

# PA/NP Utilization Models: Creating Best Practices



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# Disclosures

- None

# Objectives



Recognize importance of sponsorship and structure when evaluating and creating care team models.



Describe APP leader's role in creating a reproducible assessment process of effective physician, PA & NP care team models assessments.



Identify common essential elements of care team models and environment drivers of workload and tools to evaluate care team model elements across diverse environments.





## Advanced Practice Providers

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- Certified Anesthesia Assistant (CAA)
- Certified Nurse Midwife (CNM)
- Certified Registered Nurse Anesthetist (CRNA)
- Clinical Nurse Specialist (CNS)
- Nurse Practitioner (NP)
- Physician Assistants (PA)

# APP Workforce & Organizational Structure

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## Advanced Practice Providers (APPs)

### APRN & PAs

- Employed in the adult specialty practices
- Hired & managed in clinical Departments
- Formal and informal APP Department leaders

CRNAs and CNSs employed by the hospital

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## Centralized Office of Advanced Practice

Advanced Practice Director

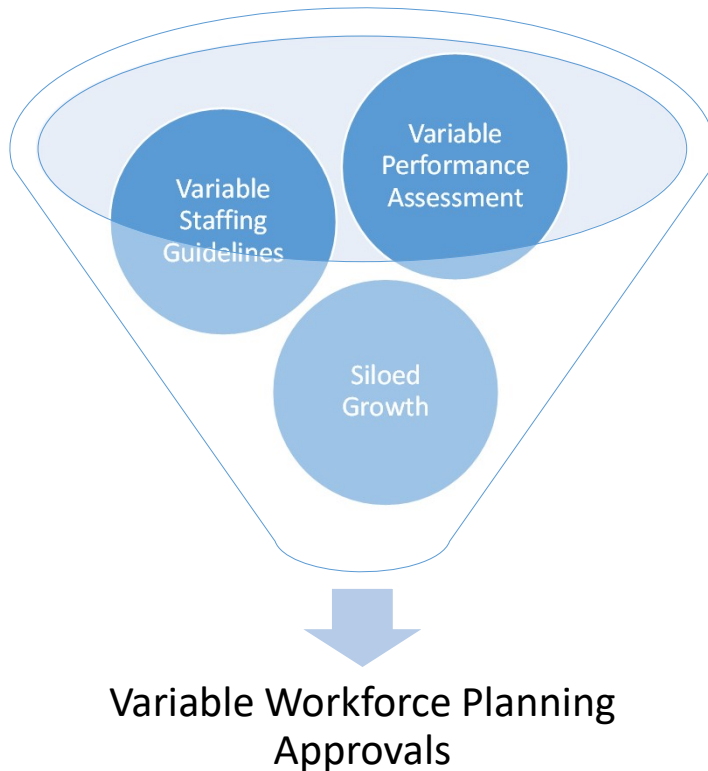
3 Advanced Practice Associate Directors

Medical Education Coordinator



# Why we started this journey?

## Problem



## Aim

Achieve consensus on the components of APP staffing models to describe APP/Physician critical and acute care teams.

## Goal

Develop and adopt a standard model to assess and forecast APP/physician critical care and acute care team composition for workforce planning in consideration of our cultural context.



# Why is this Important?

## APP Metrics

- wRVU not accurate metric for productivity or staffing benchmarks
- Metrics for team outcomes

## APP Role & Visibility of Workload Contributions

- Essential Role in Team Approach

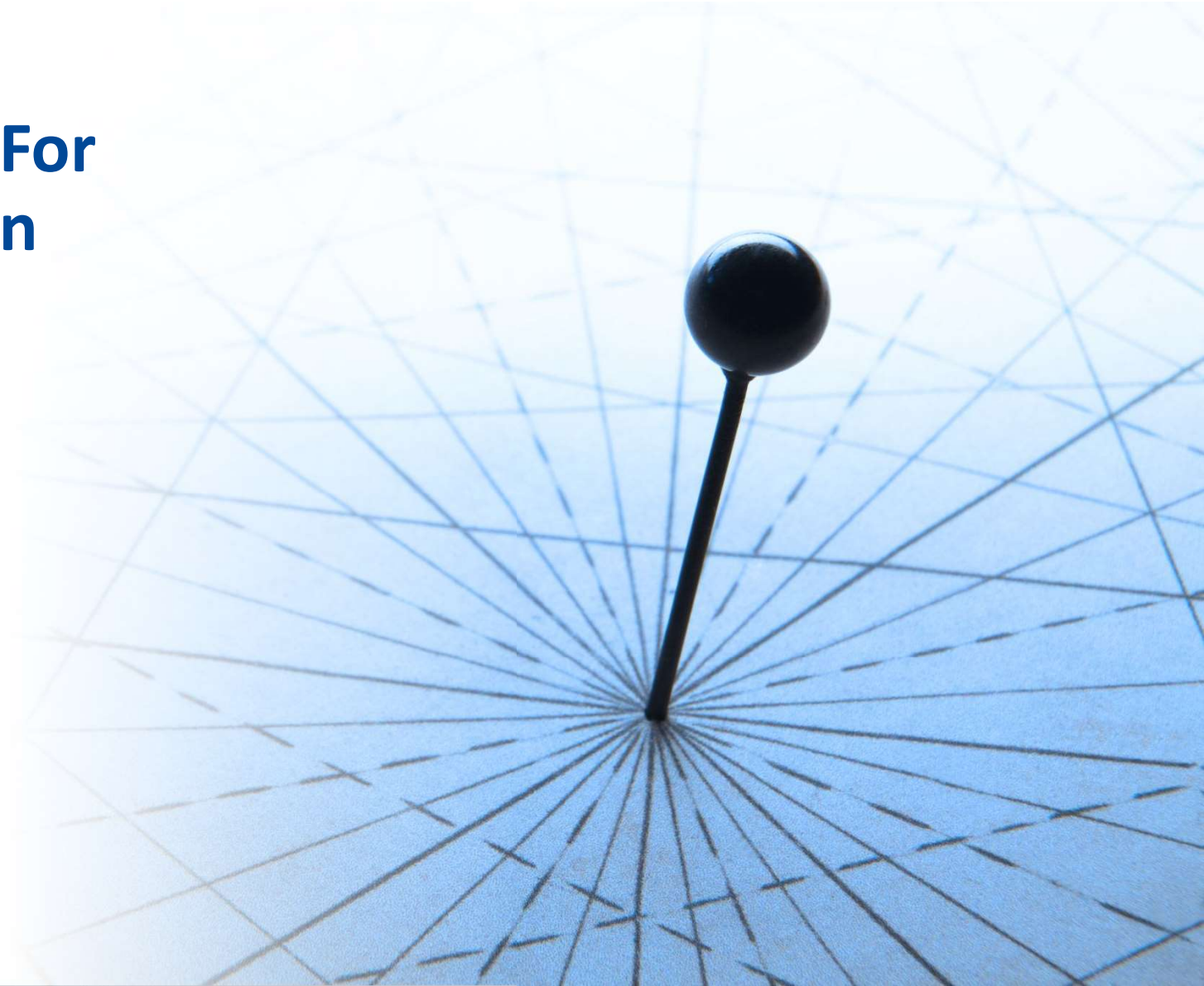
## APP Workforce Planning & Clinical Workweek

