### Chest Imaging Review

Pat Whitworth, MD Vanderbilt University Medical Center

#### Disclosures

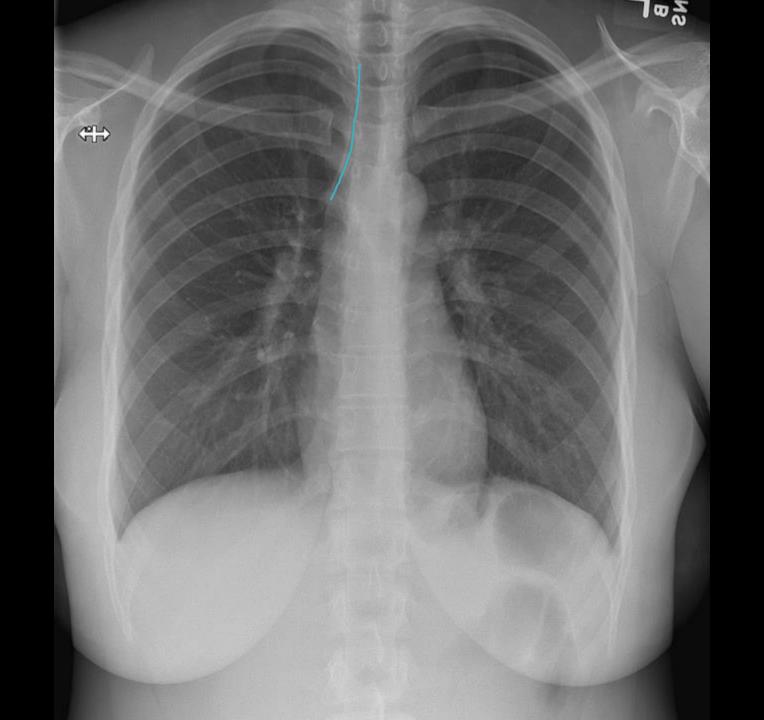
No relevant commercial relationships to disclose.

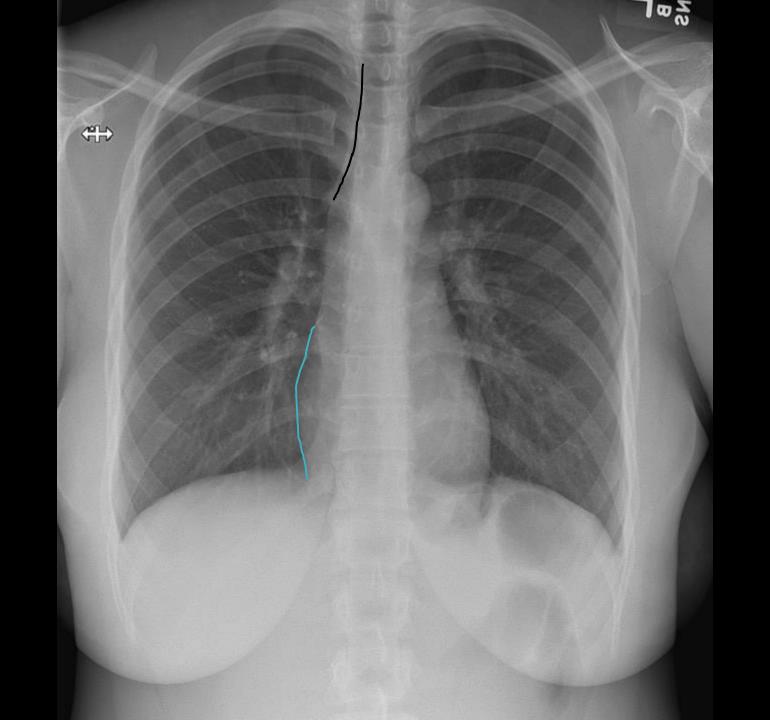
#### Learning Objectives

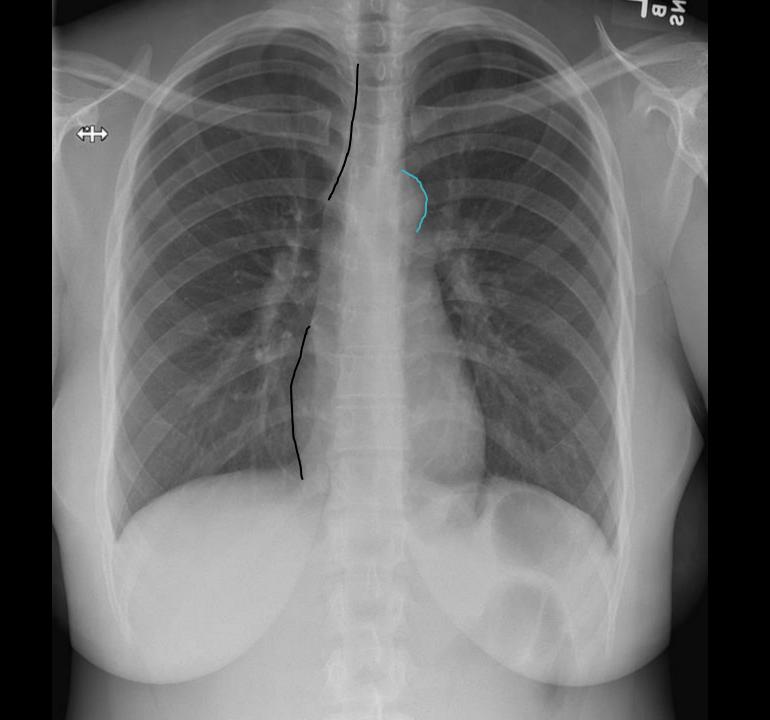
- Identify important anatomy on CXR
- Implement a CXR search pattern and a chest CT search pattern
- Identify and evaluate typical support devices seen on CXR
- Diagnose common pathologies seen on CXR
- Diagnose common pathologies seen on chest CT

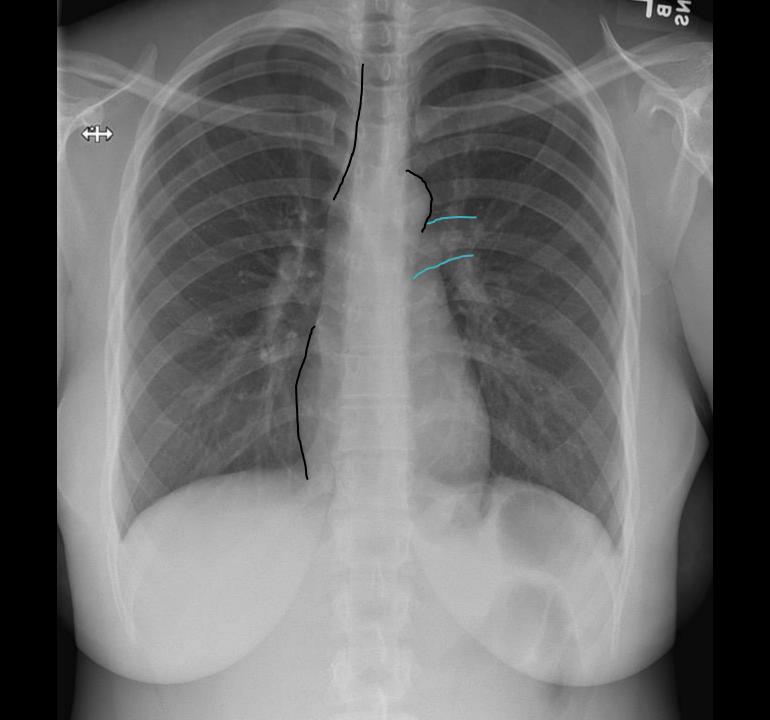
# CXR Anatomy

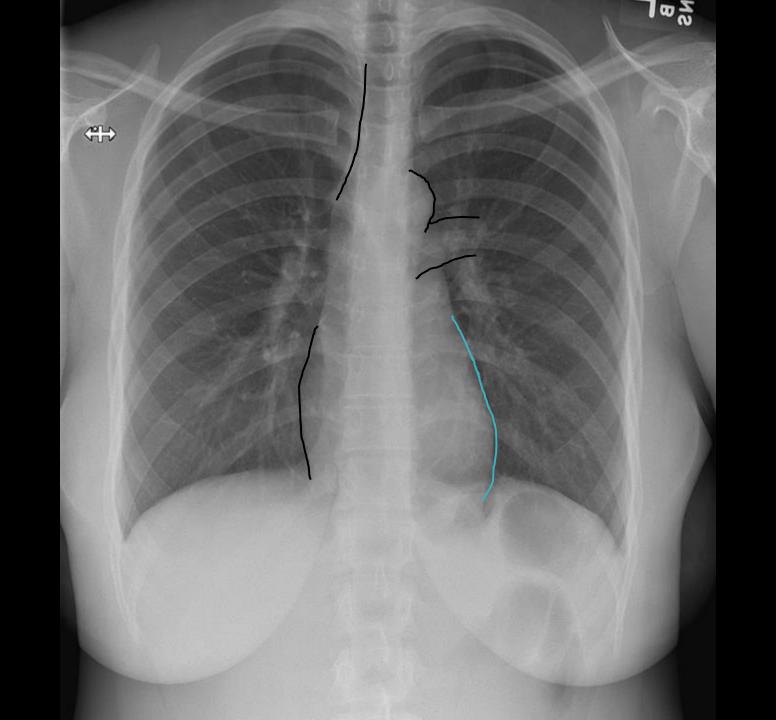
Frontal view (AP or PA)

