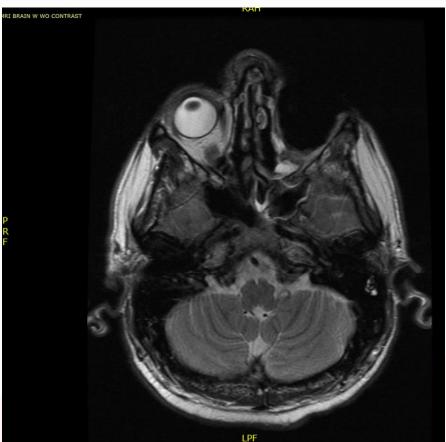
- Fungal infections:
- 50-year-old healthy male, no comorbidities
- COVID in August 2021- received steroids and tocilizumab
- 3 weeks later developed fungal sinusitis
- Progressive orbital involvement led to left eye exenteration



 6 months later has had 5 sinus surgeries and is still on antifungals







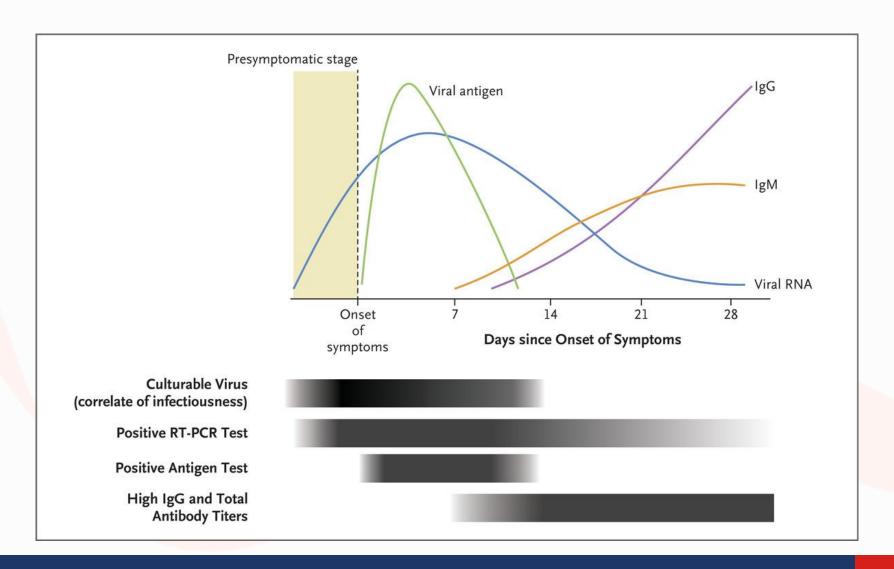


## Risk Factors for Severe COVID-19 Among Fully Vaccinated

- 1,228,664 persons, 465 Health Care Facilities, United States
- Aged ≥18 Years, December 2020–October 2021
  - Severe COVID-19 associated outcomes-0.015%
  - Death- 0.0033%
- Risk factors for severe outcomes
  - Age ≥65 years
  - Immunosuppressed
  - Six other underlying conditions: diabetes, immunosuppression, chronic liver, lung, heart or neurological disease
- 78% of those who died had 4 or more of these conditions

DOI: <a href="http://dx.doi.org/10.15585/mmwr.mm7101a4external">http://dx.doi.org/10.15585/mmwr.mm7101a4external</a> icon

#### Pathophysiology and Timeline of Viremia, Antigenemia, and Immune Response during Acute SARS-CoV-2 Infection.



## Diagnostic Tests

- Clinical performance of diagnostic SARS-CoV-2 testing depends on:
  - Viral load and the time since exposure or symptom onset
  - Specimen type, swab technique, transport conditions
  - sample preparation and signal amplification
- Nucleic acid amplification tests:
  - NAATs are highly sensitive and accurate
  - Remain positive for weeks to months after infection
- Rapid diagnostic tests (RDTs); Antigen-based assays
  - remain positive for 5 12 days after symptom onset
  - Perform better in persons with a high viral load which correlates with disease severity and death



#### United States: 10/31/2021 - 2/5/2022

#### United States: 1/30/2022 - 2/5/2022 NOWCAST



Enumerated lineages are US VOC and lineages circulating above 1% nationally in at least one week period. "Other" represents the aggregation of lineages which are circulating <1% nationally during all weeks



These data include Nowcast estimates, which are modeled projections that may differ from weighted estimates generated at later

AY.1-AY.133 and their sublineages are aggregated with B.1.617.2. BA.1 and BA.3 are aggregated with B.1.1.529.

## BA.2 lineage

- Original Omicron is BA.1 (B.1.1.529)
- BA.1 and BA.2 differ by approximately 40 mutations.
- BA. 2 nicknamed the "stealth omicron"
  - Not because it is "harder to detect"
  - "Stealth":because it does not exhibit the S gene target failure that distinguishes Omicron from other variants
  - Need to do genotyping to identify the variant
- No evidence that it causes more severe disease, but there is evidence for increased transmissibility

# Transmissibility: Omicron vs. Delta vs. Omicron BA.2

- Studies from Denmark:
- Secondary attack rate (SAR) among household members
  - Omicron- 31%
  - Delta-21%
  - Omicron BA.2- 39%



- Unvaccinated about the same risk as vaccinated w/o booster
- Does the Booster reduce infection from Omicron?
  - Works for Omicron BA.1
  - Not so much for BA.2

Comments (6)

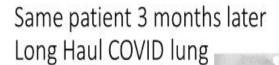
# Long-term cardiovascular outcomes of COVID-19

- Veterans Affairs
- COVID-19- 153,760 patients
- Without COVID-19:
  - 5,637,647 (contemporary controls) and 5,859,411 (historical controls)
- > 30 d after infection, COVID-19 cases at increased risk of:
  - Cerebrovascular disorders
  - Dysrhythmias
  - Ischemic & non-ischemic heart disease
  - Pericarditis/myocarditis, heart failure and thromboembolic disease
  - Reports of increased risk of out-of-hospital cardiac arrest
     72% higher risk of CHF even at 12 months
- Even in non-hospitalized cases with mild-moderate disease

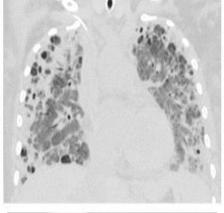
#### Long Haul COVID in the Lung

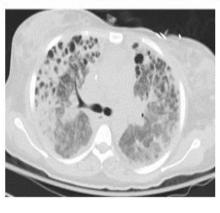
• Young patient with Diabetes, Admitted 3 months ago with COVID,

