Advanced Practice Provider Transition to Practice and Onboarding: New Opportunities and Innovation Fueled by Best Practices

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Disclosures

• None



Objectives

- Identify foundational strategies for PA/NP transition to practice.
- Recognize emerging challenges and opportunities in transition to practice especially with the impact from the COVID-19 pandemic.
- Identify strategies for future innovation in PA/NP transition to practice to reflect new learning environments and promote flexible workforces.



Who We Are



The Froedtert & the Medical College of Wisconsin health network provides care for patients at 8 hospitals and 45+ locations in Eastern Wisconsin

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Advanced Practice Providers

- Certified Anesthesia Assistant (CAA)
- Certified Nurse Midwife (CNM)
- Certified Registered Nurse Anesthetist (CRNA)
- Clinical Nurse Specialist (CNS)
- Nurse Practitioner (NP)
- Physician Assistants (PA)

APP Workforce & Organizational Structure

Advanced Practice Providers (APPs)

Centralized Office of Advanced Practice

APRN & PAs

- Employed in the adult specialty practices
- Hired & managed in clinical Departments
- Formal and informal APP Department leaders

CRNAs and CNSs employed by the hospital

Advanced Practice Director 3 Advanced Practice Associate Directors Medical Education Coordinator

Advanced Practice Transition to Practice: Foundation





Do you have a transition to practice program for APPs in your organization?

- a) Yes, we have a well-established program
- b) Yes, we are in the process of building a program
- c) We hope to build a program soon
- d) No



What is Transition to Practice (TTP)?

Orientation, onboarding, & on-the-job training

Intentional, role-sensitive education

- Clinical
- Organization
- Professional & leadership development

Timing

• Delivery of content at the right time

Socialization

- ~ First years of practice after NP/PA school
- Also translates to career transitions or new roles

Standard and formal in other healthcare professions

Why is Transition to Practice Important?





PA/NP



Teams

Structure and Resources



🔆 Experiences

Education

Assessment

Growth mindset & Engagement

Structure and Resources



🔆 Experiences

Education

Assessment

Growth mindset & Engagement

Organizational Assessment

- Understand reporting structures
- Identify key sponsors and stakeholders
- What resources already exist?





Transition to Practice Structure



- Local vs organization
- Format
- On-the-job
- APP fellowships



Sponsorship

- Executive
- Local
- Other key leaders

Leadership (formal and informal)

3

- Administrative
- Physician
- Advanced practice

Resource Needs Assessment





Resource Development

Program Description

- Best practices
- Structure
- Communication
- Expectations
- Visibility

Templates

- Checklists
- Evaluations
- Reviews
- Milestones
- Competencies

PA/NP Phased Onboarding Program



Phase 1

- Core clinical and professional competencies
- Professional Development

Phase 2

- Service Specific Clinical Skills
- Professional Development

Phase 3

- Advanced Clinical Skills
- Professional Development

3

Phase 4

 Continuing clinical and professional growth and engagement

PA/NP Phased Onboarding Program



PA/NP Phased Onboarding Program Guide



PA/NP Phased Onboarding Outline



PA/NP Phased Onboarding Tools



PA/NP Onboarding Evaluations



PA/NP Fellowship Program





Structure and Resources



***** Experiences

Education

Assessment

Growth mindset & Engagement

Competencies & Skills

- Hiring the best fit for the job
- PA and NP clinical & professional competencies
- Milestones
 - What is the goal for end of onboarding?

Physician Assistant Collaboration of AAPA, ARC-PA, PAEA, NCCPA

- Medical knowledge
- Interpersonal communication
- Patient care
- Professionalism
- Practice-based learning and improvement
- System-based practice

Nurse Practitioner

- Population certifications
- NONPF
 - Scientific foundations
 - Leadership
 - Quality
 - Practice inquiry
 - Technology and information literacy
 - Policy
 - Health delivery systems
 - Ethics
 - Independent practice





Competencies & Skills



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- What skills and competencies does the position require?
- Foundational training vs acquired skills/competencies
- Personalized
 - Needs assessment
 - Directed learning
- Progressive autonomy
- Progressive efficiency