- No standard assessment process for FTE requests yielding variable decisions

## Creation of Team-based Best Practices

- Transition to APP models in academic medicine

# Journey Map For APP Utilization



# Team Assessment

Critical Care



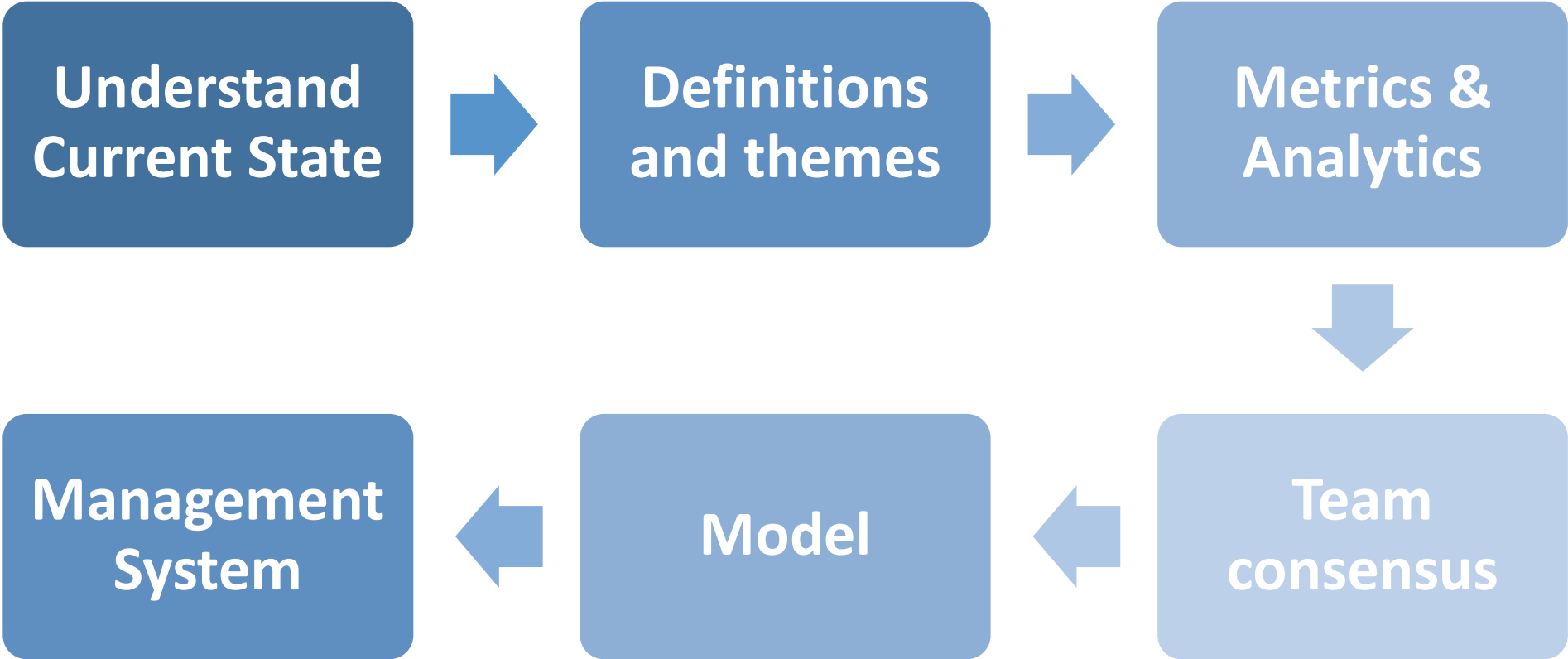
Inpatient



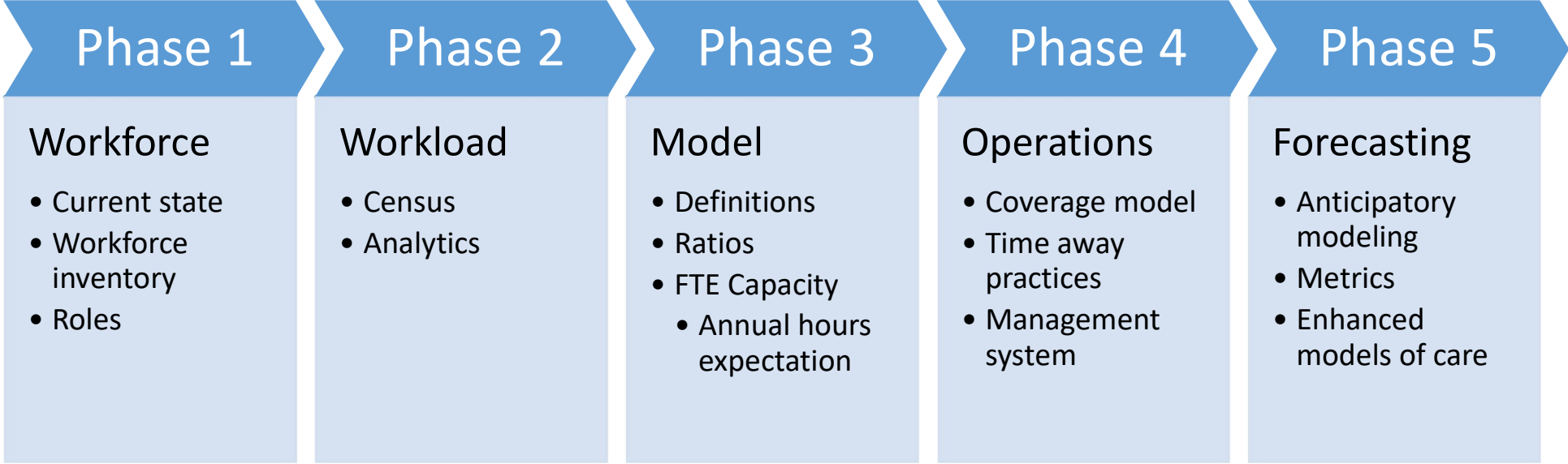
# Our Team



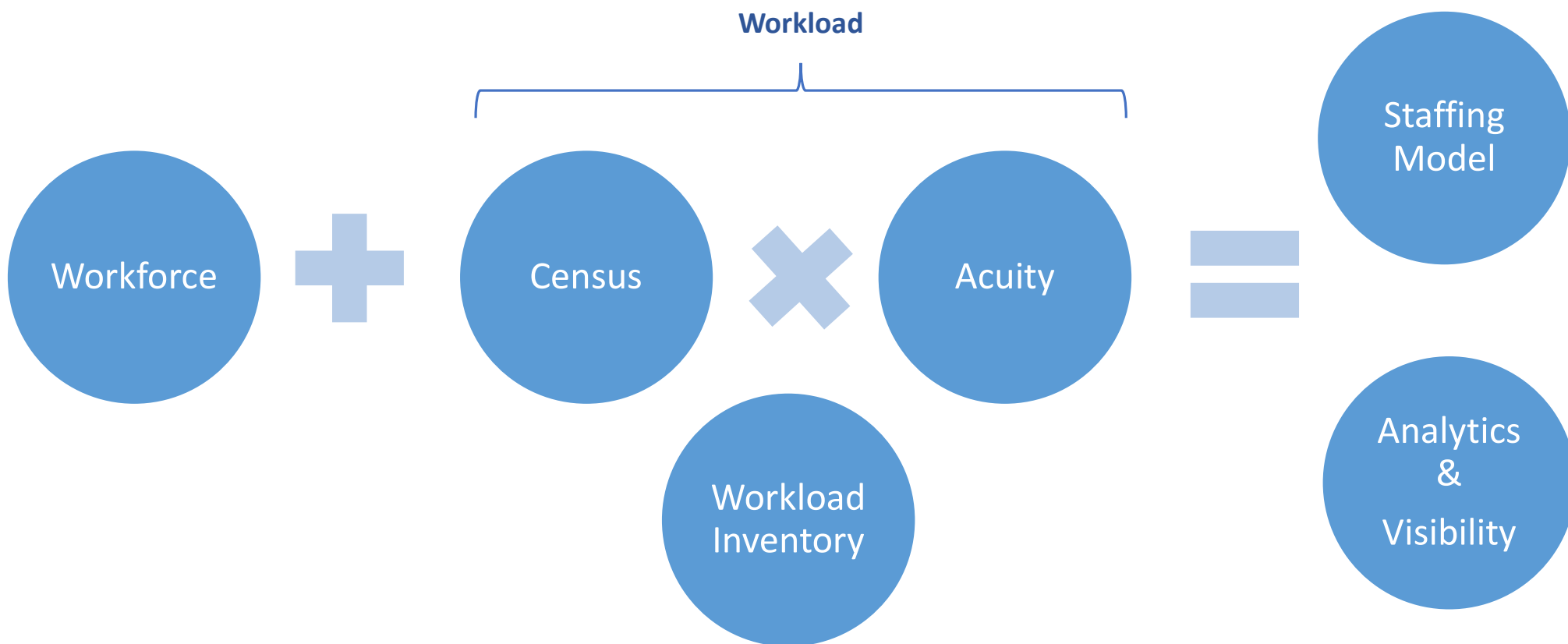
# Our Process



# Our Journey



# Workforce Planning Model





# Phase 1: Workforce

## Macro Assessment

- Critical Care
  - SICU, NICU, MICU, TICU, CVICU
- Inpatient
  - Test tools used in critical care assessments to validate methodology and application to other IP environments
    - 8 services (4 surgical/4 medical)
    - Consult and Primary Services

Team Staffing Model for Day/Night Coverage and total FTE per Block

- Block = 4 weeks or 28 days
- 13 blocks per year

Staffing	Example Staffing Model
Attending Day	2
Attending Night	1 home on call
Total Attending FTE	4.8
What is a clinical work week, hours per block, or annual hours worked for an attending on the service?	
Fellow Day	1
Fellow Night	1 in house
Total Fellows per Block	2
How many days/hours per block?	22 shifts
Resident Day	3
Resident Night	1
Total Residents Per Block	8
How many days/hours per block?	22 shifts
...	
APP Day	4
APP Night	1
Total APP FTE	10
What is a clinical work week, hours per block, or annual hours worked for an APP on the service?	38 hours averaged or 12, 13 hour shifts per block
Describe how the service does time away practices (CME/PTO).	For PTO we work less shifts that month and log the remaining time as Vacation or PTO.
Does your annual hour expectation exclude or include PTO?	Our annual hour expectation is the remaining hours after PTO is used (essentially our PTO is zeroed out at the end of the year)

# Macro Workload Inventory

## SNAPSHOT OF CRITICAL CARE TEAM TEMPLATE

Week Day	Attendings	Fellow	Residents	APPs
<b>Hand-off</b>	<ul style="list-style-type: none"> <li>Day team arrives</li> <li>Sign-out</li> </ul>	<ul style="list-style-type: none"> <li>Day team arrives</li> <li>Sign-out</li> </ul>	<ul style="list-style-type: none"> <li>Day team arrives</li> <li>Sign-out</li> </ul>	<ul style="list-style-type: none"> <li>M-W (arrives at 0930AM); T-F (arrives at 7AM)</li> <li>Sign-out</li> </ul>
<b>Pre-Rounding When sign-out complete to 0800</b>	<ul style="list-style-type: none"> <li>Attends to critical patient needs or sees patients/reviews data/communicates with nurses and teams</li> <li>Attends department/service line meetings/grand rounds some days</li> <li>If only one APP or high census, may see patients as "primary contact"</li> </ul>	<ul style="list-style-type: none"> <li>Attends to critical patient needs or sees patients/reviews data/communicates with nurses and teams</li> <li>Attends department/service line meetings/grand rounds some days</li> <li>If only one APP or high census, may see patients as "primary contact"</li> </ul>	<ul style="list-style-type: none"> <li>Sees assigned patients, reviews data, attends to pertinent orders/patient care, etc. Primary contact for assigned patients</li> <li>Communicates with teams/nurses</li> <li>Attends department meetings/Grand Rounds some days</li> </ul>	<ul style="list-style-type: none"> <li>Sees assigned patients, reviews data, attends to pertinent orders/patient care, etc. Primary contact for assigned patients</li> <li>Communicates with teams/nurses</li> </ul>
<b>Rounding 0800-1100ish</b>	<ul style="list-style-type: none"> <li>Team rounds on patients</li> <li>Cross-team communication</li> <li>Interprofessional communication and rounds</li> <li>Attending leads rounds</li> <li>Attend to urgent/emergent patient needs</li> </ul>	<ul style="list-style-type: none"> <li>Fellow may present primary patients</li> <li>Fellow may lead rounds (later in academic year)</li> </ul>	<ul style="list-style-type: none"> <li>Team rounds on patients</li> <li>Cross-team communication</li> <li>Interprofessional communication and rounds</li> <li>May write orders during rounds</li> <li>Attend to urgent/emergent patient needs</li> </ul>	<ul style="list-style-type: none"> <li>Team rounds on patients</li> <li>Cross-team communication</li> <li>Interprofessional communication and rounds</li> <li>Presentation of primary patients</li> <li>Coordinates care with nurses/teams</li> <li>Attend to urgent/emergent patient needs</li> </ul>
<b>Inpatient Day Completion of rounds until 6 PM</b>	<ul style="list-style-type: none"> <li>Coordinates medical team and resources</li> <li>Focuses time and care on higher acuity patients, but usually sees all or most patients</li> <li>Family communication</li> <li>Team and nursing communication</li> <li>Procedures</li> <li>Meetings/Education</li> <li>Co-signs/bills/attests resident, fellow and APP fellow notes (inpatient and ambulatory practices) and may write their own notes</li> </ul>	<ul style="list-style-type: none"> <li>Patient care focus on higher acuity/learning patients</li> </ul>	<ul style="list-style-type: none"> <li>Ongoing active management of primary patients</li> <li>Assistance/resourcing of other patients on the team</li> <li>Documentation</li> <li>Admissions/discharges</li> <li>Coordination/communication with nurses and teams</li> <li>Family communication</li> <li>Procedures</li> <li>Education</li> </ul>	<ul style="list-style-type: none"> <li>Ongoing active management of primary patients</li> <li>Collaboration with attending</li> <li>Assistance/resourcing of other patients on the team</li> <li>Documentation and billing for time</li> <li>Admissions/discharges</li> <li>Coordination/communication with nurses and teams</li> <li>Family communication</li> <li>Education or meetings</li> <li>Procedures</li> </ul>