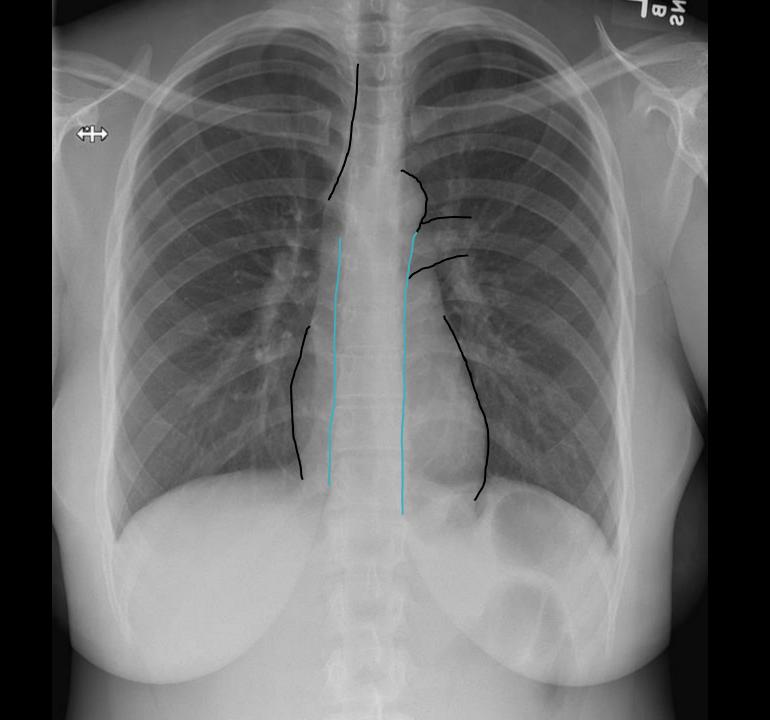


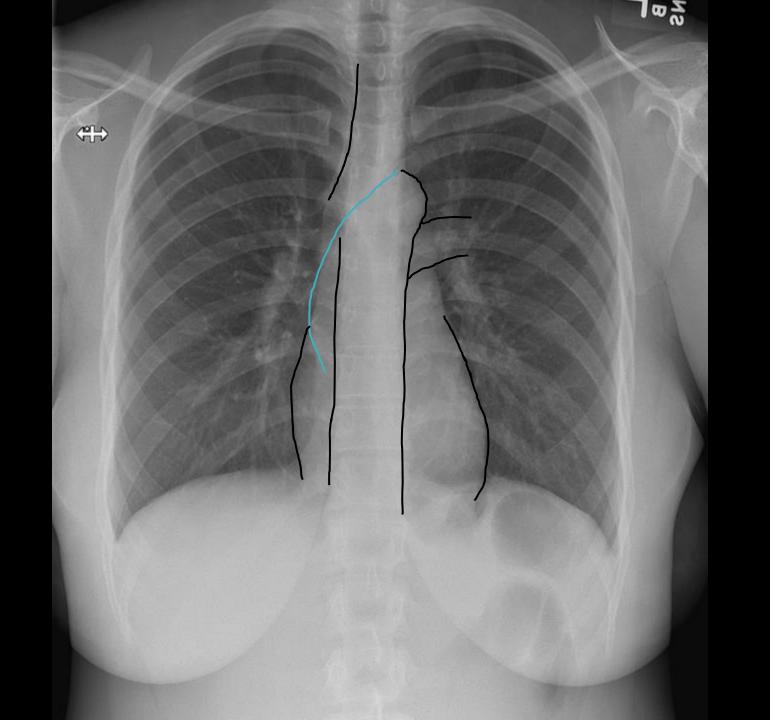


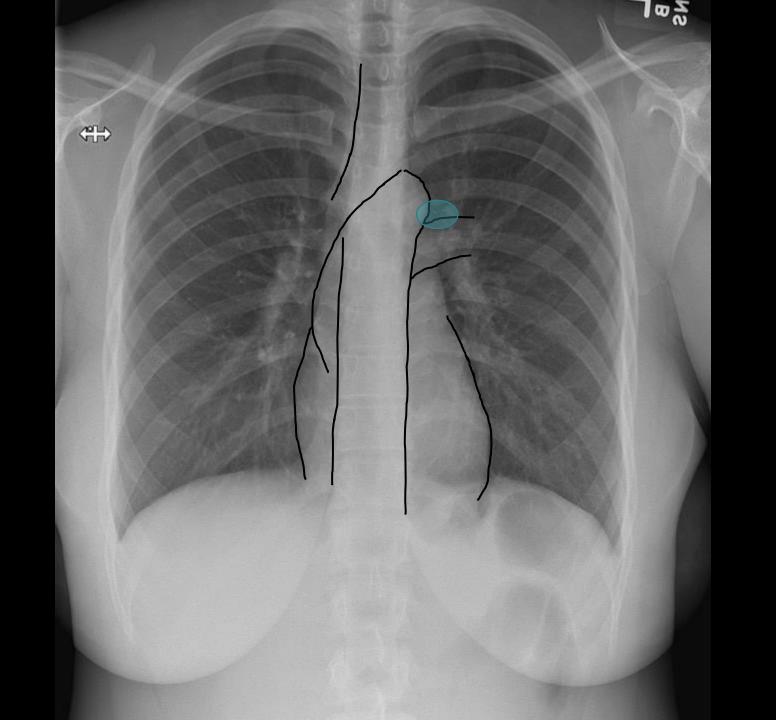


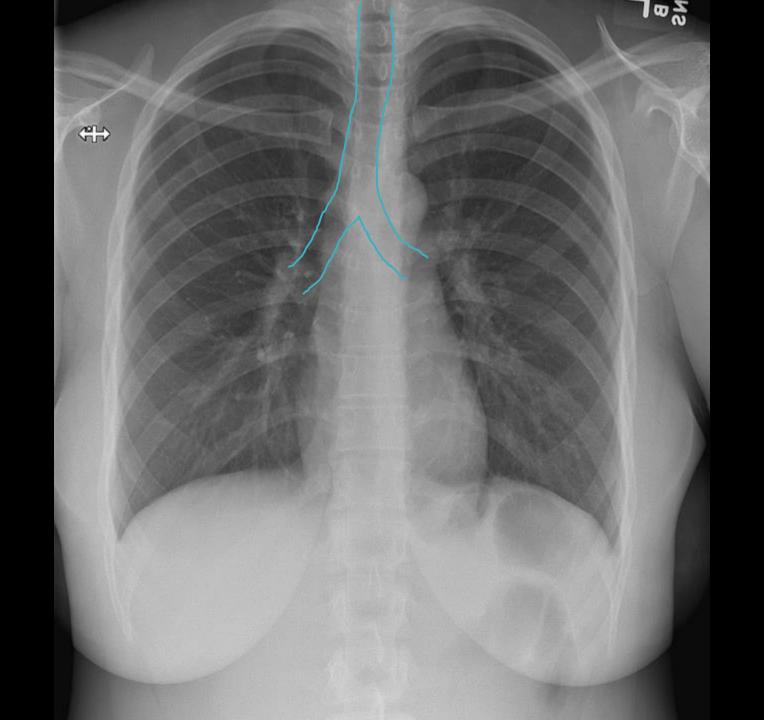


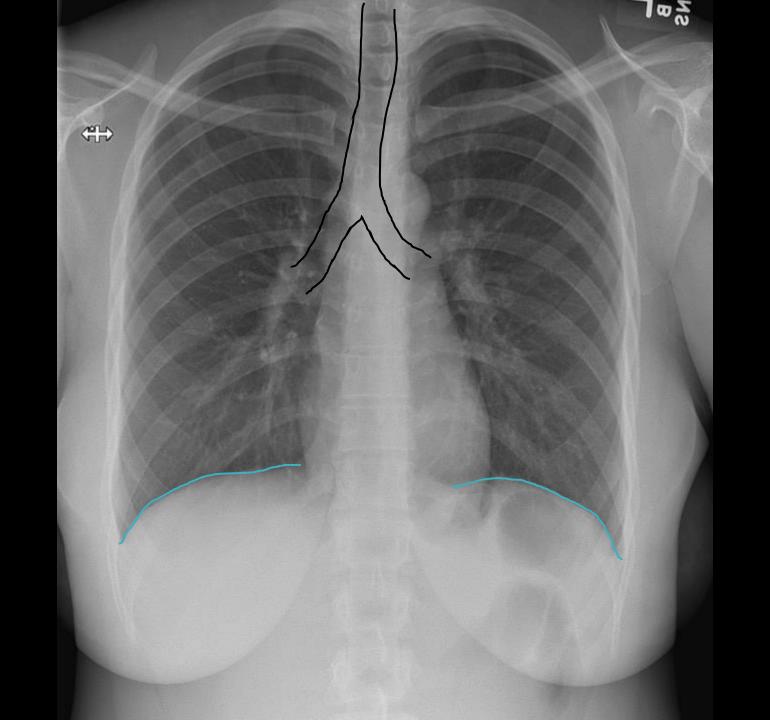










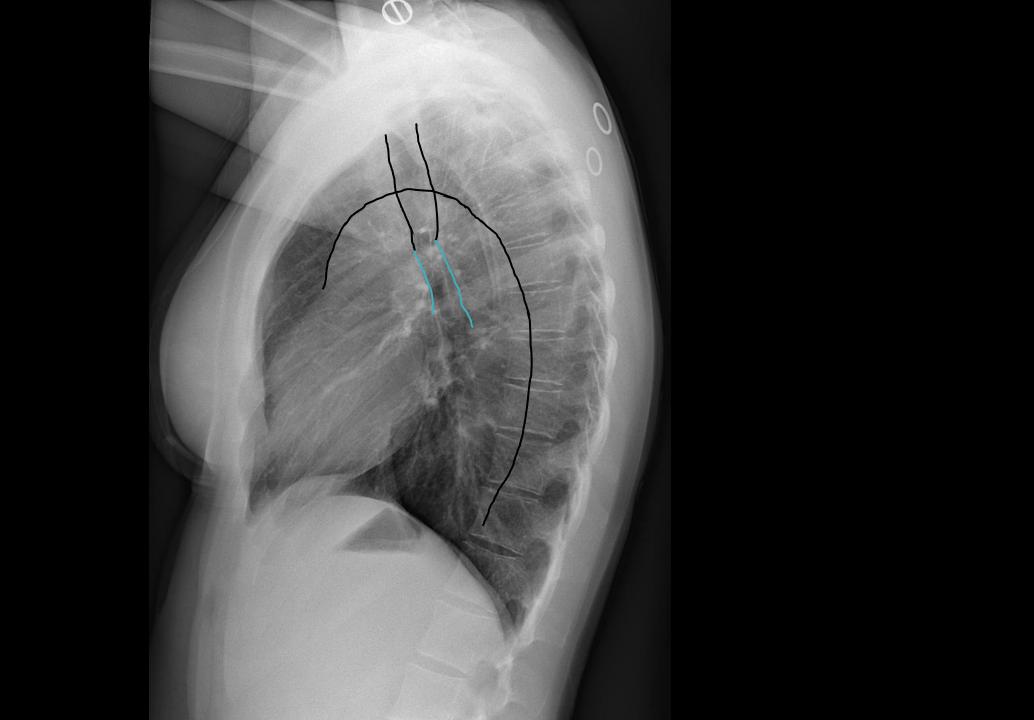


# CXR Anatomy

Lateral view

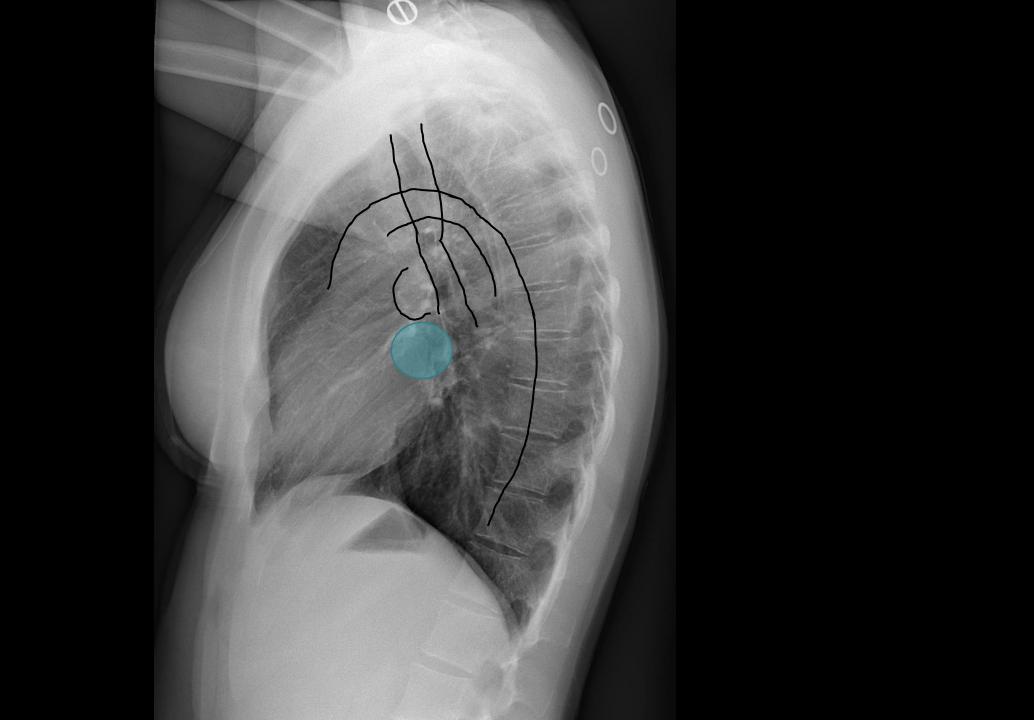


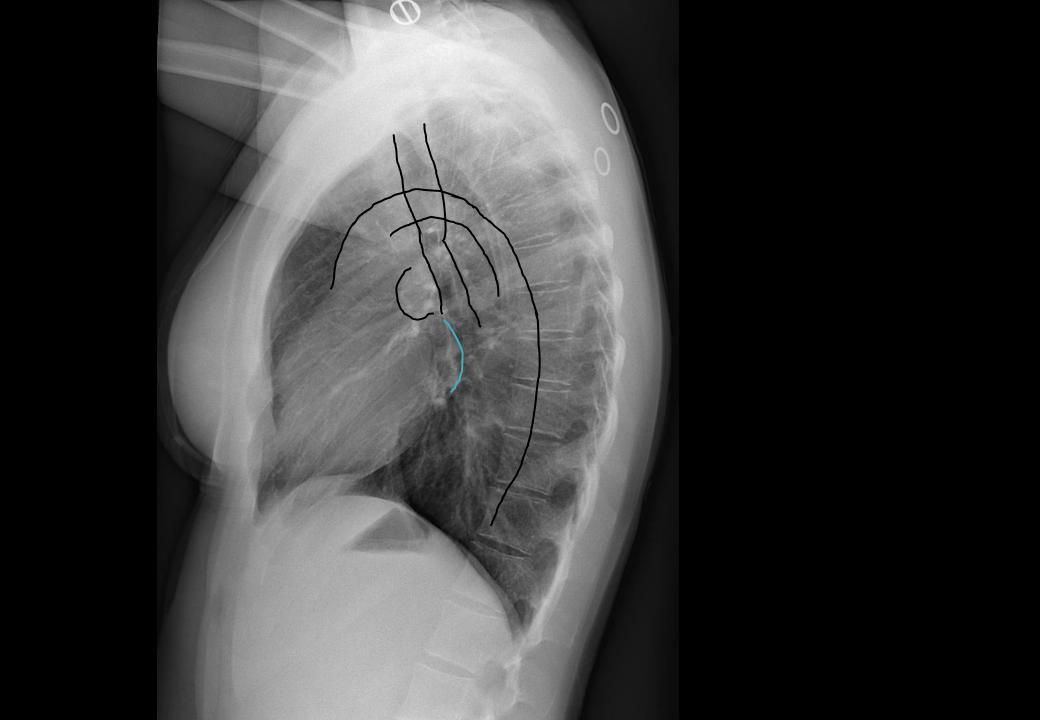






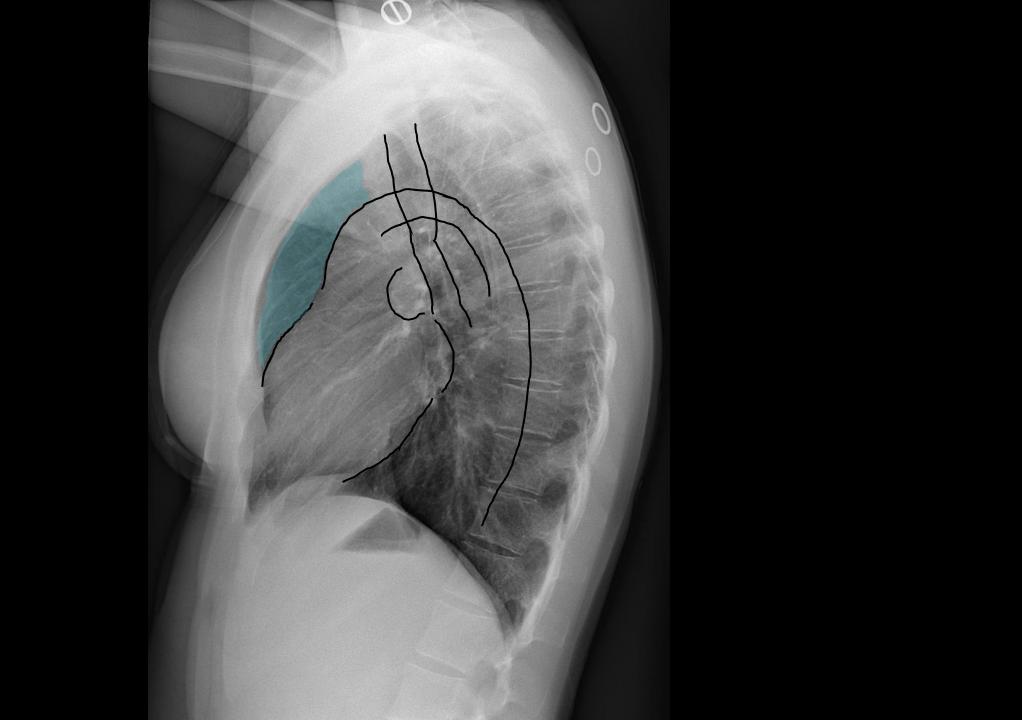


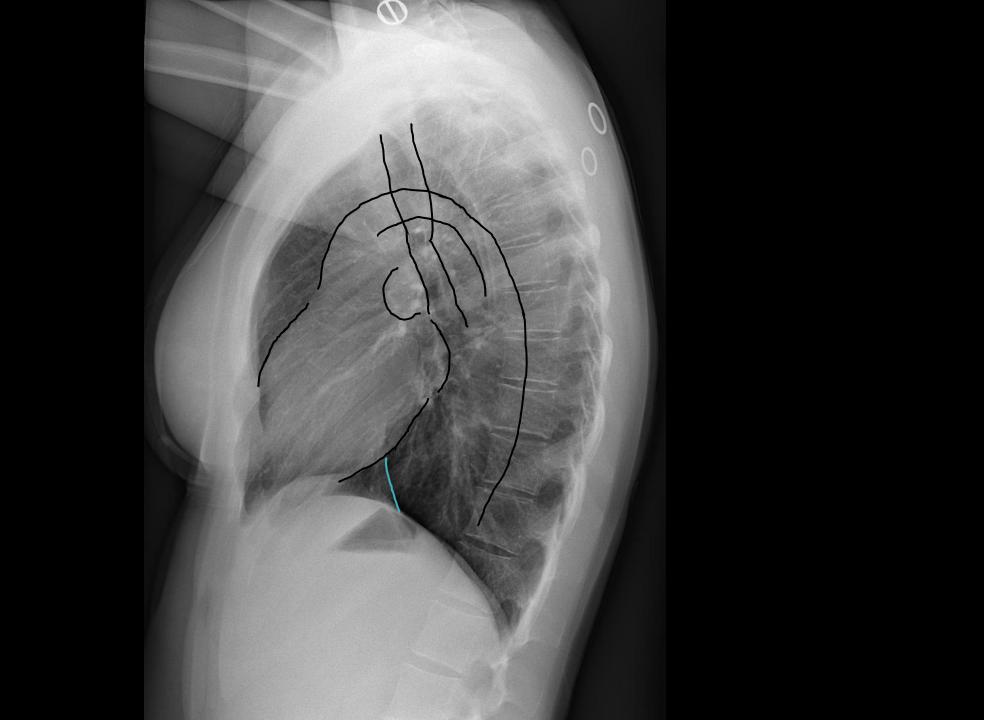




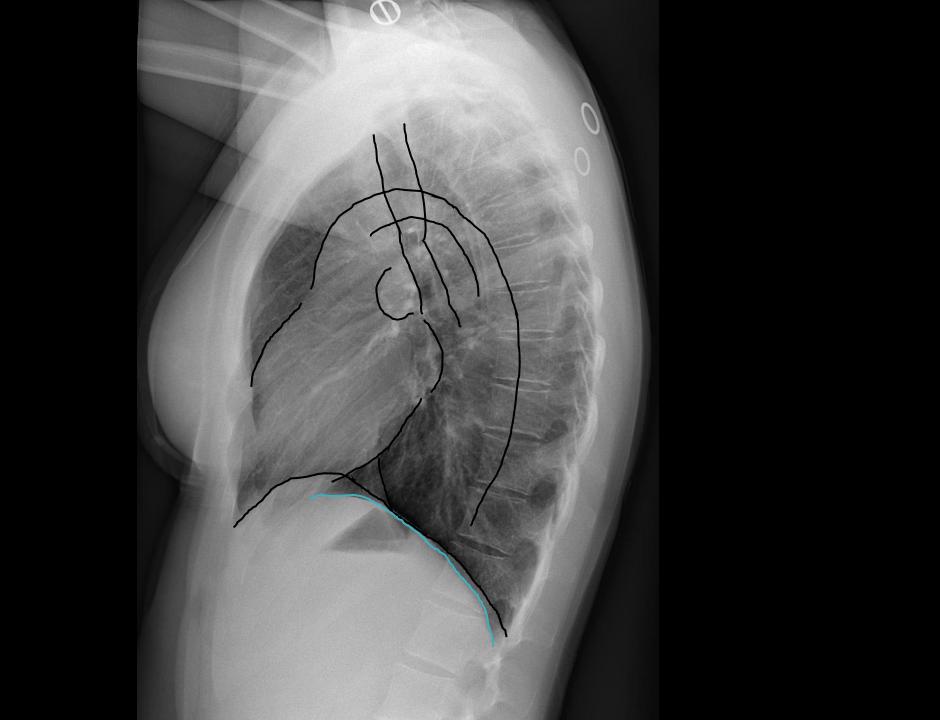


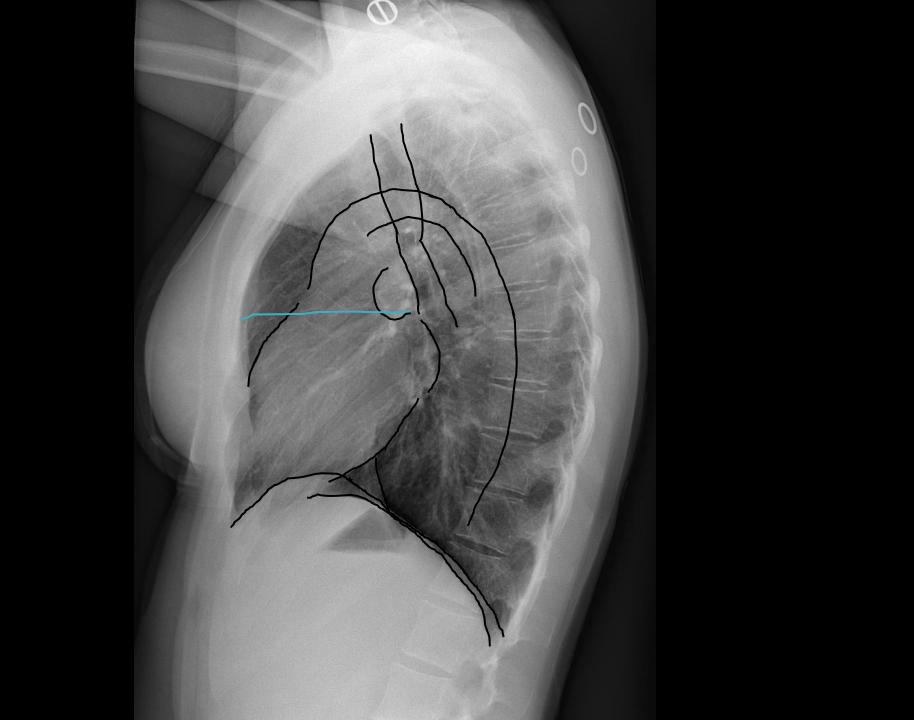


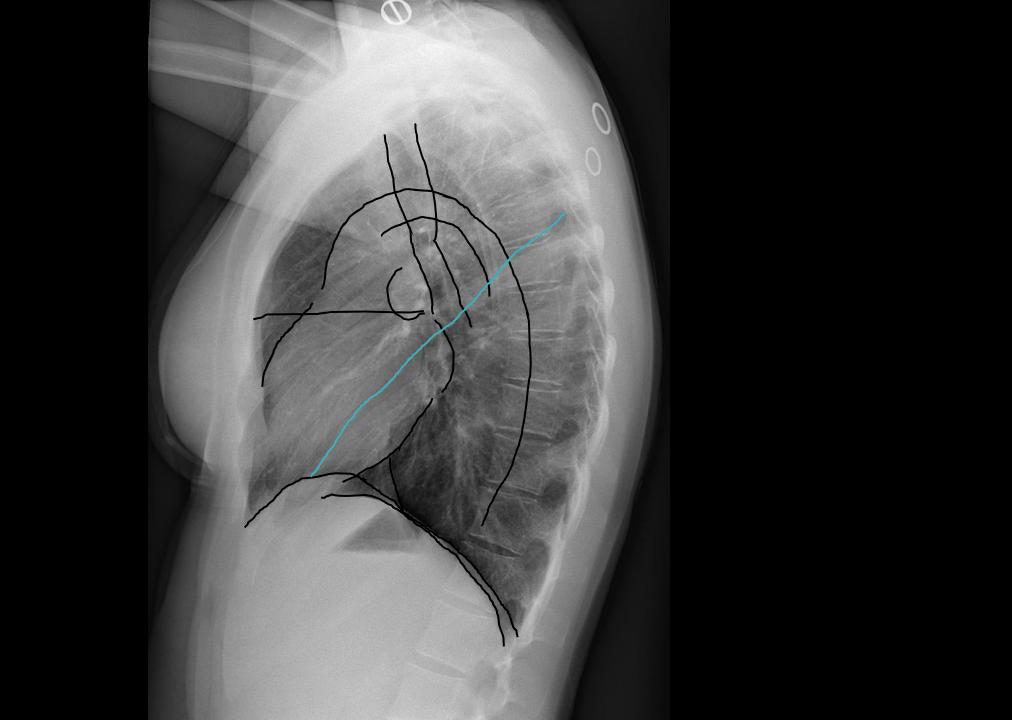












### CXR Search Pattern

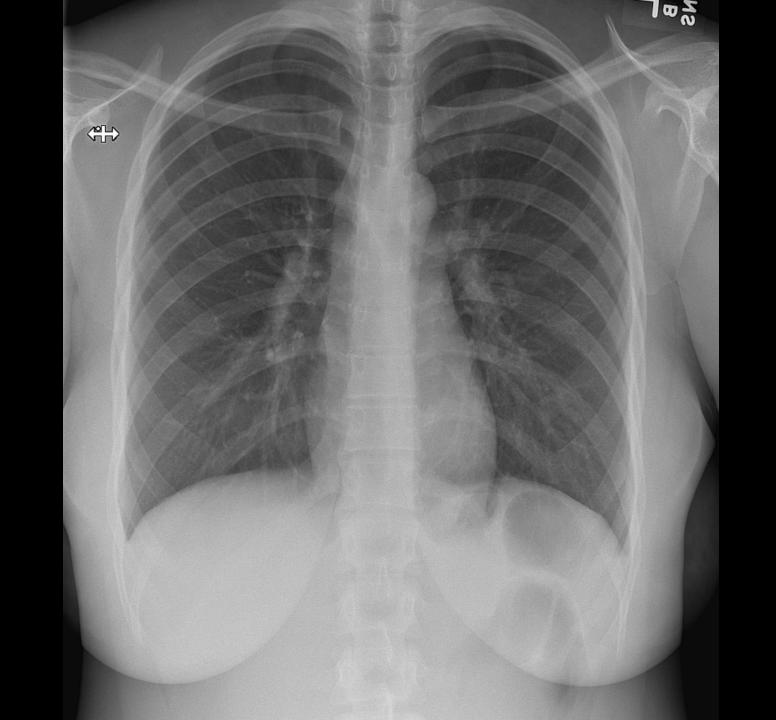
Just have one!

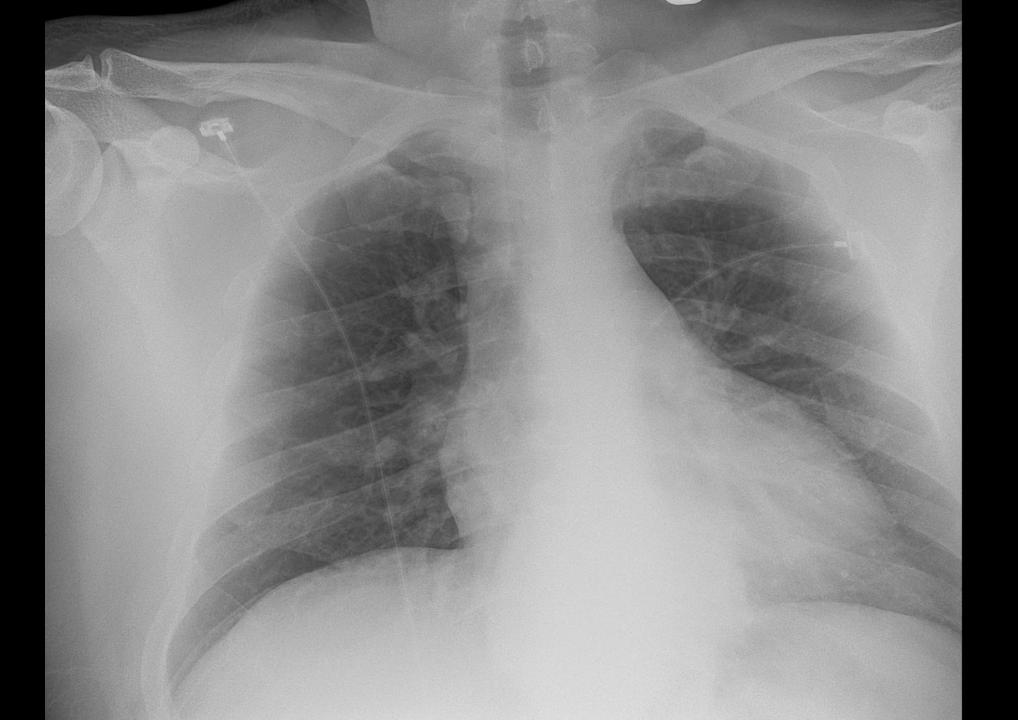
#### ABC

- A: Airway, Access
- B: Bones
- C: Cardiomediastinal silhouette
- D: Diaphragm
- E: Edges
- F: (lung) Fields
- G: Gut
- · H: Hilum

### Set the stage

- Technique: Position, exposure
- Compare to priors!



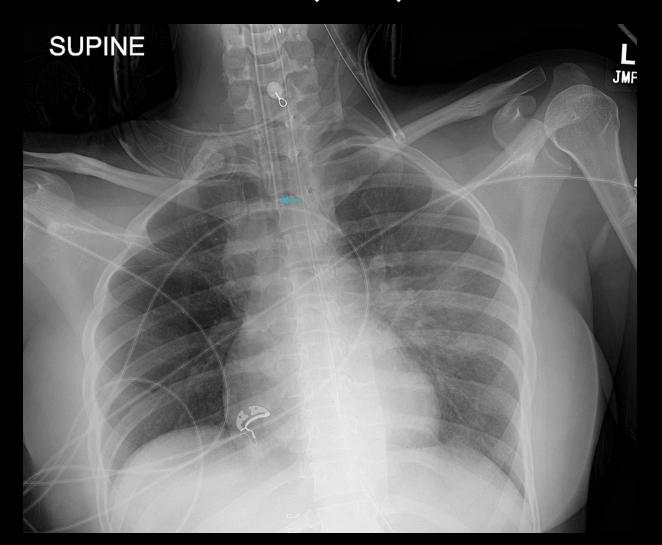


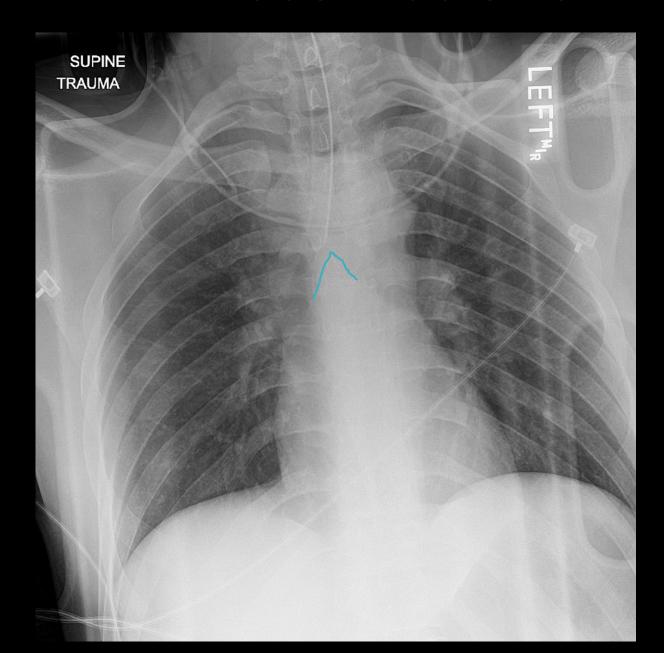
## A: Access / Airway

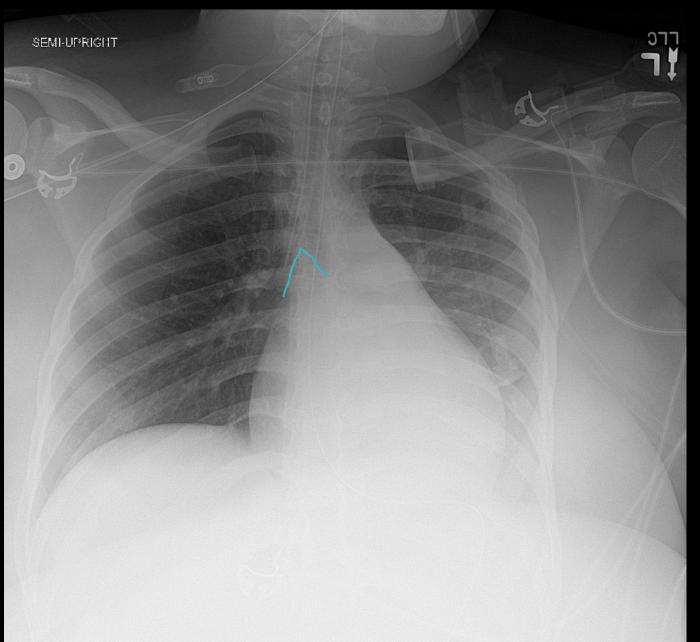
**TUBES AND LINES** 

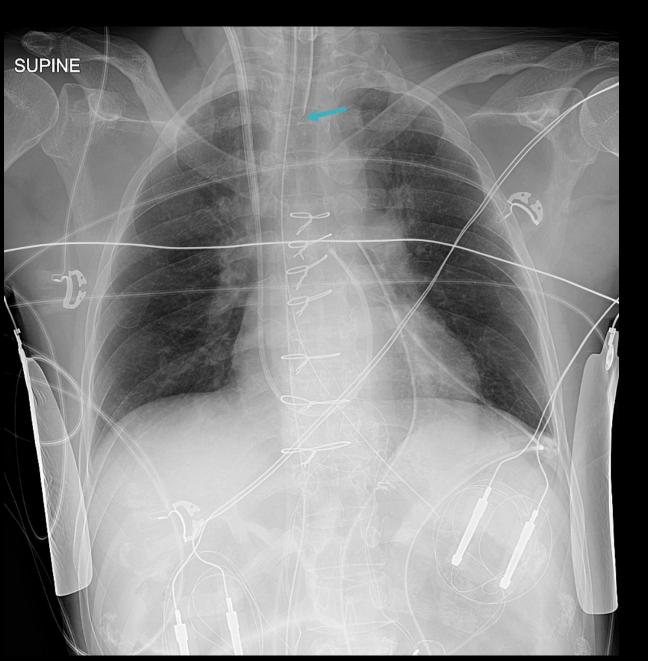
### ENDOTRACHEAL TUBE (ET)

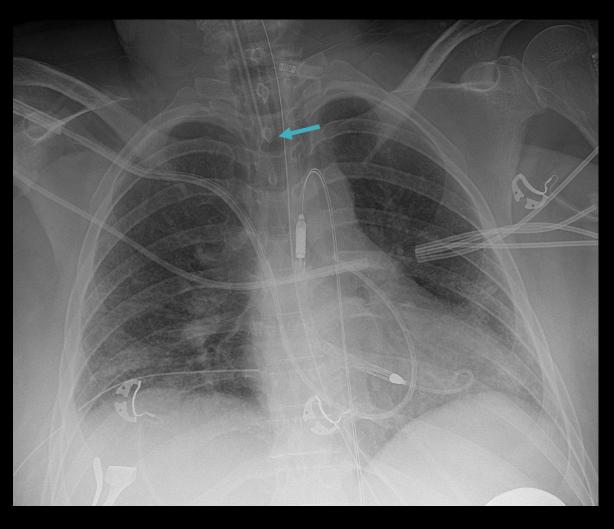
- Ideally 3-7 cm above the carina
  >2 cm often accepted
- Normal excursion with neck flexion and extension ~ 2 cm
  - Hose follows nose
- Generally want ~level of the clavicular heads