Structure and Resources

Competencies & Skills

🔆 Experiences

Education

Assessment

Growth mindset & Engagement







Structure and Resources



🔆 Experiences

Education

Assessment

Growth mindset & Engagement

Education



Onboarding Education

Clinical Education

- Skills labs
- Education database
- Core topics
- Case presentations
- Didactic

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• National courses

Professional Curriculum

- Communication & feedback
- Role
- Diversity
- Leadership
- Problem solving
- Self-reflection, wellness

Certifications

- BCLS
- ACLS
- Fundamental Critical Care Support (FCCS)
- Others

Structure and Resources
Competencies & Skills

🔆 Experiences

Education

Assessment

Growth mindset & Engagement

Assessments of Competency & Skills

PA/NP Competencies & Target Goal

- Clinical skills
- Professionalism
- Demonstration of progressive skill & autonomy
- Milestones
- Volume

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• Productivity

Methods

- Observation evaluations
- Self-assessment
- Behaviorally-based
- Competency checklists
- Patient experience
- Chart review
- Quality

Completion Requirements

- Privileging
- Checklists
- Certifications

Preceptor & Self-Evaluation

PA & NP Core clinical and professional competencies

Goal

•Establish bi-directional expectations for milestones

•Measurable tool to track progress through the phases

•Enhance feedback and communication

APP CORE CLINICAL COMPETENCIES

Gathering of information in patient context including: History Taking, Data, and supplemental information

	PHASE 1	PHASE 2	Goal at end of	Exceeds	Unable to
Critical Deficiency	Gathers some data, but		onboarding		Assess
	requires feedback and	Usually gathers appropriate	Consistently gathers the	Always gathers the	
	assistance to gather full	amount of accurate data	appropriate amount of data	appropriate amount even	
Does not gather accurate	data and relevant history	and relevant history for	and accurate history even for	for diverse scenarios.	
data	required.	common scenarios.	diverse scenarios.		
			Consistently is officient and	Always adapts to urgency,	
Unable to organize	Requires assistance to	Usually organizes data and	Consistently is efficient and prioritizes information in a	time limitations, and	
information in a structured	organize and structure	information, and usually	fashion to represent their	complexity.	
format	information, and gather	obtains information from	clinical hypothesis.		
	information from	supplemental sources.	Consistently obtains	Always obtains information	
Lacks effort, interest, or	supplemental sources		information from	from supplemental sources.	
engagement to gather	(medical records, family,	Usually adapts to urgency,	supplemental sources.	Integrates into history	
information.	continuity healthcare	time limitations, and		without supervisor	
	providers, etc.).	complexity.	Consistently adapts to urgency, time limitations, and	prompting.	
	Does not adapt to urgency,	Sometimes requires	complexity.	Always links signs and	
	time limitations, and	supervisor prompting to		symptoms to a patient's	
	complexity.	integrate into history.	Integrates information into	prior clinical encounters –	
	complexity.	Usually links current signs	history without supervisor prompting. Consistently links	even in complex patient	
	Minimal linking of current	and symptoms to a	signs and symptoms to a	care scenarios	
	signs and symptoms to a	patient's prior clinical	patient's prior clinical	care scenarios	
	patient's prior clinical	encounters	encounters – even in complex		
	encounters	encounters	patient care scenarios		



Reviews

- Align with clinical and organizational leadership
- Standard & formal
- Written & verbal review
- Goal setting
- Bi-directional engagement



Structure and Resources



🔆 Experiences

Education

(F)

Assessment

Growth mindset & Engagement

Growth Mindset & Engagement

- Learning and growth does not stop at the end of formal onboarding
- Support CME
- Foster engagement
- Character development
- Model life-long learning strategies
- Step-wise career growth development



Continuing Education





Structure and Resources



🔆 Experiences

Education

Assessment

Growth mindset & Engagement

Coaching & Mentorship







Preceptor or

Clinical Mentor

Clinical experience education

Bedside teaching

Resource for question

Orientation to tasks, workflows, and resources

Socialization

Professional Mentor

Leader or Manager

Professional development Career guidance

Assessment Goal Setting

Development

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Goal Setting Example

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SPECIFIC GOAL	
Why is this goal important?	
(Short Term, Long term, Career Goal?)	
Champion/Sponsor	
Who can I work with to achieve this goal?	
Tactics/Next Steps	
What do I need to do to achieve this goal?	
What additional resources do I need to	
achieve this goal?	
Do I expect any barriers?	
Next steps to take	
Timeframe	
What does success look like?	
Progress or Completion	

