

OBESITY MANAGEMENT IN PRIMARY CARE CERTIFICATE PROGRAM:

A Practice Management & Leadership Training Program for PAs and NPs



2020-2021 PROGRAM SYLLABUS

This syllabus belongs to:

FORWARD

Leading transformation is influencing behavior and clinical results through positive and collaborative means.

This statement captures the essence of our perspective on leading change in practice with colleagues, staff, and patients. Implied in this view are underpinnings of this program that you are about to begin. Being able to influence behavior and business results through positive and collaborative means requires skill—skill in effectively interacting with people, and skill in knowing how to connect with the right people for the right purpose.

This training program is different from most. Your learning opportunity will be drawn from your own personal experiences. You will traverse webinars, workshops, and other activities; you will be working closely with your peers and coaches as you navigate this practice improvement initiative designed exclusively for NPs and PAs working in the primary care setting.

This is not your traditional “study guide.” It is a learning journal designed to be interactive and support experiential learning. Here, we invite you to keep your personal thoughts, reflect on current practice behaviors, document learnings, and use the various handouts designed for each activity in this program.

Are you ready? Let us begin to explore together how you can improve your skills in obesity management!

*It's only through practice and more practice,
until you can do something without conscious effort.*

What's your purpose for engaging in this Program?

“We cannot become what we need to be by remaining what we are.”

- Max Dupree

What would you like to learn and experience in this Program?

Imagine that it's 14 months from now, and you've learned and experienced what you wanted in the Program.

In this desired future, how will your professional life be different?

How will you be different?

TABLE OF CONTENTS

Program Overview	7
Schedule of Events	8
Expectations for Engagement	15
Assessment Activities	16
Communication	16
Confidentiality and Copyright	17

NOTE: *This is a dynamic, working document. It will be updated throughout the course of this Program as new Program information becomes available. You will receive a notification via email when a new version is posted in AAPA's Learning Central.*

PROGRAM OVERVIEW

Purpose

The purpose of this Program is to support the professional development and goals of PAs and NPs who want to build obesity management clinics in their primary care practices.

Aims

The primary aims are to:

- Teach PAs and NPs to develop and implement a patient-centered obesity management program in their primary care practices.
- Enhance the knowledge, skills, confidence, and competency levels of PAs and NPs relative to obesity screening, treatment decision-making, counseling, referrals, and patient engagement.
- Train participants on obesity management best practices relating to clinical performance and practice transformation.

Program Learning Objectives

Upon completion of the Program, participants will be able to:

1. Assess patients' readiness to make lifestyle changes and support them through lifestyle stages to achieve desired behavior change.
2. Demonstrate evidence-based lifestyle, pharmacologic, and surgical treatment options, including their pros and cons, for managing obesity.
3. Effectively counsel and motivate patients and engage patients in shared decision-making.
4. Develop and implement an office infrastructure to manage patients with obesity, including collaboration, consultation, and communication with outsourced healthcare providers and other obesity services.
5. Design and implement a sustainable obesity program in their clinical practice setting, while developing participant management and leadership skills required for successful obesity management.

SCHEDULE OF EVENTS

Below is a preliminary schedule of activities for the **2020–2021 Obesity Management in Primary Care Certificate Program**. Clinical webinars have been scheduled for the 2nd Tuesday of the month (except for December 2020). **Participants are required to complete all Clinical Webinars (live and on-demand) in addition to the associated pre-, posttest, and evaluations affiliated with each webinar.** These webinars are followed by Coaching webinars, which are scheduled to take place two (2) weeks later (see schedule of events grid below). The goal of these webinars, is to have participants reflect on knowledge gained in the clinical webinars and immediately apply lessons learned to practice. During the Coaching Webinars, your coaches will review key pearls from the Clinical Webinars and take a deeper dive to help with knowledge translation and answer any questions you may have on the module topic.

Coaches will also be scheduling “office hours” to support you as needed throughout the course of the program. Coaches will post hours each month. Here you can dialogue with coaches about practice challenges you face relative to obesity management in your clinics.

Lastly, you may submit questions to your coaches via the Discussion Forum located within the program in AAPA’s Learning Central. **We ask that you submit questions by 3pm ET on the Sunday before each Clinical and Coaching webinar.** You will receive more information on how to use the Discussion Forum in your training materials.

