The PA profession was created to improve and expand access to healthcare. In the mid-1960s, physicians and educators recognized there was a shortage of primary care physicians. To help remedy this, Eugene A. Stead Jr., MD, of the Duke University Medical Center, put together the first class of PAs in 1965. He selected four Navy Hospital Corpsmen who had received considerable medical training during their military service. Stead based the curriculum of the PA program on his knowledge of the fast-track training of doctors during World War II.

More than 50 years later, the profession continues to grow, while healthcare delivery continues to evolve. One thing that remains constant is the profession’s commitment to improving and expanding healthcare.

- The first PA class graduates from the Duke University PA program on October 6, 1967.
- The American Medical Association (AMA) recognizes the PA profession. The first six states pass legislation authorizing PA practice.
- PAs in certified rural health clinics begin receiving Medicare reimbursement.
- PAs are commissioned in every branch of the U.S. military.
- PAs are recognized as Medicare covered providers in all settings.
- PAs obtain prescriptive authority in all 50 states and the District of Columbia when Indiana passes legislation authorizing prescribing by PAs.
- PAs named in the Patient Protection and Affordable Care Act (ACA) as one of three healthcare professionals, along with physicians and nurse practitioners, who provide primary care in the United States.
- 50th anniversary of the profession: AAPA House of Delegates passes Optimal Team Practice, a new policy that will make a profound difference in expanding access to care and aligning the PA profession to meet modern health needs.
- (December) President Biden signs into law legislation authorizing PAs to receive direct payment under Medicare as part of the Coronavirus Relief & Omnibus Agreement.
- (May) The AAPA House of Delegates (HOD) passed a resolution affirming “physician associate” as the official title for the PA profession.
- The American Association of Physician Assistants is incorporated.
- First national PA certifying examination is administered by the National Board of Medical Examiners (NBME).
- National PA Day (October 6, 1987) is celebrated for the first time to honor the 20th anniversary of the first graduating class of PAs. Today AAPA celebrates PA Week every October 6-12 to recognize the PA profession and its contributions to the nation’s health.
- All 50 states authorize PA practice when Mississippi passes legislation to recognize PAs.
- AAPA identifies Six Key Elements of a Modern PA Practice Act. Rhode Island is the first state to adopt all the elements.
- First of AAPA’s Six Key Elements of Modern PA Practice is adopted in all 50 states when Ohio adopts use of the term “licensure,” the highest recognized standard for medical providers.
- North Dakota becomes first state to enable nearly all PAs in the state to practice without a specific relationship with a physician.
- (March) Utah governor signs a law allowing PAs to practice without physician supervision.

Learn more and watch a video about the history of the PA profession.