
OBESITY MANAGEMENT IN PRIMARY CARE CERTIFICATE PROGRAM:

A Practice Management & Leadership Training Program for PAs and NPs



Module 5: *Pharmacotherapy* Clinical Webinar Key Pearls

Below are key pearls to reflect on from the Module 5 Clinical Webinar:

- As the disease state of obesity progresses, clinical management will intensify. Utilization of pharmacotherapy for appropriate individuals with adjunct lifestyle is clinically appropriate.
- Obesity is a chronic, progressive and relapsing disease state that requires long term management. Pharmacotherapy is appropriate for chronic management.
- It is important to continue to recognize your own internal bias and stigma around obesity and understand potential barriers needing to be understood as you continue to re-frame how you clinically management individuals with obesity for long term success.
- Individualization of pharamacotherapy is part of the art of management; a stepwise approach can help you to assess with FDA approved medication may have the best whole-person benefit.
- If one medication does not work, try another.