	ACTIVITY DESCRIPTION	DATES & TIMES*
SEPTEMBER 2020	Baseline Assessment <i>This assignment is required.</i>	<input type="checkbox"/> Start date: 09/20/20 Completion date: 10/20/20
OCTOBER	Pre-work Module: AAPA, TOS, and ILP have assigned these pre-work assignments so that participants begin the course with consistent and current information regarding obesity management in 2020. These two activities will prepare you for optimal engagement as you begin your journey and engage with coaches, faculty, and each other! You will receive up to 3.5 CME/CE credits for completing these activities. <i>This assignment is required.</i>	<input type="checkbox"/> Start date: 10/22/20 Completion date: 11/25/20
NOVEMBER	Welcome Webinar On Wednesday, November 4, 2020, participants are invited to engage in the Program’s Welcome Webinar. The purpose of this webinar is to review program goals and objectives, discuss schedule of events and expectations for engagement as well meet your Coaches! This activity is not mandatory and will be recorded for those who are unable to attend. You will receive an email invite to register for this event the by 10/23/20.	<input type="checkbox"/> Welcome Webinar Wednesday, 11/04/20 at 7pm ET (60 minutes)

	ACTIVITY DESCRIPTION	DATES & TIMES*
<p>DECEMBER</p>	<p>Module 1: Pathophysiology</p> <p>Learning Objectives</p> <ol style="list-style-type: none"> 1. Describe appetite control and energy balance regulation and the dysregulation that occurs in obesity. 2. Discuss the multiple determinants of the development of obesity. 3. Accept obesity as a disease based on the pathophysiology and impact on organ function. 4. Explain the underlying challenges of weight regain and metabolic adaptation. <p>Faculty: Christine Kessler, MN, CNS, ANP, BC-ADM, CDTC, FAAN Founder, Nurse Practitioner Metabolic Medicine Associates King George, Virginia</p>	<p><input type="checkbox"/> Clinical Webinar (<i>required</i>) Tuesday, 12/01/20 at 7pm ET (90 minutes)</p> <p><input type="checkbox"/> Coaching Webinars:</p> <ul style="list-style-type: none"> • PAs <ul style="list-style-type: none"> ○ Monday, 12/14/20 ○ 12pm ET ○ 1pm ET ○ Tuesday, 12/15/20 ○ 7:30pm ET • NPs <ul style="list-style-type: none"> ○ Tuesday, 12/15/20 ○ 12pm ET ○ 3pm ET ○ 7pm ET <p><input type="checkbox"/> Coaches will post “office hours” as needed and notify their teams accordingly.</p>
<p>JANUARY 2021</p>	<p>Module 2: Overcoming Bias</p> <p>Learning Objectives</p> <ol style="list-style-type: none"> 1. Incorporate alternatives to minimize weight bias, stigma, and discrimination in the treatment of patients affected by obesity. 2. Describe the psychological and physical effects of internalization of weight bias, stigma, and discrimination for the patient and the clinician in the management of obesity. 3. Demonstrate ways to diminish weight bias in the office setting. 4. Identify organizations and efforts one can take to advocate for obesity as a disease. <p>Faculty: Sharon M. Fruh, Ph.D., RN, FNP-BC, FAANP Professor Associate Dean for Research, Evaluation, and Development College of Nursing University of South Alabama Mobile, AL</p>	<p><input type="checkbox"/> Clinical Webinar (<i>required</i>) Tuesday, 01/12/21 at 7pm ET (90 minutes)</p> <p><input type="checkbox"/> Coaching Webinars:</p> <ul style="list-style-type: none"> • PAs <ul style="list-style-type: none"> ○ Monday, 01/25/21 ○ 12pm ET ○ 1pm ET ○ Tuesday, 01/26/21 ○ 7:30pm ET • NPs <ul style="list-style-type: none"> ○ Tuesday, 01/26/21 ○ 12pm ET ○ 3pm ET ○ 7pm ET <p><input type="checkbox"/> Coaches will post “office hours” as needed and notify their teams accordingly.</p>