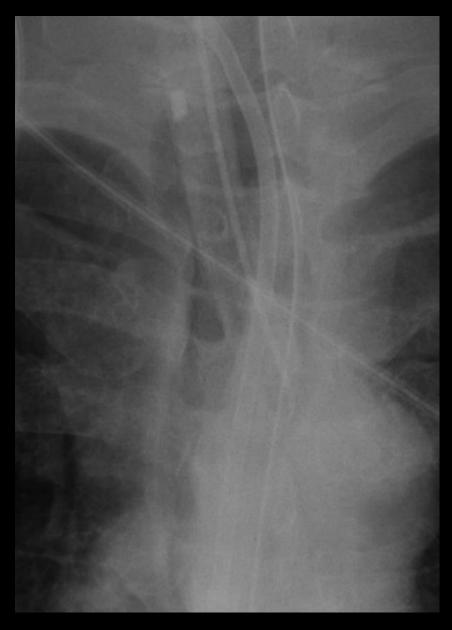


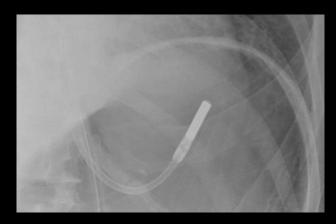


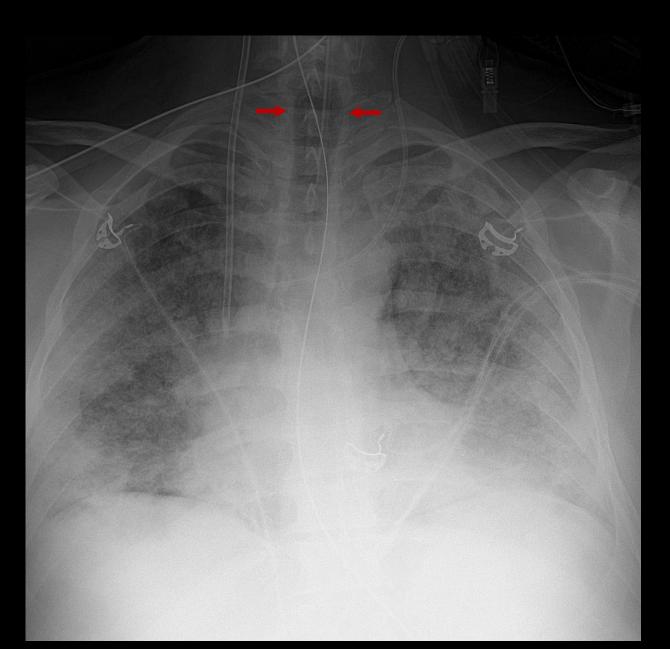




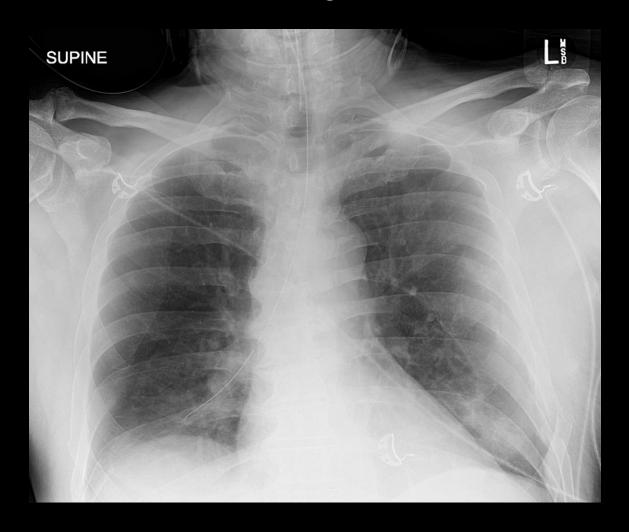






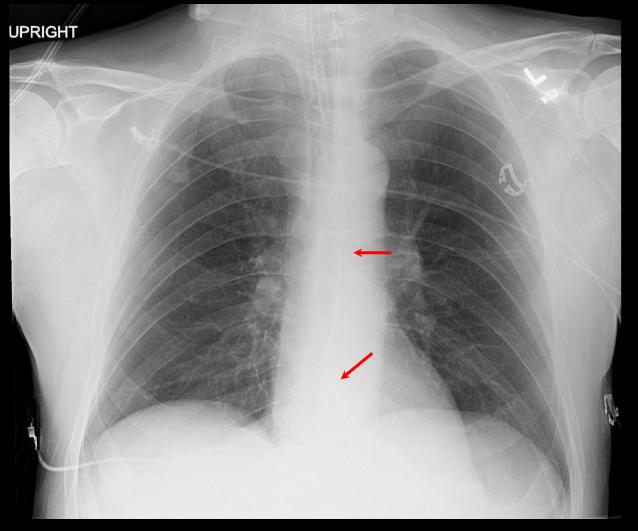


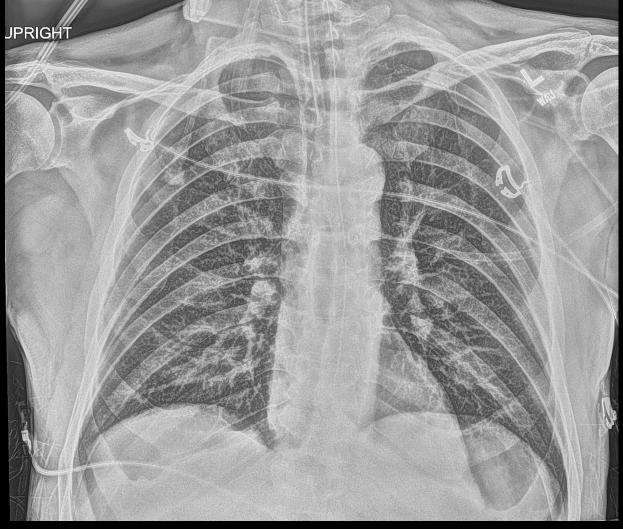
•NG/OG tube down right main bronchus



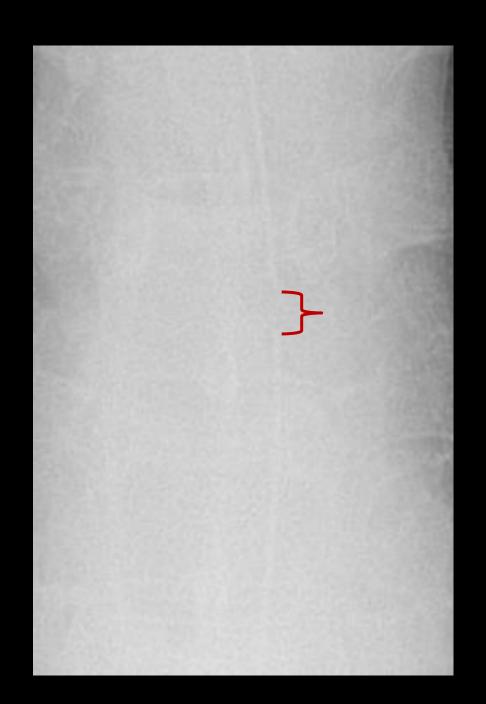
•Enteric feeding tube down left main bronchus



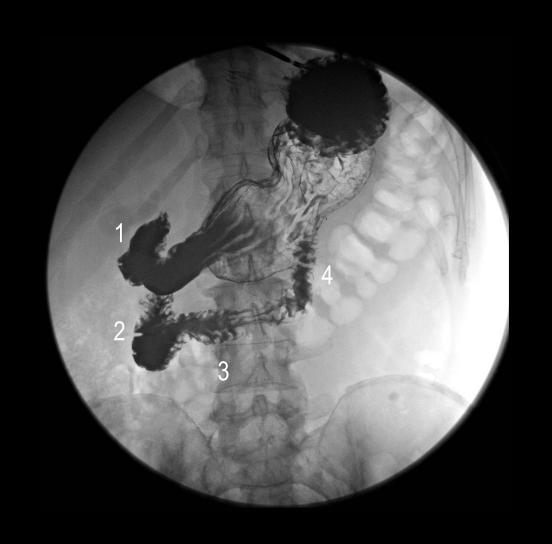


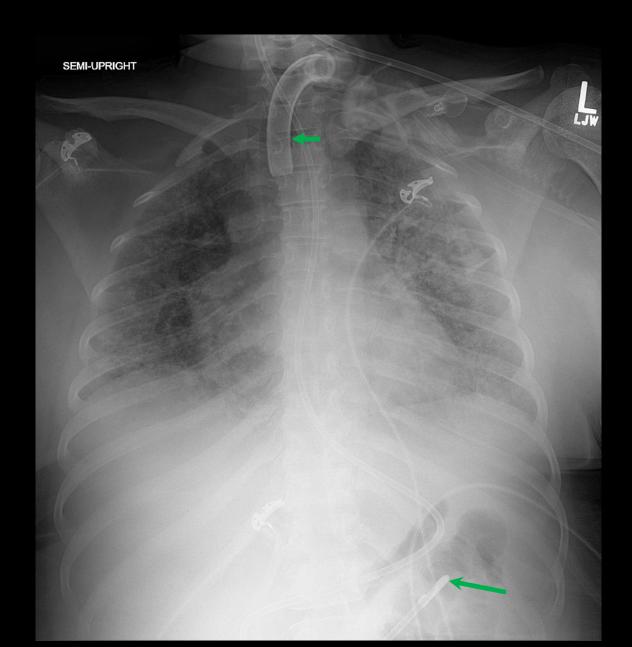


- Nasogastric (NG) and orogastric (OG) tubes are designed to decompress the stomach and reduce risk of aspiration
- Look for proximal side port
- Malpositioning can increase risk of aspiration – bypass GE junction

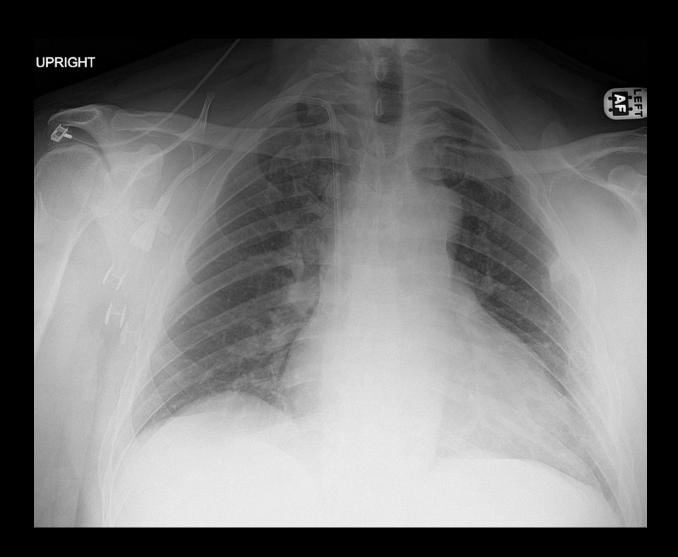


### ENTERIC TUBE POSITIONS



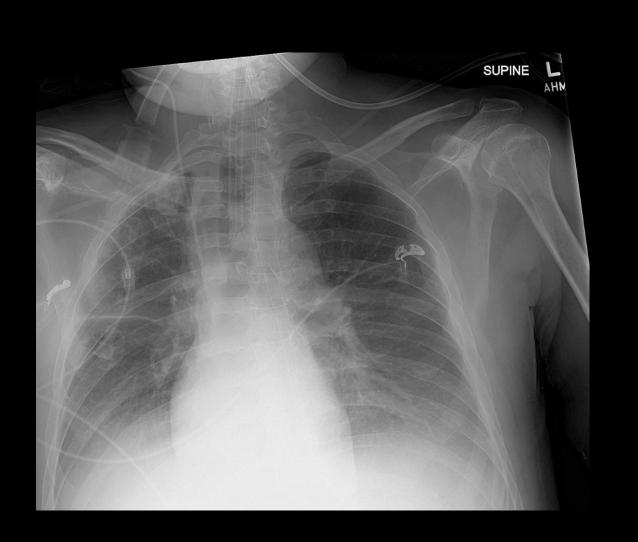


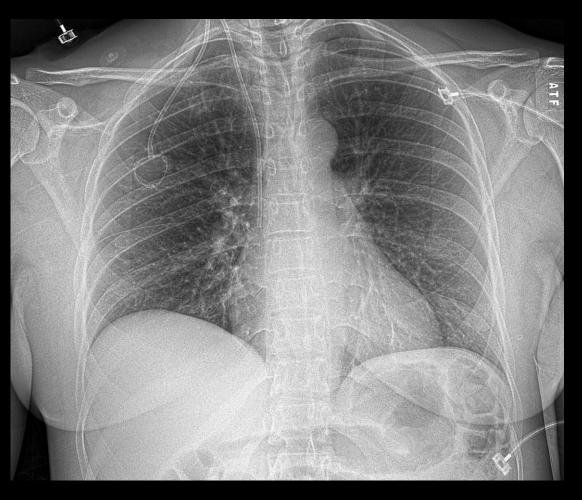
### CENTRAL VENOUS LINES



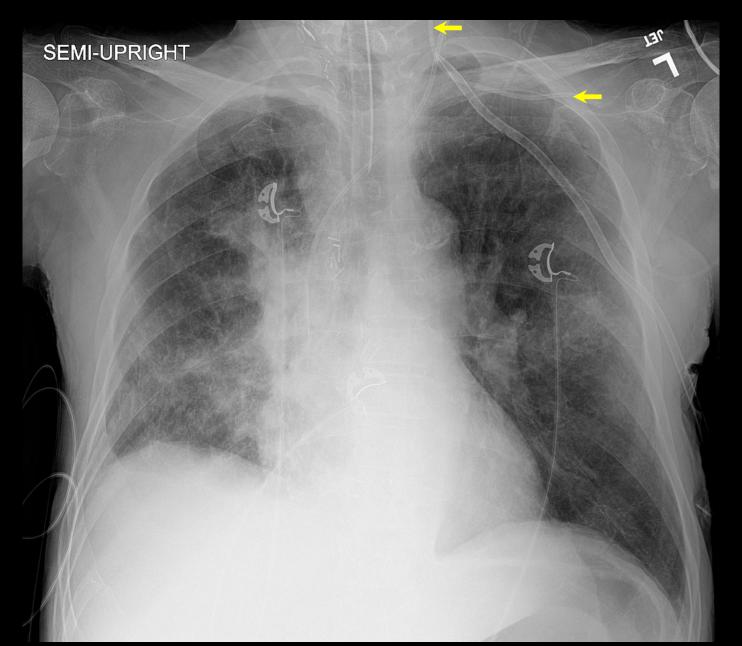
- Ideal location for tip is within SVC or at the superior cavoatrial junction
- Risk of thrombosisis lower in central veins
- Catheter tip in atrium increases risk of arrhythmia, perforation