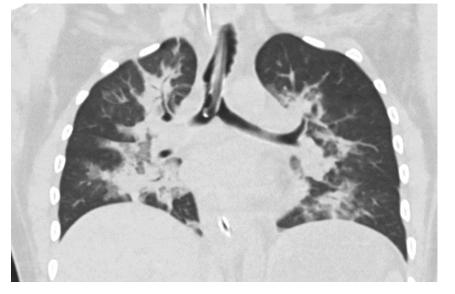




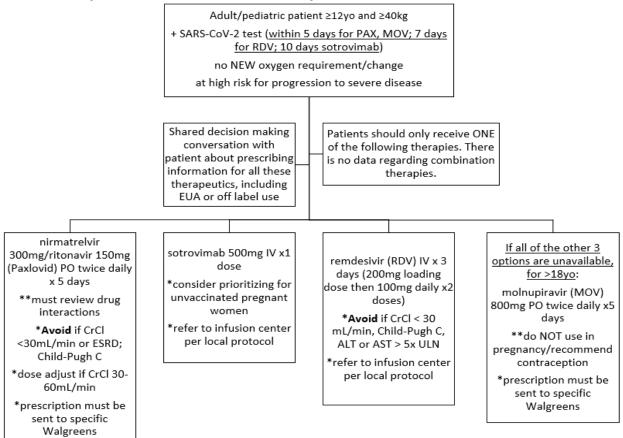








#### South Carolina Outpatient COVID-19 Therapeutics Consensus Guidance



Prioritize: Clinicians should screen and prioritize patients at the highest risk of clinical progression.

#### Risk Prioritization Tiers:

- Tier 1A: Immunocompromised individuals \*Pregnant persons, unvaccinated
- Tier 1B: Unvaccinated individuals at the highest risk of severe disease, meeting at least one of the following: ≥ 75 years; ≥ 65 years with any clinical risk factors, Pregnant persons, partially vaccinated
- Tier 2: Unvaccinated individuals at risk of severe disease not included in Tier 1 AND meeting at least one of the following: ≥ 65 years; < 65 years with any clinical risk factors; Preganant persons, fully vaccinated (with booster)
- Tier 3: Vaccinated individuals at high risk of severe disease
- Tier 4: \*Vaccinated individuals at risk of severe disease (anyone ≥65 years or anyone <65 with clinical risk factors)

#### **Current COVID-19 Therapeutics**

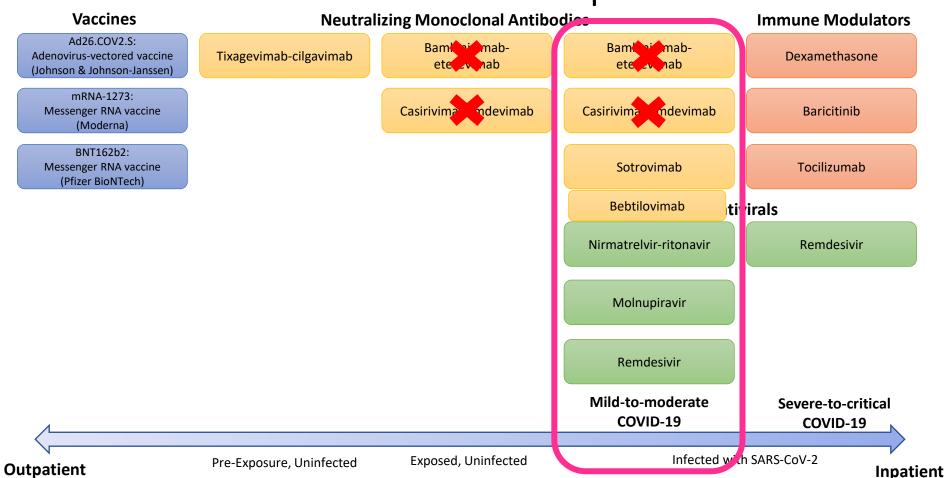


Figure adapted from Heil EL, Kottilil S. NEJM. 2021 Dec 22. doi: 10.1056/NEJMe2118579.

### Efficacy of Antibodies and Antiviral Drugs against Covid-19 Omicron Variant; NEJM- January 26, 2022

Monoclonal Antibody or Antiviral Drug	SARS-CoV-2 Variant					
	SARS-CoV-2/UT-NC002- 1T/Human/2020/Tokyo (A)	SARS-CoV-2/UT-HP127- 1Nf/Human/2021/Tokyo (Alpha/B.1.1.7)	hCoV- 19/USA/MD- HP01542/2021 (Beta/B.1.351)	hCoV- 19/Japan/TY7- 503/2021 (Gamma/P.1)	hCoV-19/USA/WI- UW-5250/2021 (Delta/B.1.617.2)	hCoV- 19/Japan/NC928- 2N/2021 (Omicron/B.1.1.529)
Neutralization activity of monoclonal antibody — ng/ml†						
LY-CoV016, etesevimab	18.19±9.10	150.38±83.51	>50,000	>50,000	15.37±9.78	>50,000
LY-CoV555, bamlanivimab	4.69±1.43	2.65±1.30	9554.88±926.53	1601.65±896.02	641.73±324.79	>50,000
REGN10987, imdevimab	3.05±0.93	1.87±1.60	2.17±1.30	1.04±0.68	3.95±1.78	>50,000
REGN10933, casirivimab	2.79±1.87	2.74±1.84	757.13±287.91	187.69±128.88	2.89±1.78	14,110.70±1782.13
COV2-2196, tixagevimab	1.92±0.28	1.34±0.67	18.98±1.42	6.56±1.56	4.05±2.60	1299.94±406.58
COV2-2130, cilgavimab	7.70±2.20	3.60±1.62	10.03±3.05	4.00±2.70	12.76±2.93	443.87±167.96
S309, sotrovimab precursor	27.33±3.24	44.91±22.76	100.98±22.27	28.38±1.86	111.43±58.22	373.47±159.49
LY-CoV016 plus LY-CoV555	12.60±1.91	15.26±3.98	>10,000	2545.04±625.72	10.28±3.33	>10,000
REGN10987 plus REGN10933	3.53±0.66	1.55±0.78	5.18±1.45	2.11±0.48	1.91±0.79	>10,000
COV2-2196 plus COV2-2130	3.42±0.92	1.94±0.34	10.30±1.17	1.79±0.87	5.50±2.75	255.86±45.31
Viral susceptibility to drug —						
GS-441524§	1.04±0.32	0.83±0.19	0.63±0.20	0.91±0.33	1.12±0.20	1.28±0.42
EIDD-1931¶	0.51±0.14	0.95±0.17	0.60±0.21	0.41±0.13	0.83±0.41	0.43±0.08
PF-00835231	18.45±7.35	10.56±5.85	14.20±4.34	9.40±3.28	14.81±5.24	12.71±3.00