COVID... a catalyst for change

COVID

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Catalyst

- Rapid change of patient care needs
- Limited resources
- Unknown

Challenge

- Deployment of APPs into new clinical areas
- Rapid change and flexibility
- Onboarding processes and resources
- Care delivery and team models

Our APP Workforce Strengths

Imbedded, experience central leadership Informal cross-department structure & collaboration **TTP & education** Credentialing and privileging Flexibility & growth mindset Provide excellent team-based patient care



Local COVID-19 Pandemic Response

March – April 2020

Initial pandemic surge Reduction of elective cases

October – November 2020

Second surge, double + COVID patient volume

Higher healthcare team cases

Maintenance of daily operations

March to Current

Reduction of COVID cases High patient volumes continue Increasing vaccination rate

Re-opening & return to prior patient volume in most areas

•Offering in-person and virtual visits

•Reopening of surgical elective cases & procedural areas

May – September 2020

Continued High COVID volume High hospital volume Ongoing return of services Vaccinations

December 2020 – February 2021

How do we rapidly onboard APPs for deployment?



APP Deployment Strategy

Deployment locations

- Critical care had the biggest skill gap/need
- Prepare for additional deployment

Existing program as a foundation

- Education
- Fellowship program

Collaboration model

đ. **Structure and Resources**

۵^۵ **Competencies & Skills**

Experiences Š

Education



- **Growth mindset & Engagement** (#3)
- Ť **Coaching & Mentorship**

APP Deployment Strategy

Skill assessment

- What skills are needed?
- What can be taught vs not?

Workforce

- Number
- Prior experience

Foundational competencies

- Privileging
- Onboarding

Structure and Resources Æ.



Experiences Š

Education



Assessment

- **Growth mindset & Engagement** (***)
- Ť **Coaching & Mentorship**

Critical Care Inventory & Skill Assessment Example

Identification

- Name
- Credentials
- Certifications
- Contact information
- Department

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Manager

APP Clinical Practice

- Current practice
 Practice history
 Total years
- Other healthcare experience

Critical Care Patient Experience

CVICU

• MICU

- NICU
- SICU
- Transplant
- ED
- Inpatient

Procedural Skills

- Mechanical ventilation management
- Central line
 Insertion
- Arterial line
 Insertion
- Chest tube
 Insertion
- ECMO
- Other skills

Certifications

• ACLS

- BCLS
- Fundamental Critical Care Support (FCCS)
- Other

Other

- Orientation status
- Limits for deployment
- Other

APP Deployment Strategy

Structure and Resources

Competencies & Skills

Education

- Preparation
- Shadowing
- Just-in-time
- On the job

Prioritize

- Fill gaps from the skill assessment
- Electronic, just-in time training





Growth mindset & Engagement

Coaching & Mentorship

Online Resources

- SCCM
- Up-to-Date
- PPE or other safety education

Electronic Education Database

- Pre-deployment education
- Topic-based
- Select for skills

Tip Sheets

- Local Processes
- Phone APPs
- Electronic folders
- Resource "cards"

EMR Resources & Support

- Platform process orientation
- Frequent orders, note templates
- Best practices

Examples of Just-In-Time Education for Deployment

APP Deployment Strategy

Local support

- Buddy System
- Local Leaders

Collaboration & relationship building

Structure and Resources

Competencies & Skills

***** Experiences

🔂 Education

Assessment

Growth mindset & Engagement

Coaching & Mentorship

Lessons Learned

Invest	Invest in TTP structure & foundation	
Reduce	Reduce barriers for deployment	
Grow	Grow system and local leaders and educators	
Educate	ucate Educate - Cross-train, build skills, and continue education	
Build	Build relationships and promote collaboration	

During COVID response, did existing transition to practice resources support deployment in your organization?