	ACTIVITY DESCRIPTION	DATES & TIMES*
FEBRUARY	<p>Module 3: Screening and Diagnosis</p> <p>Learning Objectives</p> <ol style="list-style-type: none"> 1. Diagnose obesity and document the diagnosis in the medical record. 2. Apply obesity-specific components to a history and physical exam. 3. Identify a patient’s stage of obesity. <p>Faculty: Amy Ingersoll, PA-C, MMS Program Faculty and PA Practice Coach Program Director, Obesity Medicine FORTE Phoenix, AZ</p>	<p><input type="checkbox"/> Clinical Webinar (<i>required</i>) Tuesday, 02/09/21 at 7pm ET (90 minutes)</p> <p><input type="checkbox"/> Coaching Webinars:</p> <ul style="list-style-type: none"> • PAs <ul style="list-style-type: none"> ○ Monday, 02/22/21 <ul style="list-style-type: none"> ○ 12pm ET ○ 1pm ET ○ Tuesday, 02/23/21 <ul style="list-style-type: none"> ○ 7:30pm ET • NPs <ul style="list-style-type: none"> ○ Tuesday, 02/23/21 <ul style="list-style-type: none"> ○ 12pm ET ○ 3pm ET ○ 7pm ET <p><input type="checkbox"/> Coaches will post “office hours” as needed and notify their teams accordingly.</p>
MARCH	<p>Module 4: Foundations of Treatment</p> <p>Learning Objectives</p> <ol style="list-style-type: none"> 1. Apply behavioral interventions in the treatment of obesity in primary care. 2. Conduct comprehensive nutritional counseling as part of an obesity management plan. 3. Conduct effective physical activity counseling as part of an obesity management plan. <p>Faculty: Karli Burrige, PA-C, MMS, FOMA Founder Gaining Health Chicago, IL</p>	<p><input type="checkbox"/> Clinical Webinar (<i>required</i>) (<i>required</i>) Tuesday, 03/09/21 at 7pm ET (90 minutes)</p> <p><input type="checkbox"/> Coaching Webinars:</p> <ul style="list-style-type: none"> • PAs <ul style="list-style-type: none"> ○ Monday, 03/22/21 <ul style="list-style-type: none"> ○ 12pm ET ○ 1pm ET ○ Tuesday, 03/23/21 <ul style="list-style-type: none"> ○ 7:30pm ET • NPs <ul style="list-style-type: none"> ○ Tuesday, 03/23/21 <ul style="list-style-type: none"> ○ 12pm ET ○ 3pm ET ○ 7pm ET <p><input type="checkbox"/> Coaches will post “office hours” as needed and notify their teams accordingly.</p>

	ACTIVITY DESCRIPTION	DATES & TIMES*
<p>APRIL</p>	<p>Module 5: Pharmacotherapy</p> <p>Learning Objectives</p> <ol style="list-style-type: none"> 1. Initiate appropriate pharmacotherapy early in the obesity management plan according to clinical practice guidelines. 2. Summarize the mechanisms of action, safety, efficacy, and dosing of anti-obesity medications. 3. Select an appropriate medication based on patient characteristics and comorbid conditions. <p>Faculty: Angela Golden, DNP, FNP-C, FAANP Program Faculty and NP Practice Coach Owner, NP from Home (dba) NP Obesity Treatment Clinic Munds Park, AZ</p>	<p><input type="checkbox"/> Clinical Webinar (<i>required</i>) Tuesday, 04/13/21 at 7pm ET (90 minutes)</p> <p><input type="checkbox"/> Coaching Webinars:</p> <ul style="list-style-type: none"> • PAs <ul style="list-style-type: none"> ○ Monday, 04/26/21 <ul style="list-style-type: none"> ○ 12pm ET ○ 1pm ET ○ Tuesday, 04/27/21 <ul style="list-style-type: none"> ○ 7:30pm ET • NPs <ul style="list-style-type: none"> ○ Tuesday, 04/27/21 <ul style="list-style-type: none"> ○ 12pm ET ○ 3pm ET ○ 7pm ET <p><input type="checkbox"/> Coaches will post “office hours” as needed and notify their teams accordingly.</p>
<p>MAY</p>	<p>PDSA Cycle Plan Kick-off Participants will receive PDSA cycle plan assignments and review activity goals and deliverables with coaches. Coaching webinars this month will focus on PDSA cycle plan set up and implementation. The PDSA Cycle Plan activities are independent-study assignments. Continuous engagement working on your PDSA Cycle plans is expected over the course of this program.</p> <p>AAPA Workshop (Live/Virtual) Conference dates May 22–26</p> <p>During this workshop participants will present PDSA plan updates, engage with faculty, and enhance knowledge and skills in the areas of obesity management leadership, advocacy, and research. More details to follow.</p>	<p><input type="checkbox"/> Coaches will post “office hours” as needed and notify their teams accordingly.</p> <p><input type="checkbox"/> Workshop date: TBD</p>