## New Monoclonal Antibody: Bebtelovimab

- EUA granted on basis of lab data: binds and neutralizes all currently known VOC including Omicron and BA.2
- Limited clinical data: Rates of COVID-19 hospitalization and death through Day 29 were lower in bebtelovimab given alone or with other mAb compared to placebo rates reported in prior trials of other mAb in high-risk patients
- Give within 7 days of symptom onset
- Single IV infusion over 30 seconds followed by 1 hour observation
- Can be used for in-patient who tests positive but hospitalized for a non-COVID reason
- SC will receive 895 patient courses this week plus 1000 doses of Sotrovimab - might consider Sotrivimab preferable

## Evusheld

- Pre-exposure prophylaxis (PrEP) for immunocompromised
- Long acting antibody cocktail that may prevent infection for upto 1 year
  - PROVENT Phase III pre-exposure prophylaxis trial
- Results:
  - Reduced risk of developing symptomatic COVID-19 by 77%



## Evusheld

	□ Lung cancer on treatment				
	□ Non-curative intent on cytotoxic chemotherapy				
	Non-Oncology				
	□ Patients receiving anti-CD20/CD52/B-cell depleting therapy (e.g. rituximab, ocrelizumab, ofatumumab, alemtuzumab) for a non-oncology indication within the past 12 months (date of last infusion)				
	□ Severe primary immunodeficiency (CVID, agammaglobulinemia, CGD, SCID, Wiskott-Aldrich, DiGeorge, Dock 8 or Stat 3 deficience hypogammaglobulinemia requiring IVIG replacement)				
	□ HIV positive with CD4 < 200 and not on therapy				
	□ HIV positive, controlled on therapy, and receipt of COVID-19 vaccine is not recommended				
	□ Active treatment with high-dose corticosteroids (i.e., ≥20 mg prednisone or equivalent per day when administered for ≥2 weeks) antimetabolites, tumor-necrosis (TNF) blockers, and other biologic agents that are immunosuppressive or immunomodulatory				
	Solid Organ Transplant				
	□ Lung transplant recipients				
	☐ Any solid organ transplant recipient within 12 months of transplant or rejection treatment with antithymocyte globulin or alemtuzumab				
	$\ \square$ Any solid organ transplant recipient $\ge$ 65 years old having completed primary vaccination series + booster				
	$\ \square$ All abdominal transplant recipients within 5 years of transplant and on antimetabolite or immunosuppressive drugs				
	□ Solid organ transplant on antimetabolite (renal within 9 months, liver within 6 months) or Solid organ transplant on belatacept of heart transplant recipients				
р	ast 6 months OR receipt of allogenic HSCT in past 12 months				
35	st 6-12 months				
١t	of non-Hodgkins lymphoma (NHL) or chronic lymphocytic				
١t	of NHL or CLL AND age < 65 years				
s	e				

#### Risk Assessment Criteria (Check the applicable box. Must me

#### Oncology

- 🗆 Receipt of autologous hematopoietic stem cell transplant (HSCT) in past 6 months OR receipt of allogenic HSCT in past 12 months
- ☐ Allogeneic HSCT within past 1-3 years OR autologous HSCT within past 6-12 month
- ☐ Received CAR-T cell therapy
- □ Patients receiving rituximab therapy in past 12 months for treatment of non-Hodgkins lymphoma (NHL) or chronic lymphocytic leukemia (CLL) AND age ≥ 65 years
- ☐ Patients receiving rituximab therapy in past 12 months for treatment of NHL or CLL AND age < 65 years
- ☐ Any HSCT patient currently on treatment for graft-versus-host disease
- ☐ Patients on therapy for acute lymphoblastic leukemia, acute myelogenous leukemia, or myelodysplastic syndrome AND age ≥ 65 years
- ☐ On therapy for acute lymphoblastic leukemia, acute myelogenous leukemia, or myelodysplastic syndrome, age < 65 years
- □ Patients with multiple myeloma, other lymphomas (including cutaneous T-cell lymphoma) or chronic leukemias, myeloproliferative neoplasms, aplastic anemia, or Castleman's disease
- ☐ Curative adjuvant cytotoxic chemotherapy in past 6 months

#### Interval between monoclonal antibody and vaccine

### **Passive Antibody Products**

#### **Current** guidance

Defer COVID-19 vaccination for:

- 30 days if product used for post exposure prophylaxis
- 90 days if product used for treatment
- No guidance for preexposure prophylaxis



#### **Revised** guidance

- No recommended deferral period
- However, tixagevimab/cilgavimab (EVUSHELD™) should be deferred for at least two weeks after vaccination

## Paxlovid - (nirmatrelvir/ritonavir)

- Pfizer- Novel drug- SARS-CoV-2-3CL protease inhibitor.
- EPIC-HR (patients at High risk of severe disease)
  - Randomized, double-blind study
  - Clinical trial sites across North and South America, Europe, Africa, and Asia
  - < 5 days from symptom onset period</li>
  - Mild to moderate symptoms

#### Results:

- 2246 patients
- Paxlovid- 0 deaths, 0.8 % hospitalization
- Placebo- 12 deaths, 6.3% hospitalization
- 89% reduction
- Relative benefit similar at 3 and 5 days from symptom onset
- 10 fold reduction in viral load



### Paxlovid (nirmatrelvir/ritonavir)

- Contraindicated drugs that are CYP3A inducers and can lower Paxlovid plasma concentrations, loss of antiviral response, risk for resistance emergence
- Cannot start Paxlovid immediately after discontinuing CYP3A inducer:
  - Anticonvulsant: carbamazepine, phenobarbital, phenytoin
  - Antimycobacterials: rifampin
  - Herbal products: St. John's Wort (hypericum perforatum)
     List not comprehensive see Fact Sheet for Providers
- Risk of HIV-1 resistance to HIV protease inhibitors

# Molnupiravir (Lagevrio)

- Incorporated into the viral RNA, prevents viral propagation
- Four 200 mg capsules every 12 hours X 5 days
  - Named after Thor's hammer: Mjölnir
- Age 18 and older (no peds)
- Start within 5 days of symptom onset
- No drug interactions identified
- No dose adjustment for renal or hepatic impairment
- Contraindicated in pregnancy
- Caution in women of child bearing age and sexually active men