### CENTRAL VENOUS LINES

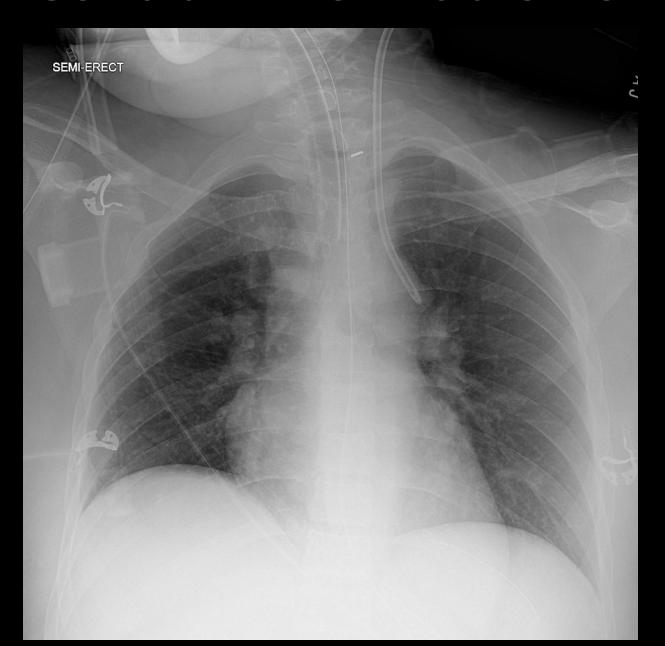




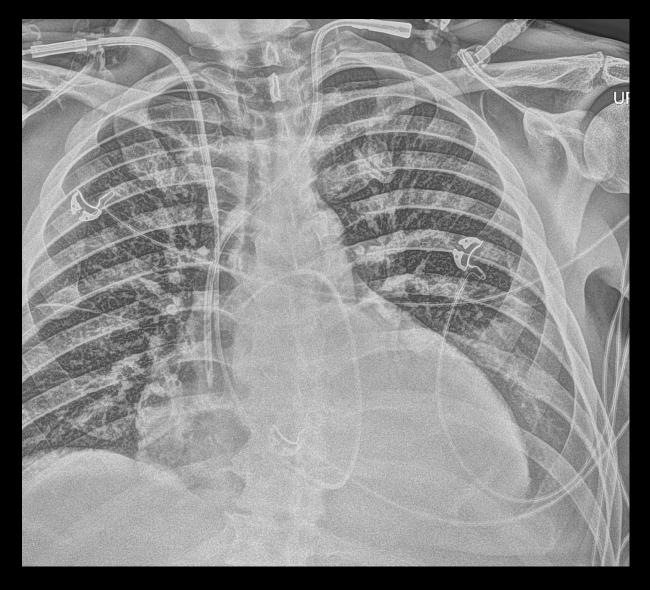
### Central Line Problems

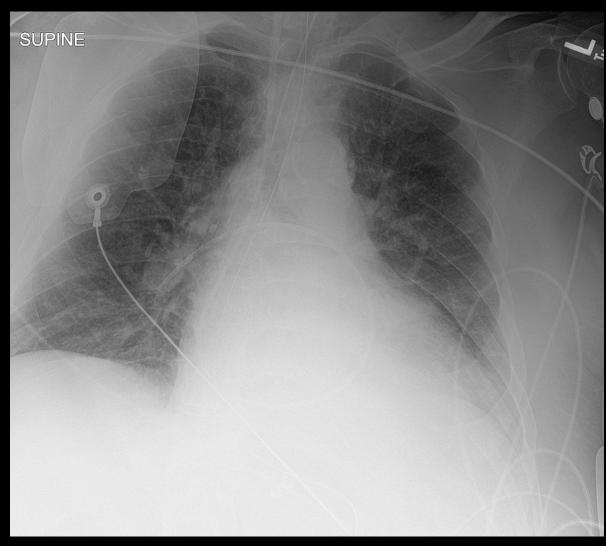


### Central Line Problems

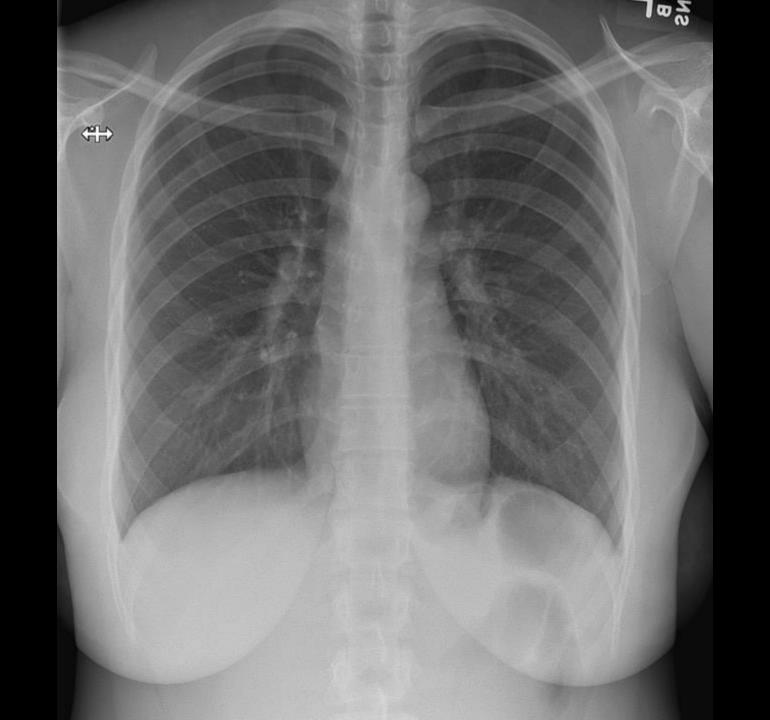


### Central Line Problems



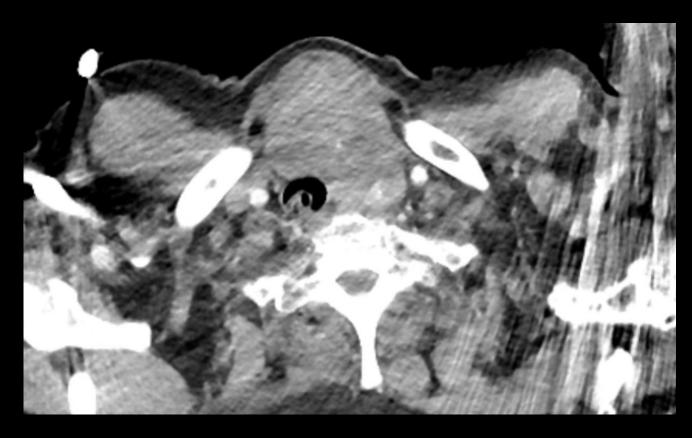


# A: AIRWAY

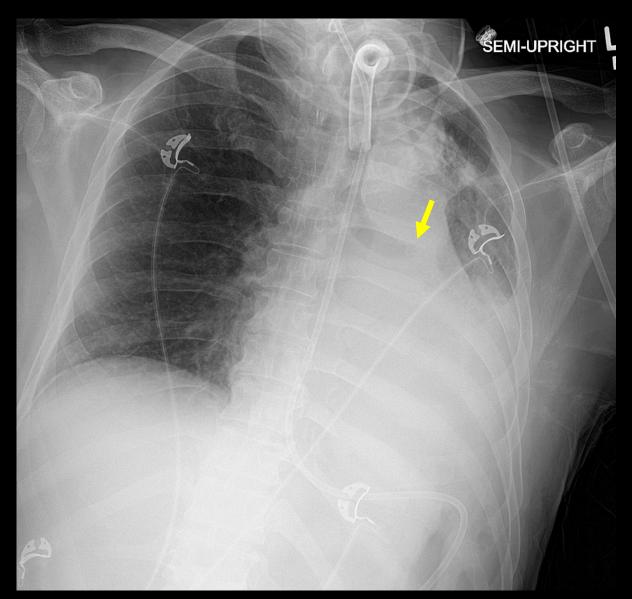


### A: AIRWAY PROBLEMS

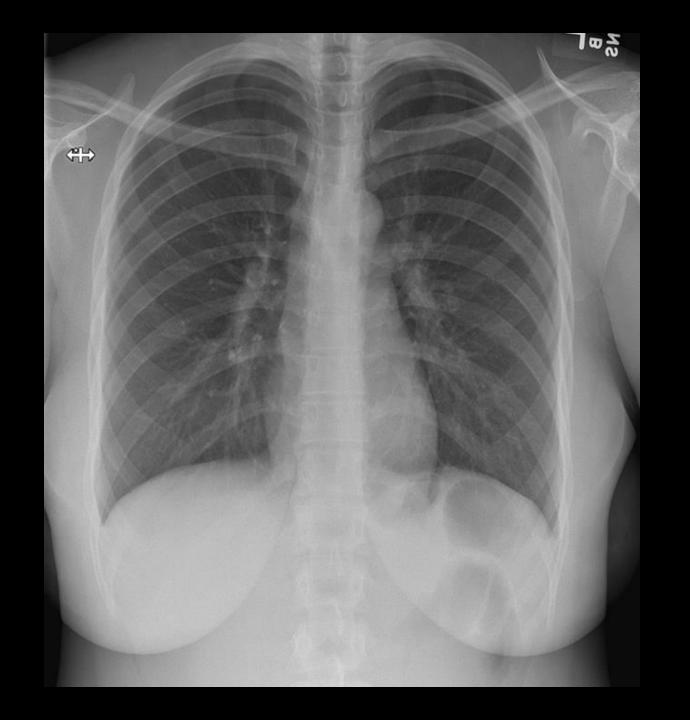


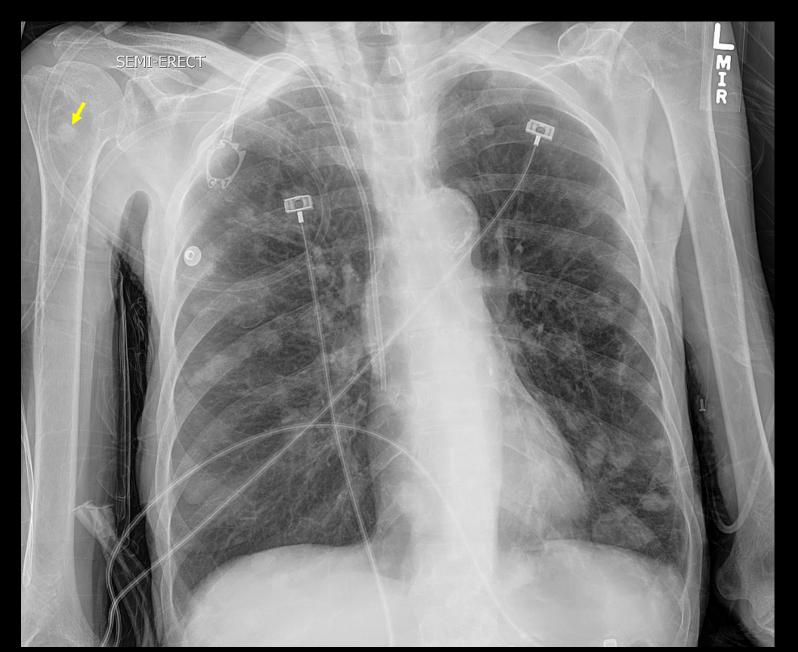


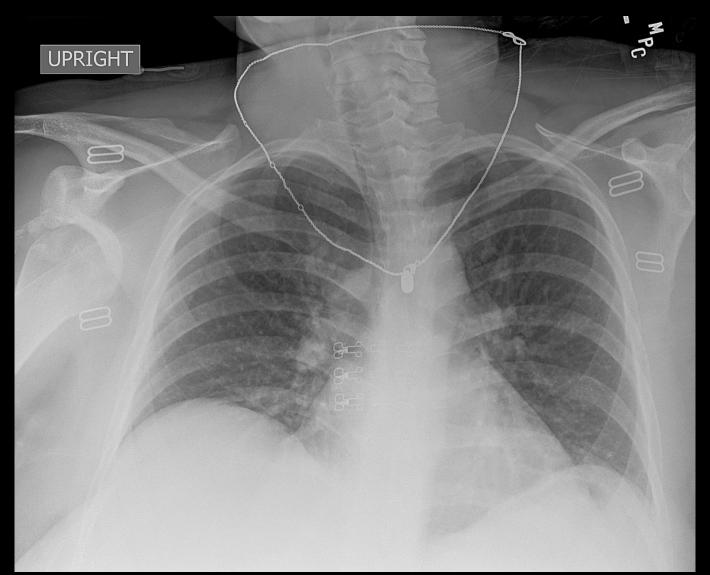
### Airway Problems

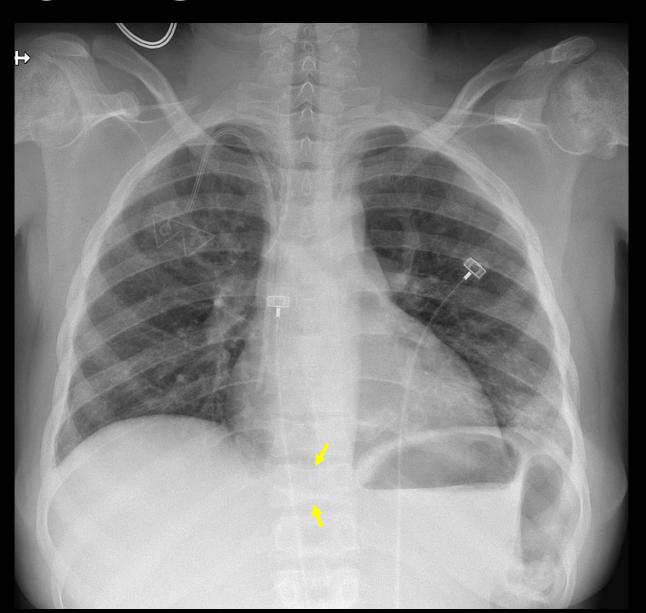


- Most important to look:
  - Trauma
    - Including after a code
  - Cancer
- Visible bones:
  - Ribs
  - Spine
  - Clavicles
  - Scapulae
  - Sometimes humeri





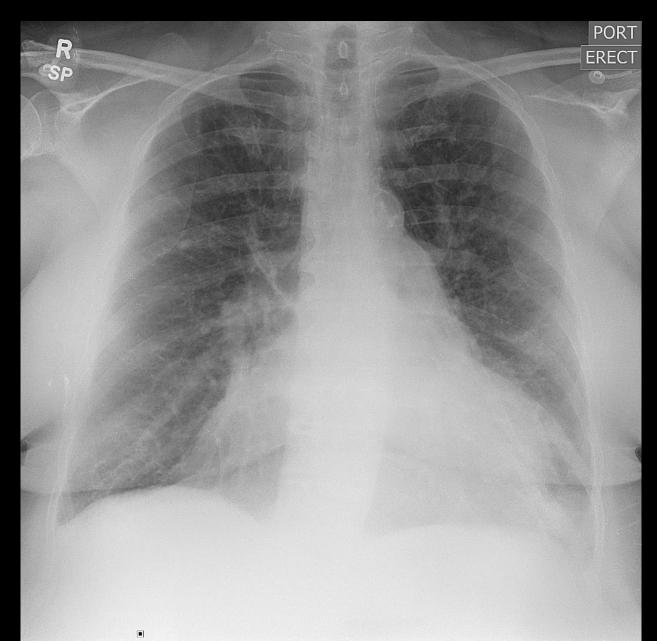


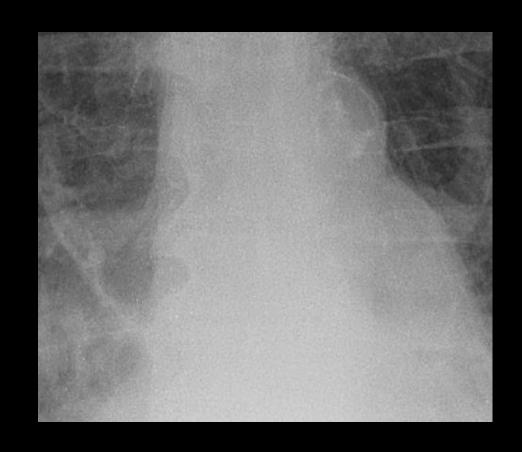


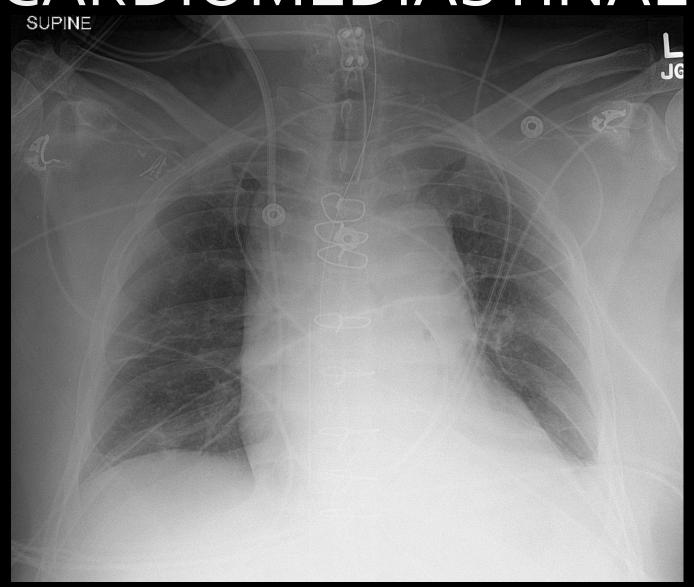
# CARDIOMESIATINAL SILHOUETTE

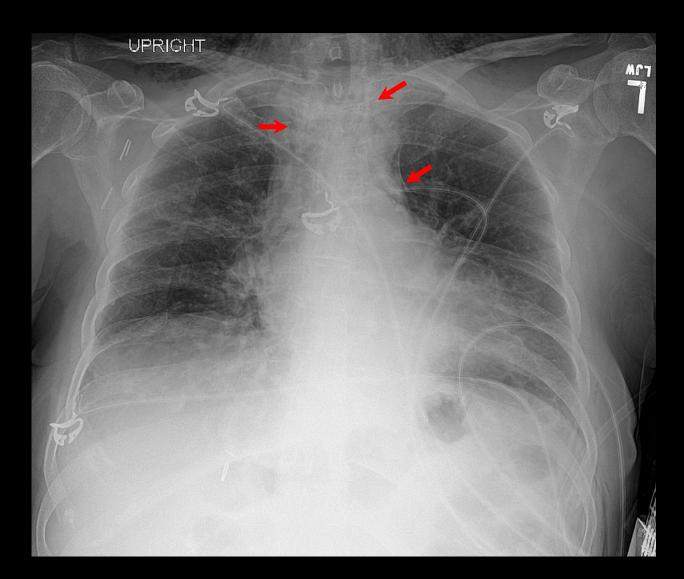
- Heart size
- Mediastinal size
- Contour
- Silhouetting



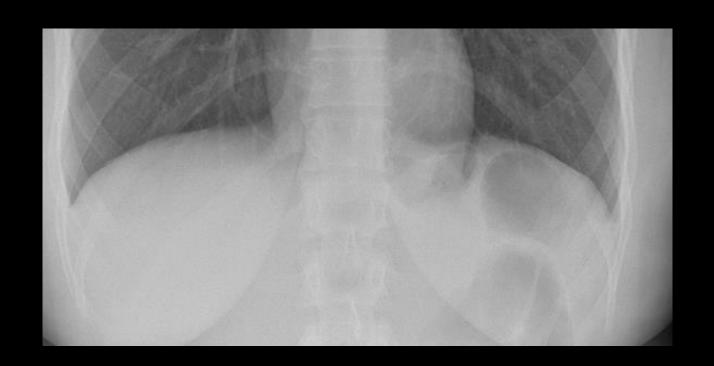


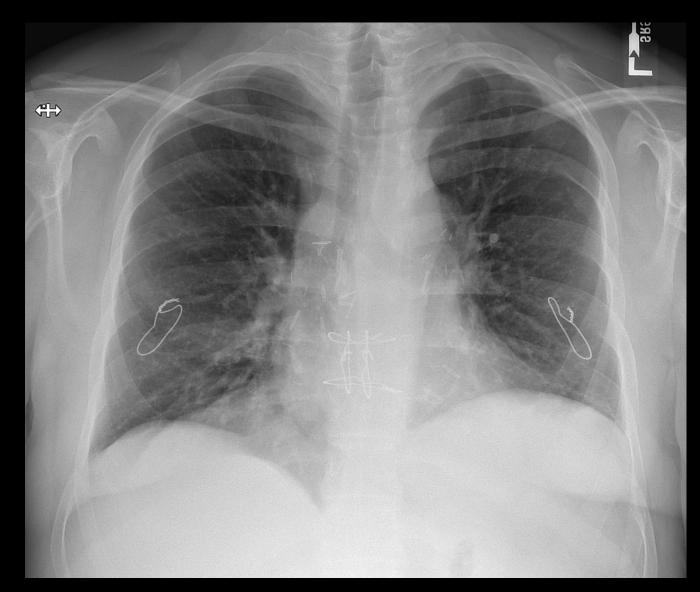


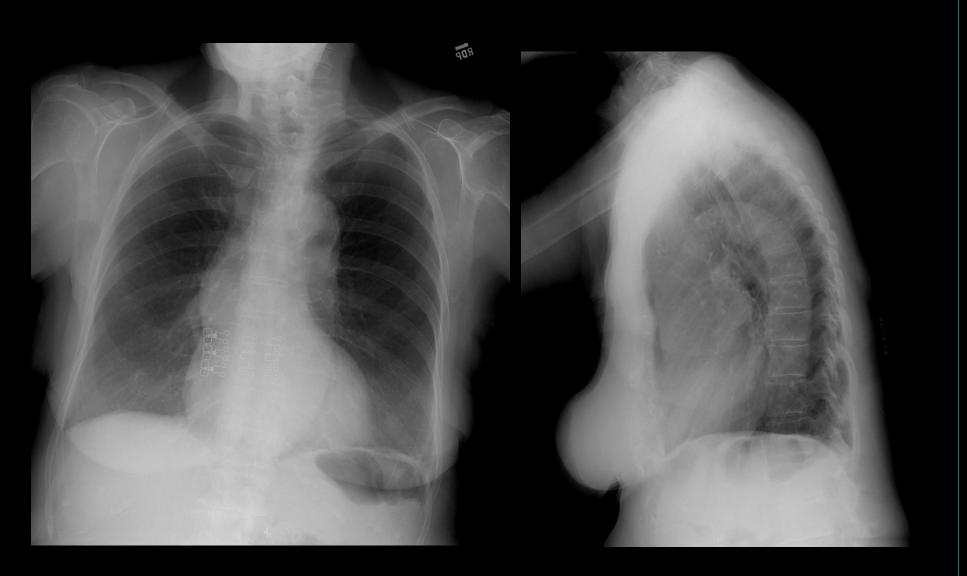




- Useful to evaluate for
  - Consolidation/atelectasis
  - Lung volumes
  - Effusions



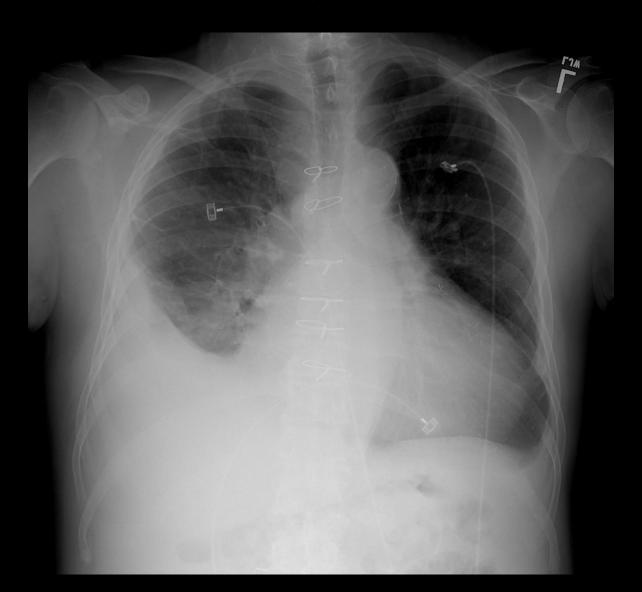




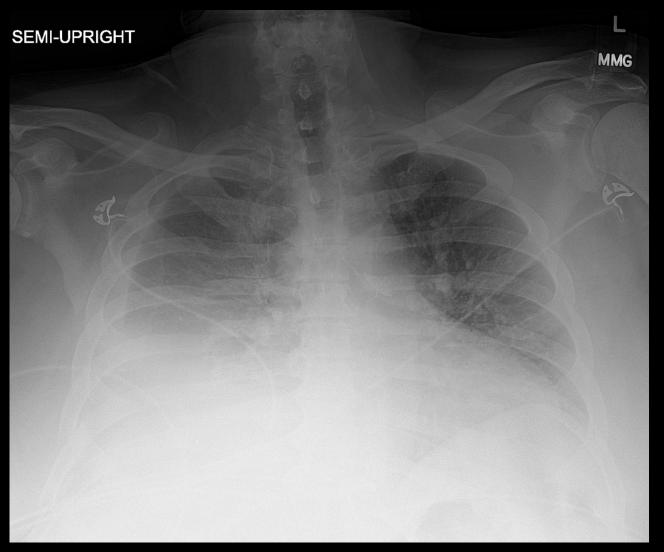
Normal







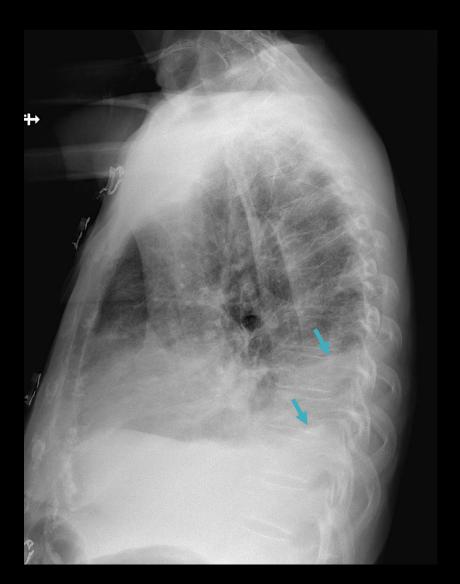
- Unless loculated, will layer dependently
  - Different appearance in erect vs supine patient
- Can distinguish free vs loculated effusion with lateral decubitus film (affected side down)



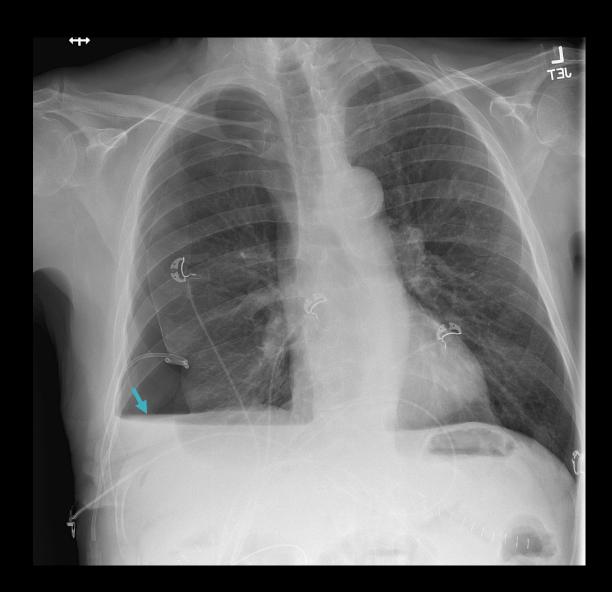
- Gradient density
  - Typical appearance in supine patient

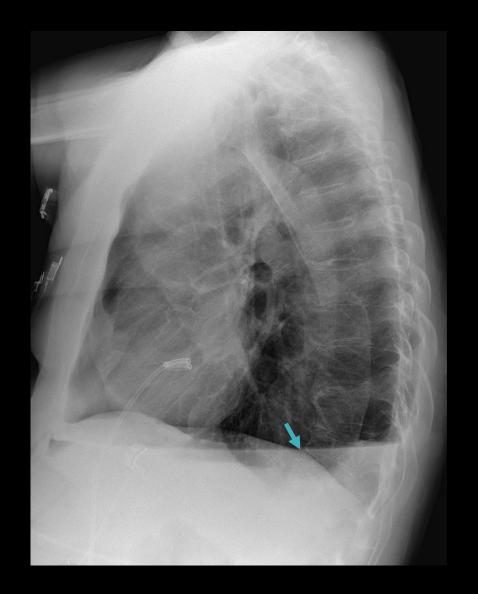


- Meniscus
  - Erect patient

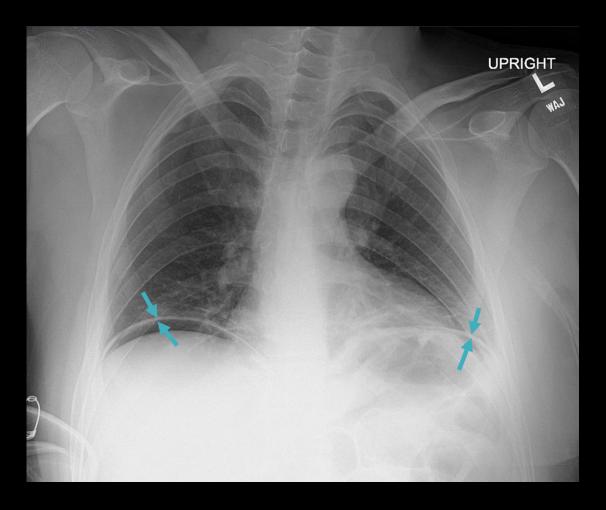


## HYDROPNEUMOTHORAX





### D: DIAPHRAGM

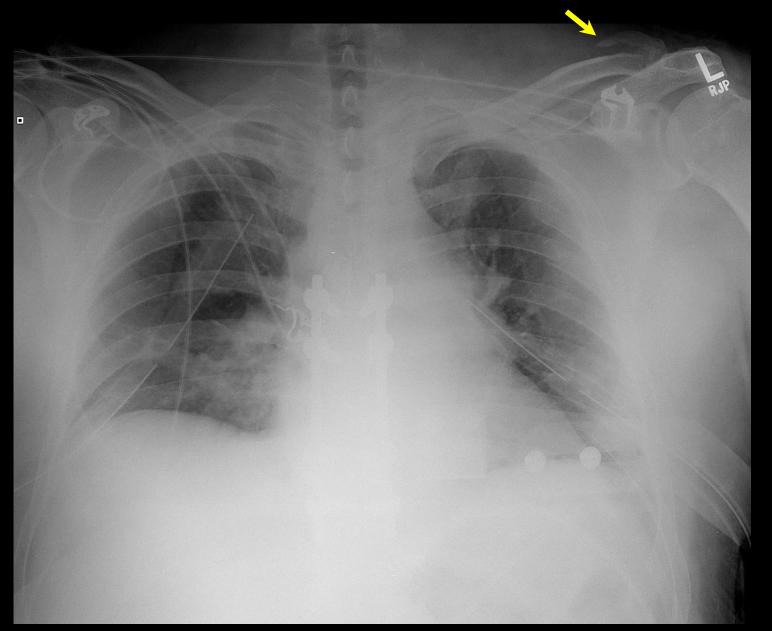


If both sides of the diaphragm are visible or the hemi-diaphragms connect it is a sign of pneumoperitoneum

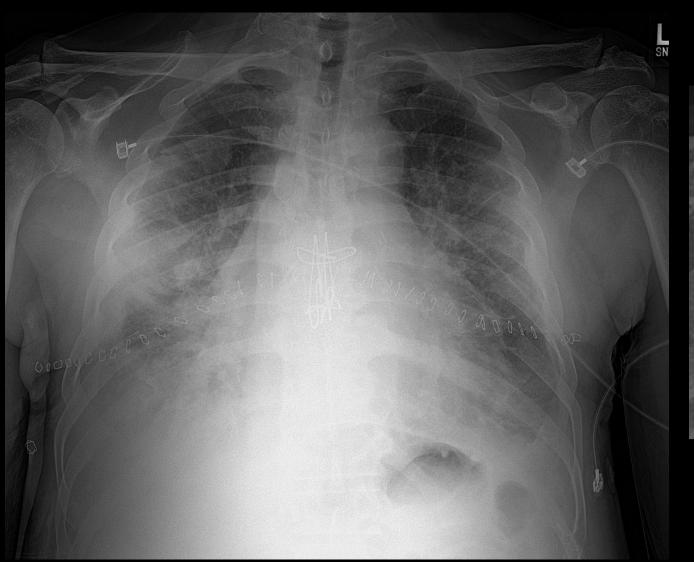
# EDGES

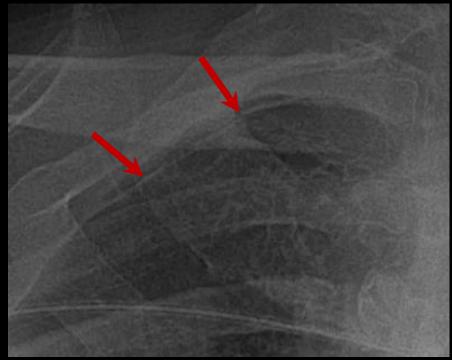
Check both the film edges and anatomical edges

