Adult-aged sharer

The demands of day-to-day life can make it hard for adult patients to stay on top of their glucose levels—even if they've managed their diabetes for decades. They can share with significant others, healthcare providers, trusted colleagues, and close friends to help them stay on track.

My trainers and I were able to know my blood sugars on and off the field, throughout the course of a game. It's just great.

Brandon D.

Former NFF/CFL Player, Dexcom Warrior

Medicare-aged sharer

Some patients may need greater assistance as they approach later stages of life. Dexcom Follow helps empower sharers who may have more limitations by connecting them to individuals like caregivers and family members.

Download the Dexcom Follow app at dexcom.com/apps



"Up to 5 followers in countries outside of the United States. 'Do not make diabetes treatment decisions based upon Dexcom Share app or Dexcom Follow app readings. Always confirm with your compatible smart device or Dexcom receiver. Followers cannot confirm on the Dexcom G6 app or receiver. 'To view a list of compatible devices, visit www.dexcom.com/compatibility. 'Smart device required to display readings on watch. "Study conducted with the Dexcom G5 Mobile CGM System. 1 Erie C, et al. Pediatr Diabetes. 2018;19(1):92-97. 2 Burckhardt MA, et al. Diabet Med. 2019. 3 Welsh JB, et al. Diabetes Ther. 2019. Dexcom, Dexcom G6, Dexcom Share, and Dexcom Follow are registered trademarks of Dexcom, Inc. in the United States and/or other countries. @2019 Dexcom Inc. All rights reserved. LBL018340 Rev002

pexcomG6

The Dexcom Follow app lets patients with diabetes take the lead.

The Dexcom G6 Continuous Glucose Monitoring (CGM) System empowers patients with the choice to share their glucose data with up to 10 followers.*

The Dexcom Follow[†] app works with the Share feature of the Dexcom G6 app to make that possible.



Greater peace of mind—for patients and for caregivers.¹

The Share feature within the Dexcom G6 app allows users to share glucose data with friends, family, and caregivers from compatible smart devices.[‡]

Sharers select whether their followers can view their glucose trend graphs and whether or not followers will be alerted to hyper- and hypoglycemia, at specified thresholds and intervals. The customizable notifications are designed to alert followers of glucose activity that may require intervention, helping them stay connected when it matters most.



Dexcom Follow gives me greater peace of mind and security. It helps me worry less about his glucose activity and sleep better at night.

> Katie C. Mom of Dexcom Warrior with



Use of the Dexcom Follow app supports patients across multiple age groups.

Together, the Dexcom Follow app and the Share feature of the Dexcom G6 app can benefit patients who are 5, 15, 50, and beyond. Dexcom CGM systems are the only systems indicated for individuals ages 2 years and older, helping to support patients in different stages of life.

Pediatric-aged sharer

Dexcom Follow keeps parents and caregivers connected while their children with diabetes are at school. daycare, or extracurricular activities.

For children using Dexcom CGM, having one or more followers is associated with^{1,3}

- Lower mean glucose \checkmark
- Less time in hyper- and hypoglycemia
- More time spent in range
- ✓ Significantly higher CGM utilization

IN PEDIATRIC AND ADOLESCENT **DEXCOM CGM USERS.**

Adolescent-aged sharer

As children transition into adulthood, they may desire more independence. Sharers are able to choose who follows their glucose data, giving teenagers more input over who's on their diabetes support team.