



A Haunted House of Infectious Diseases

AAPA Category 1 CME Credit: 0.75

Diagnosing and treating infections are a crucial component of the daily life of a hospitalist. This session will discuss infectious diseases with high mortality rates. Case studies will be utilized to illustrate common scenarios of these diseases. We will discuss both the pearls and pitfalls of these diseases along with evidence-based diagnostic and treatment approaches.

Learning Objectives

At the conclusion of this session, participants should be able to:

- Describe the current guideline recommendations for the treatment of *C. difficile* infections
 - Discuss how to identify and treat extended-spectrum beta-lactamases (ESBLs)
 - Explain the diagnosis and management of candidemia
 - Discuss the manifestations and treatment of mucormycosis
-

Beyond the Nuts and Bolts: Discharge Planning

AAPA Category 1 CME Credit: 0.50

Successful discharges can be challenging. After this presentation, the participant will be able to recognize barriers to discharge, initiate difficult conversations with patients and their families from the start and frequently, and utilize patient-centered motivational interviewing to improve outcomes related to challenging discharges.

Learning Objectives

At the conclusion of this session, participants should be able to:

- Recognize challenges to discharges at the moment of admission
 - Tackle challenging conversations early and often
 - Utilize motivational interviewing for patient-centered care to assist with challenging discharges
-

Chronic Abdominal Pain: What You Need to Know

AAPA Category 1 CME Credit: 0.50

Chronic abdominal pain has a widespread impact on the individual and society. Diagnosis and management of patients is often challenging and frustrating. Factors that contribute to this include poor sensitivity of the history and physical exam, a broad differential diagnosis that crosses several specialties, and an often negative diagnostic workup. There are certain rare diagnoses that should be considered in the differential in the acute or hospitalized setting in certain at-risk populations. However, the vast majority of patients will not have a readily



identifiable cause and their disease will need to be treated in the context of their symptoms. Identifying and explaining mechanisms of importance for the pain experience within a biopsychosocial context are central to selecting central and peripheral treatments that have a chance for symptom reduction.

Learning Objectives

At the conclusion of this session, participants should be able to:

- Discuss the differential of chronic undiagnosed abdominal pain
 - Explain the diagnosis of disorders of gut-brain interaction (DGBI) to a patient via comprehensive and compassionate communication
 - Recognize patterns of presentation to predict best algorithmic diagnostic and treatment approach
 - Explore a case to highlight the role of multidisciplinary therapy approach to chronic abdominal pain
-

Cry Me a Liver

APA Category 1 CME Credit: 0.75

This session will include the following: an overview of causes of liver disease/cirrhosis and clinical manifestations; discussion of treatment options for patients with cirrhosis; and illustration of when to refer patients for liver transplant. It will also cover review of MELD score updates; identification of who qualifies for liver transplant based on MCA guidelines; and review of acute liver failure guidelines and updates on donor organ options and liver disease nomenclature.

Learning Objectives

At the conclusion of this session, participants should be able to:

- Describe decompensated cirrhosis management
 - Demonstrate when to refer for liver transplant
 - Explain acute liver failure guidelines
 - Discuss updates in transplant hepatology
-

Debugging Sepsis

AAPA Category 1 CME Credit: 1.0

Approximately one-third of deaths in hospitals today are due to sepsis. How can you recognize this syndrome sooner? Which treatments have the best evidence to reduce mortality and should be prioritized? Discover novel therapies to treat an ancient illness as we debug sepsis.



Learning Objectives

At the conclusion of this session, participants should be able to:

- Describe the pathophysiology of sepsis
 - Recognize and initiate appropriate therapy for sepsis quickly
 - Discuss novel approaches to sepsis treatment
-

Detoxing and Dopesick

AAPA Category 1 CME Credit: 1.0

This session addresses acute care of alcohol and opioid withdrawal to include signs, symptoms, risks, and non-pharmacologic and pharmacologic therapies.