# E: EDGES



# E: EDGES



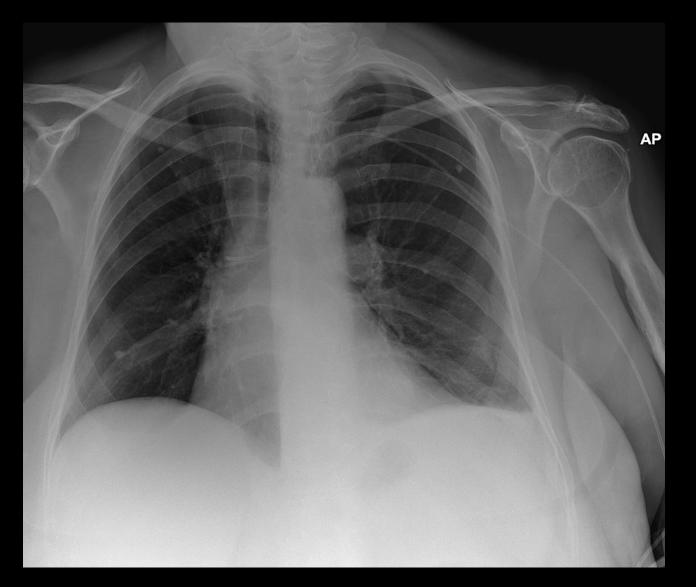


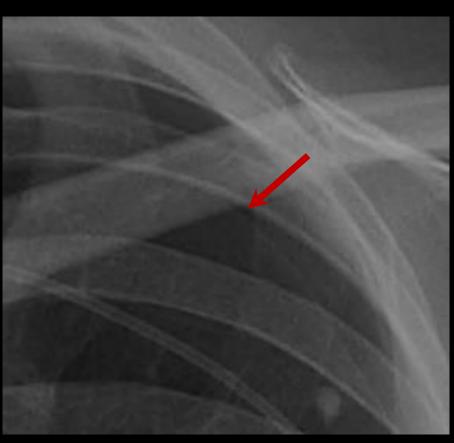
"Anatomic edges": Pleura, mediastinum and right paratracheal stripe

### PNEUMOTHORAX

- Nondependent
  - Different in erect vs supine patient
  - Signs
    - Thin white line\*
    - No lung markings beyond
    - Deep sulcus sign
    - Hyperlucent lung (anterior pneumothorax)
    - Mediastinal shift associated with hyperlucency
      - Tension
    - Sharp diaphragm (subtle)

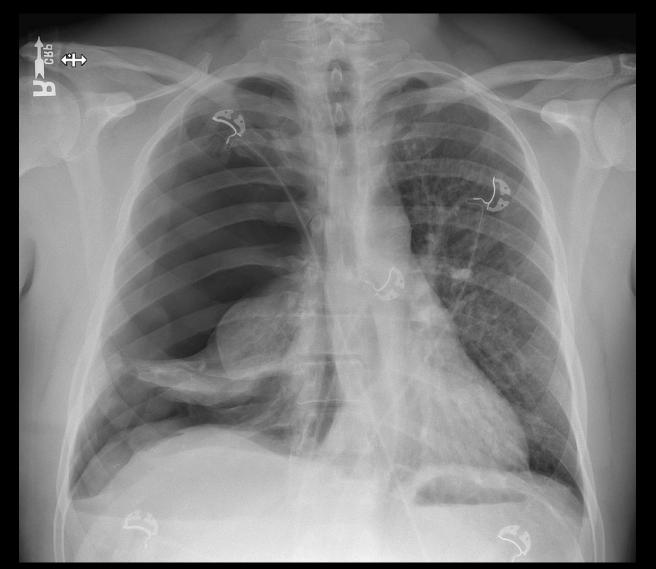
# THIN WHITE LINE





### TENSION PNEUMOTHORAX

- Hyperlucency
- Mediastinal shift
- Can have deep sulcus sign



### E: EDGES

#### **PNEUMOTHORAX**

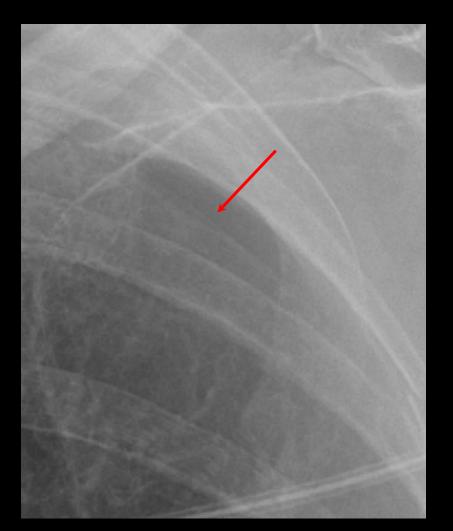
- PTX should be thin sharp white line
- On upright views, no vascular markings peripheral to the line
- Will not extend past the chest wall

#### SKIN FOLD

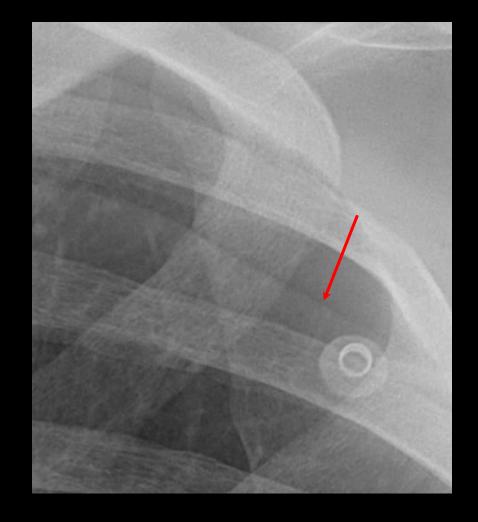
- Vascular markings peripheral to the line
- May extend outside thoracic cavity

# E: EDGES

PNEUMOTHORAX

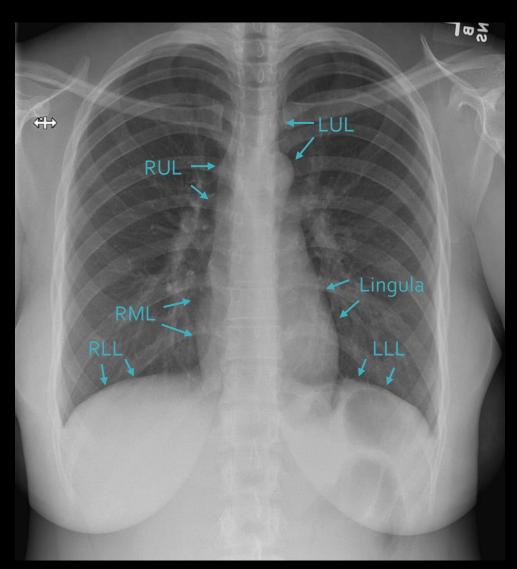


#### SKIN FOLD



# F: (LUNG) FIELDS

# SILHOUETTE SIGN



#### ATELECTASIS VS PNEUMONIA: THE BOOK VERSION

Atelectasis

Volume loss

Ipsilateral shift

Linear, wedge-shaped

Apex at hilum\*

Vascular crowding

No air bronchograms\*

Pneumonia

Normal or increased volume

No shift

Consolidation

Not hilum-centered

No vascular crowding

Air bronchograms\*

### ATELECTASIS VS PNEUMONIA: REAL VERSION

• "There is an area of increased opacification in the right/left lung base which may represent atelectasis or pneumonia"

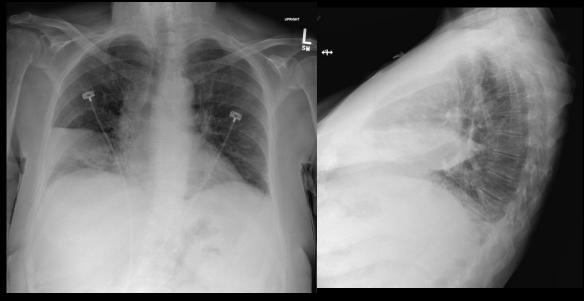
• In reality, the two are frequently found together and are difficult and often impossible to separate

# RML PNEUMONIA VERSUS ATELECTASIS

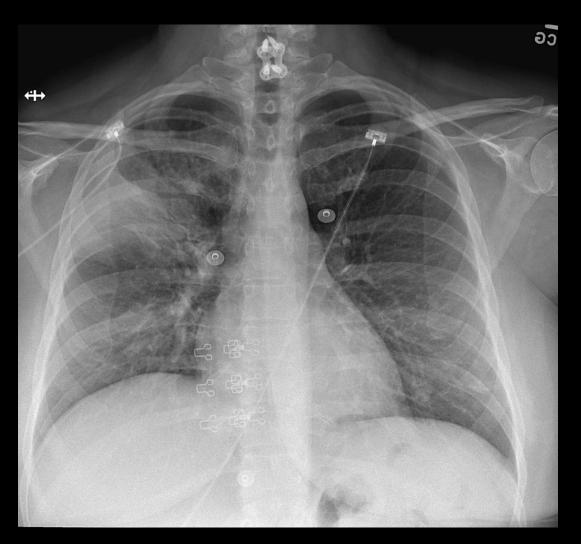
#### Atelectasis

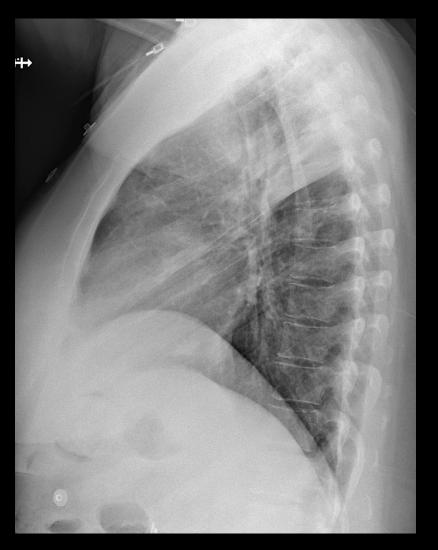


#### Pneumonia



# RIGHT UPPER LOBE PNEUMONIA





# LEFT UPPER LOBE ATELECTASIS





### PULMONARY EDEMA

Fluid-related

Heart failure

Volume overload

Low oncotic pressure

Lymphatic insufficiency

Mitral regurgitation

Arrhythmia

Misc

Inhalation injury

Neurogenic

Re-expansion

DIC

Near-drowning

ARDS

# CHF and Pulmonary Edema

Stage

Findings

1: Redistribution

(Cephalization) Cardiomegaly

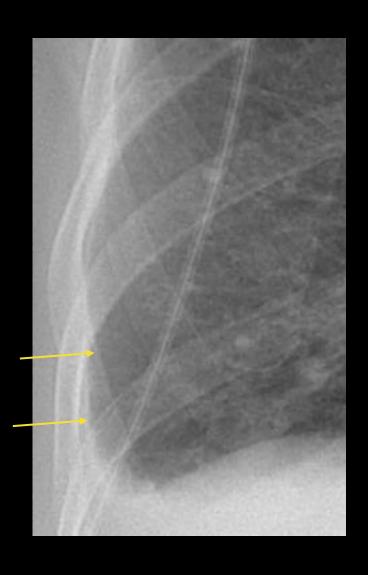
2: Interstitial edema Volume overload Kerley B lines
Fissural thickening

3: Alveolar edema

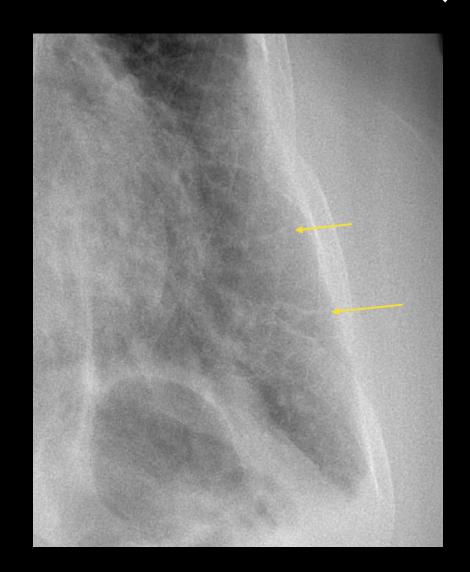
Airspace opacity
Air bronchograms
"Cottonwool"
Pleural effusion

# PULMONARY EDEMA

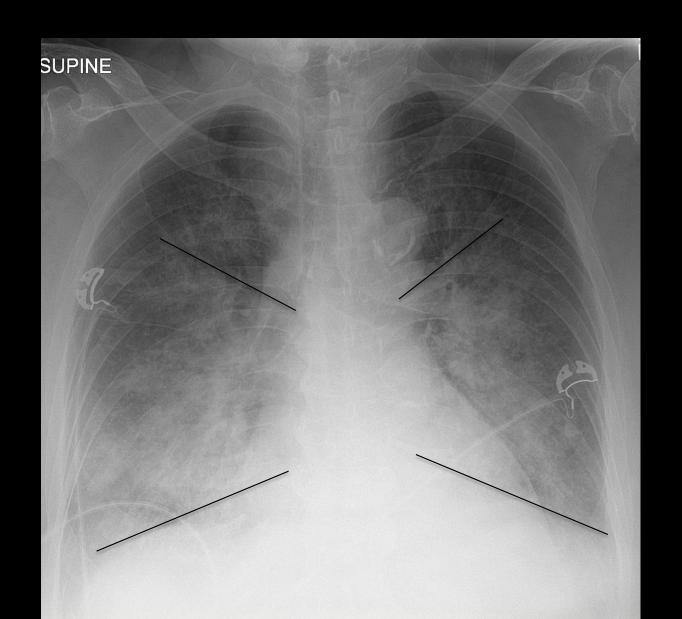




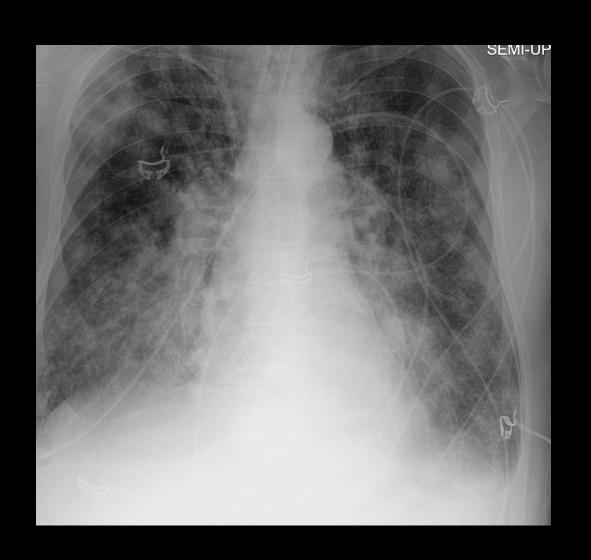
# SEPTAL LINES (AKA KERLEY B LINES)

