

## OBESITY MANAGEMENT IN PRIMARY CARE CERTIFICATE PROGRAM:

A Practice Management & Leadership Training Program for PAs and NPs



### Module 10

#### *Blueprint for Putting it All Together*

#### Clinical Webinar Key Pearls

Below are key pearls to reflect on from the Module 10 Clinical Webinar:

1. Obesity has different causes for different people and is not one disease.
2. Acknowledge that patients with a diagnosis are more likely to get treatment.
3. Staging the disease has value for morbidity and mortality.
4. No single eating plan is THE plan for everyone.
5. Recognize other providers that can support the obesity treatment team.
6. Treating obesity treats many other diseases seen and treated in primary care.
7. Recognize that there is greater urgency, with the need for more aggressive therapy, if the patient has complications and/or comorbidities with obesity.
8. This is a journey in a chronic, relapsing, AND treatable disease, so partner with your patient to provide long-term care.