

# AAPA-Morning Consult Survey: Physicians' Attitudes & Perceptions on Physician Associates

The American Academy of Physician Associates (AAPA) commissioned Morning Consult to conduct online interviews among a national sample of attending physicians from January 2 - 15, 2025.

Highlights from the survey are found below.

## PHYSICIAN-REPORTED CHALLENGES IN THE U.S. HEALTHCARE SYSTEM

- Physicians rank administrative burdens, insurance, and cost as the top three challenges in the U.S. healthcare system.
  - Greater autonomy and decision making for healthcare providers is seen as one of the top solutions to address system challenges.
- Over half of all physicians say there aren't enough providers to meet overall
  patient need in their community this rises to 57% of physicians when asked about
  availability of specialty providers in their community.
- 1 in 3 physicians report that their patient load is unmanageable, and nearly half (47%) report that they do not have enough time to spend with their patients.

#### PHYSICIAN PERCEPTIONS OF PA PROVIDED CARE

- An overwhelming 9 in 10 physicians say PAs are important to enhancing care delivery.
- 93% of physicians who work with PAs agree they help to expand access to care.
- 8 in 10 physicians who work with PAs agree that PAs provide safe and effective patient care.
- More than **three-fourths of physicians** (78%) agree PAs are trained and qualified to oversee and supervise healthcare services and staff within their scope of practice.
- 77% of physicians who work with PAs report PAs provide cost-effective care.



### PHYSICIAN PERCEPTIONS ON BARRIERS TO PA-PROVIDED CARE

- A majority of physicians agree that PAs face administrative barriers in providing care. And the top 5 reasons physicians support modernizing PA practice laws are:
  - Easing provider shortages,
  - Reducing wait times for patients,
  - Providing more access to care in underserved areas,
  - Expanding access to care regardless of the location, and
  - Reducing costs to the healthcare system overall.
- More than half (55%) of physicians say removing barriers to PA practice would reduce patient wait times.

## THE TRUE NATURE OF THE PA-PHYSICIAN RELATIONSHIP

- Physicians confirm PAs see patients autonomously in primary and specialty care settings. Overall, half (49%) report that PAs already see patients autonomously and ask for input when needed.
- 63% of all physicians report they are never or rarely (a few times a year) in the room during PA-patient interactions.
- More than 8 in 10 (83%) of physicians report that they spend a quarter or less of their time actively monitoring the PAs they work with.