OBESITY MANAGEMENT IN PRIMARY CARE CERTIFICATE PROGRAM:

A Practice Management & Leadership Training Program for PAs and NPs

ICD-10 Codes for Obesity Management
Tip Sheet

When coding for obesity, code for both the obesity diagnosis as well as BMI.

Obesity codes:
- E66.1 Drug-induced obesity
- E66.2 Severe obesity with alveolar hypoventilation
- E66.3 Overweight
- **E66.8 Other obesity**
- **E66.9 Obesity, unspecified**

NOTE: Recommended codes commonly used.

Obesity codes that should be avoided:
- E66.0 Obesity due to excess calories
- E66.01 Severe obesity due to excess calories
- E66.09 Other obesity due to excess calories

NOTE: these 3 codes are stigmatizing and should be avoided.

BMI Codes Z68.XX:
- Z68.25-29.9 Body mass index (BMI) 25-29.9, adult
- Z68.30-Z68.39 Body mass index (BMI) 30.0-39.9, adult
- Z68.4 Body mass index (BMI) 40 or greater, adult
- Z68.41 Body mass index (BMI) 40.0-44.9, adult
- Z68.42 Body mass index (BMI) 45.0-49.9, adult
- Z68.43 Body mass index (BMI) 50-59.9, adult
- Z68.44 Body mass index (BMI) 60.0-69.9, adult
- Z68.45 Body mass index (BMI) 70 or greater, adult

Counseling codes you may use also include:
- Z71.3 Dietary counseling and surveillance
- Z71.89 Other specified counseling (including exercise counseling)

NOTE: Actual coverage and reimbursement decisions are made by individual payers following the receipt of claims.