


Module 6: Bariatric Surgery and Devices and Post-operative Care for Primary Care

PDSA Review

Coaching Session with Amy Ingersoll, PA-C, MMS, FOMA
Coaching Session with Angela Golden, DNP, FNP-C, FAANP

**OBESITY MANAGEMENT IN PRIMARY CARE
CERTIFICATE PROGRAM:**
A Practice Management & Leadership Training Program for PAs and NPs



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Goals

- Review clinical pearls from the Surgery and Devices webinar.
- Answer questions about the clinical webinar.
- Apply post-operative care knowledge to clinical practice.
- Answer follow up questions on PDSA cycle.

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Agenda

PEARLS/review of clinical webinar	5 minutes
Q and A	10 minutes
PDSA Follow Up	40 minutes
Preparing for next steps	5 minutes

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PEARLS from Clinical Webinar

- Metabolic and Bariatric surgery works by changing the microbiome, hunger and satiety hormones not just restriction and malabsorption.
- Find an accredited bariatric surgery in your area of practice to refer to.
- Post-operative care can be completed by the PCP or the bariatric surgery center and includes following yearly labs, bone density, and assuring the recommended supplements are being taken.
- Formulation matters for supplementation!
 - No gummies
 - Calcium Citrate 500mg three times daily
 - Separate MVI + iron and Calcium supplement by 2 hours to minimize competition for absorption.
- Obesity is a disease that can be treated and managed, but not cured. Bariatric surgery is a great tool. It does not cure the disease state process.

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Q and A

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PDSA discussion

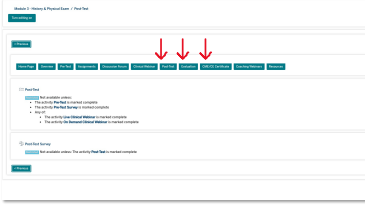
- Where are you at?
- Any roadblocks?

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Action Items for Module 6

- Post Clinical Webinar 6 – Items **due** by this Friday(6/25)
 - Posttest/Evaluation
 - CME/CE Certificate
- Post Coaching Webinar
 - Coaches' Office Hours
 - Amy
 - Email for office hours
 - Angie
 - PDSA Review: June 29th, 2021 6:30pm PT/9:30pmET



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Further PDSA Support

- June 29th, 2021 6:30pm PT/9:30pmET
 - Angie Golden will host an hour review on PDSA where she will review examples of bad/good/best PDSA Cycle Plans from a clinical perspective for you to further your understanding.
 - This will be recorded.
 - This is an opportunity for you to engage in further learning surrounding the PDSA cycle.

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What is Next

- Complete the **Module 7 Pretest** *prior to* the **Clinical Webinar 7 7/13/2021 7pmET**
- **After** you complete the pre-test, then begin **Module 7 "Assignments"** (e.g., pre-read articles). You can start these immediately after the pre-test.
- **Module 7 Coaching webinars** dates: (1-hour sessions)
 - PAs (Coach Amy)
 - Tuesday 7/27/2021 815pm ET
 - Tuesday 7/27/2021 700pm ET
 - Please email Coach Amy if neither of these dates or times work for you.
 - NPs (Coach Angie)
 - 7/20/2021 noon ET
 - 7/20/2021 6pm ET
 - 7/20/2021 9pm ET

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