### **Outpatient Remdesivir**

- Intravenous (IV) remdesivir is FDA-approved for treatment of COVID-19 in hospitalized adult and pediatric patients
- Remdesivir is expected to be active against omicron variant
- PINETREE study Published NEJM , December 2021
  - Remdesivir for ouptaient treatment of patients with mild to moderate COVID-19 to prevent progression
- FDA approved on January 21, 2022 for outpatient use
- Dosing:
  - Remdesivir 200 mg IV on Day 1; 100 mg once daily on Days 2& 3
  - Should be initiated within 7 days of symptom onset
  - Logistical constraints as it is an IV infusion



#### Early Remdesivir to Prevent Progression to Severe Covid-19

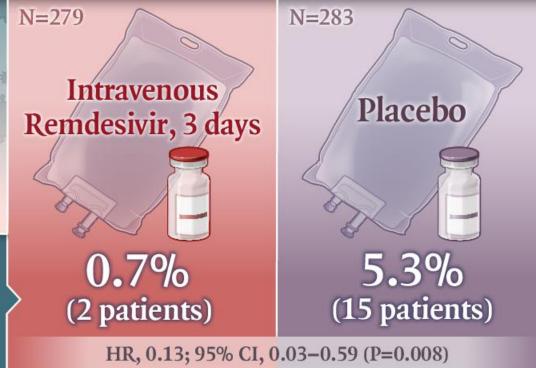
DOUBLE-BLIND, RANDOMIZED, CONTROLLED TRIAL

N=279

Intravenous
Remdesivir, 3 days

21 risk factor for disease progression

Covid-related hospitalization or death from any cause by day 28



Remdesivir resulted in an 87% lower risk of Covid-related hospitalizations or death than placebo and had an acceptable safety profile.

R.L. Gottlieb et al. 10.1056/NEJMoa2116846

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### Fluvoxamine

- Lancet Global Health, October 27, 2021, TOGETHER Trial
  - Placebo controlled adaptive platform trial in Brazil, 11 sites
- < 7 days of symptoms</li>
  - Fluvoxamine 100 mg PO BID X 10 days
- Absolute risk reduction- 5%
- Relative Risk Reduction 32%
- However:
  - No difference in time to symptom resolution
  - No difference in hospitalization
  - No difference in mortality
- Too many limitations in the study be able to recommend it

	Intention-to-treat analysis			Modified intention-to-treat analysis		
	N	n (%)	Relative risk (95% BCI)	N	n (%)	Relative risk (95% BCI)
Fluvoxamine	741	79 (11%)	0.68 (0.52-0.88)	740	78 (11%)	0.69 (0.53-0.90)
Placebo	756	119 (16%)	1 (ref)	752	115 (15%)	1 (ref)
BCI=Bayesian credible interval.						

Table 2: Proportion of primary outcome events and relative risk of hospitalisation defined as either retention in a COVID-19 emergency setting or transfer to tertiary hospital due to COVID-19 for patients allocated fluvoxamine versus placebo

	Number enrolled	Composite of Hospitalization or ED obs > 6 hours	Deaths	
Fluvoxamine	746	11%	17	100 mg PO twice daily X 10 days
Placebo	756	16%	25	

# Inhaled corticosteroids for non hospitalized patients

Budesonide Trials

	Time from onset of symptoms	Budesonide dose	Hospita Budesonide	
PRINCIPLE	6 days	800mcg BID	6.8%	8.8%
STOIC	3 days	800 mcg BID	1%	14%

 Inhaled Ciclesonide has also been evaluated but no clear benefit



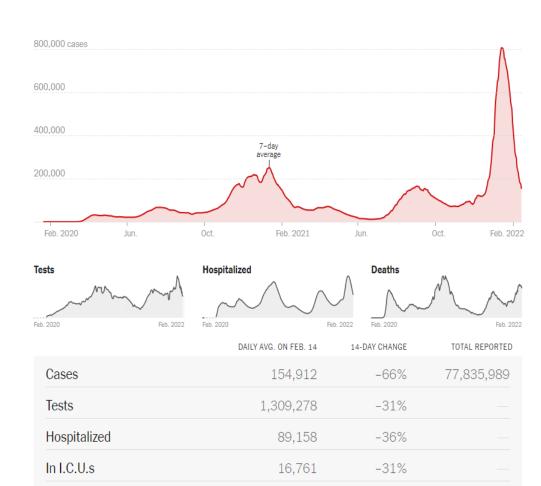
# As we approach a million deaths in the US lets take a moment to reflect

Deaths

- Deaths in US
  - WWII- 291,000
  - Spanish flu of 1918- 675,000
- By December 2020 Covid was the leading cause of death in the US
  - Had overtaken heart disease and cancer

#### The true heroes





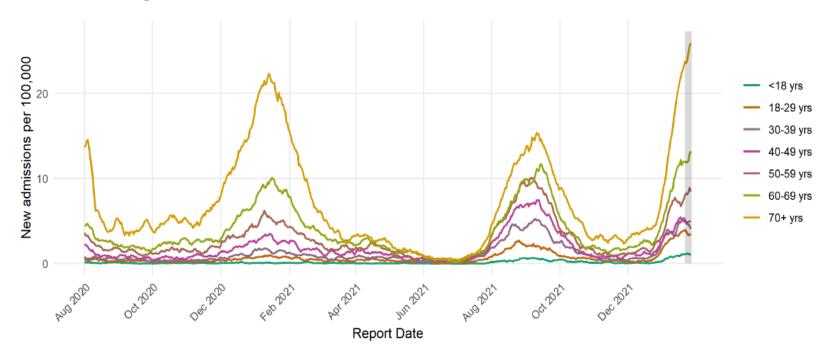
2,400

-6%

#### Hospitalizations by age breakdown- South Carolina

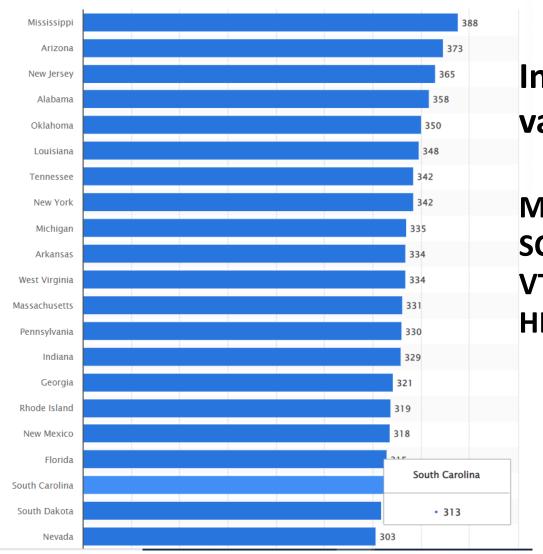
New admissions of patients with confirmed COVID-19 by age group

South Carolina: Aug 01 2020 - Jan 26 2022



Data pulled approx. 12:30 pm EST, Jan 28 2022; Data from Jan 21 2022 - Jan 26 2022 are provisional.

