The Honorable Robert Aderholt Chair Subcommittee on Labor, Health and Human Services, Education, and Related Agencies House Committee on Appropriations U.S. House of Representatives Washington, D.C. 20515

The Honorable Rosa DeLauro Ranking Member Subcommittee on Labor, Health and Human Services, Education, and Related Agencies House Committee on Appropriations U.S. House of Representatives Washington, D.C. 20515

Dear Chair Aderholt and Ranking Member DeLauro:

We are writing to express our concern with President Trump's proposed discretionary budget for the Department of Health and Human Services for fiscal year 2026. The budget would eliminate the Center for Disease Control and Prevention's National Center for Chronic Disease Prevention and Health Promotion.

The elimination of the National Center for Chronic Disease Prevention and Health Promotion (NCCDPHP) would be detrimental to the public health infrastructure and would undermine the administration's objective of reducing chronic disease in the U.S. The National Center for Chronic Disease Prevention and Health Promotion oversees the operation of nine chronic disease divisions including the Division of Nutrition, Physical Activity, and Obesity (DNPAO). DNPAO focuses on obesity prevention and treatment through identification and implementation of evidence-based interventions, quality standards, and epidemiologic surveillance of chronic diseases.

DNPAO is critical to addressing obesity disease prevention and treatment. Good nutrition and adequate physical activity improve health across the lifespan by supporting optimal growth and development in children, reducing the possibility of developing costly chronic diseases that can increase premature mortality. Yet, few Americans meet recommendations for a healthy diet or adequate physical activity, and many suffer chronic diseases and related health consequences.

DNPAO provides national guidance, training, and data tools that millions of health professionals rely on. Below are some of the many programs, research, and data that DNPAO supports that would be eliminated if DNPAO was no longer funded:

• **CDC growth charts**. DNPAO implements and disseminates the CDC growth charts used by pediatricians at every visit to track all children's growth over time and help kids

grow up healthy. Tracking growth is an essential part of every well-child visit that can provide an early warning if a child has a medical problem.

- The CDC BMI Calculators. The BMI Calculator is one of the most trusted CDC tools, used by more than 1 million individuals every month. Without it, the US will lose a simple and cost-effective way to assess health risk—making it harder to take action before serious problems develop.
- Annual Obesity Maps. DNPAO's annual obesity maps help the U.S. track the burden of obesity as a disease over time. These maps track obesity prevalence, associated health problems and the cost to individuals, families and the health care system. Many states rely solely on this data to describe the burden of obesity and inform decision-making. Without the obesity prevalence data, states, healthcare providers, and others would lose a trusted tool to see where and how the obesity problem is growing—and how to respond.
- Access to nutritious food for infants and children. DNPAO funding provides access to:
 - produce prescription programs that give patients free or discounted fruits and vegetables to manage their health;
 - programs that provide childcare centers with fresh food grown by local farmers; and
 - breastfeeding support in hospitals for mothers and infants, a practice that prevents serious infections, asthma, and obesity.
- **Proven prevention and lifestyle programs**. DNPAO funding provides support for:
 - Family Healthy Weight Programs, a proven chronic disease prevention and lifestyle program for millions of kids with excess weight. This includes a national list of effective family lifestyle prevention programs that are readily available for healthcare providers to refer patients to and payers to cover. DNPAO funds state and local programs across the U.S. to implement the family health weight programs. These funds would be lost and programs ended.
 - Federally Qualified Health Centers (FQHCs) to run, sustain, and improve obesity prevention programs that make a real difference in people's lives. Without this support, healthcare providers in FQHCs would lose critical infrastructure to provide evidence-based obesity prevention programs. FQHCs play a vital role in providing healthcare to children and older adults and support evidence-based health promotion programs. They are seen as "safety net providers", responsible for getting care to the nation's most vulnerable populations.
 - State Physical Activity and Nutrition (SPAN), High Obesity Program (HOP) and Racial and Ethnic Approaches to Community Health (REACH), all programs to reduce the risk of chronic disease. In 2023, CDC funded 17 states, 50 communities and tribal organizations, and 16 land grant universities through

these three programs, which focus on proven strategies to improve nutrition and physical activity, reduce health disparities, and advance the nation's chronic disease prevention efforts.

Obesity rates will continue to rise. The Administration's goal of reducing chronic disease by improving and increasing physical activity and nutrition will be thwarted without the work of DNPAO. We strongly encourage you to ensure that the HHS budget for 2026 includes the continuation of DNPAO programs and data. These programs are evidencebased and vital to the health of the nation. Given the administration's focus on addressing chronic diseases, we need these programs now more than ever. DNPAO must remain intact as part of the Department of Health and Human Services.