# Phase 2: Workload

Week Day	Attendings	Fellow	Residents	APPs
<b>Time range</b>				
<b>Hand-off</b> 6:00 am – 6:30/7:00 am	<ul style="list-style-type: none"> <li>Day team arrives</li> <li>Sign-out</li> </ul>	<ul style="list-style-type: none"> <li>Day team arrives</li> <li>Sign-out</li> </ul>	<ul style="list-style-type: none"> <li>Day team arrives</li> <li>Sign-out</li> <li>Distribution of patients</li> <li>Primary team update</li> </ul>	<ul style="list-style-type: none"> <li>Day team arrives</li> <li>Sign-out</li> <li>Distribution of patients</li> <li>Primary team update</li> </ul>
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<b>Rounding</b> 0800-1100ish	<ul style="list-style-type: none"> <li>Team rounds on patients</li> <li>Cross-team communication</li> <li>Interprofessional communication and rounds</li> <li>Attending leads rounds</li> <li>Attend to urgent/emergent patient needs</li> </ul>	<ul style="list-style-type: none"> <li>Team rounds on patients</li> <li>Cross-team communication</li> <li>Interprofessional communication and rounds</li> <li>Fellow may present primary patients</li> <li>May write orders during rounds</li> <li>Fellow may lead rounds (later in academic year)</li> <li>Attend to urgent/emergent patient needs</li> </ul>	<ul style="list-style-type: none"> <li>Team rounds on patients</li> <li>Cross-team communication</li> <li>Interprofessional communication and rounds</li> <li>May write orders during rounds</li> <li>Attend to urgent/emergent patient needs</li> </ul>	<ul style="list-style-type: none"> <li>Team rounds on patients</li> <li>Cross-team communication</li> <li>Interprofessional communication and rounds</li> <li>Presentation of primary patients</li> <li>Writes majority of orders during rounds</li> <li>Coordinates care with nurses/teams</li> <li>Attend to urgent/emergent patient needs</li> </ul>



## Micro-assessment: Work Inventory

Timeframe: Monday - Friday						
Role: Inpatient Ortho APP						
FTE (hrs) = 8						
Admissions	Rounding	Care Coordination	Discharge			
Key Responsibility	Definition	Simple - Time Standard (min.)	Simple - Volume per day	Complex - Time Standard (min.)	Complex - Volume per day	Total hours
Add incoming patients from the OR schedule to our list	5 minutes per day	5	1	0	0	0.08
Prepping - Review incoming patient charts. Double check orders on new patients, adjust medications as needed, place parameters for BP management and urine output etc. Start discharge summary for incoming patients. Review PDMP for incoming patients.		5	5	10	6	1.42
Care Rounds with interdisciplinary teams (APPs, RNs, therapists, navigators, nurse manager, pharmacy, chaplain)	30-45 minutes per day	30	1	45	0	0.50
Report out to physicians on spine cases	10 minutes per day	10	1	0	0	0.17
Chart review current census		5	11	7	11	2.20
Round on patients		5	11	10	11	2.75
Progress notes		15	5	20	5	2.82
Rounding with physicians when they can come to the floor	this is physician dependent, not patient dependent, 30 min per APP (2 APPs per day)	60	1	0	0	1.00
Field questions from nursing, surgeon, CNA, RT, physical therapist, case management, pharmacy, wound care, and IPR regarding current census patients. Discuss plan of care with navigators (someone changes from home to needing home care or subacute).		5	11	8	11	2.38
Discuss charts with APP colleague		5	0	10	4	0.67
Perform Peer to Peer with insurance company so patient can get authorization to go to IPR	1x per week	30	0.1	60	0.1	0.15
Perform prior authorization for medications	1x per week	30	0.1	60	0.1	0.15
D/C summaries		10	7	18	3	2.07
D/C instructions. Complete discharges as needed. Prep any discharges that may be going that day	For most patients I would agree with 5 minutes, but when creating dc instructions for patients not navigated or who have standard instructions it takes 15 min to tailor instructions to each patient.	5	7	15	3	1.33
D/C medications		5	7	10	3	1.08
Re-Assess patients later in day to complete discharge education if their discharge pending therapies. Reassess patients as needed (i.e. wound redness, lethargy etc.)		5	7	10	3	1.08
<b>Total</b>						<b>19.95</b>
Respond to pages after hours including logging in to Epic	1 hr per APP (M 1 APP, T-F 2 APPs).	60	2			2.00
Standing Meetings	Seen Meetings Tab	1350	1			22.50

# Inpatient Team Guiding Principles and Assumptions

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Teams function as a primary team, a consulting team, or both primary and consulting.

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Services provide ongoing patient management of acutely-ill patients 365 days a year and 24 hours a day through a coverage models that varies based on primary vs consultative role.

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Care for core patient populations; however, there are more similarities than differences in acute care patient management.

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Care for patients ranges encompasses low and high acuity patients at different stages of acute illness resolution.

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Care teams include providers who participate in professional activities, and clinical activities contributing to patient process and quality improvement.

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Integrate education into the daily function of the services. Provide education to a variety of learners (medical students, residents, fellows, onboarding APPs, APP students, and APP fellows). The number of learners on each service varies.

# Phase 3: Modeling Definitions

## Workforce

- Annual Hours/FTE
- Scheduling Blocks
- Replacement Factors
- Time Away Practices

## Workload

- Census/Ratios
- Acuity Indicator
- Work inventory Tasks

# Inpatient Clinical Work Expectation Definition

	Weekly Effort for full time Clinical	CWW Value/Unit	Full time CWW
<b>E&amp;M Based</b>			
E&M Based - Academic Standard	8 half days	1 half day = 0.111	0.89
E&M Based - Academic Community Standard	9 half days	1 half day = 0.111	1.00
<b>Inpatient/Critical Care</b>			
<b>Note:</b> Inpatient work expectations vary widely based on specialty. Departments should define expectations for a full time equivalent for inpatient work based on nuances of the specialty and determine effort based on that full time effort equaling 0.90.			
<b>Procedural</b>			
Procedural - Academic Standard	36 hours	1 hour = 0.025	0.90
Procedural - Academic Community Standard	40 hours	1 hour = 0.025	1.00
<b>Radiology</b>			
Radiology - Academic Standard	36 hours	1 hour = 0.025	0.90
Radiology - Academic Community Standard	40 hours	1 hour = 0.025	1.00
<b>Emergency Medicine</b>			
Emergency Medicine - Academic Standard	30 hours	1 hour = 0.0286	0.86
Emergency Medicine - Academic Community Standard	35 hours	1 hour = 0.0286	1.00
<b>Anesthesia</b>			
Anesthesia - Academic Standard	36 hours	1 hour = 0.025	0.90
Anesthesia - Academic Community Standard	40 hours	1 hour = 0.025	1.00
<b>Pathology</b>			
Pathology - Academic Standard	36 hours	1 hour = 0.025	0.90
Pathology - Academic Standard	40 hours	1 hour = 0.025	1.00

Adopt a minimum of 38 active patient hours for IP Clinical Work Week - Academic Standard

# Standard Definitions

## Block

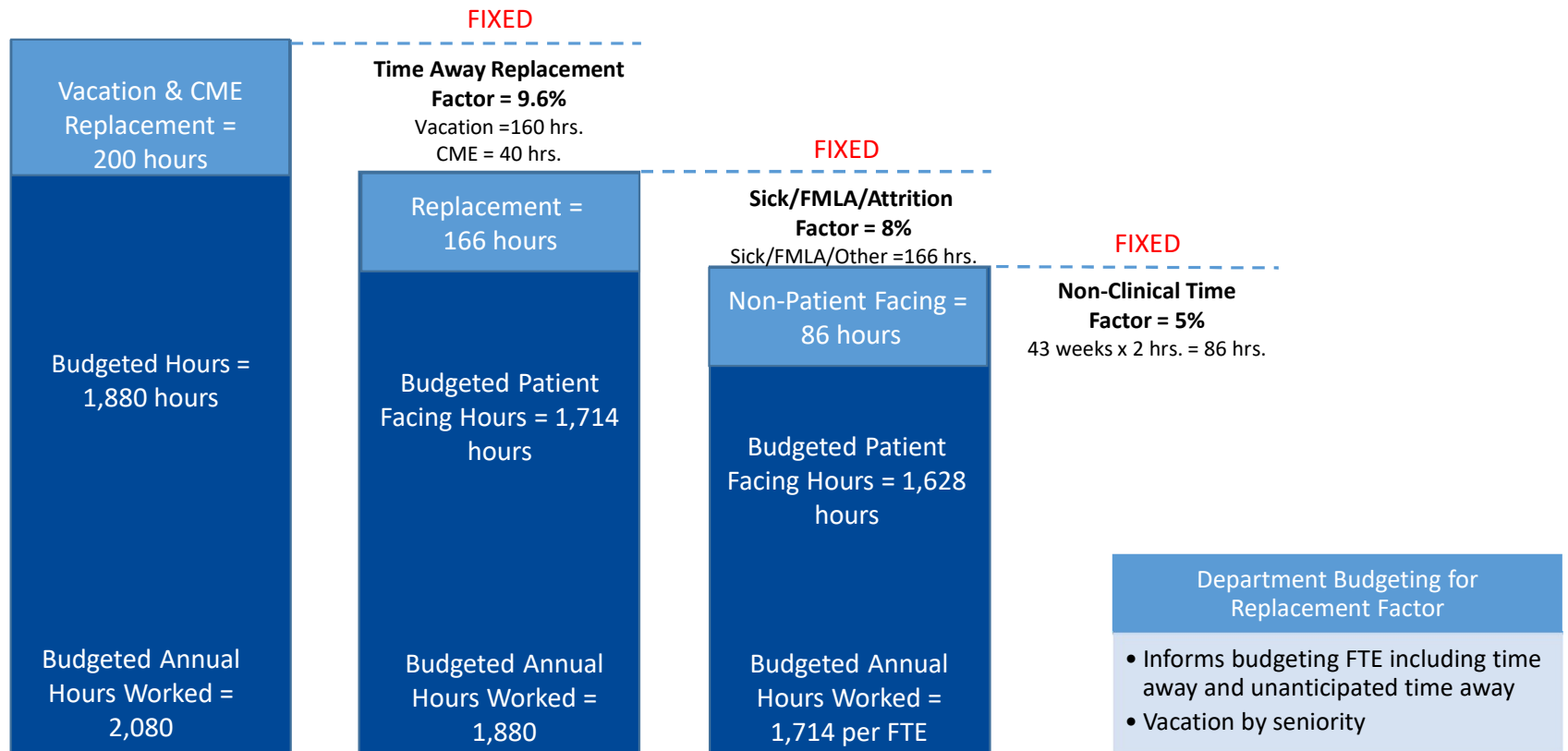
- A scheduling unit of measure that equals 28 days.
- There are 13 blocks per year.