## Death rates by state



Inverse correlation with vaccination rates

MS-388/100K (50.5% vax) SC-313/100K (56% vax) VT-91/100K (79.8% vax) HI-89/100K (76.6% Vax)

https://www.statista.com/statistics/1109011/coronavirus-covid19-death-rates-us-by-state/

#### Reminder about current booster recommendations

Previous Vaccine	Who	When	Which
Pfizer-BioNTech	≥ 12 years	> 5 months after completing primary series	Pfizer-BioNTech or Moderna are preferred Teens 12–17 years old may only get a Pfizer- BioNTech COVID-19 vaccine booster
Moderna	≥ 18 years	> 5 months after completing primary series	Pfizer-BioNTech or Moderna (mRNA COVID-19 vaccines) are preferred in
Johnson & Johnson's Janssen	≥ 18 years	> 2 months after	Pfizer-BioNTech or Moderna (mRNA COVID-19 vaccines) are preferred in









#### **MMWR- January 28, 2022**

- Effectiveness of a Third Dose of Pfizer-BioNTech and Moderna Vaccines in Preventing COVID-19 Hospitalization
- Study period: August 19–December 15, 2021
  - 3000 Adults admitted to 21 hospitals in 18 states included
  - Median age 62 years; 49% female; 36% immunocompromised

	Hospitalized Immunocompetent	Hospitalized immunocompromised
Two doses	82%	69%
Three doses	97%	88%

#### How about the 4<sup>th</sup> "booster for immunecompromised?

# **REVISED** COVID-19 Vaccination Schedule for People Who Are Moderately or Severely Immunocompromised

Vaccinat	ion Sched	dule									
1 <sup>st</sup> dose	<b>2</b> <sup>n</sup>	d	3	rd					Во	oster	
	do	se	d	lose					do	se*	
	(21	days	(a	at least					(at	least 3	
	afte	er	2	8 days					mo	nths	
	1 <sup>st</sup> (	dose)									
			2	nd dose)					dos	e)	
1st dose		2nd		3rd						Boost	ter
1 4030					_						
				•						•	
		1 <sup>st</sup> dose)									ord
				2nd	dose)					dose)	
1st dose		Additiona	ı				Booster				
		doset									
		(at least									
		28 days					•				
		1st dose)									
							dose)				
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<sup>\*</sup>Any COVID-19 vaccine can be used for the booster dose in people ages 18 years and older, though mRNA vaccines are preferred. For people ages 12–17 years, only Pfizer-BioNTech can be used. People ages 5–11 years should not receive a booster dose.

<sup>†</sup>Only Pfizer-BioNTech or Moderna COVID-19 Vaccine should be used

# Many vaccines require boosters

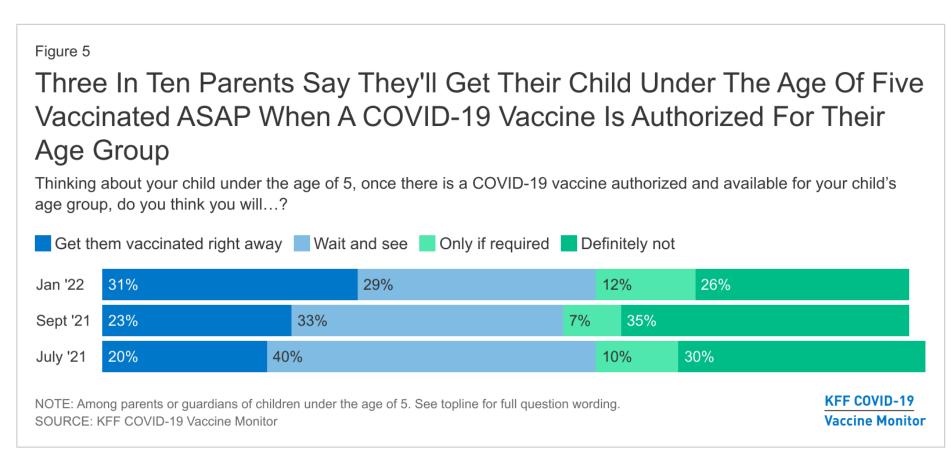
Vaccine <b>▼</b>	Age▶	Birth	1 month	2 months	4 months	6 months	9 months	12 months	15 months	18 months	19–23 months	2–3 years	4–6 years	Range of
Hepatitis B <sup>1</sup>		НерВ	He	рВ				HepB						recommende ages for all
Rotavirus <sup>2</sup>				RV	RV	RV <sup>2</sup>								children
Diphtheria, tetanus	, pertussis³			DTaP	DTaP	DTaP		Seefootnote	Dī	aP			DTaP	
Haemophilus influe	<i>nzae</i> type b⁴			Hib	Hib	Hib <sup>4</sup>		Н	ib					Range of
Pneumococcal <sup>5</sup>				PCV	PCV	PCV		PC	V			PF	'SV	recommend ages for cert
Inactivated poliovir	us <sup>6</sup>			IPV	IPV			IPV					IPV	high-risk gro
Influenza <sup>7</sup>							Influenza (yearly)						///	
Measles, mumps, ru	ıbella <sup>8</sup>							M	ИR		See footnote		MMR	Range of
Varicella <sup>9</sup>								VA	\R		See footnote		VAR	recommend ages for all
Hepatitis A <sup>10</sup>									Dos	e 1 <sup>10</sup>		/ HepA	series	children and certain high
Meningococcal <sup>11</sup>									MCV4	— See foo	tnote 11			groups

VACCINE ▼	AGE GROUP►	19–21 years	22–26 years	27–49 years	50–59 years	60-64 years	≥65 years
Influenza <sup>2,*</sup>					annually		
Tetanus, diphtheria, pert		Substitut	e 1-time dose of Tdap	for Td booster; then b	oost with Td every 10	years	Td/Tdap3
Varicella <sup>4,*</sup>				2 d	oses		
Human papillomavirus (I		3 do	oses				
Human papillomavirus (I		3 do					
Zoster <sup>6</sup>						1 d	ose
Measles, mumps, rubella	(MMR) <sup>7,*</sup>		1 or 2 doses			1 or 2 doses	
Pneumococcal (polysacc				1 or 2 doses			1 dose
Meningococcal <sup>10,*</sup>				1 or mo	re doses		
Hepatitis A <sup>11,*</sup>				2 de	oses		
Hepatitis B <sup>12,*</sup>					oses		

