



LOUISIANA

STATE HEALTH PROFILE



Overall America's Health Ranking: **50**

United Health Foundation. (2024 Annual Report). America's Health Rankings.
www.americashealthrankings.org



Source: National Commission on Certification of PAs. (2023). Statistical Profile of Board Certified PAs by State

Total Population of PAs in LA: 1,678
PAs Practicing in a Rural Area: 3.8%

- 0.2% – American Indian/Alaskan Native
- 3.3% – Asian
- 4.3% – Black/African American
- 1.7% – Multi-race
- 0.1% – Native Hawaiian/Pacific Islander
- 1.2% – Other
- 86.7% – White
- 2.4% – Prefer not to answer

4.3% – Percentage of PAs by Hispanic, Latino(a), or Spanish origin



Source: United States Census Bureau accessible at Census.gov/quickfacts

Total Population: ~4.6 Million

- 0.9% – American Indian/Alaskan Native
- 1.9% – Asian
- 32.6% – Black/African American
- 0.1% – Native Hawaiian/Pacific Islander
- 2.0% – Two or More Races
- 62.6% – White

7.3% – Hispanic/Latino
56.6% – White Alone, Not Hispanic or Latino

Populations At Risk for Health Disparities

Source: United States Census Bureau accessible at Census.gov/quickfacts

 **Veterans**
217,225


 **Language Other than English Spoken at Home**
8.3%

 **People Living with a Disability Under Age 65**
11.8%

 **People without Health Insurance Under 65**
8.2%

 **Medicaid/CHIP Enrollment**
32.4%

Kaiser Family Foundation, Medicaid State Fact Sheets 2022

 **Medicare Beneficiaries**
19%
Source: Kaiser Family Foundation, State Health Facts 2021

 **Poverty**
18.9%

 **2020 Rural Population**
28.5%

 **Persons with Less Than High School Education**
14%

Top Ten Drivers of Poor Health Rankings

1 **Economic Hardship Index**

Index of state economic conditions based on crowded housing, dependency, education, income, poverty, and unemployment

2 **Premature Death**

Years of potential life lost before age 75 per 100,000 population (1-year estimate)

3 **Homicide**

Number of deaths due to injuries inflicted by another person with intent to injure or kill per 100,000 population

4 **Adverse Childhood Experiences**

Percentage of children ages 0-17 who have ever experienced two or more of the following: parental divorce or separation; living with someone who had an alcohol or drug problem; neighborhood violence victim or witness; living with someone who was mentally ill, suicidal, or severely depressed; domestic violence witness; parent served jail time; being treated or judged unfairly due to race/ethnicity, sexual orientation, or gender identity; or death of a parent (2-year estimate)

5 **High-Risk HIV Behaviors**

Percentage of adults who reported having done any of the following in the past year: injected any drug other than those prescribed for you; been treated for a sexually transmitted disease; or given or received money or drugs in exchange for sex

6 **Chlamydia**

Number of new cases of chlamydia per 100,000 population

7 **Teen Births**

Births per 1,000 females ages 15-19

8 **Multiple Chronic Conditions**

Percentage of adults who had three or more of the following chronic health conditions: arthritis, asthma, chronic kidney disease, chronic obstructive pulmonary disease, cardiovascular disease (heart disease, heart attack or stroke), cancer (excluding non-melanoma skin cancer), depression, or diabetes

9 **Income Inequality**

Ratio of median household income at the 80th percentile to median household income at the 20th percentile

10 **Low Birth Weight**

Percentage of infants weighing less than 2,500 grams (5 pounds, 8 ounces) at birth

Source: United Health Foundation. Americas Health Rankings. www.americashealthrankings.org

1 Economic Hardship Index

- Screen, assess, and refer to resources that address education, housing, and poverty

2 Premature Death

- Collaborate with state and local health departments to understand causes of premature death and consider increased health risk screenings, increasing vaccine rates, and increasing access to care for underserved populations

3 Homicide

- Explore CDC Prevention Resources for Action and Violence Prevention in Practice resources

4 Adverse Childhood Experiences

- Consider screening and assessing patients for ACES

5 High-Risk HIV Behaviors

- Increase patient access to preventative medications such as pre-exposure prophylaxis (PrEP) or post-exposure prophylaxis (PEP)
- Screen and assess patients for HIV in accordance with recommended guidelines
- Encourage patients to use condoms correctly whenever engaging in sexual activity
- Provide education to patients on the risks of injection drug use
- Prescribe antiretroviral therapy (ART) to those who test positive as soon as possible
- Explore the CDC resources to help people find HIV prevention services in their area, including condoms, HIV testing, PrEP and PEP

6 Chlamydia

- Educate patients on abstinence, having a single sexual partner, reducing the number of sexual partners, and making sure to use latex condoms and/or dental dams properly during sex
- Integrate screening for chlamydia and other STIs into regular medical care based on CDC recommendations

7 Teen Births

- Advocate for federal and state policies to increase access to family planning services and comprehensive risk-reduction sex education
- Encourage abstinence
- Educate patients on contraceptive use using ACOG and AAP resources

8 Multiple Chronic Conditions

- Encourage patients to reduce their risk of developing chronic diseases, including eating healthy, not smoking, getting enough regular physical activity, and avoiding excessive drinking
- Explore County Health Rankings & Roadmaps and the U.S. Community Preventive Services Task Force resources to help support individuals with multiple chronic conditions such as comprehensive telehealth interventions to improve diet and text messaging interventions for medication adherence

9 Income Inequality

- Partner with Volunteer Income Tax Assistance (VITA) and Tax Counseling for the Elderly (TCE) programs to maximize income

10 Low Birth Weight

- Focus on women's long-term health before and beyond prenatal care (e.g., expanding women's access to medical and dental services)
- Promote smoking prevention and cessation programs
- Ensure that women are able to obtain adequate nutrition before and during pregnancy
- Address factors related to demographic, social, and environmental risks

Source: United Health Foundation. *Americas Health Rankings*. www.americashealthrankings.org/explore/measures

Prevalence of Top 10 Chronic Conditions

| CHRONIC CONDITION | RATES (age-adjusted prevalence) |
|---|---|
| Hypertension among adults | 58.4% |
| Obesity among adults | 40.3% |
| High cholesterol among adults who have been screened | 33.4% |
| Depression among adults | 27% |
| Diabetes among adults | 13.3% |
| Asthma among adults | 9.9% |
| COPD among adults | 8.5% |
| Cancer: Invasive cancer (all sites combined) | 475.5 age-adjusted rate (cases per 100,000) |
| Chronic kidney disease: Incidence of treated end-stage kidney disease | 2410 (cases per 1 million population) |
| Coronary heart disease: Mortality among all people, underlying cause | 109.3 age-adjusted rate (cases per 100,000) |

Source: CDC Chronic Disease Indicators accessible at <https://www.cdc.gov/cdi/>

Top 10 Causes of Death

| LEADING CAUSES OF DEATH | DEATHS (per 100,000 population) |
|--------------------------------------|---------------------------------|
| 1. Heart disease | 224 |
| 2. Cancer | 160.3 |
| 3. Accidents | 93.9 |
| 4. Drug overdose | 54.5 |
| 5. Stroke | 50.2 |
| 6. COVID | 43.1 |
| 7. Alzheimer's disease | 40 |
| 8. Chronic lower respiratory illness | 38.8 |
| 9. Diabetes | 29.9 |
| 10. Firearms | 28.8 |

Source: CDC National Center for Health Statistics Stats of the States https://www.cdc.gov/nchs/pressroom/stats_of_the_states.htm