## Active Clinical Patient Time

Scheduled time when APP/physicians are available to respond to patient care needs based on role of the service and urgency including:

- In-person patient assessment, diagnosis, and treatment
- Chart or results review and action
- Performing procedures
- Documentation of patient care
- Patient and family communication
- Team collaboration and communication inclusive of return of pages, phone calls, multi-professional communication, rounding, or coordination of care.
- Hand-off of patient care

# APP Replacement Factor Budget Proposal





# Measuring Workload: Analytic Definitions



## Use of Epic Log in Department

- Not perfect but directionally accurate
- Use Notes and Orders as indicator of active patient and service volume



## Provider Notes

- Admission H&P & Consult note for new admit
- D/C summary for Discharge
- Progress Notes for Managed Patient



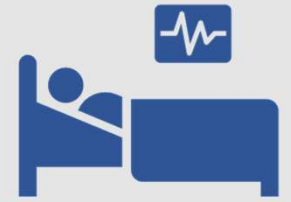
## Orders

- Admission order for new admit
- D/C order for Discharge
- Consults for new consult

A wide-angle photograph of Earth from space, showing a large, swirling cyclone over the ocean. The Earth's horizon is visible, with a thin blue line of atmosphere. The background is a dark, star-filled sky. The word "Discovery" is overlaid in white text in the center of the image.

Discovery

# Critical Care Teams



# Deliverables

## Phase

## Findings

## Deliverables

### Phase I: Workforce Analysis

- High variability in workforce roles, financial support, operations, and billing practices

- ✓ Inventory of team members
- ✓ Described critical care team model
- ✓ Described physician and APP roles

### Phase II: Workload Analysis

- 80% of critical care tasks are similar
- No service census exists
- No standardized acuity measure

- ✓ Tools to visualize team workload
- ✓ Service census analytics
- ✓ Need EMR generated acuity

### Phase III: Workforce Model

- Attending & fellow tasks are most alike
- APP & resident tasks are most alike

- ✓ Compliance team education
- ✓ Developed staffing model
- ✓ Validated critical care team model

# Critical Care Workforce Coverage Model Current State






*Data is self-reported*

Provider Type	CC1	CC2	CC3	CC4	CC5
Attending Night	1	2 Home Call	1 Home Call	1	1
Attending Day	2 Weekday 1 Weekend	2	1	1	1
Fellow Night	Variable	1	Variable	Variable	Variable
Fellow Day	Variable	2	Variable	Variable	Variable
APP Night	1-2 (or resident)	None	None	None	1
APP Day	1-3 Weekdays 1-2 Weekends	4 weekdays 2 weekends	2	2 weekdays 1 weekend	4 weekdays 3 weekend
Total APP FTE	9.5 +	9 +	3 critical care (6 total with NH coverage)	4	12 +
Resident Night	1 (or APP)	2	1	1	None
Resident Day	0-2	7-9 per day	1-2	1-2	None
Residents/ block	2	11	1-2 Day 1 Night float	2	None

# Critical Care Work Inventory Categories

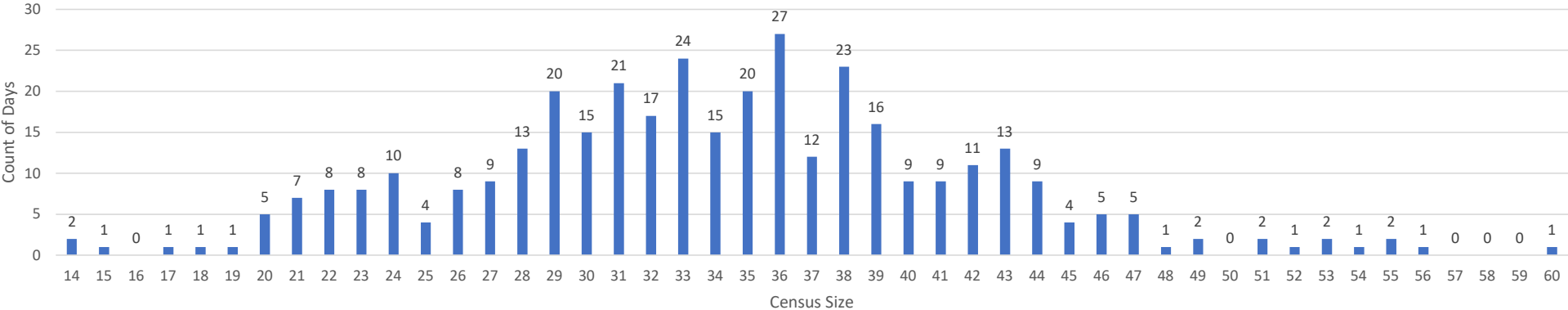
CRITICAL CARE PATIENT CARE ACTIVITY	TASK INVENTORY	DATA POINT
<b>PATIENT MANAGEMENT</b>	Patient Assessment & Treatment (chart review, patient assessment, etc.) Documentation Orders Procedures	Time reported # E&M notes # of Critical Care Units –99219 and 99292 # of Orders # Procedures
<b>PROVIDER TEAM COLLABORATION AND COMMUNICATION</b>	Team Rounding Hand-off Other collaboration	Time reported
<b>OTHER COMMUNICATION</b>	Communication outside of rounds #2 Nurses Other healthcare professionals Other provider teams Patients Family	Time reported

# Staffing Model Definitions

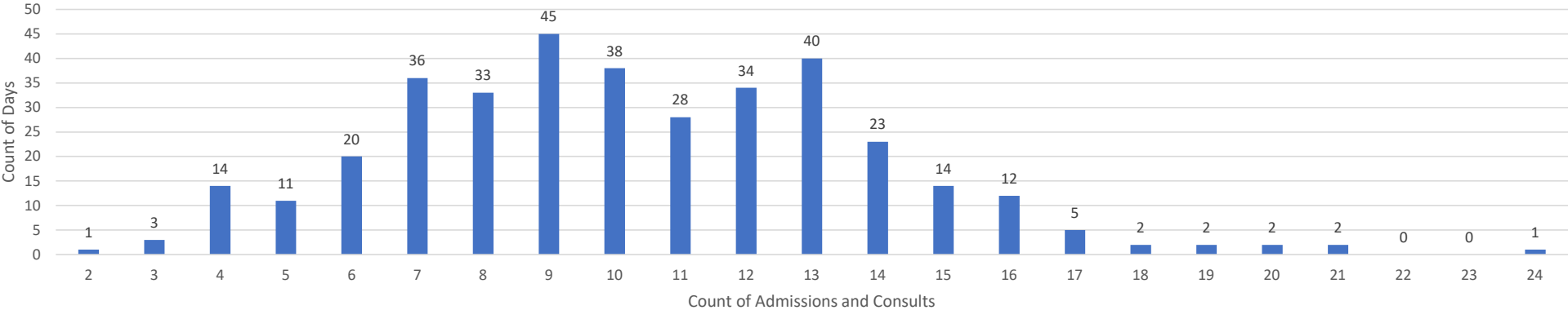
	Definition	Previous	Target
 <b>Daily Census</b>	<ul style="list-style-type: none"> <li>Census derived from notes written by APPs or physicians.</li> <li>Census frequency s identified in a data curve and adjusted by acuity</li> </ul>	<ul style="list-style-type: none"> <li>No consistent method</li> <li>Variable definitions</li> </ul>	<ul style="list-style-type: none"> <li># of patients in 24-hours</li> <li>Inventory of notes written by provider</li> </ul>
 <b>Acuity weight</b>	<ul style="list-style-type: none"> <li>↑ High 1.5 workload of average patient</li> <li>- Average acuity patient</li> <li>↓ Low 0.5 workload of average patient</li> </ul>	<ul style="list-style-type: none"> <li>Self Reported</li> <li>Unit Centric</li> </ul>	Consensus on a standard definition across services
 <b>Patient Acuity Mix</b>	% Patients that are high, medium & low acuity	<ul style="list-style-type: none"> <li>Self Reported</li> <li>Unit Centric</li> </ul>	<ul style="list-style-type: none"> <li>Analytic reporting</li> <li>Critical Care Time</li> </ul>
 <b>Physician/APP : Patient Ratio</b>	<ul style="list-style-type: none"> <li>Attending/Fellow: Day: 1:12 Night 1:20</li> <li>APP/Resident: Day 1:5 Night 1:10</li> </ul>	<ul style="list-style-type: none"> <li>Not defined</li> <li>Variable</li> </ul>	Define standard provider staffing ratios
 <b>Scheduling</b>	<ul style="list-style-type: none"> <li>Blocks = 28 days; 13 annually</li> <li>Day/Night duration = 13 hours</li> <li>Number of day/night per block</li> </ul>	<ul style="list-style-type: none"> <li>Not defined</li> <li>Variable</li> </ul>	<ul style="list-style-type: none"> <li>APP annual hours worked</li> <li>Model application</li> </ul>