## Vaccine 6 months – 4 years

- ~ 18 million children ages 6 months 4 years in the US
- Vaccine:
  - Different color cap (maroon)
  - Different dose (3 mcg/0.2mL); Different diluent added (2.2mL)
- Pfizer-BioNTech is postponing its rolling application to the FDA
- Vaccines for this age group will not be available in the coming weeks
- Pfizer wants to wait for its data on a three-dose series of the vaccine
- Three doses "may provide a higher level of protection in this age group."
- Data on the third dose is expected in early April

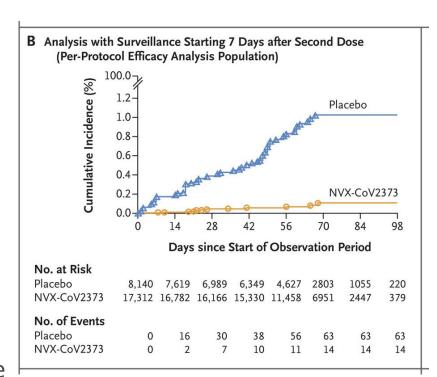
## Kaiser Family Foundation surveys



https://www.kff.org/coronavirus-covid-19/poll-finding/kff-covid-19-vaccine-monitor-january-2022-parents-and-kids-update/

## Novavax EUA submitted

- Spike protein nanoparticle vaccine w/ adjuvant
- Phase 3 study of 29,582 volunteers
  - Median age, 47 years; 12.6% ≥65 yrs
  - 19,714 vaccine and 9868 placebo
- Follow up period: 3 months
- Symptomatic cases
  - Vaccine arm: 14 cases of COVID-19
  - Placebo arm- 63 cases
  - Vaccine efficacy, 90.4%; 95% confidence interval [CI], 82.9 to 94.6; P<0.001)</li>
  - Efficacy of 100% against moderate to severe disease



#### Measuring the COVID-19 Mortality Burden in the United States

**A Microsimulation Study** 

Julian Reif, PhD; Hanke Heun-Johnson, PhD; Bryan Tysinger, PhD; and Darius Lakdawalla, PhD

#### **Excess Deaths and Life Years Lost During the COVID pandemic**

One million excess deaths account for a total of 13.5 million life years lost. 56% of life years lost were from people who were younger than 65 years old when they died.

25-34 year olds	Total excess deaths 29,279	Average years of life lost 46.7	Total years of life lost 1,369,714
35-44	52,006	36.6	1,901,185
45-54	58,854	29.1	1,710,725
55-64	139,009	19	2,647,308
65-74	255,116	12.6	3,215,406
75-84	254,922	7.7	1,964,480
85+	210,817	3.4	719,334

Chart: Analysis by Reif, Heun-Johnson, Tysinger & Lakdawalla. Original data sources: CDC and CMS • Created with Datawrapper

#### A Tragedy Without Collective Grief

#### Final CDC SARS Timeline Entry

**December 31:** Globally, reports of SARS from 29 countries and regions; 8,096 persons with probable SARS resulting in 774 deaths. In the U.S., eight SARS infections were laboratory confirmed; and 19 probable SARS infections.

January 20, 2022: 55 reported COVID-19 deaths in South Carolina



Flags Planted On National Mall To Honor American Covid Deaths in September 2021, when the death total was 650,000 (photo credit: Kent Nishimura)

## **COVID Grand Rounds**

- Weekly CME accredited grand rounds in Oct 2020
- 62 so far and counting......
- Many contributors and collaborators:
  - MUSC, Prisma-health, K-12 schools, SCDHEC, BCBS, College of pharmacy, and many others....
- Weekly attendance of between 250-400

#### SC COVID-19 Virtual Grand Rounds - Professions (Duplicated, n=13,362)









Volume 25, Number 1

Estimated HIV Incidence and Prevalence in the United States 2014–2018

- US population- 340 million
- Patients with HIV -estimated 1. million
- Simple Math:
- HIV prevalence >1/350 Americans
  - Males- 0.7% (1/150 male Americans)
  - Females-0.2%



# United States Preventive Services Task Force recommendations

#### **GRADE A for HIV**

Recommendation Summary

Population	Recommendation	Grade
Pregnant persons	The USPSTF recommends that clinicians screen for HIV infection in all pregnant persons, including those who present in labor or at delivery whose HIV status is unknown.	A
Adolescents and adults aged 15 to 65 years	The USPSTF recommends that clinicians screen for HIV infection in adolescents and adults aged 15 to 65 years. Younger adolescents and older adults who are at increased risk of infection should also be screened.  See the Clinical Considerations section for more information about assessment of risk, screening intervals, and rescreening in pregnancy.  GRADE B for BREAST CANCER SCREEING	A

#### Recommendation Summary

Population	Recommendation	Grade
Women aged 50 to 74 years	The USPSTF recommends biennial screening mammography for women aged 50 to 74 years.	В
Women aged 40 to 49 years	The decision to start screening mammography in women prior to age 50 years should be an individual one. Women who place a higher value on the potential benefit than the potential harms may choose to begin biennial screening between the ages of 40 and 49 years.	C

# Recommendations for Initiating ART for an HIV infected person

- ART (Antiretroviral therapy or HIV medications) is recommended for all HIV-infected individuals to reduce the risk of disease progression.
- Effective ART reduces transmission to almost "0"
- HIV is easier to treat than Diabetes, COPD, CHF
- Undetectable= Untransmissible





# HIV: Single Tablet Regimens







Complera



Genvoya





Juluca







**Odefsey** 



**Biktarvy** 



#### PrEP: What is HIV PrEP

- Pre-exposure prophylaxis (PrEP)
  - A method of preventing an uninfected person from acquiring the disease
  - Daily oral PrEP
  - Fixed-dose combination of
  - Tenofovir disoproxil fumarate (TDF) 300 mg and emtricitabine (FTC) 200 mg

### Treatment of non-purulent cellulitis

- For outpatients with nonpurulent cellulitis
- Cellulitis with no purulent drainage or exudate and no associated abscess



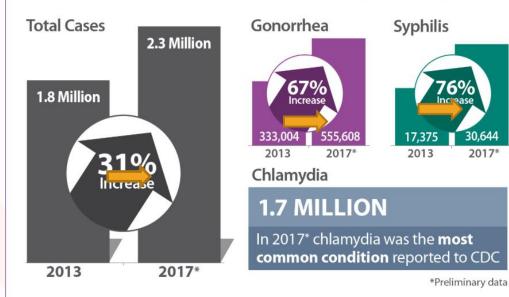
- Empirical therapy for infection due to  $\beta$ -hemolytic streptococci is recommended .
- Empirical coverage for CA-MRSA is recommended in selected patients.
- Do not use Bactrim as monotherapy
  - S. Pyogenes can be resistant to Sulfa drugs in 30% of cases.
  - 5-7 days should be enough