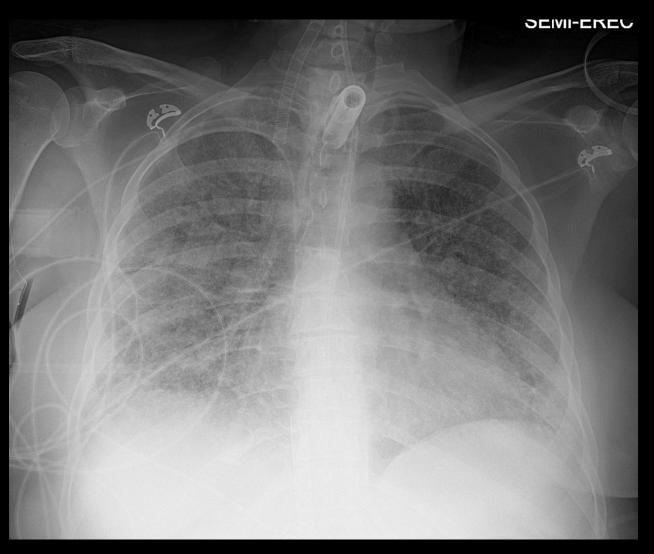


# ALVEOLAR EDEMA

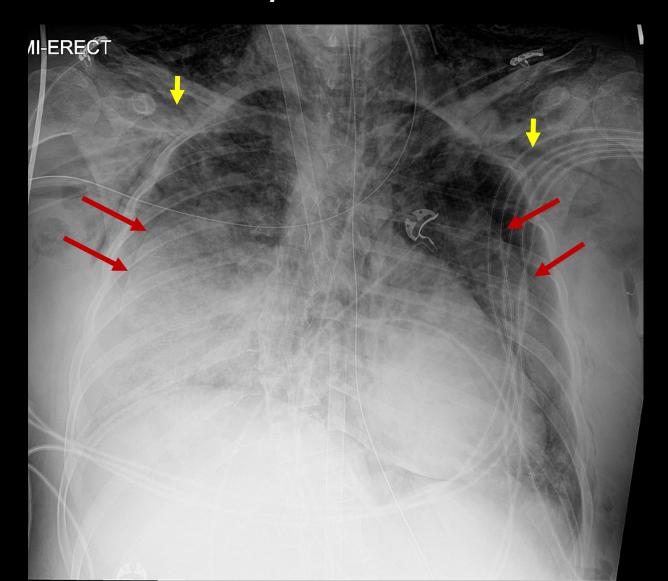


# ARDS



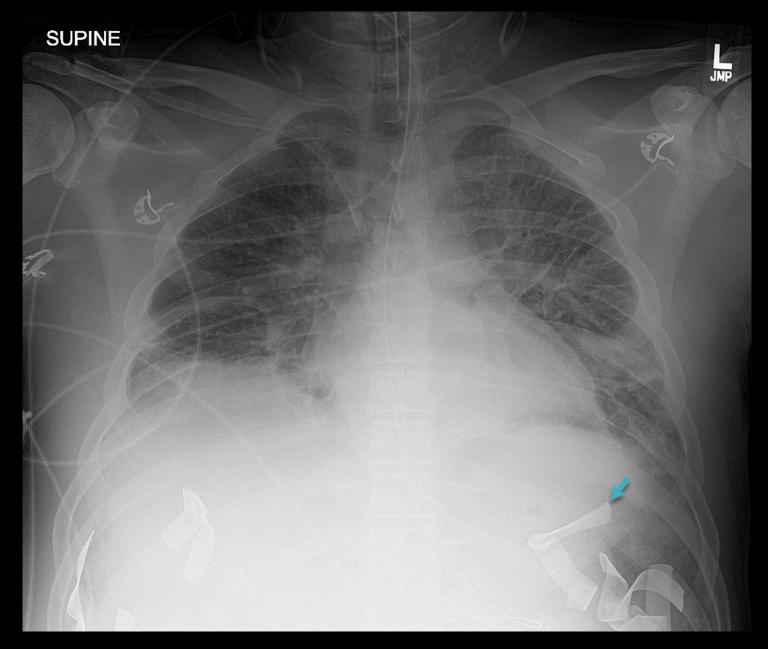


# ARDS AND PNEUMOTHORACES, SUBCUTANEOUS EMPHYSEMA

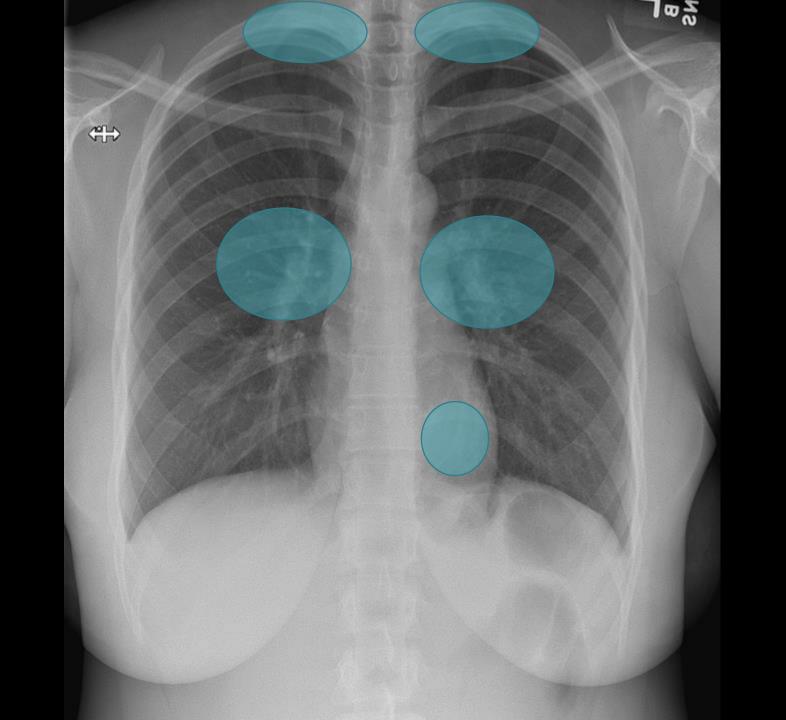


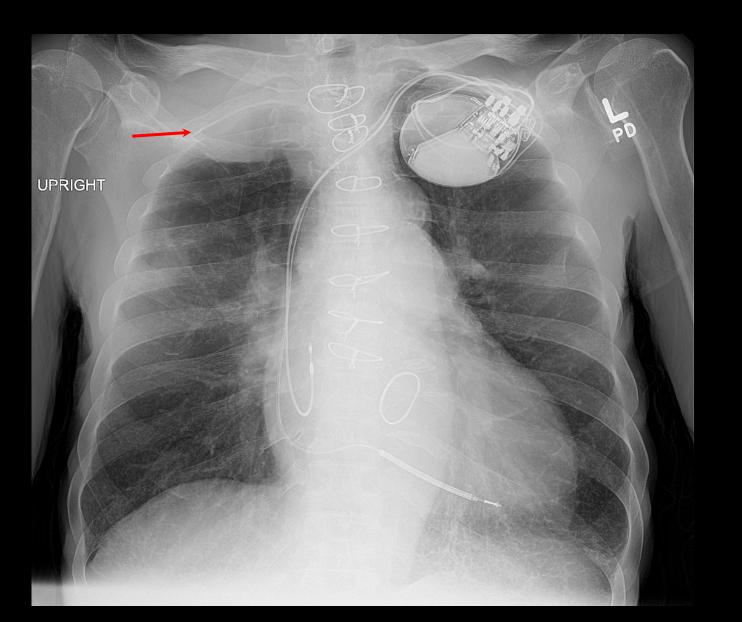
# G: GUT

### DON'T STOP AT THE DIAPHRAGM

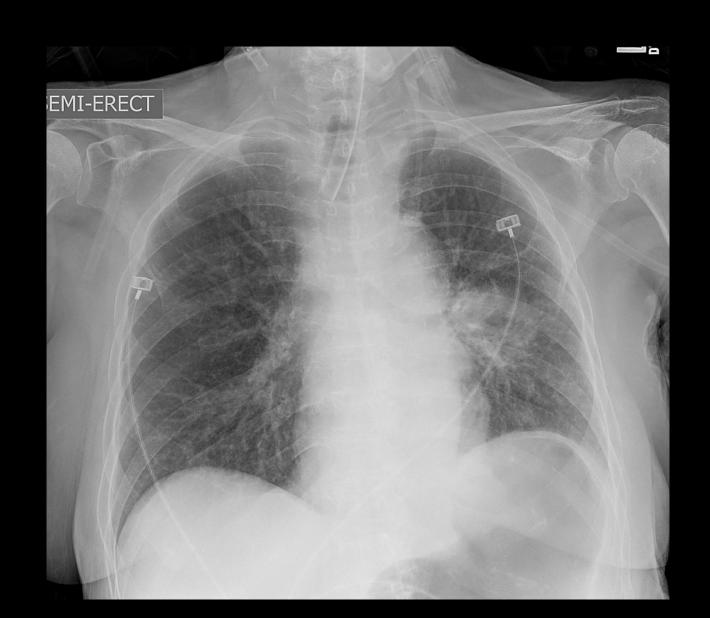


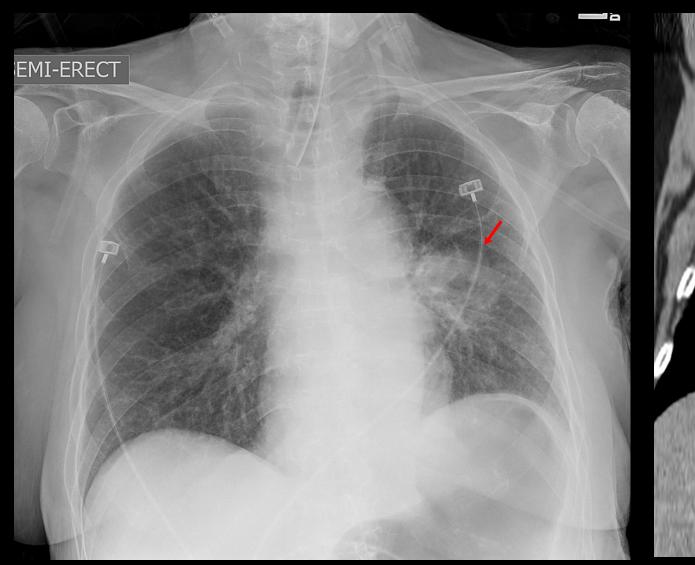
# H: HDDEN AREAS

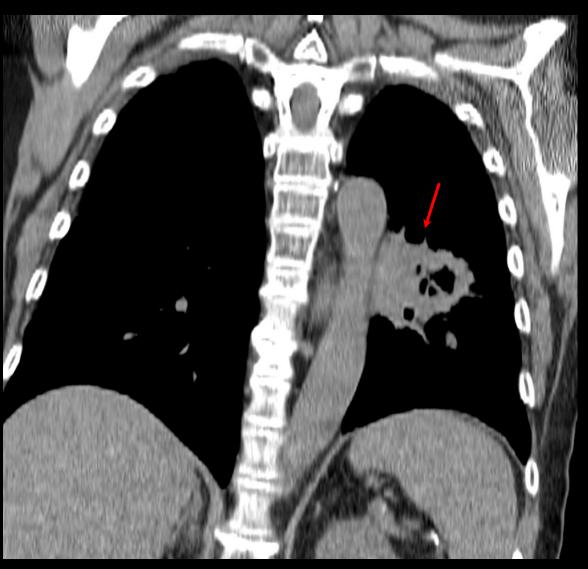


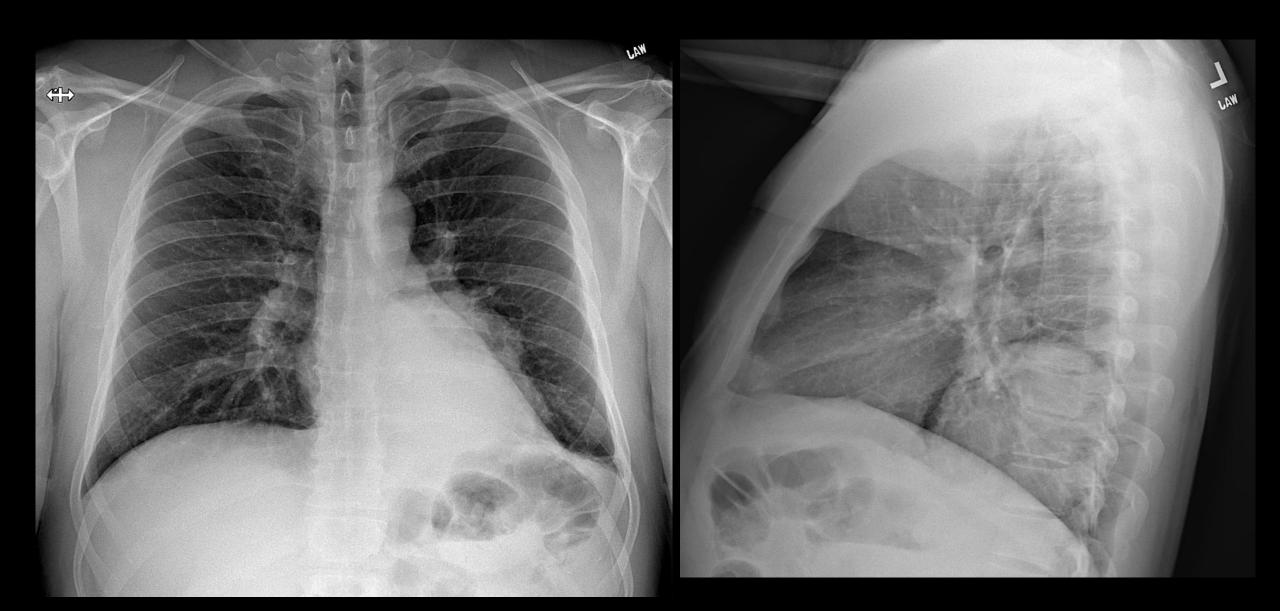




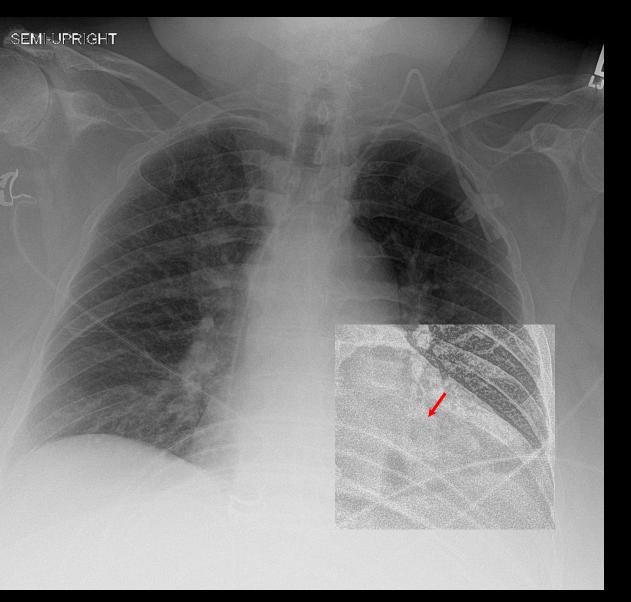


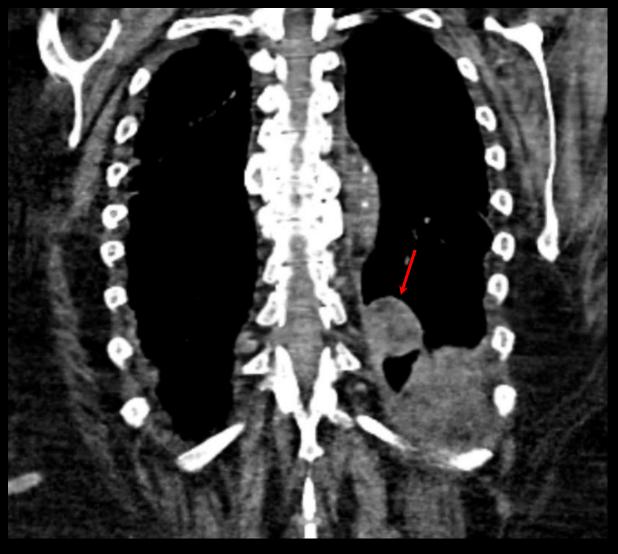






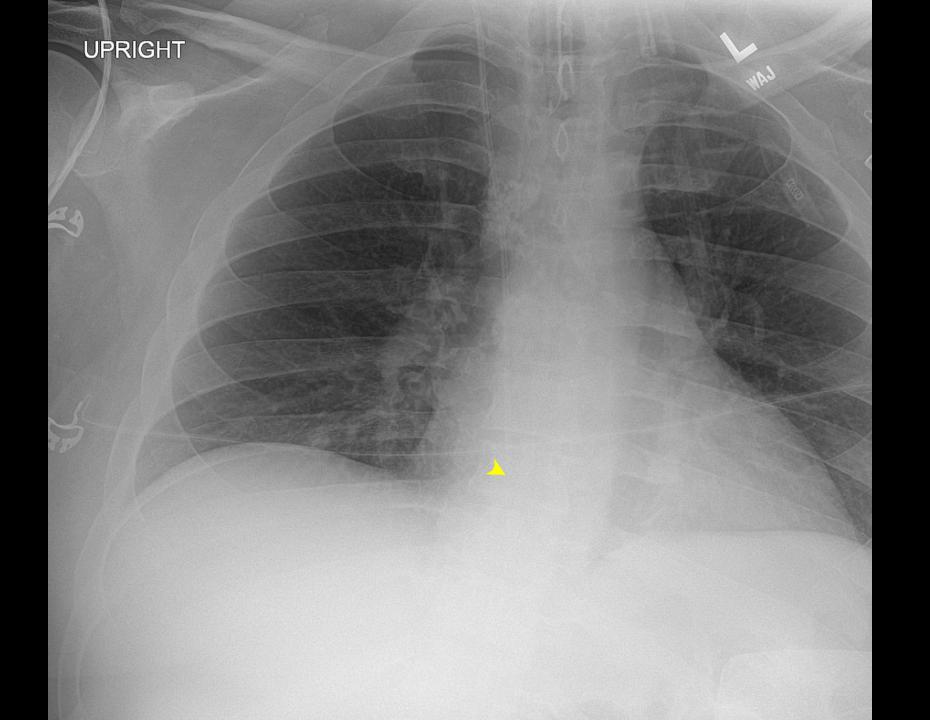
## H: HIDDEN

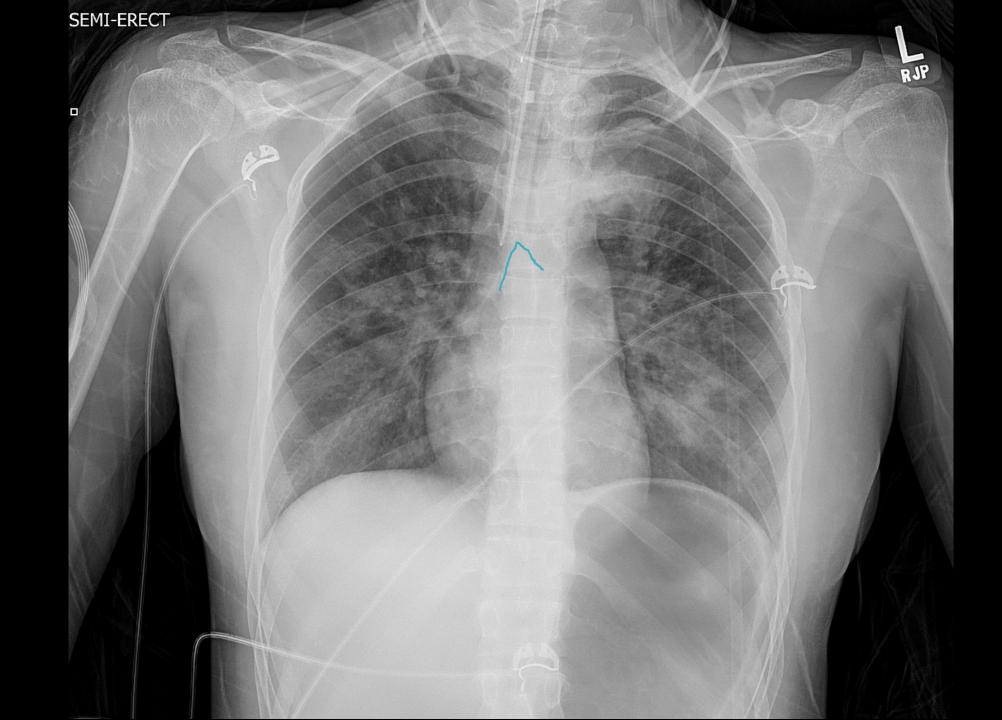


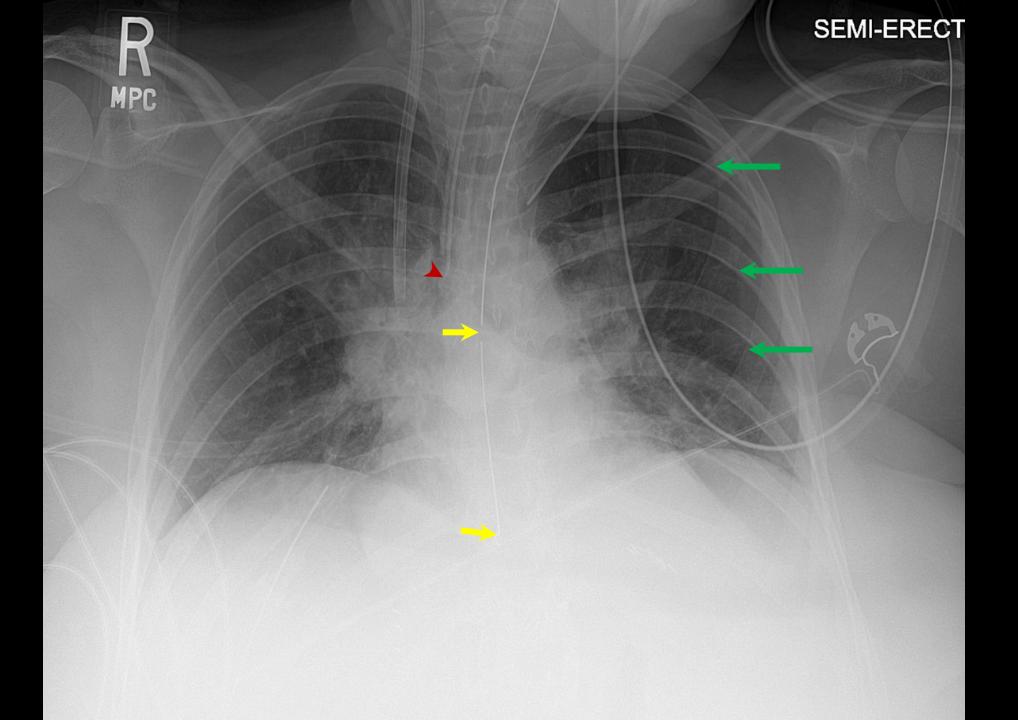


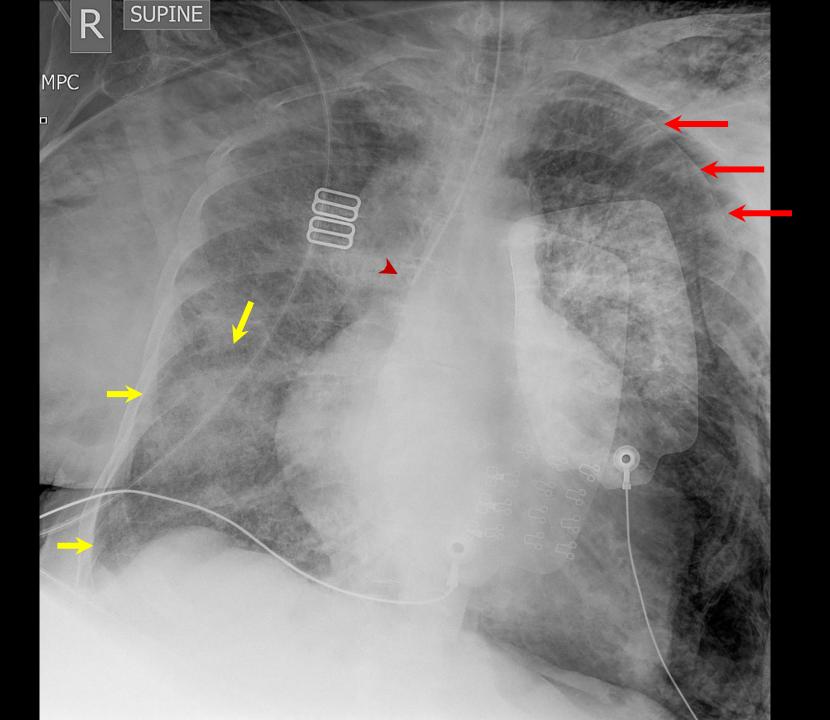
# CXR: Common Pathologies

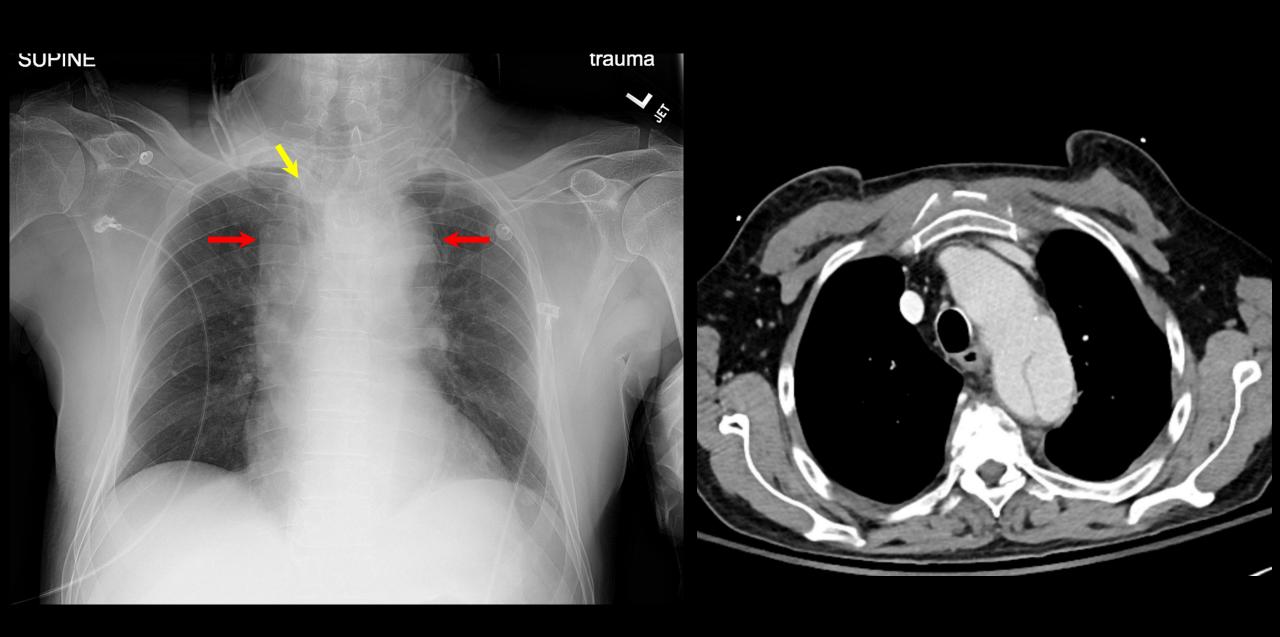
Cases!