# Critical Care Team

Critical Care Team FY Census Distribution



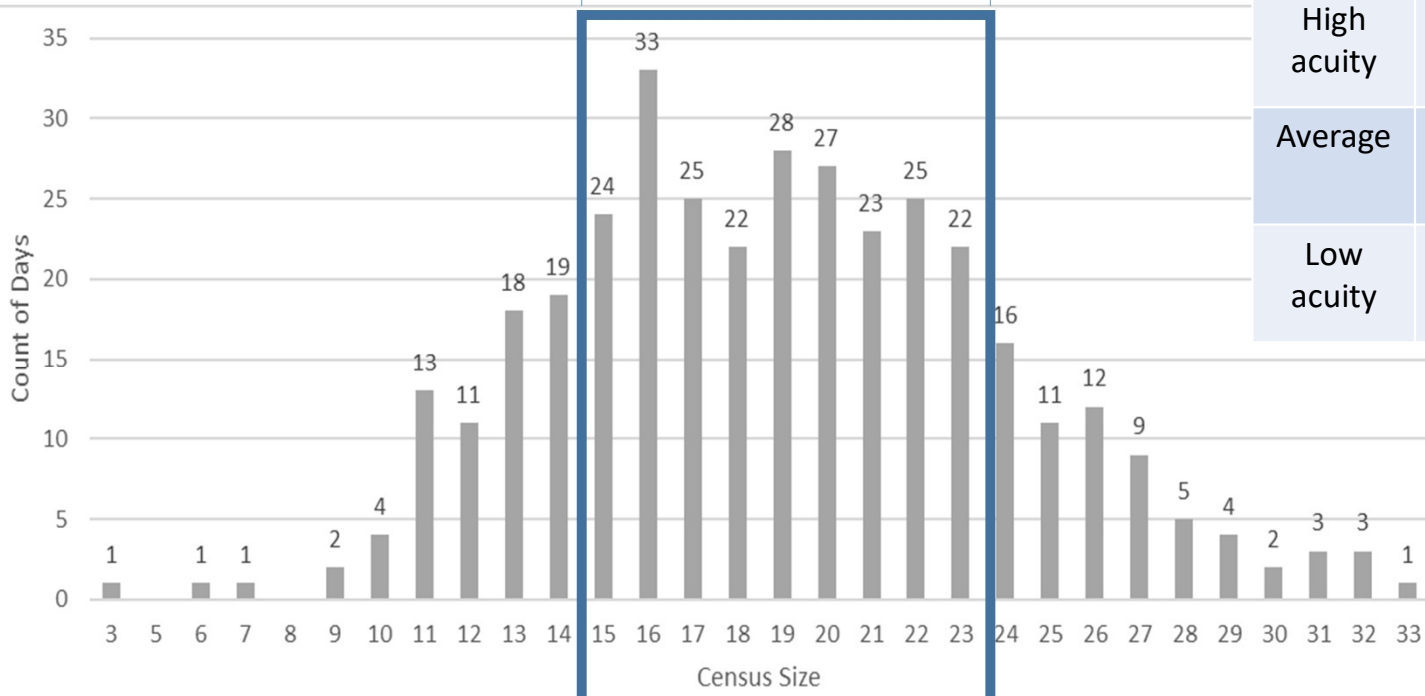
Critical Care Team FY Admissions and Consults





# Census

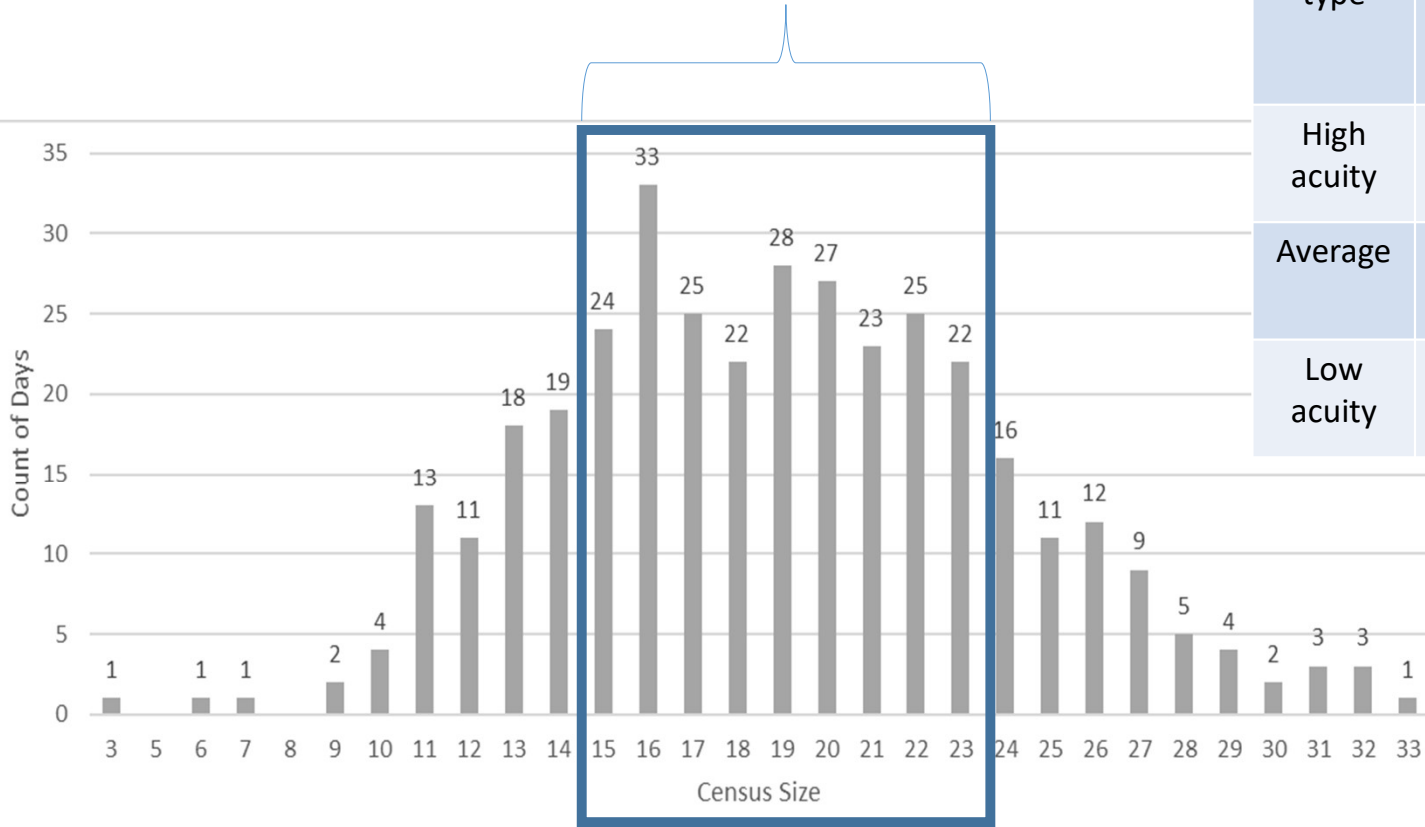
Core Coverage Census  
by Frequency



Acuity Factor to Adjust Census				
Patient type	Critical Care Time per 24 hours	mSOFA Ranges	Acuity Factor	Default Acuity Factor
High acuity	60 + minutes	8 or Greater	1.5	35%
Average	40 -60 minutes	4-7	1.0	40%
Low acuity	20 - 40 minutes	0-3	0.5	25%

# Census

Core Coverage Census  
by Frequency

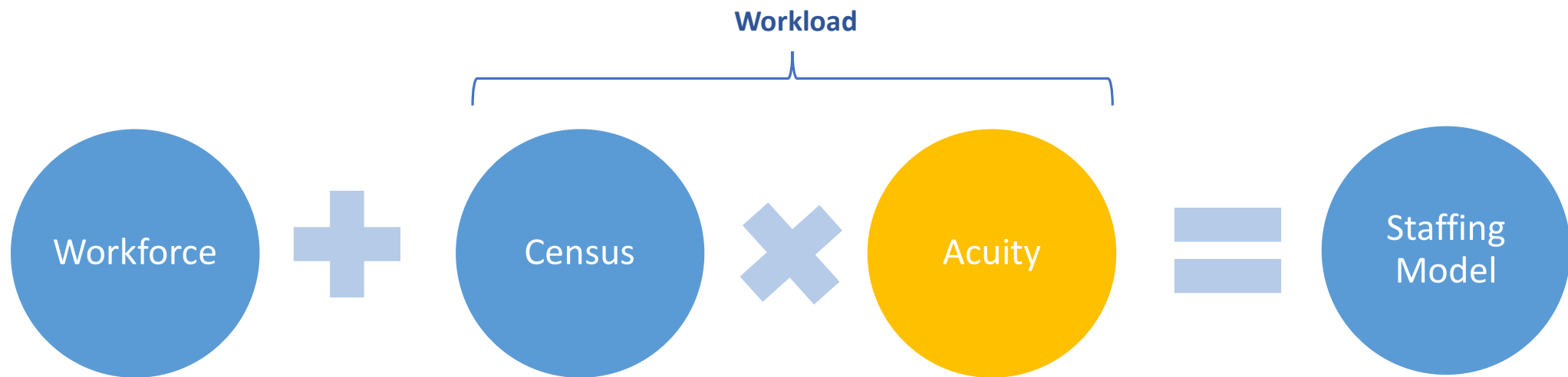


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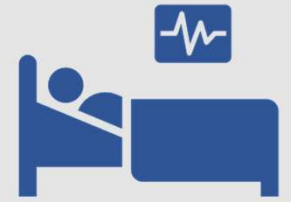
Is this accurate?