	ACTIVITY DESCRIPTION	DATES & TIMES*
<p>JUNE</p>	<p>Module 6: Devices and Surgery</p> <p>Learning Objectives</p> <ol style="list-style-type: none"> 1. Identify patients who might be appropriate candidates for referral for surgery or devices. 2. Describe current FDA and ASMBS approved metabolic and bariatric surgery and devices. 3. Summarize the effects of bariatric surgery on weight reduction and comorbidities. 4. Develop a long-term management plan for patients who have had a bariatric surgical procedure. <p>Faculty: Not yet confirmed.</p>	<p><input type="checkbox"/> Clinical Webinar (<i>required</i>) Tuesday, 06/08/21 at 7pm ET (90 minutes)</p> <p><input type="checkbox"/> Coaching Webinars:</p> <ul style="list-style-type: none"> • PAs <ul style="list-style-type: none"> ○ Monday, 06/21/21 ○ 12pm ET ○ 1pm ET ○ Tuesday, 06/22/21 ○ 7:30pm ET • NPs <ul style="list-style-type: none"> ○ Tuesday, 06/22/21 ○ 12pm ET ○ 3pm ET ○ 7pm ET <p><input type="checkbox"/> Coaches will post “office hours” as needed and notify their teams accordingly.</p>
<p>JULY</p>	<p>Module 7: How to Apply Foundations of Care When Obesity is the Chief Complaint</p> <p>Learning Objectives</p> <ol style="list-style-type: none"> 1. Formulate an eating and physical activity plan based on individual patient characteristics and preferences. 2. Develop a specific follow-up plan for continued nutrition counseling based on individual patient characteristics and needs. 3. Prescribe an appropriate anti-obesity medication based on individual patient characteristics and needs. <p>Faculty: Amy Ingersoll, PA-C, MMS Program Faculty and PA Practice Coach Program Director, Obesity Medicine FORTE Phoenix, AZ</p> <p>Robert Kushner, MD Program Planning Committee and Chair Education Committee, TOS Professor of Medicine and Medical Education Northwestern University Feinberg School of Medicine Director, Center for Lifestyle Medicine</p>	<p><input type="checkbox"/> Clinical Webinar (<i>required</i>) Tuesday, 07/13/21 at 7pm ET (90 minutes)</p> <p><input type="checkbox"/> Coaching Webinars:</p> <ul style="list-style-type: none"> • PAs <ul style="list-style-type: none"> ○ Monday, 07/26/21 ○ 12pm ET ○ 1pm ET ○ Tuesday, 07/27/21 ○ 7:30pm ET • NPs <ul style="list-style-type: none"> ○ Tuesday, 07/27/21 ○ 12pm ET ○ 3pm ET ○ 7pm ET <p><input type="checkbox"/> Coaches will post “office hours” as needed and notify their teams accordingly.</p>

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AUGUST	ACTIVITY DESCRIPTION	DATES & TIMES*
AUGUST	<p>Module 8: Managing Patients with Obesity-related Complications</p> <p>Learning Objectives</p> <ol style="list-style-type: none"> 1. Explain the pathophysiologic mechanisms by which excess adiposity causes obesity-related complications. 2. Evaluate obesity-related complications and comorbidities that may require treatment or referral. 3. Develop an individualized treatment plan based on a patient’s obesity-related complications and comorbidities. 4. Adjust obesogenic medications in a patient’s current medication regimen when clinically appropriate. <p>Faculty: Not yet confirmed.</p>	<p><input type="checkbox"/> Clinical Webinar (<i>required</i>) Tuesday, 08/10/21 at 7pm ET (90 minutes)</p> <p><input type="checkbox"/> Coaching Webinars:</p> <ul style="list-style-type: none"> • PAs <ul style="list-style-type: none"> ○ Monday, 08/23/21 <ul style="list-style-type: none"> ○ 12pm ET ○ 1pm ET ○ Tuesday, 08/24/21 <ul style="list-style-type: none"> ○ 7:30pm ET • NPs <ul style="list-style-type: none"> ○ Tuesday, 08/24/21 <ul style="list-style-type: none"> ○ 12pm ET ○ 3pm ET ○ 7pm ET <p><input type="checkbox"/> Coaches will post “office hours” as needed and notify their teams accordingly.</p>
SEPTEMBER	<p>Module 9: Documentation, Billing, and Coding</p> <p>Learning Objectives</p> <ol style="list-style-type: none"> 1. Summarize evaluation and management codes to bill for office visits for obesity management. 2. Properly document time in counseling and education to support using time for billing. 3. Identify additional services to maximize reimbursement for obesity management in primary care. <p>Faculty: Not yet confirmed</p>	<p><input type="checkbox"/> Clinical Webinar (<i>required</i>) Tuesday, 09/14/21 at 7pm ET (90 minutes)</p> <p><input type="checkbox"/> Coaching Webinars:</p> <ul style="list-style-type: none"> • PAs <ul style="list-style-type: none"> ○ Monday, 09/27/21 <ul style="list-style-type: none"> ○ 12pm ET ○ 1pm ET ○ Tuesday, 09/28/21 <ul style="list-style-type: none"> ○ 7:30pm ET • NPs <ul style="list-style-type: none"> ○ Tuesday, 09/28/21 <ul style="list-style-type: none"> ○ 12pm ET ○ 3pm ET ○ 7pm ET

