

**CME POST-TEST****All post-tests must be completed and submitted online.**

EXPIRATION DATE: JANUARY 2022

Earn Category I CME Credit by reading both CME articles in this issue, reviewing the post-test, then taking the online test at <http://cme.aapa.org>. Successful completion is defined as a cumulative score of at least 70% correct. This material has been reviewed and is approved for 1 hour of clinical Category I (Preapproved) CME credit by the AAPA.

**TUMOR LYYSIS SYNDROME**

- 1. TLS can occur spontaneously in patients with which high-risk malignancies?**
  - a. prostate cancer
  - b. breast cancer
  - c. acute leukemia and high-grade lymphoma
  - d. squamous cell carcinoma
  
- 2. According to the Cairo and Bishop classification system, a diagnosis of laboratory TLS can be made by which of the following metabolic abnormalities occurring within 3 days before or up to 7 days after initiation of cancer treatment?**
  - a. hyperkalemia and hypercalcemia
  - b. hyperkalemia and hypocalcemia
  - c. hyperphosphatemia and hypokalemia
  - d. hyperuricemia and hypercalcemia
  
- 3. According to the Cairo and Bishop classification system, a diagnosis of clinical TLS can be made with the presence of laboratory TLS plus which of the following findings?**
  - a. deteriorating mental status
  - b. tachycardia with tachypnea
  - c. renal insufficiency
  - d. jaundice
  
- 4. Which statement is correct about risk factors for developing TLS?**
  - a. Patients with preexisting renal disease are at high risk for TLS.
  - b. Patients with solid tumors are at higher risk for TLS than those with hematologic malignancies.
  - c. Larger tumor size is not associated with TLS risk.
  - d. Women are at greater risk of TLS than men.
  
- 5. In TLS, massive tumor cell death leads to the release of intracellular components into the bloodstream. Which laboratory findings are likely to be found in a patient with TLS?**
  - a. hyperuricemia, hyperphosphatemia, hypocalcemia, hyperkalemia
  - b. hyperuricemia, hyperphosphatemia, hypercalcemia, hyperkalemia
  - c. hyperuricemia, hyperphosphatemia, hypocalcemia, hypokalemia
  - d. hyperuricemia, hypophosphatemia, hypocalcemia, hyperkalemia

**HYPERTENSION IN CHILDREN**

- 6. According to the 2017 AAP guidelines, what percentage of children and adolescents ages 1 to 18 years living in the United States are hypertensive?**
  - a. 0.5% to 1.5%
  - b. 2% to 4%
  - c. 10.5%
  - d. 16.3%
  
- 7. What is the most common cause of high BP in children and adolescents?**
  - a. renal disease
  - b. coarctation of the aorta
  - c. obesity
  - d. primary hypertension
  
- 8. Which statement is correct about high BP in children and adolescents?**
  - a. High BP is less likely among Hispanic children and adolescents than among non-Hispanic Whites.
  - b. The rate of high BP among adolescents is similar to the rate for younger children.
  - c. High BP affects boys more than girls.
  - d. High BP is more prevalent among non-Hispanic White children and adolescents than among Blacks.
  
- 9. In a patient with an abnormal BP noted during a clinic visit, which of the following would be the recommended next step according to the 2017 AAP guidelines?**
  - a. Take oscillometric or auscultatory measurements twice during the same visit.
  - b. Repeat the BP measurements in 12 months.
  - c. Begin treatment with a diuretic if two measurements taken during the same visit are both elevated.
  - d. Diagnose hypertension if the patient's BP is elevated at two separate visits.
  
- 10. Which statement is correct about pediatric secondary hypertension?**
  - a. Secondary hypertension is more likely in obese children and adolescents.
  - b. All children age 6 years and older should be thoroughly evaluated for secondary causes of hypertension if they have a positive family history of hypertension and are overweight or obese.
  - c. If secondary hypertension is strongly suspected, the workup and initial treatment should be completed by the primary care provider before referral to a specialist is considered.
  - d. Renal disease and renovascular disease are among the most common secondary causes of hypertension in children, particularly those younger than age 6 years.