- We do not know until we can measure acuity and test our theory.
- Time may be low for APP
- May be accurate for physician

# Critical Care Workforce Planning Model



# Inpatient Teams



# Key Learnings

## Macro Assessment

- Teams do similar work and functions regardless of medical, surgical, or consulting services.
- Resident coverage is not consistent or reliable due to hour restrictions and educational requirements
- Variability in Shifts
  - Majority services APP staff M-F, Day shift - few use APPs for 24/7 coverage
  - Variability in shift length driven by admission/consult trends (swing shifts)

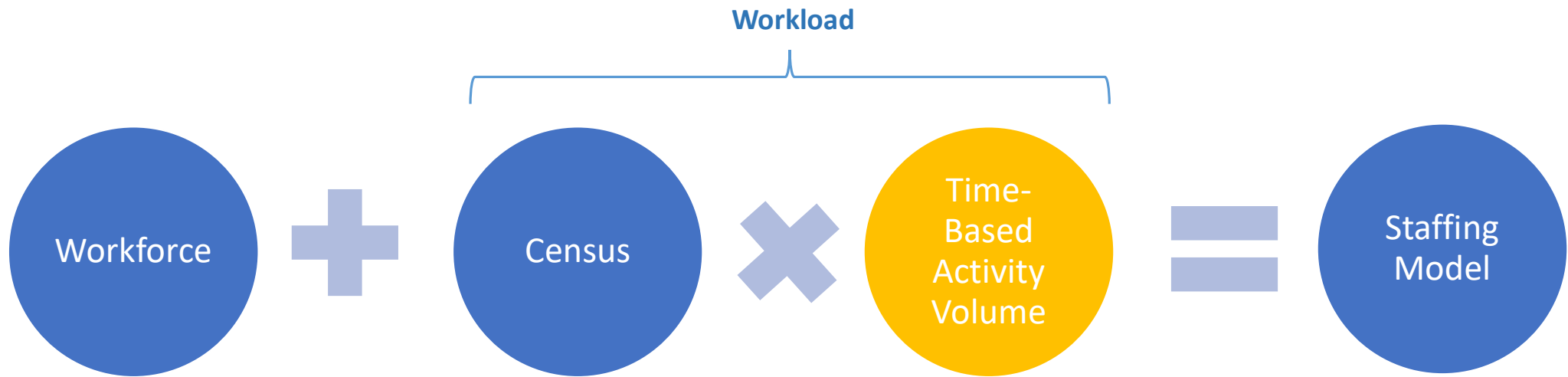
## Micro Assessment

- Acuity not main factor in effort
  - Even spread between high, medium, and low acuity patients
- All IP roles have approximately 20% care-coordination (non-revenue) activity including travel (cumulative per day)
- Activity mix drove workload demands
  - Six categories of work: Admissions, Consults, Daily Clinical Management, Care Coordination and Communication, Travel, Discharges

# Workforce Planning Factors

Factor	Critical Care	Inpatient
Clinical Work Week Definition	Minimum of 1976 annual hours (average of 38 hours per week)	Minimum of 1976 annual hours (average of 38 hours per week)
Patient: Provider Ratio	1 APP:4-6 day and 10-12 night	<p>1: Variable (6-18)*</p> <ul style="list-style-type: none"> <li>- Variation in Day vs Night</li> <li>- Variation in what one patient represents</li> </ul>
Census	Unique Provider Note/Service/Patient	<p>Unique Note → Service Census</p> <p>Orders/Service → Activity</p>
Replacement Factor	Proposal for standard replacement factor → Need HR and Workforce plan integration	
Holiday/PTO Practices	Need standard guiding principles across clinical areas for PTO coverage (AMB/IP/etc)	

# Acute Care Workforce Planning Model



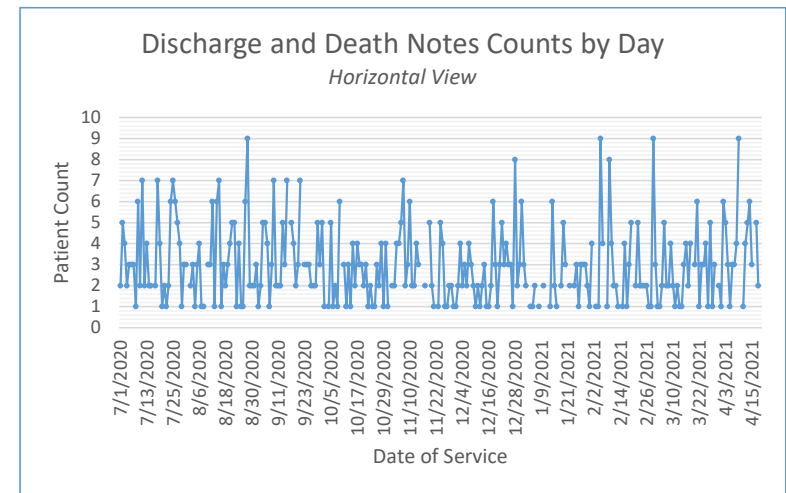
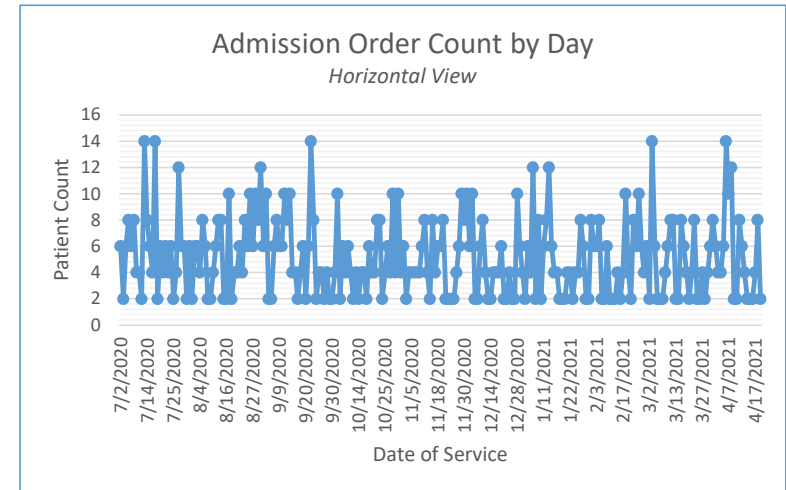
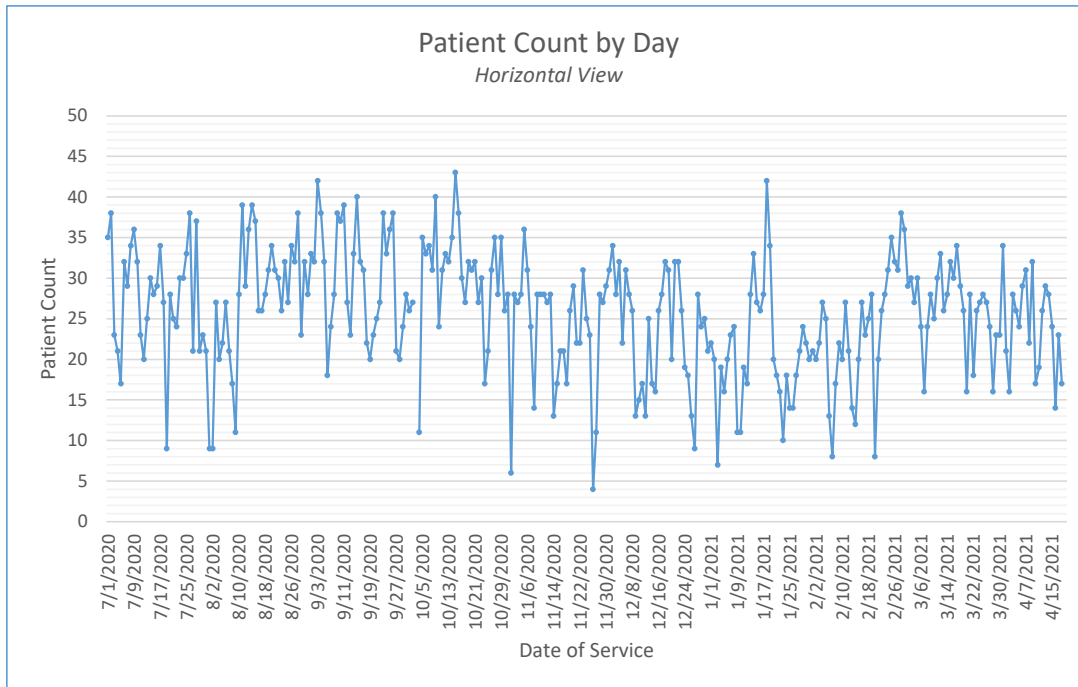
# Activity Based Time per Patient

	Admits	Consults	Daily Manage.	Care Coord.	Travel	Discharges
Totals	1.03	0.84	0.88	18%	3%	0.44
Surgical	1.00	0.68	0.75	16%	2%	0.41
Medical	1.08	1.66	0.97	21%	5%	0.52
Procedural	-	1.50	0.75	20%	9%	-
Consultant	-	1.59	0.64	10%	6%	-
Mixed	1.03	0.68	0.95	24%	2%	0.40



# Census Data

- Current census data is by unit
- Patient volumes related to each activity drives workload



# Proposed Tool

CT Surgery Median Volume per Block  
 Total Census: 35  
 \* APP only, 24/7 coverage

Service	Medical	Surgical	Consult/Procedural
Admits	1.00	1.00	-
<b>Admit Volume (Orders)</b>			
Consults	1.50	0.75	1.50
<b>Consult Volume (Orders)</b>			
Daily Management	1.00	0.75	0.75
<b>Daily Management Volume (Census - Admits, D/C, and Consults)</b>			
Discharge	0.50	0.50	0.50
<b>D/C Volume (Orders)</b>			
<b>Total Direct Patient Management</b>			
<b>Care Coordination and Travel Assessment</b>	20%	20%	20%
<b>Total Hours to Cover</b>			

Service	Medical	Surgical	Consult/Procedural
Admits	1.00	1.00	-
<b>Admit Volume (Orders)</b>		<b>8</b>	
Consults	1.50	0.75	1.50
<b>Consult Volume (Orders)</b>		<b>4.00</b>	
Daily Management	1.00	0.75	0.75
<b>Volume (Census - Admits, D/C, and Consults)</b>		<b>23.00</b>	
Discharge	0.50	0.50	0.50
<b>D/C Volume (Orders)</b>		<b>6.00</b>	
<b>Total Direct Patient Management</b>	0.00	31.25	0.00
<b>Care Coordination and Travel Assessment</b>	20%	20%	20%
<b>Total Hours to Cover per Day</b>	0	37.5	0
<b>Hours Per Year*</b>	0.00	13687.50	0.00
<b>APP FTE Required</b>	0.00	<b>7.16</b>	0.00

Application note: if APP workforce were not to cover specific activity (ie Consults), those volumes would not be included in proforma

# Workforce Forecasting Methodology

## Critical Care

Service Census

x Acuity Factor

Adjusted Census

÷ Provider/Patient Ratio

Number of Providers to Staff

## Inpatient

Activity Based Service Census

x Activity Average Time

Hours for Patient Care Activity

X Additional 20% Care Coordination time

÷ CWW Expectation

Number of APPs to Staff

A pair of black-rimmed glasses is resting on a stack of books. A red bookmark is visible on the left side of the books. The background is slightly blurred, showing more books and a wooden surface.

