October 26, 2020

The Honorable Timothy Shea
Acting Administrator
Drug Enforcement Administration (DEA)
Lincoln Place-West, 700 Army Navy Drive
Arlington, VA 22202

## Dear Administrator Shea:

The undersigned organizations write to encourage the Drug Enforcement Administration (DEA) to expedite and complete its efforts to implement a telemedicine special registration process enabling providers to safely prescribe controlled substances remotely. Our experience during COVID-19 has demonstrated the value of increased access to telemedicine to enable all qualified providers, including Community Mental Health Centers and addiction treatment facilities, to prescribe Medication Assisted Treatment (MAT) to patients with Opioid Use Disorder (OUD).

On October 24, 2018, President Donald J. Trump signed into law the Substance Use-Disorder Prevention that Promotes Opioid Recovery and Treatment for Patients and Communities (SUPPORT) Act (P.L. 115-271). Section 3232 of the Act amends the Controlled Substance Act (CSA) Section 311(h)(2) to require that no later than one year after enactment, the Attorney General, in consultation with the Secretary of Health & Human Services (HHS), promulgate <u>final regulations</u> specifying the circumstances in which a special registration for telemedicine may be issued and the procedure for obtaining the registration. It has now been two full years since the SUPPORT Act was signed into law with no appreciable progress in moving forward a rulemaking process to implement this key telemedicine provision.

Given the opioid use crisis now heavily impacting the United States, the DEA's delay is difficult to comprehend. In the six months since COVID-19 brought the nation to a standstill, the opioid epidemic has taken a sharp turn for the worse. More than <u>40 states</u> have recorded increases in opioid-related deaths since the pandemic began. In Arkansas, the use of Narcan, an overdose reversing medication, has tripled. Officials in Jacksonville, FL have seen a 40 percent increase in overdose related emergency calls. In March alone, York County, PA recorded three times as many overdoses as usual.

The nationwide data is similarly alarming: drug overdoses increased 18 percent in March compared with last year, 29 percent in April, and 42 percent in May according to the Overdose Detection Mapping Application Program (ODMAP), a federal initiative that collects data from ambulance teams, hospitals, and police. Telemedicine is one of the key means of addressing this worsening crisis by expanding access to addiction treatment in underserved communities, rural areas, and communities of color.

Since the onset of the coronavirus epidemic Public Health Emergency (PHE), HHS has employed its authority under Section 1135 of the Social Security Act to waive a wide array of restrictions and limits on telemedicine imposed under Section 1834(m) of the Act. The DEA also recognized the immediate need

for expanded access to remote care during the pandemic and, in partnership with the Substance Abuse and Mental Health Services Administration (SAMHSA), exercised its regulatory authority to permit remote prescribing of controlled substances using telemedicine without a prior in-person exam, regardless of the patient's location (if the prescribing is medically appropriate and the prescriber is DEA-registered). In particular, this has allowed buprenorphine/Suboxone initiation over telemedicine. While we appreciate these PHE-related changes, statute requires the implementation of a permanent regulation. The time for that regulation is long overdue.

It should be noted that – in numerous public appearances as well as in congressional testimony – HHS Secretary Alex Azar and U.S. Surgeon General Jerome Adams repeatedly refer to MAT as "the gold standard" of addiction treatment. Buprenorphine is a key part of the MAT armamentarium. It is an opioid medication used to treat opioid addiction in the privacy of a health care practitioner's office or an outpatient clinic. Buprenorphine can be dispensed for take-home use by prescription filled in local pharmacies. These characteristics, in addition to buprenorphine's pharmacological and safety profile, make it a preferred treatment option for patients addicted to opioids.

According to a <u>Health Affairs blog</u> authored by noted academic medical experts: "Telehealth had already been proven effective for managing patients who had already started buprenorphine treatment after an in-person visit, with multiple studies demonstrating similar <u>retention</u> and <u>illicit opioid abstinence</u> <u>rates</u> among patients managed by <u>telehealth</u> compared to in-person. Prior to COVID-19, the Department of Veterans Affairs successfully implemented <u>telehealth buprenorphine management</u> for veterans with OUD and has published a toolkit to support future expansion of telehealth buprenorphine programs." Many healthcare providers across the United States have used telemedicine to expand access to MAT and report high clinician and patient satisfaction with telemedicine. In fact, the Centerstone Research Institute (CRI) even showed that telemedicine interventions have been 18 percent more effective at reducing past 30-day alcohol and tobacco use relative to face-to-face settings.

Given the worsening opioid overdose crisis, the undersigned organizations urge the DEA to move forward with the telemedicine special registration process required by federal law that will enable SAMHSA waivered clinicians, Community Mental Health Centers and addiction treatment facilities to prescribe MAT to patients with OUD employing telemedicine technology.

This important rulemaking also closely aligns with the October 5 *Executive Order on Saving Lives*Through Increased Support for Mental- and Behavioral-Health Needs and will disproportionately benefit patients with addiction disorders living in rural America and underserved urban areas.

Thank you for your attention to this important matter.

Sincerely,

Abbott House Allergy & Asthma Network Alliance for Connected Care

America's Health Insurance Plans

American Academy of Family Physicians

American Academy of PAs

American Academy of Physical Medicine and Rehabilitation

American Association of Nurse Practitioners

American Association of Suicidology

**American Geriatrics Society** 

**American Nurses Association** 

American Psychiatric Association

American Telemedicine Association

American Urological Association

Ascension

**Assisted Recovery Centers of America** 

Association for Behavioral Health and Wellness

At Your Service Psychiatry, PLLC

Banner | Aetna

California Hospital Association

Center for Freedom and Prosperity

Centerstone

Change Healthcare

CirrusMD Inc.

Clusterbusters

Columbia University Irving Medical Center

CompreCareRx

Curve Health

Directions in Independent Living, Inc.

Doxy.me

eHealth Initiative

**Eleanor Health** 

**EMBER Medical** 

Encounter Telehealth, LLC

**Epilepsy Foundation** 

ExamMed

Federation of American Hospitals

Foothold Technology

GlobalMedia Group, LLC.

GO2 Foundation for Lung Cancer

**Health Innovation Alliance** 

Healthcare Leadership Council

HealthFlow.io

Holland Healthcare

InSight + Regroup

International OCD Foundation

Leadership OD

**Legal Action Center** 

Magellan Health

Mass General Brigham

Medstar Health

Mental Health America

Minnesota HIMSS Chapter

mvmtAi inc.

National Association of Pediatric Nurse Practitioners

National Association of Social Workers

National Association of State Mental Health Program Directors

National Council for Behavioral Health

National League for Nursing

Net Medical

Netsmart

New Jersey Association of Mental Health and Addiction Agencies

NextGen Healthcare

**NOVA ScriptsCentral** 

**Palmetto Care Connections** 

PAs in Virtual Medicine and Telemedicine

PrimeCare Community Health

Psychiatric Medical Care

PursueCare

QueerDoc

Qure4u Health

Schizophrenia and Related Disorders Alliance of America

Scripps Mercy Hospital and Medical Center

Small Business & Entrepreneurship Council

Spina Bifida Association

Strategic Solutions

TeleMed2U

**UPMC** 

URAC

**UVA Health** 

ViTel Net

Xylo Technologies Inc

Zipnosis, Inc

cc: Jeffrey A. Rosen, Deputy Attorney General, U.S. Department of Justice