		<input type="checkbox"/> Coaches will post “office hours” as needed and notify their teams accordingly.
	ACTIVITY DESCRIPTION	DATES & TIMES*
OCTOBER	<p>Module 10: Blueprint of Care: Putting It All Together</p> <p>Learning Objectives</p> <ol style="list-style-type: none"> 1. Develop appropriate, individualized treatment plans for patients with obesity. 2. Structure visits for obesity management in primary care. 3. Design a long-term management plan for obesity based on the chronic and progressive nature of the disease. <p>Faculty: Amy Ingersoll, PA-C, MMS Program Faculty and PA Practice Coach Program Director, Obesity Medicine FORTE Phoenix, AZ</p> <p>Angela Golden, DNP, FNP-C, FAANP Program Faculty and NP Practice Coach Owner, NP from Home (dba) NP Obesity Treatment Clinic Munds Park, AZ</p> <p>Robert Kushner, MD (Moderator) Program Planning Committee and Chair Education Committee, TOS Professor of Medicine and Medical Education Northwestern University Feinberg School of Medicine Director, Center for Lifestyle Medicine Northwestern Medicine Chicago, IL</p>	<input type="checkbox"/> Clinical Webinar (<i>required</i>) Tuesday, 10/12/21 at 7pm ET (90 minutes) <input type="checkbox"/> Coaching Webinars: <ul style="list-style-type: none"> • PAs <ul style="list-style-type: none"> ○ Monday, 10/25/21 ○ 12pm ET ○ 1pm ET ○ Tuesday, 10/26/21 ○ 7:30pm ET • NPs <ul style="list-style-type: none"> ○ Tuesday, 10/26/21 ○ 12pm ET ○ 3pm ET ○ 7pm ET <input type="checkbox"/> Coaches will post “office hours” as needed and notify their teams accordingly.

	ACTIVITY DESCRIPTION	DATES & TIMES*
<p>NOVEMBER</p>	<p>PDSA Cycle Plan Wrap-up</p> <p>By now participants will be concluding their PDSA Cycle plans. You will discuss the PDSA Cycle plan experience and upload your PDSA plans for goals 1 and 2 via the assignment’s app in the Program portal. Successful submission will result in participants receiving their 10 CME/CE practice application credits from AAPA.</p> <p>Follow-up Assessment</p>	<p><input type="checkbox"/> Coaching Webinars:</p> <ul style="list-style-type: none"> • PAs <ul style="list-style-type: none"> ○ Monday, 11/15/21 <ul style="list-style-type: none"> ○ 12pm ET ○ 1pm ET ○ Tuesday, 11/16/21 <ul style="list-style-type: none"> ○ 7:30pm ET • NPs <ul style="list-style-type: none"> ○ Tuesday, 11/16/21 <ul style="list-style-type: none"> ○ 12pm ET ○ 3pm ET ○ 7pm ET <p><input type="checkbox"/> Coaches will post “office hours” as needed and notify their teams accordingly.</p> <p><input type="checkbox"/> Start date: 11/01/21 Completion date: 11/30/21</p>
<p>DECEMBER</p>	<p>Best of Obesity Week 2021 Podcast CME/CE Activity</p> <p>Program Evaluation & Certificate Processing*</p> <p>*NOTE: Program certificates will be mailed to you upon completion of the program evaluation. Expect 7–10 business days for delivery.</p>	<p><input type="checkbox"/> Podcast 12/01/21–12/15/21 <i>(required)</i></p> <p><input type="checkbox"/> Start date: 12/15/21 Completion date: 12/31/21</p>