# Application of Discovery

# Steps 4 and 5: Application



Integrate and operationalize  
into workforce planning



Operationalize best practices



Management system &  
analytics assessments



Enhance forecasting & assess  
opportunities for innovation

# Critical Care Workforce Methods

Assumption of attending and APP staffing model

Assumption of framework for blocks, day/night coverage, and annual hours worked

Calculations for attending and APP, adjustment for resident and fellows

- *Adjusted Census = Census x Acuity Factor*
- *Provider coverage for day + night required =  $\frac{\text{Adjusted Census}}{\text{Provider:Patient Ratio (day \& night factor)}}$*
- *# total providers required(FTE) =  $\frac{\text{Provider coverage for day+night required}}{\text{Provider} \frac{\text{day}}{\text{night}} \text{coverage per block}}$*

# General Critical Care Service Example

Service	General
<b>Current State Provider Team</b>	
<b>Target Patient:Provider Ratio (based on average ICU acuity)</b>	
Attending/Fellow Day	12
Attending/Fellow Night	20
APP/Resident Day	5
APP/Resident Night	10
<b>Clinical Weeks Worked - Faculty</b>	
Weeks/year	52
<b>Discount Factors</b>	
Vacation	5.00
Holiday	1.14
Non-clinical worked Time	
Sick/unplanned vacancy	0.75
Total Non-worked weeks	6.89
<b>Total Time Off Factor</b>	13.3%
<b>Clinical Weeks Worked - APP</b>	
Weeks/year	52
<b>Discount Factors</b>	
Vacation/CME	5.00
Non-patient facing clinical time	2.60
Other Standard replacement factor (Sick, FMLA, Recruitment, Onboarding, Vacancy)	3.85
Total Non-worked weeks	11.45
<b>Total Time Off Factor</b>	22.0%
<b>Acuity Impact</b>	
<b>Acuity Mix</b>	
% High	35%
% Average	40%
% Low	25%
Total	100%
<b>Acuity Factor</b>	
High	1.50
Average	1.00
Low	0.50

Service:	General Critical Care Service	
	Target Census	Adjusted Census
Census Point	20.0	21.0
<b>Projected Provider Staffing</b>		
Attending/Fellow Day	1.7	1.8
Attending/Fellow Night	1.0	1.1
APP/Resident Day	4.0	4.2
APP/Resident Night	2.0	2.1
<b>Days/Nights of Coverage per 28 Day Block</b>		
Attending/Fellow	75	78
APP/Resident	168.0	176.4
<b>PTO Factor</b>		
Attending	13%	13%
APP	22%	22%
<b>Projected FTE Need Incl PTO</b>		
Attending/Fellow	3.5	3.7
APP	17.1	17.9
Resident	-	-

# Phase 4 – Operational Application

## Opening a new 20 bed ICU

- Staffing attendings and APPs
- Apply the staffing model
- Target census: 20 (Range 16-24)
- Acuity mix: 35%/40%/25%
- Adjusted census by acuity: 21

## Projection Staffing Model

### 3.7 Attending FTEs

Day: 2

Night:1

### 17.94 APP FTEs including replacement factor coverage

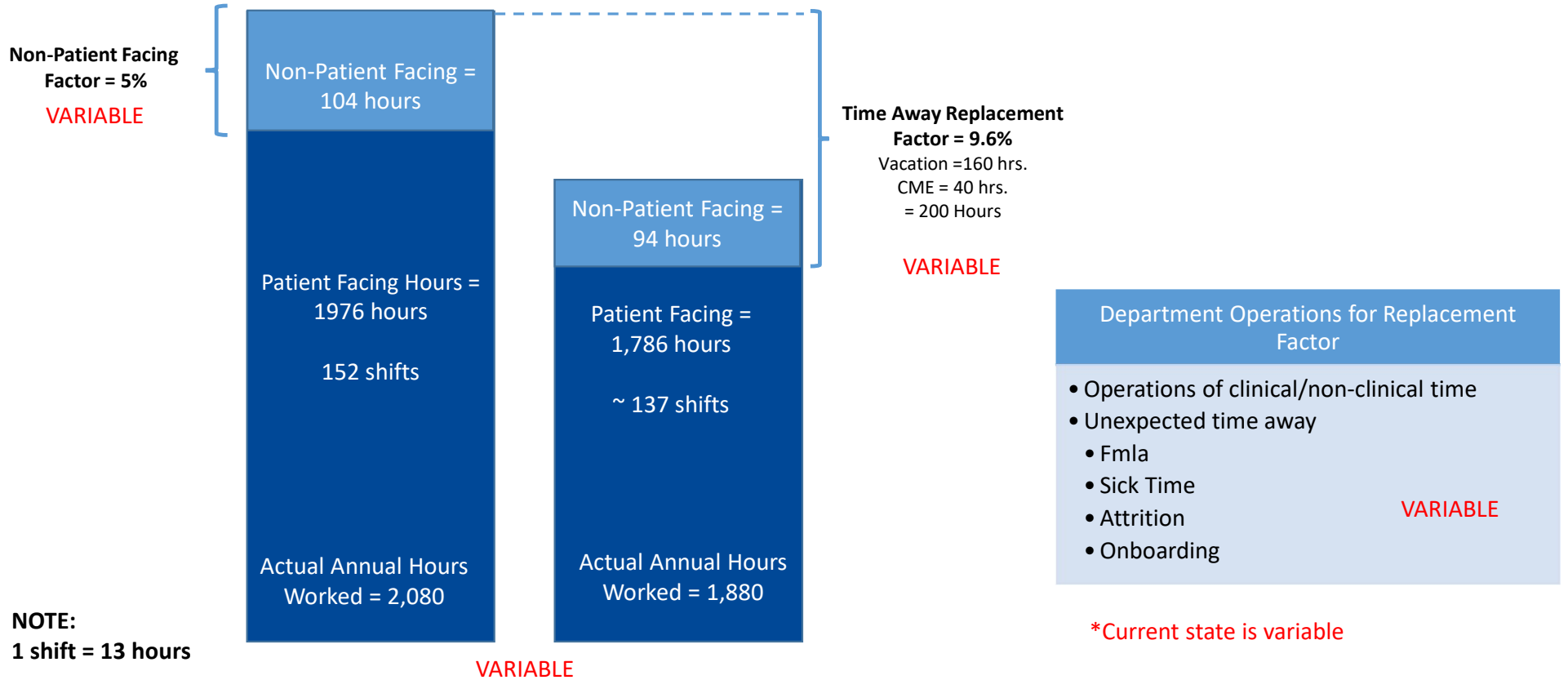
Day: 4

Night: 2

4-5 FTE to cover time away



# APP Replacement Factor Application



# Gaps & Mitigations

## Phase

## Gaps

## Mitigation

**Phase I:  
Current State Analysis**

Variabilities in annual hours worked for staff APPs

HR workgroup to address

**Phase II:  
Workload Analysis**

No adopted physiologic acuity

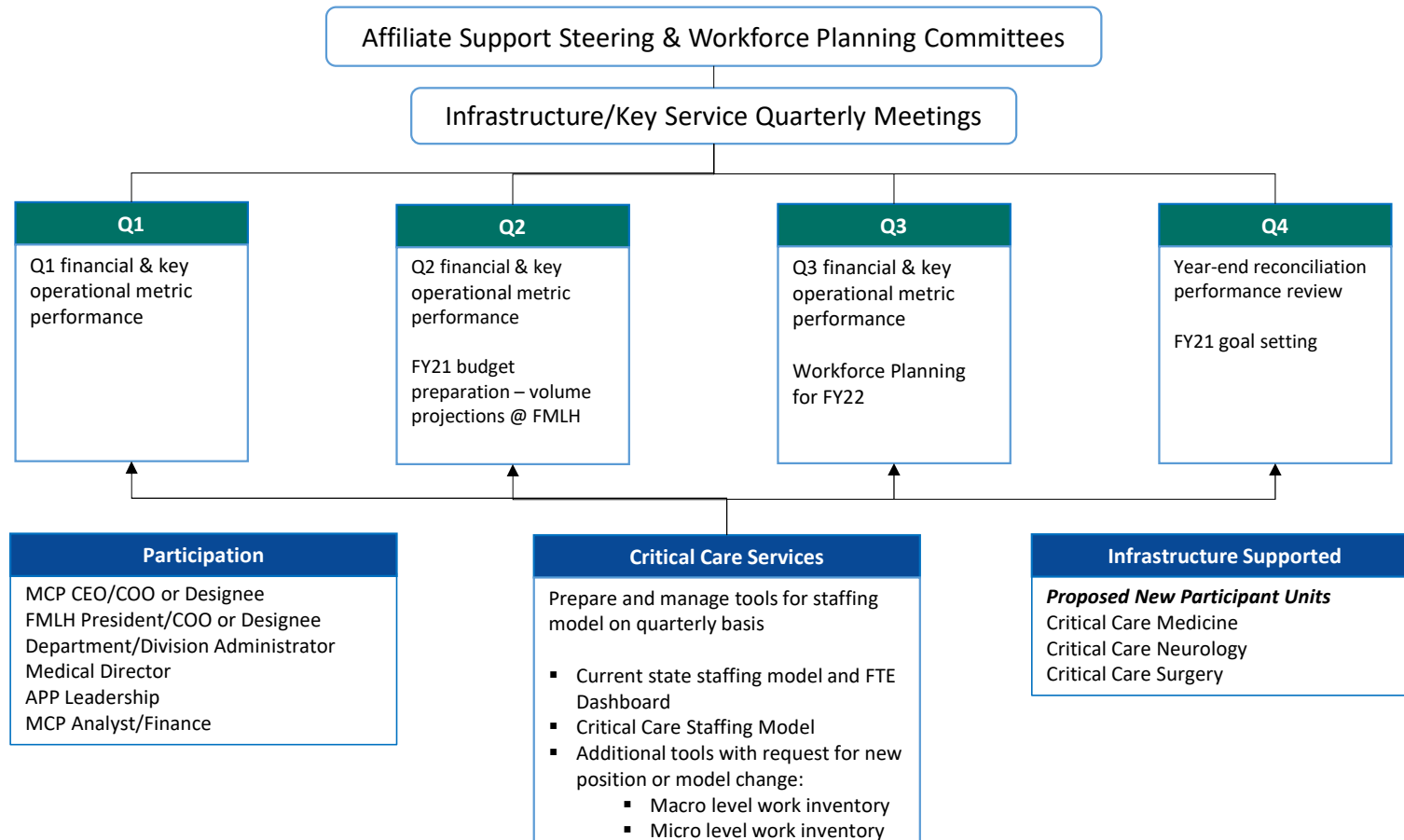
Evaluation of physiologic acuity metrics