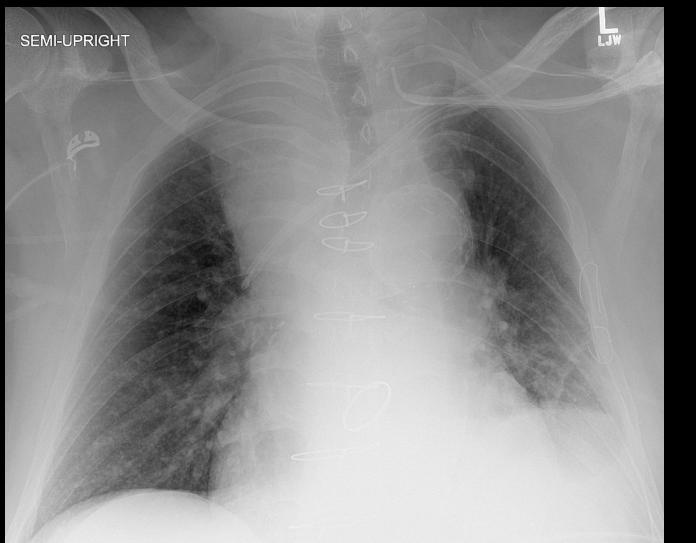




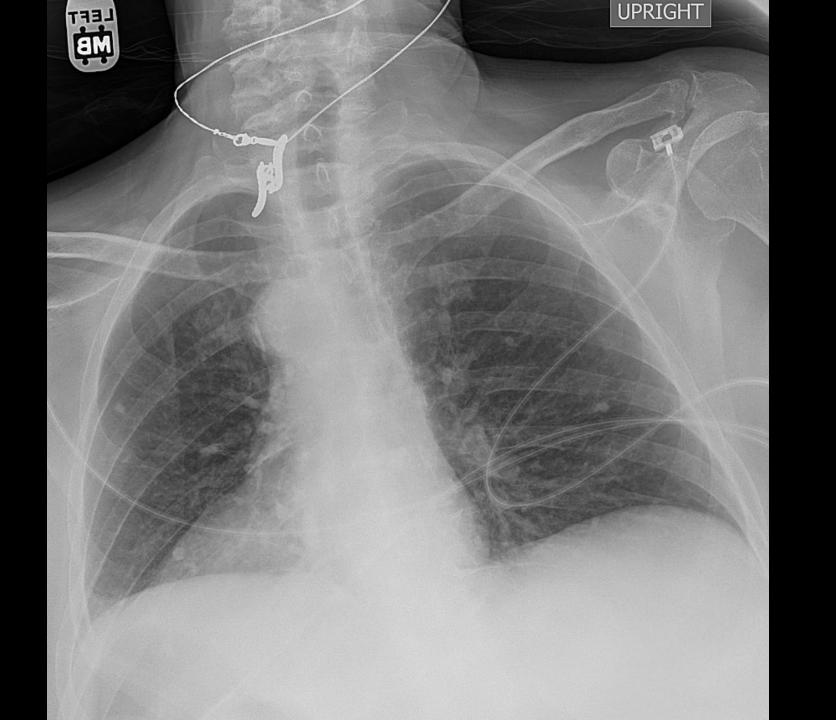


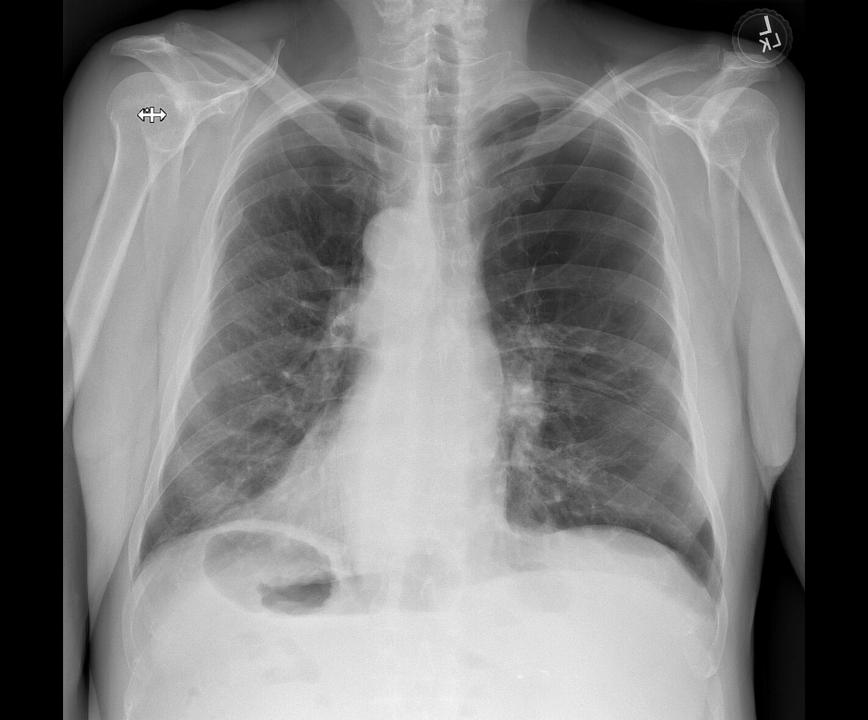


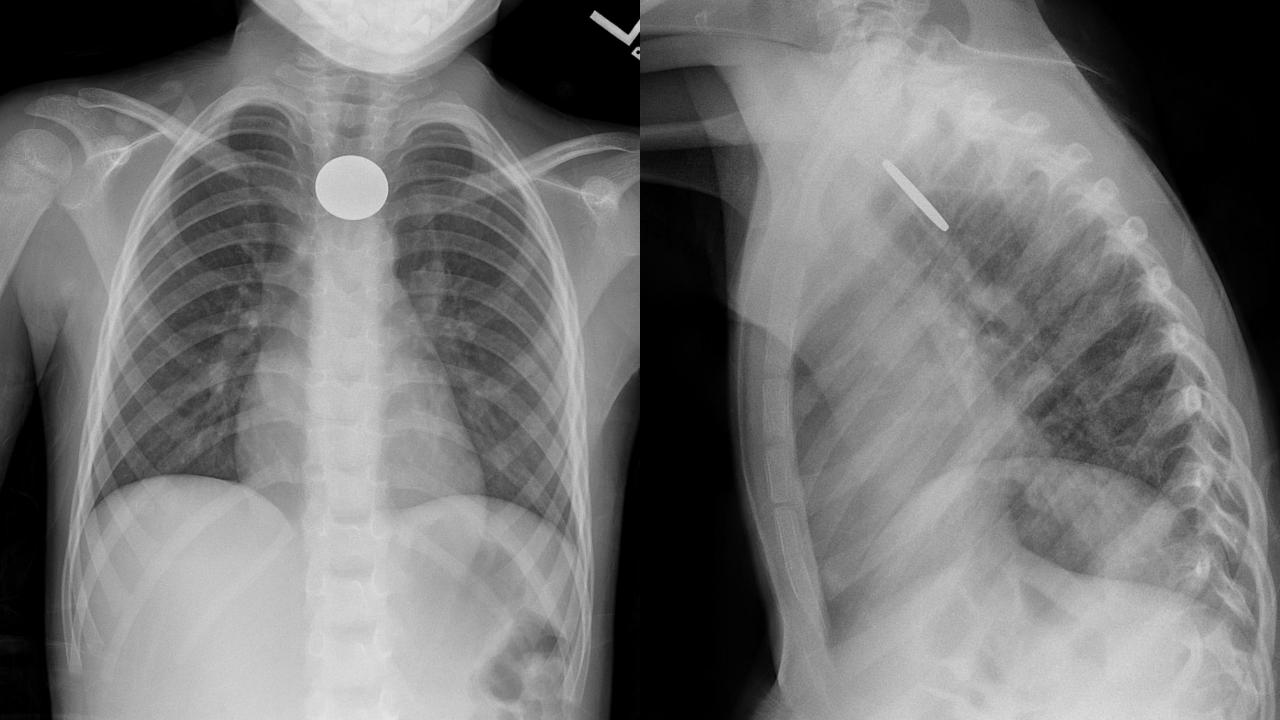


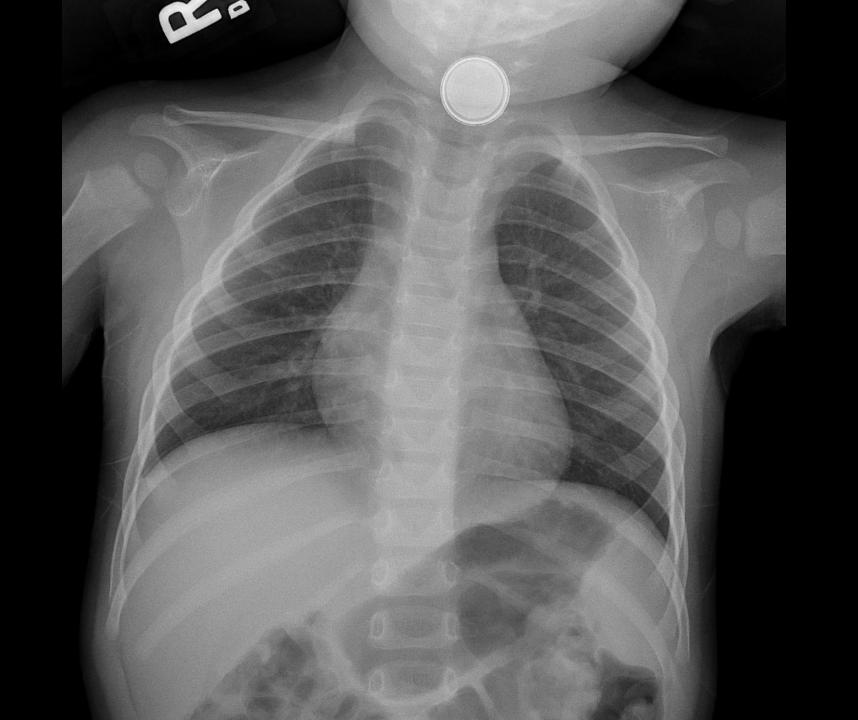


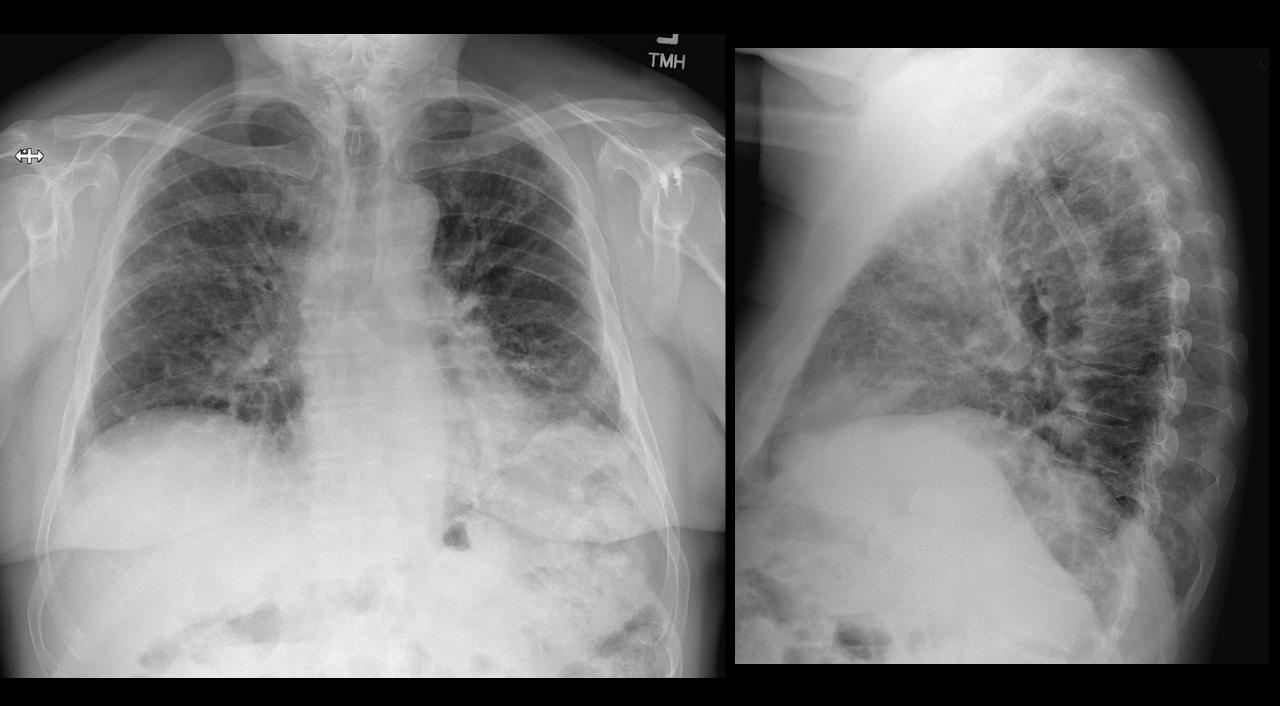


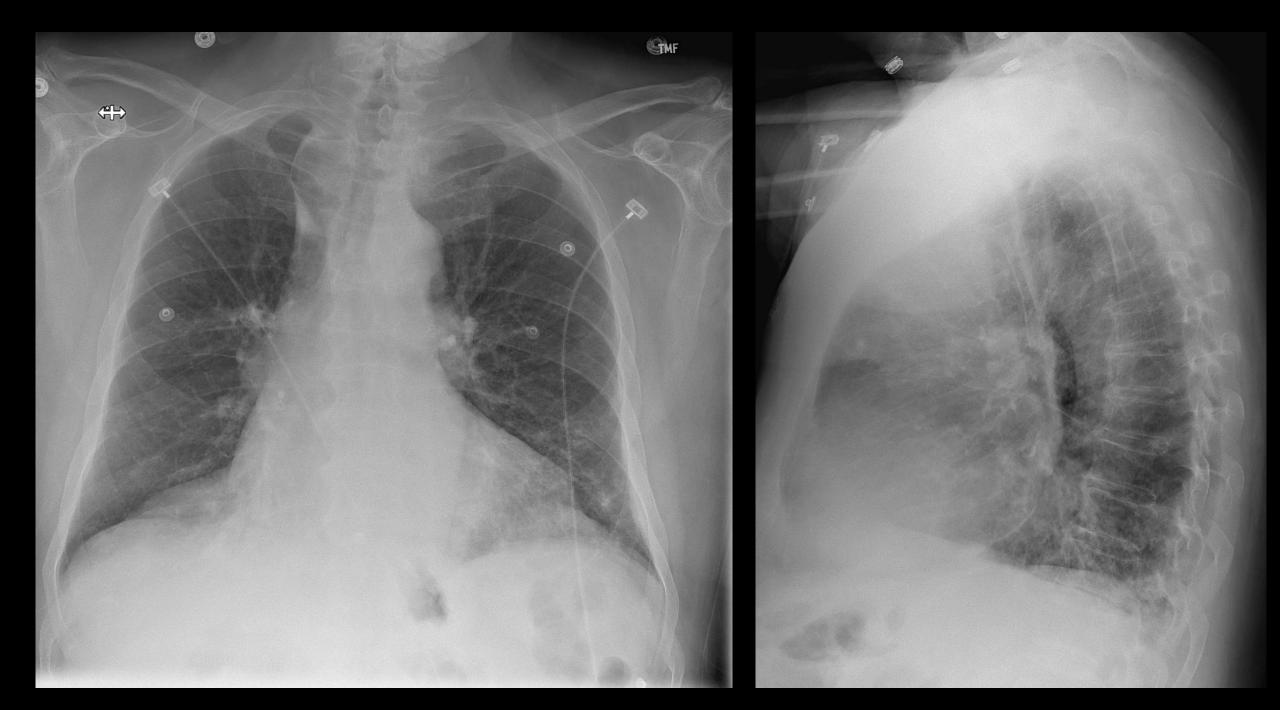


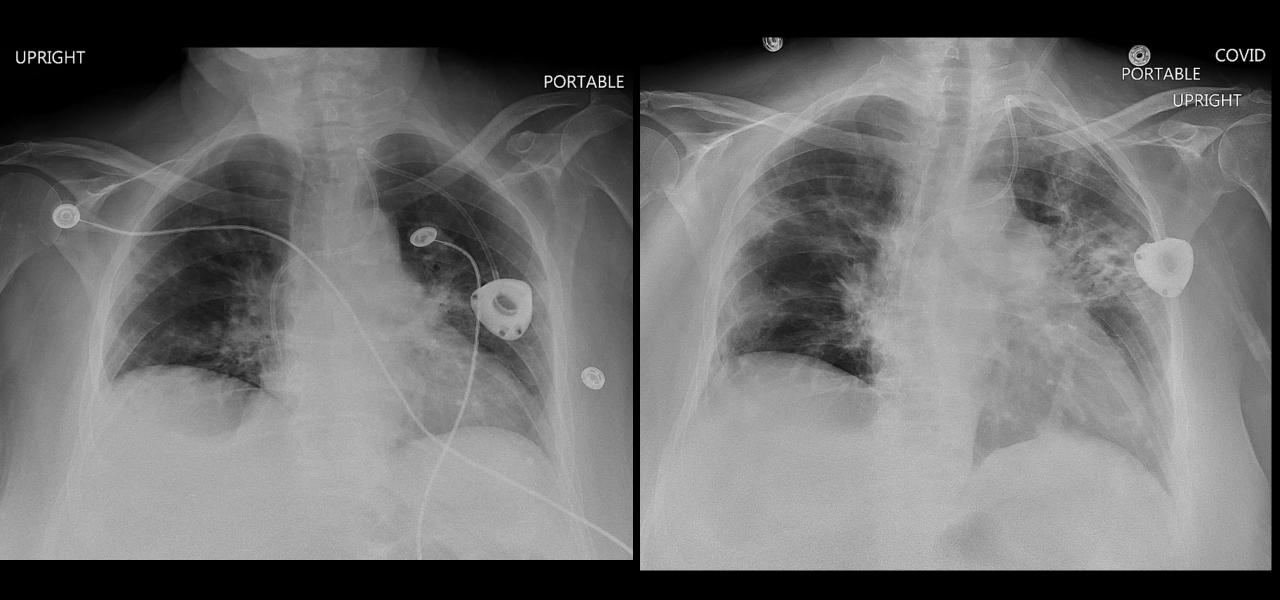




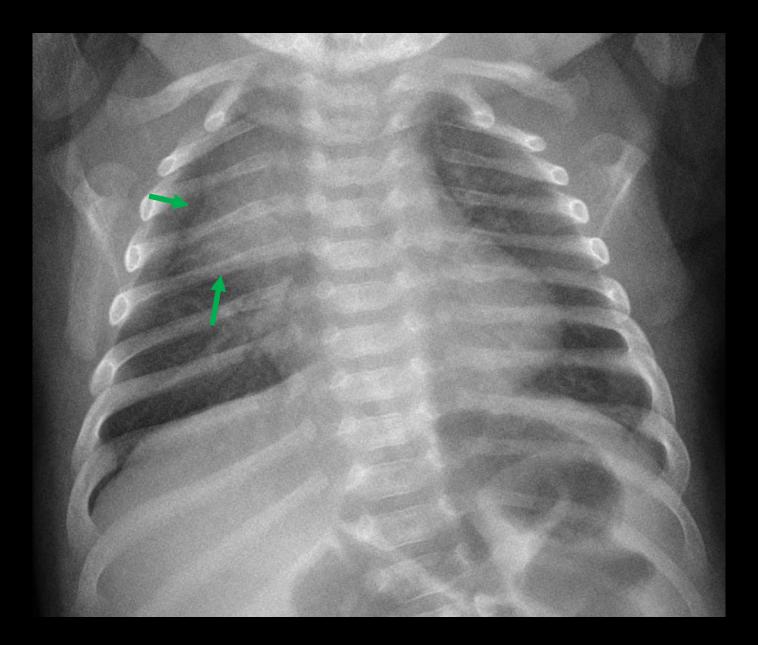




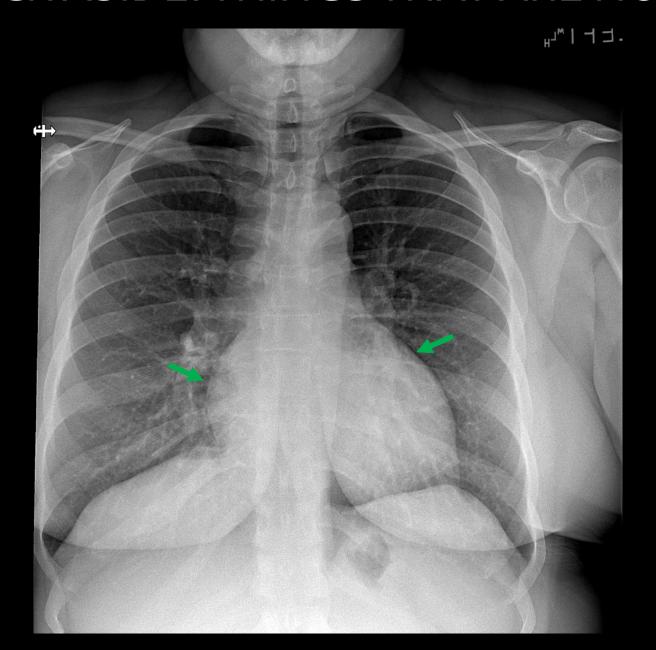




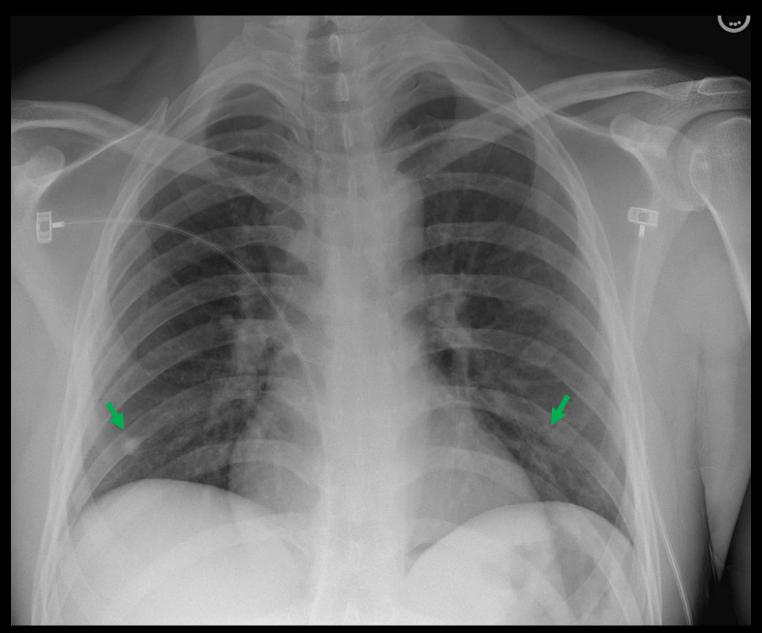
#### QUICK ASIDE: THINGS THAT ARE NORMAL



#### QUICK ASIDE: THINGS THAT ARE NORMAL



### QUICK ASIDE: THINGS THAT ARE NORMAL

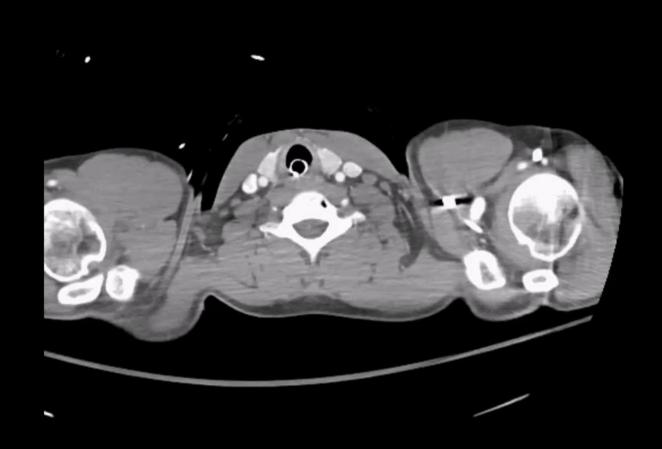


# Chest CT Anatomy

A brief overview

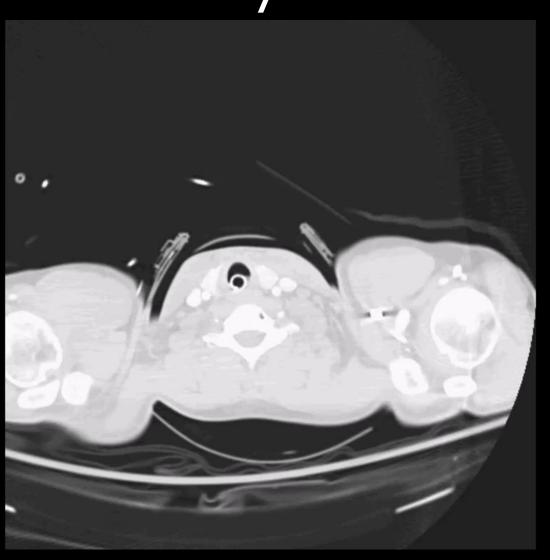
### Chest CT Anatomy

- Cardiovascular
  - Jugular and brachiocephalic veins
  - SVC
  - Carotids and vertebral arteries
  - Aorta
  - Pulmonary arteries
  - Heart
- Nodes
  - Hilar, mediastinal, supraclavicular
- Esophagus
- Front and back (along pleura)
- Bones and soft tissues



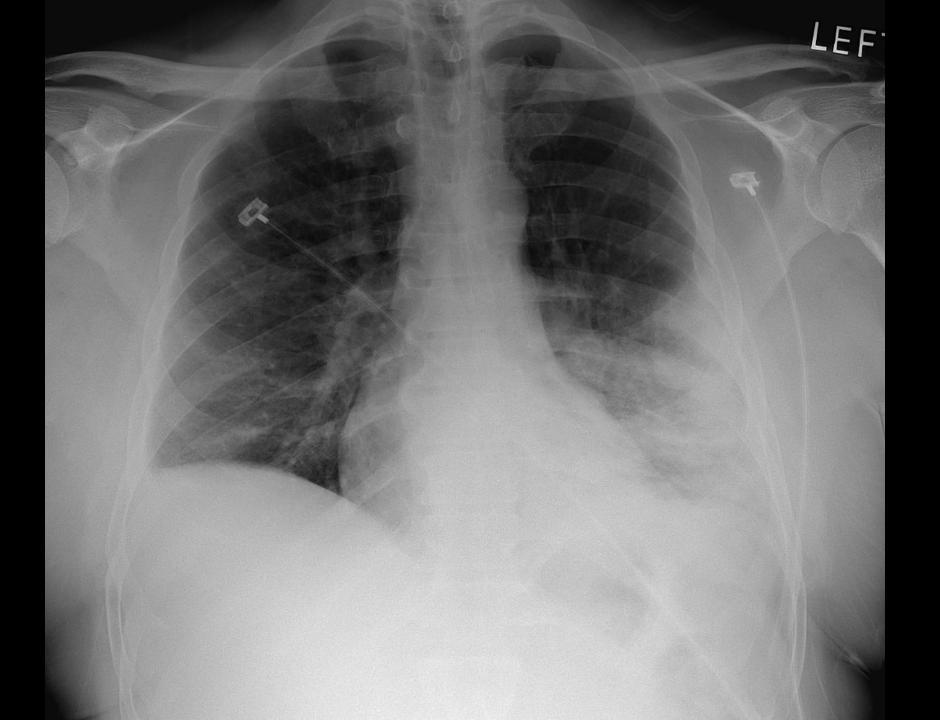
### Chest CT Anatomy

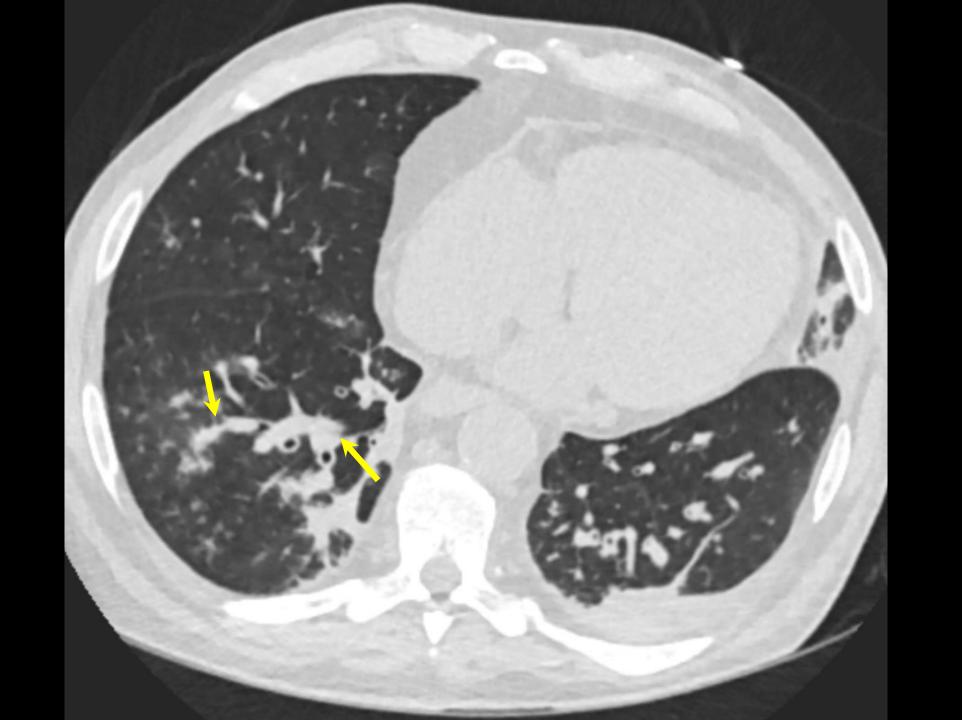
- Cardiovascular
  - Jugular and brachiocephalic veins
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  - Carotids and vertebral arteries
  - Aorta
  - Pulmonary arteries
  - Heart
- Nodes
  - Hilar, mediastinal, supraclavicular
- Esophagus
- Front and back (along pleura)
- Bones and soft tissues
- Lung and Airways
  - 4 quadrants versus by lobe