Drug	Adult Dose
Cephalexin	500 QID
Dicloxacillin	500 QID
Clindamycin*	300-450 TID
Linezolid*	600 BID
*Also have activity against CA-MRSA	



## THE U.S. IS EXPERIENCING STEEP, SUSTAINED INCREASES IN SEXUALLY TRANSMITTED DISEASES

Combined diagnoses of chlamydia, gonorrhea, and syphilis **increased sharply over the past five years** 



## UNDIAGNOSED STDS CAN LEAD TO SEVERE HEALTH PROBLEMS

Diagnosed cases of chlamydia, gonorrhea, and syphilis represent just a small fraction of the true disease burden Left untreated, these STDs can produce severe, adverse effects



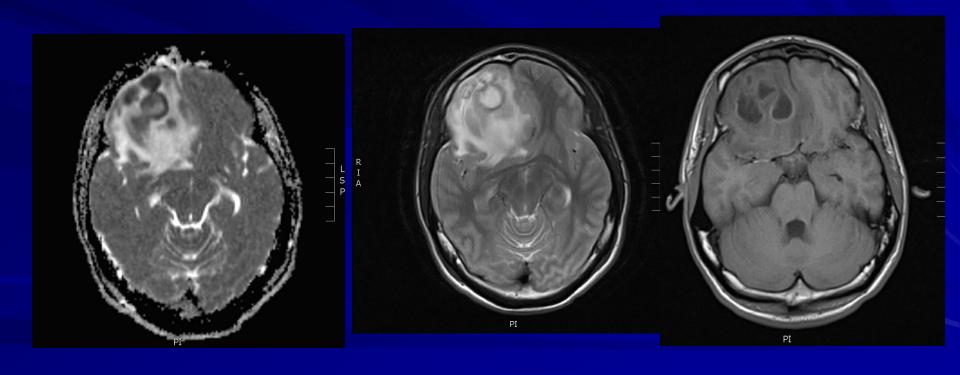


# Update to CDC's Treatment Guidelines for Gonococcal Infection, 2020

- Neisseria gonorrhoeae infections have increased 63% since 2014
  - Causes pelvic inflammatory disease, ectopic pregnancy, and infertility and facilitate transmission of HIV
- In 2007, CDC recommended not using quinolones due to increasing resistance
- In 2010, CDC recommended single 250 mg intramuscular (IM) dose of ceftriaxone AND a single 1 g oral dose of azithromycin
  - But the combination therapy approach did not stop increasing Azithromycin or Ceftriaxone MICs
- Now CDC recommends:
  - single 500 mg IM dose of ceftriaxone for treatment of uncomplicated urogenital, anorectal, and pharyngeal gonorrhea



### ■ 26 year army captain 2 month H/O headaches



#### **Brain Abscess**

Condition	Relative frequency
Contiguous foci: otitis media, sinusitis, facial infection, dental abscess Strep, H. flu, anerobes	30-50%
Hematogenous spread : lung abscess, empyema, bronchiectasis, endocarditis Staphylococcus, strep	35%
Cryptogenic	10-35%

#### MRI

- LP contraindicated
- Biopsy or aspiration needed especially if >2.5 cm
- Empiric antimicrobial therapy
  - Ceftriaxone + metronidazole X 4- 8 weeks
- If penetrating trauma then add Vancomycin

# 2021 Focused Update Guidelines on Management of Clostridioides difficile Infection in Adults

- Initial Clostridioides difficile infection (CDI) episode
  - Fidaxomicin rather than a standard course of vancomycin
- Risk factors for CDI recurrence:
  - age ≥65 years, immunocompromised host (rate 5-45%)

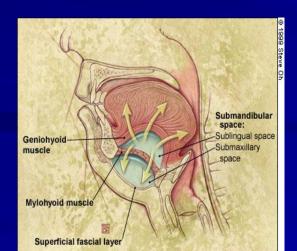
#### Treatment of CDI recurrence:

Fidaxomicin (standard or extended-pulsed regimen) rather than a standard course of vancomycin

- Recurrent CDI episode within the last 6 months
  - Add bezlotoxumab to standard-of-care (SOC) antibiotics rather than SOC antibiotics alone

## Ludwig's Angina

- Soft tissue infection of the submandibular and sublingual spaces
  - Rapidly spreading
  - Brawny edema, fever, and systemically ill
  - Often originates from dental source
  - Swallowing difficulties and airway obstruction
- Treat
  - IV Unasyn or PO Augmentin,
  - Or Clindamycin and a quinolone





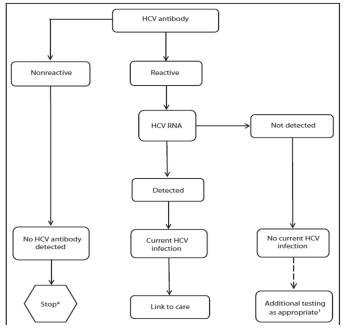
#### **Hepatitis C Screening Recommendations**

Population	Recommendation	Grade (What's This?)
Adults aged 18 to 79 years	The USPSTF recommends screening for hepatitis C virus (HCV) infection in adults aged 18 to 79 years.	В

#### One-Time Hepatitis C Testing

Recommendations for One-Time Hepatitis C Testing	
RECOMMENDED	RATING 0
One-time, routine, opt out HCV testing is recommended for all individuals aged 18 years and older.	I, B
One-time HCV testing should be performed for all persons less than 18 years old with behaviors, exposures, or conditions or circumstances associated with an increased risk of HCV infection (see below).	I, B
Periodic repeat HCV testing should be offered to all persons with behaviors, exposures, or conditions or circumstances associated with an increased risk of HCV exposure (see below).	IIa, C
Annual HCV testing is recommended for all persons who inject drugs and for HIV-infected men who have unprotected sex with men.	IIa, C

FIGURE. Recommended testing sequence for identifying current hepatitis C virus (HCV infection