- a) Yes, our TTP program was essential for deployment
- b) Yes, we used portions of our TTP program
- c) No, we did not use our TTP program resources
- d) No, we do not have a TTP program



Advanced Practice Transition to Practice: Emerging Trends





"Never let a good crisis go to waste" Sir Winston Churchill

CRISIS AHEAD







Clinical Team Trends

- Flexible workforce models
 - Float pools
 - Cross-coverage
 - Moonlighting
- Visibility of APP practice barriers
- Workforce team assessments

APP TTP Emerging Trends

Assessment

Identify gaps in existing process

Enhance communication

Develop

- Programs
- Sponsorship
- Leadership

Structure and Resources da.

0 **Competencies & Skills**

Å **Experiences**

Education



- Assessment
- **Growth mindset & Engagement** (#*)
- Ť **Coaching & Mentorship**



Develop the APP Leadership

APP Leadership

- Local
- System
- Integration

Key areas

- Education
- Leadership
- EMR
- Process improvement
- Peer support

APP Fellowship Programs

Driver

- Specialty or low resource practice areas
- Promotion of clinical teams
- Recruitment model
- Financial





Outcome

- Highly-trained
- Flexible workforce
- Recruitable pool
- Multi-purpose education
- Structure to promote best practices
- Engagement and development



APP TTP Emerging Trends

Skill Assessment

- Build skills
- Cross-train

Workforce

• Right workforce for the right positions

System

- Privileging
- Competency process

Structure and Resources

Competencies & Skills

***** Experiences

🔂 Education



- Growth mindset & Engagement
- Coaching & Mentorship

APP TTP Emerging Trends

Update Resources

Targeted Education

- Based on skill assessment
- Emerging needs

Flexibility

- Multi-modal
- Timing
- Invest in sustainable education

Structure and Resources

Competencies & Skills



Experiences

Education

- Growth mindset & Engagement
- Coaching & Mentorship

COVID Created TTP Education Gaps & Opportunities



Variation in clinical experience

Case studies Intentional experiences Simulation Variation in education Availability

Virtual Recording Online formats Cross-professional collaboration

Intentional Virtual platforms



Foundational knowledge &

experience gaps

Attention to onboarding skill assessment/needs

APP TTP Emerging Trends

Structure and Resources

Competencies & Skills

Diverse CME

Education for professional skills

Professional development

Workforce health





🔂 Education

Growth mindset & Engagement



Example of Professional Education

NP and PA role	Problem solving	Change management	Interpersonal communication
Engagement	Wellness	Resiliency	Diversity & inclusion
Leadership skills	Professional skills	Scholarly skills	Educator skills

APP TTP Emerging Trends

Connection

- Culture
- Electronic connections
- Communities

Professional Identify Formation

Mentorship & Coaching

Structure and Resources

Competencies & Skills





🔂 Education

Growth mindset & Engagement

Coaching & Mentorship

How do you choose coaching vs mentorship?

TABLE

Comparing and Contrasting 4 Forms of Guidance

ltem	Advisor	Coach	Coach With Wisdom	Mentor
Focus	Specific event	Task/skill	Task/skill with long-term view in the field	Career; focus on character development, socialization into field
Expert	In target area	Global/not specific	In specific performance target	In same field, "been there" and shares
Control	Advisor directed	Learner directed	Mostly learner directed	Mentor directed with repeated interchanges
Strategy	Give advice or answer	Help learner find a strategy through asking clarifying questions	Combines coaching and mentoring on specific topic; when mentor, explicitly states he/she is doing so	After discussion with learner, mentor transmits information intentionally based on his/her own experience and expertise; networks learner with others in field
Benefits	None for advisor	No direct benefit for coach	No direct benefit for coach	Mutual benefit with mentor often involved in learner products
Time	Single session	Time limited, current	Time limited, current	Long-term, future oriented



Do you have coaching or mentorship programs for TTP in your organization?

- a) Coaching program
- b) Mentorship program
- c) Both A & C
- d) No



Future Focus

Assess

Invest

- TTP & ongoing development
- Leadership development

Connect

- PA/NP leadership structure & inclusion
- Reduce PA/NP legislative & local barriers

Embrace

- Growth mindset
- Innovation

Collaborate

- Scholarly engagement & sharing
- Visibility of PA/NP practice and contributions

Questions?

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