Sincerely,

A Philip Randolph Institute Academy of Nutrition and Dietetics Advocacy Action Network Advocates for Better Children's Diets Advocates for Responsible Care Alliance for Women's Health and Prevention American Academy of Physician Associates American Association of Clinical Endocrinology American College of Occupational and Environmental Medicine American Diabetes Association American Diabetes Association/ Obesity Association American Gastroenterological Association American Kidney Fund American Liver Foundation American Medical Women's Association American Psychological Association Services American Society for Metabolic and Bariatric Surgery American Society for Nutrition American Society for Preventive Cardiology American Society on Aging Ann & Robert H. Lurie Children's Hospital of Chicago **ARCH Community Health Coalition** Association of Diabetes Care & Education Specialists Association of State Public Health Nutritionists Association of Women's Health, Obstetric and Neonatal Nurses Better Living Fitness Boys & Girls Club of Richland County California Chronic Care Coalition Cancer Council of the Pacific Islands CancerCare **Caregiver Action Network**

Caring Ambassadors Program Center for Patient Advocacy Leader Center for Wellness and Nutrition **Chess Solutions Group** Choose Healthy Life **Choose Healthy Life** Christian Council of Delmarva Chronic Care Policy Alliance Coalition of Texans with Disabilities Color of Gastrointestinal Illnesses Colorado Gynecologic Cancer Alliance Colorado Obesity Society Common Threads Conscienhealth Crohn's & Colitis Foundation **Diabetes Leadership Council Diabetes Patient Advocacy Coalition Endocrine Society Fatty Liver Foundation** Field & Fork Network Florida Osteopathic Medical Association Gaining Health Gerontological Society of America Get Healthy Utah **Global Healthy Living Foundation** Global Liver Institute Groundwork Center for Resilient Communities Grow Portland Healthy Communities of the Capital Area Healthy Foods for Healthy Kids **Healthy Redesign** Healthy Savannah HealthyWomen Heathy Food America International Cancer Advocacy Network **Illinois Food Justice Alliance** Illinois Public Health Association Kentucky Association of School Administrators Kentucky Voices for Health La Leche League Alliance League of United Latin American Citizens (LULAC) Liver Coalition of San Diego Looms for Lupus Lupus and Allied Diseases Association, Inc.

Maine Farm & Sea to Institution MANA, A National Latina Organization Mental Health Association in New York State Michigan Academy of Nutrition and Dietetics Missouri Academy of Nutrition and Dietetics Missouri Psychological Association MoKan Weight Loss and Metabolic Health LLC Movement is Life NAHN NY CHAPTER National Asian Pacific Center on Aging National Association of Hispanic Nurses National Association of Social Workers National Association of Pediatric Nurse Practitioners National Black Nurses Association National Consumers League National Council on Aging National Hispanic Health Foundation National Kidney Foundation National Psoriasis Foundation Nevada Chronic Care Collaborative New Mexico Podiatric Medical Association New York State Academy for Nutrition and Dietetics (NYSAND) New York State Academy of Family Physicians New York Statewide Breastfeeding Coalition (NYSBC) Northeast Ohio Black Health Coalition Nourish Colorado **Obesity Action Coalition Obesity Care Advocacy Network Obesity Medicine Association** Ohio Chapter of the American College of Cardiology Organization for Latino Health Advocacy Pottstown Medical Specialists, Inc. Preventive Cardiovascular Nurses Association **Project Roots** Raymond A. Wood Foundation Roots of Life Ruby A. Neeson Diabetes Awareness Foundation Rx in Reach Georgia Coalition San Antonio Obesity Society Shoals Community Clinic Society for Public Health Education Society for Women's Health Research Society of Behavioral Medicine **STOP Obesity Alliance**

Texas Academy of Family Physicians The Center for Science in the Public Interest The International Consortium for Health Outcomes Measurement (ICHOM) The Mended Hearts, Inc. The Obesity Society The Ohio Kentucky Chapter of the ASMBS **Tri-County Community Action Teams** Trust for America's Health University of Kentucky, Department of Integrated Strategic Communication Weigh to Wellness Denver Western Colorado Weight Care Wisconsin Association of Local Health Departments and Boards Wisconsin Public Health Association WomenHeart: The National Coalition for Women with Heart Disease Wound Care Clinic - ESU YMCA of the USA Zuckerman Family Cener for Prevention & Health Promotion