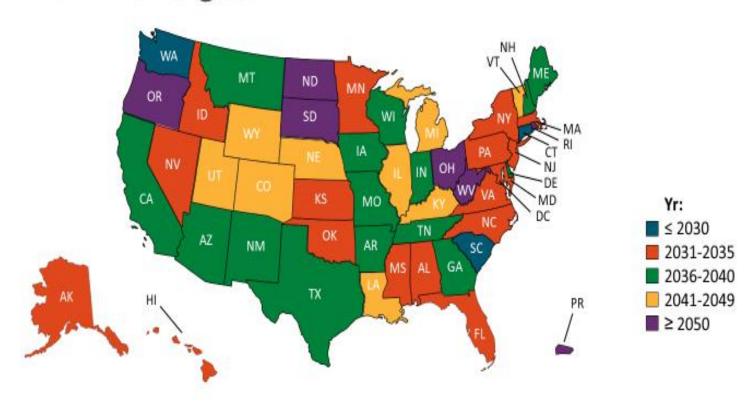


## Treatment of Chronic HCV

- About 2.4 million Americans with Chronic HCV
- Treatment is very easy and is recommended for ALL pts with chronic HCV
  - Exception: life expectancy likely to be < 6 months</li>
- Goal of Treatment is Sustained Virological Response
  - SVR- equal to cure/eradication
- SVR is associated with
  - >70% reduction in the risk of Hepatocellular carcinoma
- Current Directly acting antivirals have SVR > 98%
  - 1-3 tablets, once a day, for 8-12 weeks
  - Very well tolerated



# US HCV Elimination: Estimating the Yr Each State Will Hit WHO Targets



<sup>\*</sup>The estimation may be less accurate owing to the small number of patients with HCV in the area.

Sulkowski. EASL 2020. Abstr THU375.

Slide credit: clinicaloptions.com





Monthy 1st and 3rd Wednesday and 12:00pm-1:00pm EST 11:00am-12:00pm CST 09:00am-10:00am PST 4th Wednesday 12:00pm-1:00pm CST 01:00pmpm-2:00pm EST 10:00am-11:00am PST

#### South East Viral Hepatitis Interactive Case Conference



**HEPATITIS C** 

**EDUCATION • TRAINING • CONSULTATIVE SUPPORT • CO-MANAGEMENT** 

### Community acquired pneumonia

- 6<sup>th</sup> leading cause of death
- Average mortality 14%
- Community acquired pneumonia affects ~4 million patients and results in 10 million physician visits, 1 million hospitalizations, and >50,000 deaths annually
- Acute onset (3–5 days) of symptoms, fevers, chills, rigors, chest pain, cough productive of purulent sputum, and dyspnea.
- Incidence of invasive pneumococcal disease (including bacteremia)
  - General population
    - 3.8 / 100,000 in adults aged 18–34 years
  - 36.4 / 100,000 among those aged ≥65 years
- (Vaccinate PCV13 and PPSV23)



#### AMERICAN THORACIC SOCIETY DOCUMENTS

#### Diagnosis and Treatment of Adults with Community-acquired Pneumonia

An Official Clinical Practice Guideline of the American Thoracic Society and Infectious Diseases Society of America

Joshua P. Metlay\*, Grant W. Waterer\*, Ann C. Long, Antonio Anzueto, Jan Brozek, Kristina Crothers, Laura A. Cooley, Nathan C. Dean, Michael J. Fine, Scott A. Flanders, Marie R. Griffin, Mark L. Metersky, Daniel M. Musher, Marcos I. Restrepo, and Cynthia G. Whitney; on behalf of the American Thoracic Society and Infectious Diseases Society of America

THIS OFFICIAL CLINICAL PRACTICE GUIDELINE WAS APPROVED BY THE AMERICAN THORACIC SOCIETY MAY 2019 AND THE INFECTIOUS DISEASES SOCIETY OF AMERICA AUGUST 2019

Table 1. 2007 Infectious Diseases Society of America/American Thoracic Society Criteria for Defining Severe  Community-acquired Pneumonia	- A
Validated definition includes either one major criterion or three or more minor criteria	
Minor criteria	
Respiratory rate ≥ 30 breaths/min	
Pa <sub>O2</sub> /F <sub>IO2</sub> ratio ≤ 250	
Multilobar infiltrates	
Confusion/disorientation	
Uremia (blood urea nitrogen level≥20 mg/dl)	
Leukopenia <u>*</u> (white blood cell count < 4,000 cells/µl)	
Thrombocytopenia (platelet count < 100,000/µl)	
Hypothermia (core temperature < 36°C)	
Hypotension requiring aggressive fluid resuscitation	
Major criteria	
Septic shock with need for vasopressors	
Respiratory failure requiring mechanical ventilation	
*Due to infection alone (i.e., not chemotherapy induced).	

Community-acquired pneumonia in adults:
Assessing severity and determining the appropriate site of care

CURB-65

Confusion (based upon a specific mental test or new disorientation to person, place, or time)

Urea (BUN > 20 mg/dL)

Respiratory rate ≥30 breaths/minute

Blood pressure (BP; systolic <90 mmHg or diastolic ≤60 mmHg)

Age ≥65 years

# CLINICAL PRESENTATION OF GENITAL WARTS: VULVA





## Vaccine

- Bivalent vaccine (Cervarix)
  - HPV types 16 and 18
- Quadrivalent vaccine (Gardasil)
  - Prevents infection 6, 11, 16, and 18
- 9-valent vaccine
  - Prevents infection -6, 11, 16, 18, 31, 33, 45, 52, 58.









### Genital ulcer-Does it hurt?

- Painful
  - Chancroid
  - Genital herpes simplex
- Painless
  - Syphilis
  - Lymphogranuloma venereum
  - Granuloma inguinale



## Asymptomatic Bacteriuria

- 5% of sexually active young women
- 10% men and 20% women over 65 years
- Don't treat unless:
  - pregnant, preschool children or renal transplant
  - No deleterious effects of infection
  - No beneficial effects of treatment
  - Bacteruria recurs in a significant number
  - Increasing resistance to antibiotics
  - Not associated with long-term outcomes such as sepsis, pyelonephritis, or renal failure

Mody L, Juthani-Mehta M. Urinary Tract Infections in Older Women: A Clinical Review. JAMA. 014;311(8):844-854.

## **Antimicrobial Therapy for Acute Cystitis**

- A short course of one of the following 3 antibiotics is recommended
  - 1. Nitrofurantoin (Macrobid 100 mg PO BID for 5 days)
    - Avoid if CrCl <30 ml/min</li>
  - Trimethoprim-sulfamethoxazole (1 DS tablet BID for 3 days)
    - Avoid if prior use within past 12 months
  - Fosfomycin 3 g PO once (for uncomplicated cystitis only)

# **Acute Cystitis**

- Fluoroquinolone use is <u>strongly discouraged!</u>
  - Risk of AE (e.g., CDI, tendonitis, neurotoxicity, QTC prolongation, induction of resistance) exceeds potential benefit
- Oral 3<sup>rd</sup> generation cephalosporins should be <u>avoided</u>
  - Low urinary concentrations
  - High risk of AE such as induction of resistance (ESBL)

A 30 yo male presents to his physician's office c/o multiple lesions over face of 2 days duration. The patient reported itching and denied other symptoms

