



CME POST-TEST

All post-tests must be completed and submitted online.

EXPIRATION DATE: SEPTEMBER 2022

Earn Category I CME Credit by reading both CME articles in this issue, reviewing the post-test, then taking the online test at <http://cme.aapa.org>. Successful completion is defined as a cumulative score of at least 70% correct. This material has been reviewed and is approved for 1 hour of clinical Category I (Preapproved) CME credit by the AAPA.

CERVICAL CANCER SCREENING

- Which of the following are examples of inefficiencies in the cervical cancer screening process that may lead to variable screening rates?
 - patients are screened too frequently, laboratory results are mismanaged, patients are lost to follow-up, or patients who are at risk and should be screened are not screened
 - patients are screened too frequently, laboratory results are mismanaged, patients are lost to follow-up, or patients are treated incorrectly
 - patients are screened too frequently, patients are overmanaged, patients are lost to follow-up, or patients who are at risk and should be screened are not screened
 - patients are screened too frequently, patients are treated incorrectly, patients are lost to follow-up, or patients who are at risk and should be screened are not screened
- Which of the following factors increases a patient's risk for cervical cancer?
 - nulliparity
 - first sexual activity after age 18 years
 - use of recreational drugs
 - sexually transmitted infections such as HPV, chlamydia trachomatis, HIV, and herpes simplex virus
- According to current guidelines, which statement is correct?
 - Screening guidelines vary depending on the patient's age at initiation of sexual activity.
 - The ACS advises beginning cervical cancer screening at age 25 years because of the low cervical cancer incidence and mortality among younger patients.
 - All five cancer screening organizations agree to discontinue screening after age 60 years in patients who have had adequate previous screening.
 - The ACS advises beginning cervical cancer screening at age 25 years because the incidence of transient infections is low.
- Cervical cancer screening methods include which of the following?
 - cytology testing, primary HPV testing, Pap and HPV co-testing, and/or reflex testing
 - cytology testing, primary HPV testing, Pap and HPV co-testing, testing for gonorrhea and chlamydia
 - cytology testing; primary HPV testing; Pap and HPV co-testing; testing for gonorrhea, chlamydia, and herpes simplex
 - cytology testing; primary HPV testing; Pap and HPV co-testing; testing for gonorrhea, chlamydia, herpes simplex, and HIV
- Which abnormal cervical screening result indicates changes in cervical cells that are almost always a sign of an HPV infection?
 - AGC
 - ASC-H
 - ASC-US
 - HSIL

ICU SURVIVORSHIP

- What is the most-commonly reported manifestation of PICS?
 - weakness
 - new-onset diabetes
 - cognitive impairment
 - depression
- ICU survivors who meet criteria for depression most commonly present with which types of symptoms?
 - loss of energy, fatigue, and loss of appetite
 - nightmare, intrusive memories, and hyperarousal
 - sadness, tearfulness, and hopelessness
 - weight gain/loss, sexual dysfunction, mood swings
- Which of the following is the most commonly diagnosed new chronic disease in patients during the year following an ICU stay?
 - diabetes
 - hypercholesterolemia
 - COPD
 - epilepsy
- Which of the following mechanisms best accounts for the increased risk of diabetes following a critical illness?
 - weight gain
 - corticosteroid treatment
 - decreased physical activity
 - stress-induced hyperglycemia
- What percentage of patients survive an ICU hospitalization?
 - 5%
 - 10%
 - 15%
 - 20%