***NOTE:** Dates and times may change based on faculty scheduling.

EXPECTATIONS FOR ENGAGEMENT

The **2020 -2021 Obesity Management in Primary Care Certificate Program** is a dynamic blended learning program consisting of asynchronous and synchronous activities. We understand that each participant will enter this course with his/her own perceptions and experiences. We expect all participants to draw from their personal and professional experience as a foundation. The Program Faculty and Coaches will help you build on your existing knowledge and facilitate collaborative learning among your peers.

Furthermore, this is a learner-centric course that includes practice-based exercises such as the Plan, Do, Study, Act (PDSA) cycle plans designed to help you set realistic obesity management practice goals for

your clinics. There will be two goals or PDSA Cycle plans you will work on independently with the support of your Coaches. Each PDSA Cycle is six weeks. The PDSA cycle plans are action-oriented plans that you will implement and sustain in your clinics. You will receive separate materials and webinar activities relative to PDSA cycle plans throughout this program.

Lastly, given the dynamic nature of this program, we expect that all participants stay engaged and keep up with completing assignments on time. **Participants who fail to consistently complete assignments on time will be terminated from the program.** With that said, we do understand that life sometimes gets in the way, so please openly communicate with your Coaches when challenges arise.

ASSESSMENT ACTIVITIES

Throughout this program, you will be required to complete self-assessment surveys at baseline, follow-up, and pre/post each Module. The purpose of these assessments is to help you reflect on your current orientation and practice behaviors relative to obesity management, as well as measure educational impact and outcomes of this educational program.

You will need to achieve a 70% (or higher) on the Module posttest to advance to the next module. Participants will have unlimited attempts to pass and can go back and review course material as needed. All assessment data in this program will remain confidential, be de-identified, and only accessible by AAPA and its educational partner ILP in order to analyze outcomes of this program. These data will also guide the development of future educational programming and related activities.

COMMUNICATION

The primary mode of communicating with your Coaches will be via the messaging feature within AAPA's Learning Central. You will also be required to submit questions relating to module topics and activities via the Discussion Forum. We ask that you submit questions related to Clinical Webinar content by 3pm on the Sunday before the Clinical Webinar date. Additionally, we request that you submit questions to your Coaches in preparation for Coaching webinar discussions by 3pm ET on the Sunday prior to your scheduled Coaching webinar. To help remind you of this, we recommend you set up calendar reminders to help keep this schedule.

Moreover, we aspire to support each of you in this community of practice program. We encourage cooperative and collaborative learning among all participants. We encourage you to interact and get to know others in this program. Participants who have opted in to share their contact information can be found in the Participant Directory within Learning Central. If your name is not listed, and you wish to have it added, please send an email to obesitycertificate@aapa.org. You may also use the Messaging feature to communicate with other program participants at any time throughout the course.

Information about how to use the Discussion Forum and Messaging features can be found in the training guide that you will receive as part of the Welcome Webinar kit in November. If you have any technical questions regarding AAPA's Learning Central please contact cmotech@aapa.org

Lastly, should you have any additional questions, please send an email to Karlee Renninger, Project Manager, AAPA at obesitycertificate@aapa.org. Our goal is to respond to you in a timely manner. However, responses may take up to 2 business days depending on volume of requests.

For content-related questions, you may email Sherlyn Celone-Arnold, Project Co-Lead, ILP at info@ilpmail.com.

CONFIDENTIALITY AND COPYRIGHT

Participation in this course is confidential. All self-assessments, pre-/posttests, and evaluations completed by participants will be de-identified. Should AAPA, TOS, or ILP wish to elicit participant endorsements for the program, participants will be asked to complete and sign a consent form.

Additionally, all program material is copyrighted by AAPA, TOS, and ILP, and shall not be used by participants outside of this course without written consent by AAPA, TOS, and ILP. To request use of materials outside of this course, please send a written request to obesitycertificate@aapa.org and a Program Manager will get back to you.

Lastly, all materials developed for this Program are for educational purposes only. Some materials denoted as provider-patient educational tools may be used in practice. Please be mindful of disclaimers on all program handouts to ensure their appropriate use.

Thanks for your decision to engage in this Program. We appreciate your commitment to enhance your skills in obesity management practice.