



AAPA CONFERENCE ON DEMAND

Deciphering Liver Tests: A Stepwise Approach Utilizing Case-Based Studies

Elevated liver enzymes are one of the most commonly identified laboratory abnormalities, but frequently, they create more questions than answers amongst providers. This session will provide clear and concise evidence-based recommendations for the initial workup and management of patients with mild, moderate, and severe elevations of liver enzymes. By utilizing a case-based presentation model, providers will be able to actively apply the strategies reviewed in this lecture to fine-tune their skills in the diagnosis and workup of patients with elevated liver enzymes.

Learning Objectives

At the conclusion of this session, participants should be able to:

- Review the role of liver tests and their general function
- Discuss initial workup of patients with mild, moderate, and severe elevations of liver enzymes
- Develop a comprehensive differential diagnosis based on the degree of liver enzyme elevation
- Recognize alarm presentations and when to refer for urgent evaluation

TRACK(S): Gastroenterology | Laboratory Medicine | Emergency Medicine

Dermatology Visual Review: Important Horses and Zebras in Primary Care

This session will provide a visual review of common and uncommon dermatological conditions that present in the primary care setting and discuss when to reassure and when to refer. This interactive session will test what attendees know and what they should know.

Learning Objectives

At the conclusion of this session, participants should be able to:

- Discuss features of morphologically-similar skin diseases
- Recognize referral patterns for common and uncommon dermatologic presentations
- Explain common pitfalls seen in evaluation and treatment of eczema and tinea

TRACK(S): Rheumatology | Dermatology



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Irritable Bowel Syndrome: Clinical Practice Update

Irritable bowel syndrome (IBS) is a common and burdensome disorder that remains poorly understood, leading to delayed diagnosis, impaired quality of life, and substantial healthcare costs. This CME session aims to provide a comprehensive review of the pathophysiology, diagnostic evaluation, and management of IBS in the primary care setting. The intent of this session is three-fold; 1) advance clinicians' understanding of the complex biopsychosocial process, 2) advocate for the use of a positive diagnostic strategy rather than a diagnosis of exclusion, and 3) promote a multimodal treatment approach that includes dietary/lifestyle behavioral modifications, pharmacologic therapies, and psychotherapies, when appropriate. As the armamentarium of prescription agents approved for IBS continues to expand, this session will offer an updated overview of medical management.

Learning Objectives

At the conclusion of this session, participants should be able to:

- Exercise the knowledge and skills to confidently diagnose and manage IBS
- Utilize the Rome IV symptoms-based criteria and selective laboratory testing to support a positive diagnostic strategy
- Incorporate a multimodal treatment approach with a focus on a therapeutic clinician-patient relationship

TRACK(S): Gastroenterology

Emergency Medicine/Urgent Care Tips and Tricks

Often, some of the best emergency medicine pearls are learned from clinical experience and not from reading a textbook. During this session, we'll review tricks that can be used in an urgent care center or emergency department. Topics covered will include wound management, orthopedics, and pediatrics. Attendees will leave this presentation with new knowledge and skills to improve patient care.

Learning Objectives

At the conclusion of this session, participants should be able to:

- Describe new tips and tricks that can help you facilitate patient care
- List new ways to solve old problems
- Review how to improvise in the emergency department



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TRACK(S): Emergency Medicine

My Hip Hurts...I Mean My Back Hurts...Something Hurts!

Appropriately diagnosing and treating hip and lumbar spine pathology can be difficult as the two are intimately related. This presentation will review the anatomy, pathophysiology, evaluation, and management of the hip and lumbar spine. Primary, urgent, and emergency care providers will learn how to differentiate between these two pathologies, supply an accurate diagnosis, and develop an appropriate treatment plan.

Learning Objectives

At the conclusion of this session, participants should be able to:

- Differentiate between the normal, and abnormal anatomy, of the spine and hip
- Describe the common disorders of the spine and hip
- Explain the clinical presentations and radiographic findings of both spine and hip patients in pain
- Recommend appropriate management and treatment options for both spine and hip disorders

TRACK(S): Orthopaedics | Emergency Medicine