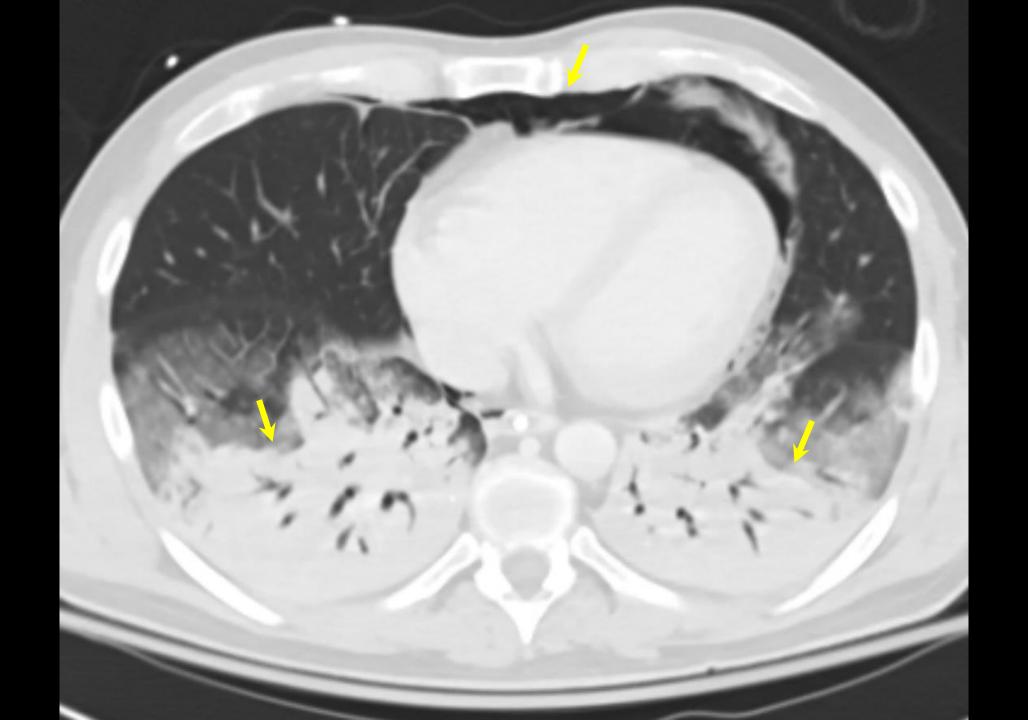


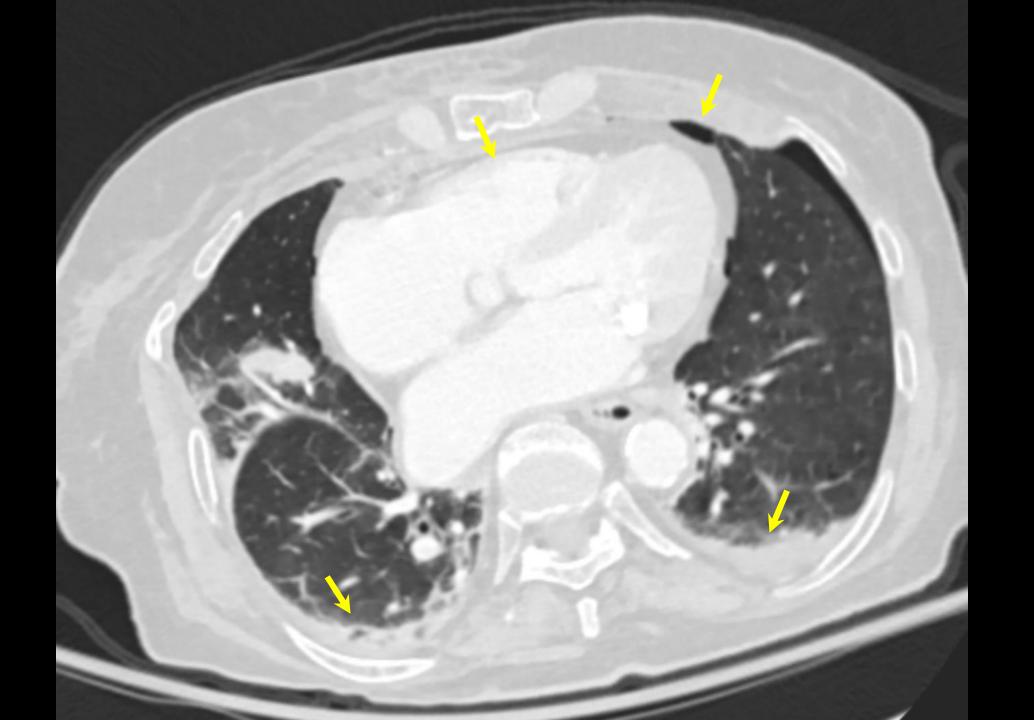
# Chest CT: Common Pathologies

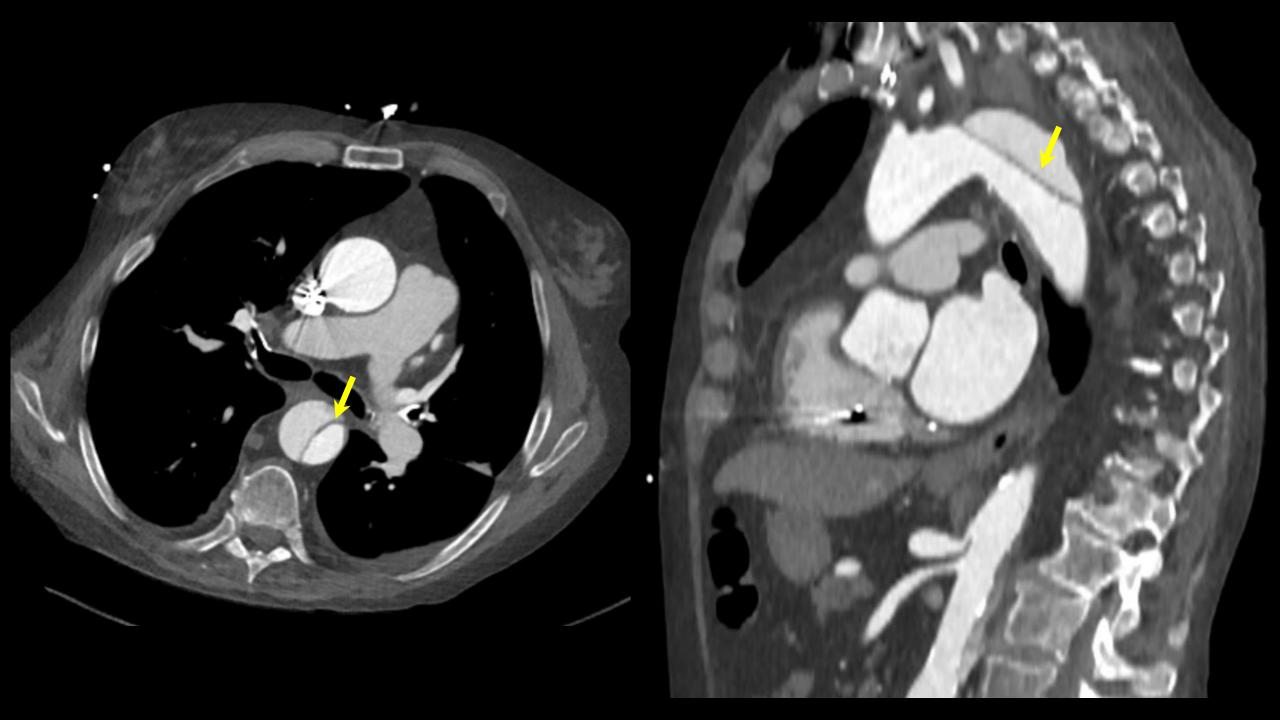
Cases!

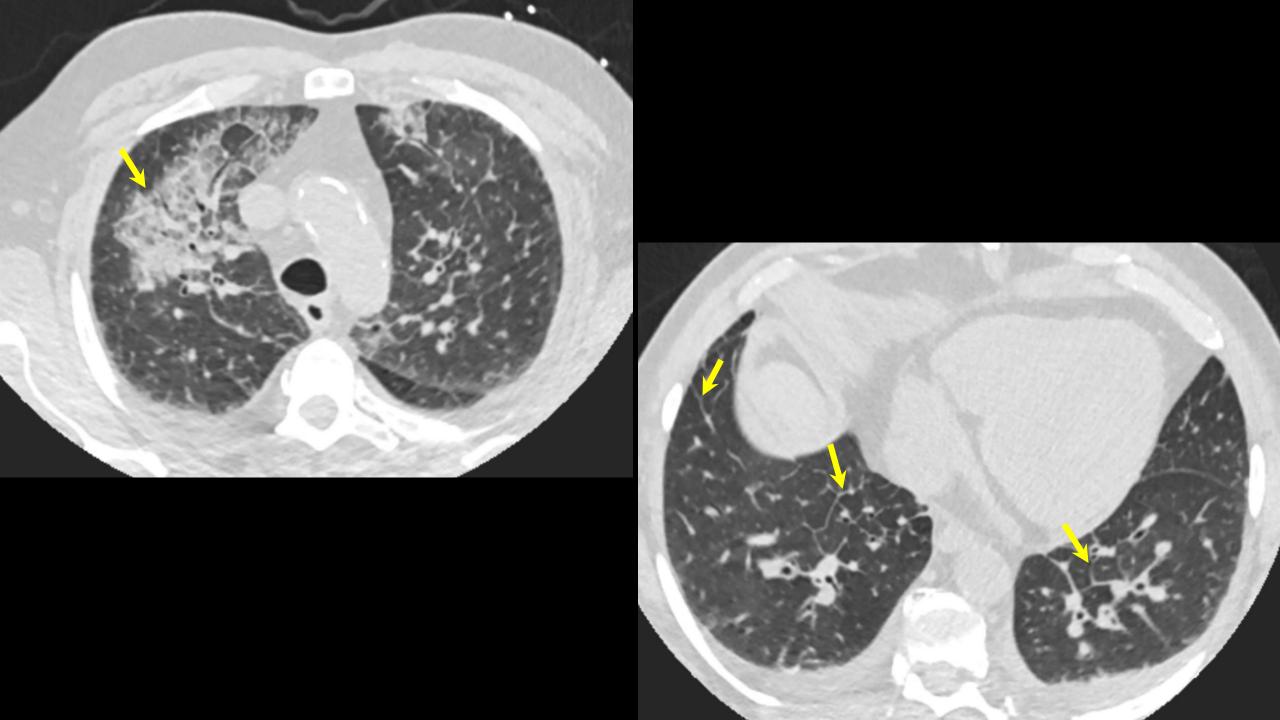


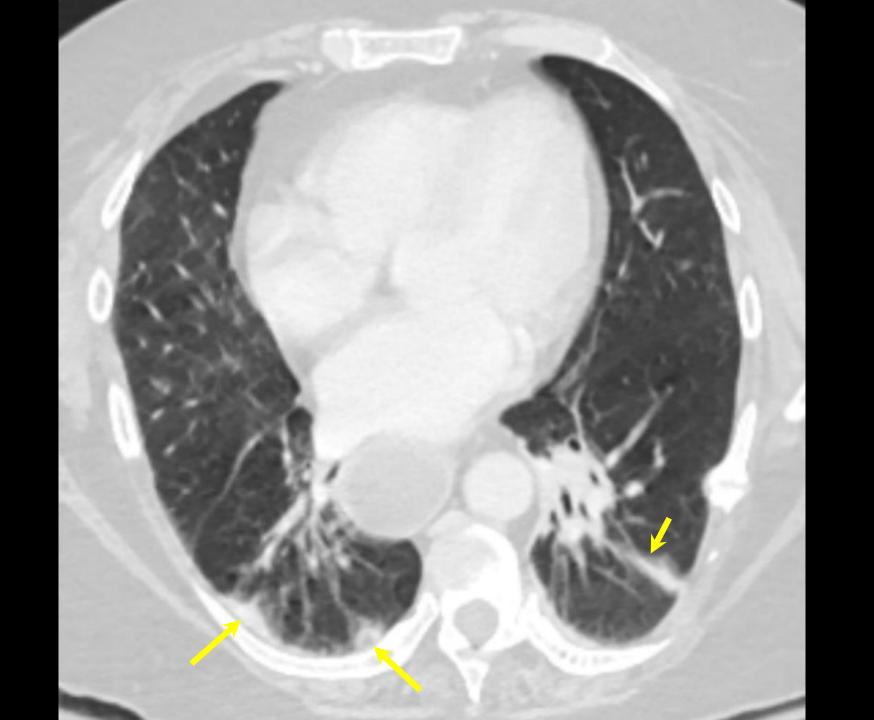


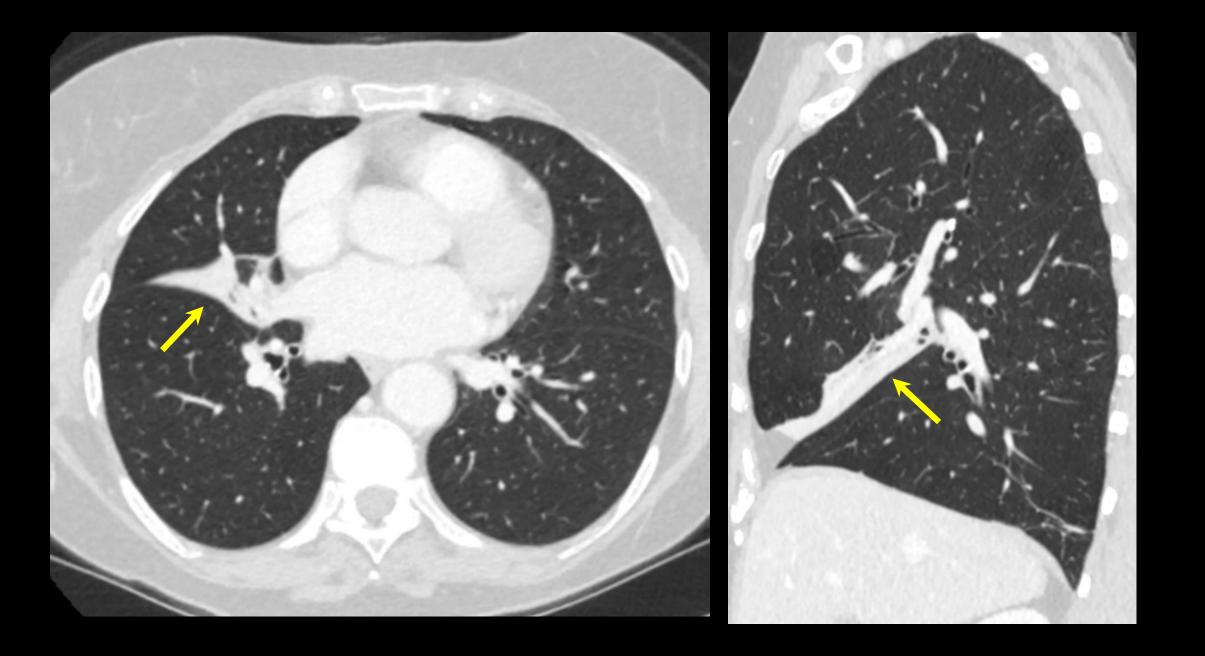


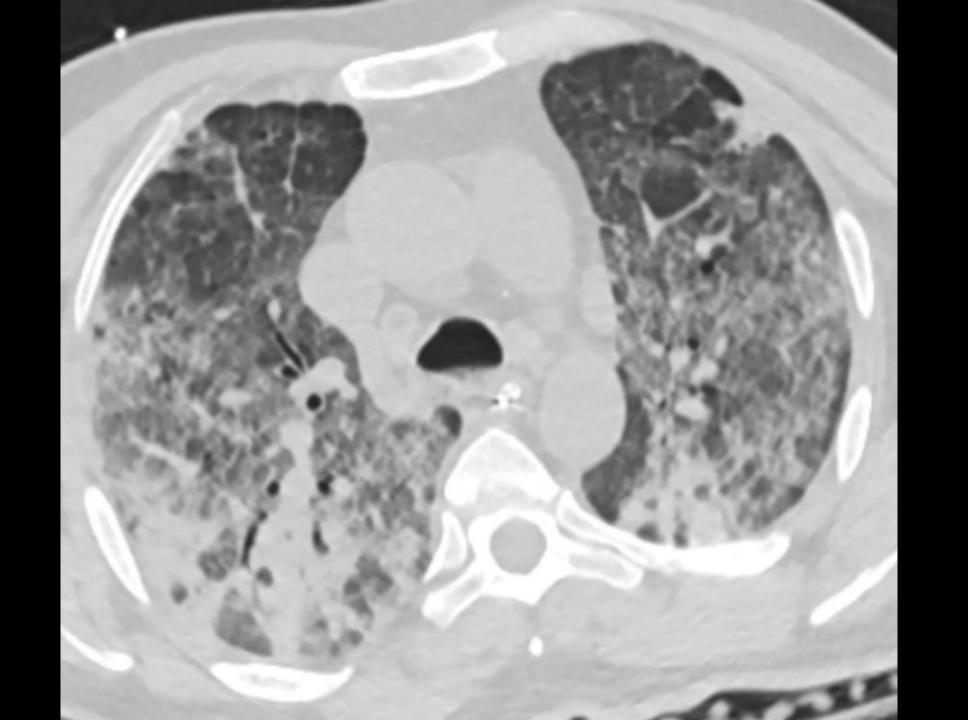


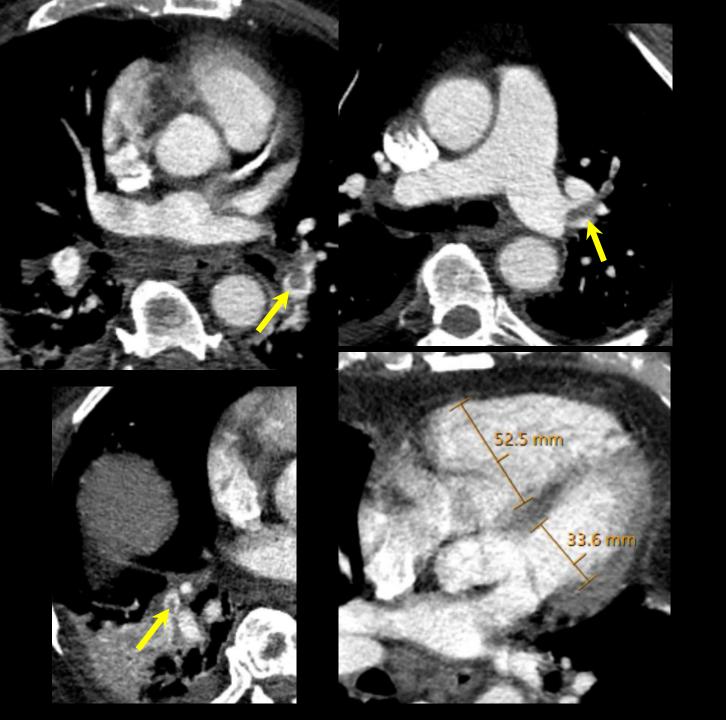


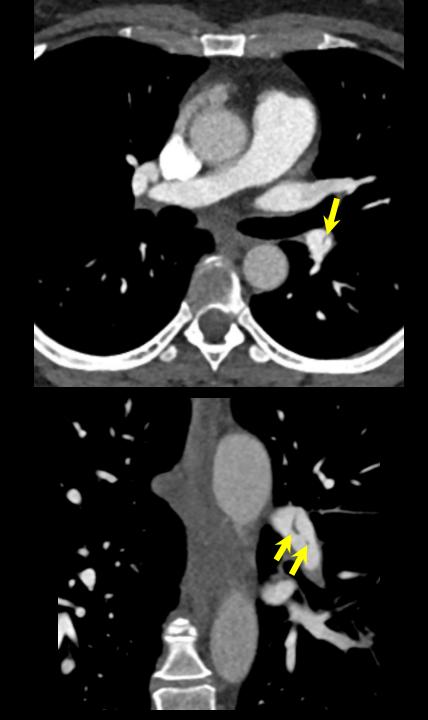


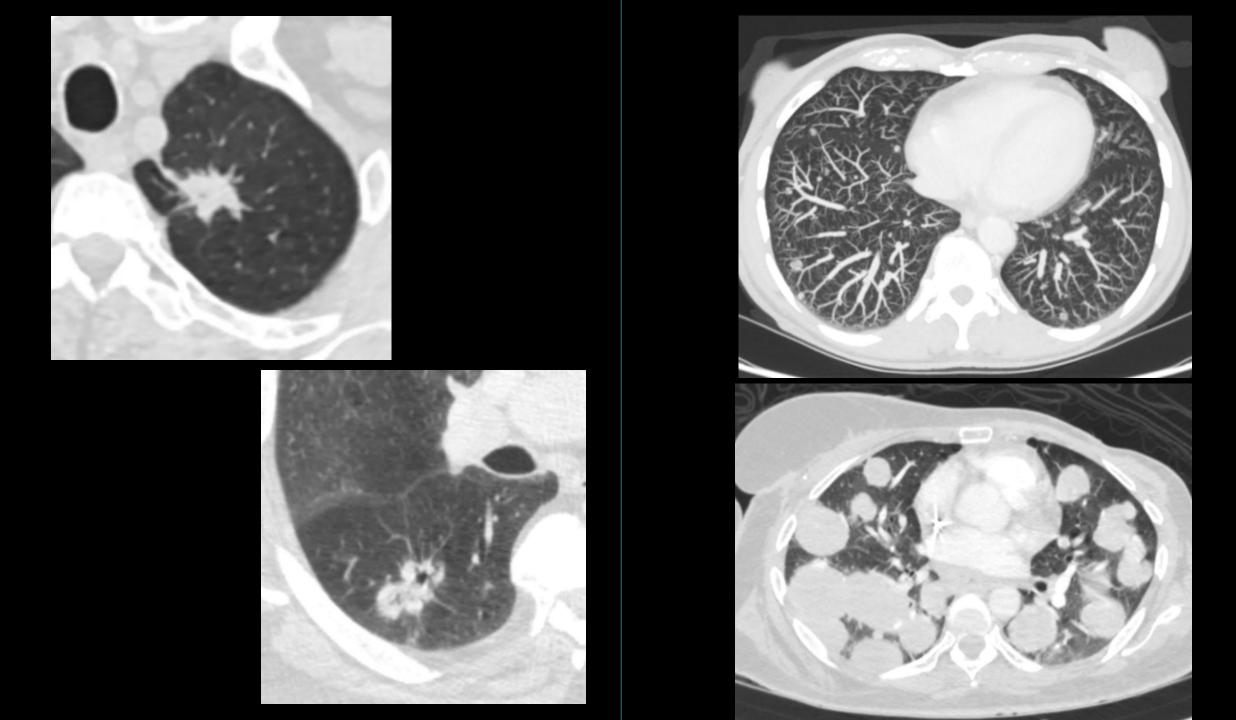












#### Take-home points

- Knowing the anatomy helps localize pathology
- Have a search pattern and stick to it
- Know the appearances of the most common pathologies
- Atelectasis comes with volume loss but can be hard to tell from PNA
- Silhouetting is your friend
- Use the lateral!

#### References

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- Goodman LR, Felson B (2015). Felson's principles of chest roentgenology: A
  programmed text. Philadelphia, Elsevier Saunders, 2015.
- Smithuis R. "Lung disease." Radiology Assistant, 1 Feb 2014, https://radiologyassistant.nl/chest/chest-x-ray/lung-disease. Accessed 10 Aug 2021.
- Special thanks to Kim Sandler MD, Vanderbilt University Medical Center

#### Questions?