



CME POST-TEST

All post-tests must be completed and submitted online.

EXPIRATION DATE: JUNE 2022

Earn Category I CME Credit by reading both CME articles in this issue, reviewing the post-test, then taking the online test at <http://cme.aapa.org>. Successful completion is defined as a cumulative score of at least 70% correct. This material has been reviewed and is approved for 1 hour of clinical Category I (Preapproved) CME credit by the AAPA.

ENDOMETRIOSIS

1. What percentage of reproductive-aged women worldwide are affected by endometriosis?
 - a. 5%
 - b. 10%
 - c. 15%
 - d. 20%
2. On average, how many years elapse between the onset of symptoms and a surgical diagnosis of endometriosis?
 - a. 1 to 3
 - b. 2 to 5
 - c. 7 to 12
 - d. 10 to 15
3. Which is the best laboratory test for diagnosing endometriosis?
 - a. serum CA-125
 - b. ESR
 - c. CBC with manual differential
 - d. No specific biomarkers exist for endometriosis
4. What is the initial imaging modality of choice for evaluating possible endometriosis?
 - a. transvaginal ultrasound
 - b. MRI
 - c. CT scan with contrast
 - d. flat plate abdominal radiograph
5. Which statement is correct about treating endometriosis?
 - a. Surgery followed by medical therapy is typically the first step in treatment.
 - b. Multiple treatments have been shown to cure endometriosis.
 - c. Initial therapy often includes NSAIDs, combination estrogen/progestin contraceptives, or progestin-only contraceptives.
 - d. In women desiring pregnancy, conservative surgical treatment has been shown to substantially improve spontaneous pregnancy rates.

NARCOLEPSY

6. What is the rough incidence of narcolepsy in the human population?
 - a. 1 in 1,000
 - b. 1 in 2,000
 - c. 1 in 3,000
 - d. 1 in 5,000
7. Which of the following is a distinguishing characteristic of narcolepsy type 1 from type 2?
 - a. presence of cataplexy
 - b. sleep paralysis
 - c. hypnagogic hallucinations
 - d. excessive daytime sleepiness
8. Which of the following is responsible for the inhibition of REM sleep and stimulation of wakefulness-promoting neurotransmitters?
 - a. dopamine
 - b. serotonin
 - c. hypocretin
 - d. acetylcholine
9. What is the average delay in diagnosis for patients with narcolepsy?
 - a. 3 to 9 months
 - b. 5 to 15 months
 - c. 1 to 4 years
 - d. 5 to 15 years
10. Which of the following is the only FDA-approved medication for treating narcolepsy in patients with cataplexy?
 - a. methylphenidate
 - b. sodium oxybate
 - c. pitolisant
 - d. solriamfetol