**Phase III:  
Workforce Model**

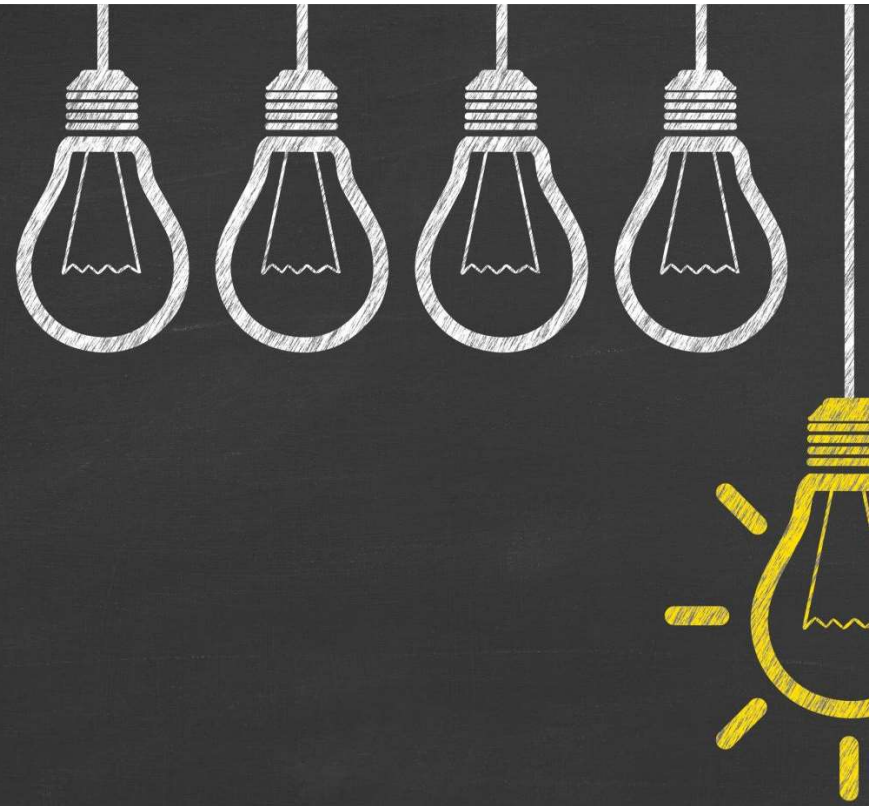
EMR support for acuity  
 Sustainable analytics (application)  
 Cross-department management structure

Integration of analytics for census & acuity  
 Enable EMR acuity functionality  
 Implement management structure

# Proposed Management System

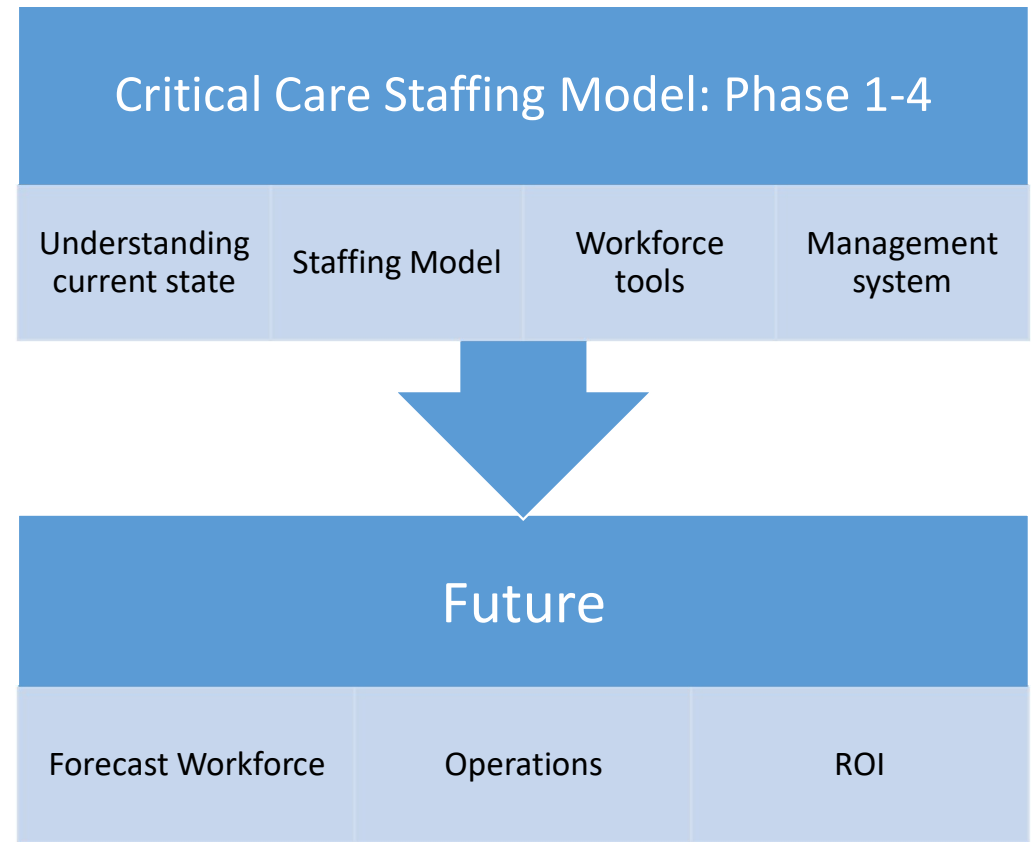


# Opportunities and Innovation



# Unique Innovation

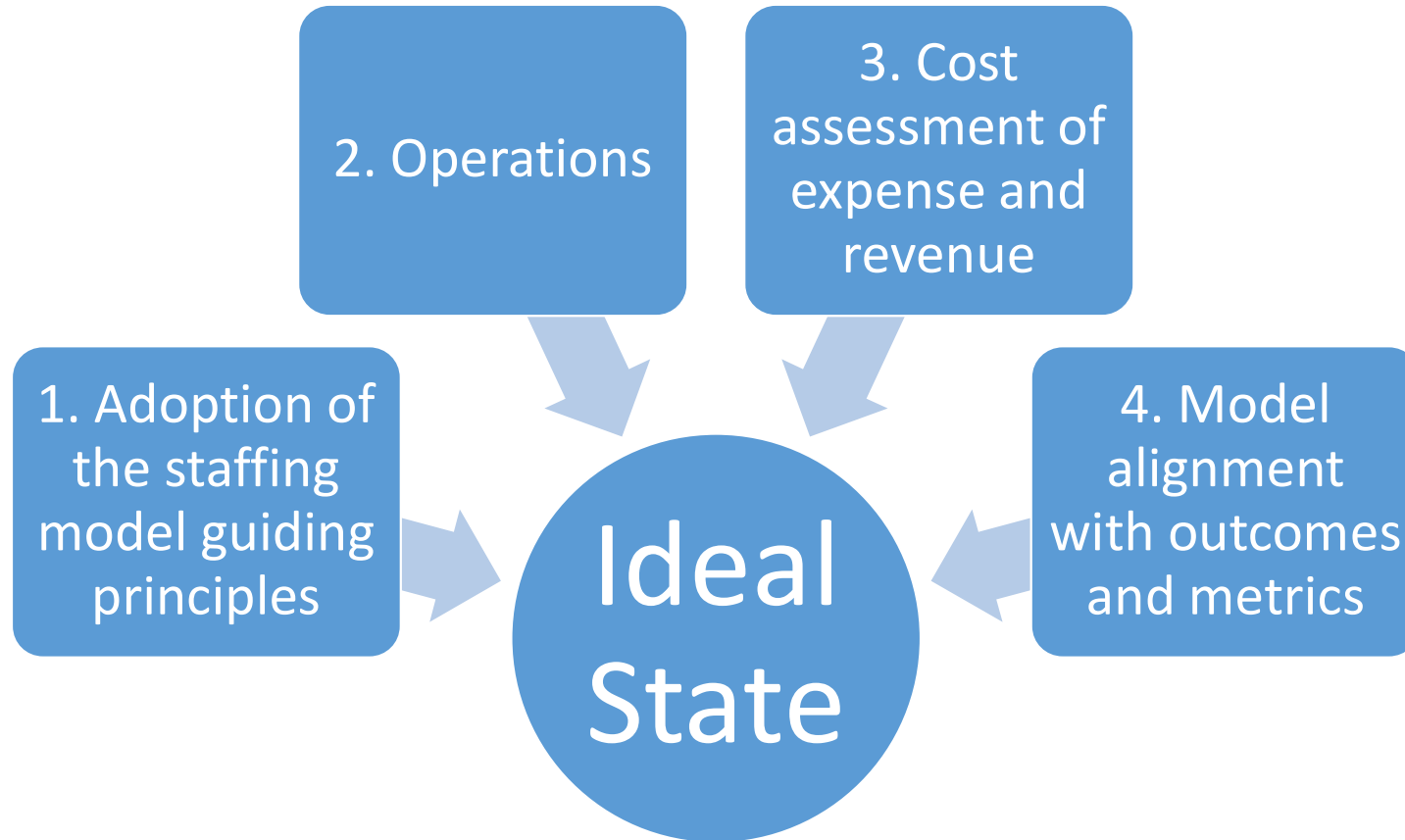
- We now have foundational tools and methods
- Process must adapt overtime
  - Flex for future growth
  - Inform new care models
- Application beyond this group
  - Piloting on inpatient services
  - Enterprise
  - Nationally



# Phase 5: Model alignment with outcomes and metrics

Billing/reimbursement	Documentation	Length of Stay <ul style="list-style-type: none"><li>• ICU time</li><li>• Transfer metrics</li><li>• Discharge/LTACH</li><li>• Hospice pathways</li></ul>	Morbidity & Mortality
Mechanical Ventilation <ul style="list-style-type: none"><li>• compliance</li><li>• duration</li><li>• reintubation</li></ul>	HAI reduction & Antimicrobial Stewardship	Patient Experience	Lab and Imaging Utilization
ABCDEF Bundle Compliance and Metrics (ICU Liberation Bundle)	Prophylaxis Metrics	Multi-professional Collaboration and Development	Community & External Partner Support

# What does good look like?



# Lessons Learned



Phased project with continuous process improvement



Create consensus



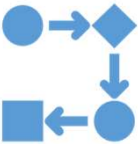
Team diversity



Management system for transparency and sustainability



# Key Takeaways



Process



Definitions



EMR &  
Analytics



Test your model

# Questions



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