

OBESITY MANAGEMENT IN PRIMARY CARE CERTIFICATE PROGRAM:

A Practice Management & Leadership Training Program for PAs and NPs

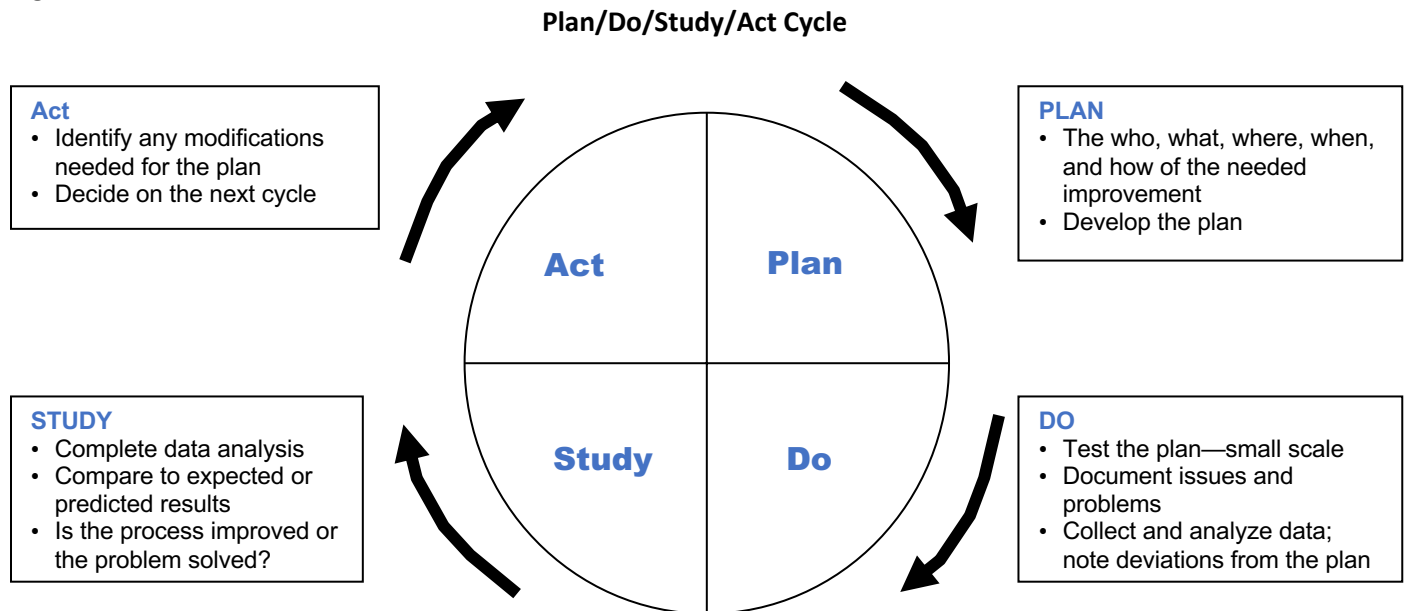


Obesity Management in Primary Care Workshop Getting Started with PDSA Cycle Planning PDSA GOAL 2 Worksheet

ACTION ITEM: Let us begin by reviewing Continuous Quality Improvement (CQI) and the Plan, Do, Study, Act cycle we will be using for this project.

CQI is a cycle designed to enhance office processes, leading to improved patient and practice outcomes. The following is an example of one plan that can be used, and is based on the Plan, Do, Study, Act (PDSA) method.

Figure 1



ACTION ITEM: Please use this worksheet to help you draft your **PDSA GOAL 2** plans.

ACTION ITEM: Answer the questions below as you reflect on GOAL 2. Do not worry if it's not complete, this is a "preparation" worksheet designed to help guide you in developing your PDSA Plan for GOAL 2. You will/can make changes over time that are more aligned to your specific practice needs.

STEP 1: As you prepare and think about setting up your PDSA plan, there are a few things to consider and document. They are as follows:

1. Who is the team leader?
2. What staff members will you need to involve in this PDSA project?
3. What are the start and end dates of this PDSA project? *October 12 - December 10, 2021*
4. What are you going to call this project?

STEP 2: What is the practice goal you are focused on? For this exercise, GOAL 2 and the AIM statement has been created for you and noted below:

Goal: *To improve the documentation of obesity diagnosis in the EHR.*

AIM Statement: *By December 1, 2021, 80% of ten chart audits for patients with a diagnosis of obesity will have a recommendation in the chart for a follow-up visit (within in one month) for the management of obesity.*

STEP 3: Now, let us reflect on your practice to determine the path forward for planning and implementing GOAL 2

1. **Is GOAL 2 being achieved in your practice?**
 - a. If yes, what are you doing currently?
 - b. If no, what are some possible reasons GOAL 2 is not being achieved?

2. **Discuss some possible solutions to help you achieve GOAL 2:**

3. **From the list of solutions (above), please pick one or two solutions that you may engage for your GOAL 2 PDSA cycle plan.** *Remember, you want to explain the possible solutions that will help you achieve this goal, why you chose these solutions, and what resources you will need to plan and implement this solution. Also, start thinking about what data you will need to collect to measure this solution and how you will measure success.*

4. **Out of the two solutions you identified to help you achieve GOAL 2, which one might you start with?**

5. **What data will you need to collect? Will you need the help of anyone in your practice to collect it? If so, who? How often will you collect the data and review? *You may want to establish a data point check every 2nd week. This way you'll have 3 touch points to review data and progress.***

6. **Now it is time to think about implementing the solution you chose. What are the tools you need to implement the solution? What people do you need to engage to help you achieve this goal? How often will you meet with them?**
 - a. What tools do you need?
 - b. What people do you need to engage to achieve this goal?
 - c. How often will you meet with them?