Learning Objectives

At the conclusion of this session, participants should be able to:

- Identify the signs and symptoms of alcohol and opioid withdrawal
 - Identify the risks and complications of alcohol and opioid withdrawal
 - Identify best practice pharmacologic therapies for acute alcohol and opioid withdrawal
-

Diabetes Management in the Hospitalized Patient and Other Endocrinology Crises

AAPA Category 1 CME Credit: 1.0

Learn the most current guidelines regarding diabetes management in hospitalized patients and how to apply these to manage insulin dosing yourself. Recognize and manage diabetes emergencies and other endocrinology emergencies, such as thyroid storm and adrenal crisis.

Learning Objectives

At the conclusion of this session, participants should be able to:

- Discuss insulin dosing regimens based on patient population and nutritional status
 - Recognize diabetes emergencies: HHS, DKA, EDKA, and hypoglycemia
 - Review current literature regarding glycemic targets and insulin dosing with focus on non-ICU hospitalized patients, incorporating special populations (corticosteroids, ESRD/CKD, peri-operative)
 - Describe the initial management of thyroid storm/thyrotoxicosis and adrenal crisis
-

Dude, Where's My Blood? Evaluation of Anemia in Hospitalized Patients

AAPA Category 1 CME Credit: 0.7

The following presentation is a fast-paced, case-based, high-energy presentation on the multiple etiologies of anemia. Lecture reviews acute, chronic, micro, macro, and hemolytic



anemias, and will hear about cases and findings to determine likely etiology of anemia and best treatment. The lecture will also discuss evidence-based guidelines regarding transfusion practices as well as the impact of hospital-acquired anemia on patient outcomes.

Learning Objectives

At the conclusion of this session, participants should be able to:

- Recognize common laboratory findings associated with different types of anemia
 - Describe workup of anemia
 - Review evidence-based guidelines on transfusions
 - Describe impact of hospital-acquired anemia on patient outcomes
-

Gut Shots: A Hospitalist's Quick-Hit Digestive Disease Pearls

AAPA Category 1 CME Credit: 1.0

Gastrointestinal symptoms and syndromes are among the most commonly encountered problems in hospitalized patients. In this exciting session of high-yield clinical pearls, attendees will update their gastrointestinal diagnosis and management schema through engaging, case-based, evidence-backed discussion.

Learning Objectives

At the conclusion of this session, participants should be able to:

- Select appropriate diagnostic tests for common inpatient gastrointestinal syndromes
 - Recall appropriate management of common inpatient gastrointestinal syndromes
 - Apply findings of clinical research involving pharmacotherapy for digestive disorders encountered in the hospital
-

Hematology and Oncology Cases for the Hospitalist NP and PA

AAPA Category 1 CME Credit: 0.75

This presentation will discuss commonly encountered hospital admissions for patients with hematologic and oncologic conditions.

Learning Objectives

At the conclusion of this session, participants should be able to:

- Identify and develop treatment plans for hematologic and oncologic emergencies, such as tumor lysis syndrome and neutropenic fever
- Outline the management of mucositis/esophagitis
- Discuss the principles of management of malignant pain
- List pharmacologic options for opioid-induced constipation



Hospital Neurology: Headaches, Intracerebral Hemorrhage, and Seizures

AAPA Category 1 CME Credit: 1.0

This session will use a case-based approach to cover a variety of topics seen in hospital neurology practice including secondary headache disorders, seizures and status epilepticus, central nervous system infection, and intracerebral hemorrhage.

Learning Objectives

At the conclusion of this session, participants should be able to:

- Identify headache red flag features using the SNOOP criteria and compile differential diagnosis for secondary headache disorders
- Review diagnosis, evaluation, management, and complications associated with reversible cerebral vasoconstriction syndrome (RCVS)
- Discuss initial treatment for seizures in hospital and status epilepticus, including adequate dosing of antiseizure medications
- Review indication for initiation of acyclovir for HSV with empiric antimicrobial regimen for meningitis/encephalitis
- Highlight the recently updated guidelines for evaluation and management of intracerebral hemorrhage

Let's Make Cardiology Simple!

AAPA Category 1 CME Credit: 1.0

This session will review heart-related conditions that cardiologists handle regularly as well as review how to interpret an electrocardiogram.

Learning Objectives

At the conclusion of this session, participants should be able to:

- Illustrate basic electrocardiogram (EKG) interpretation
- Describe basic chronic heart failure (CHF) workup and treatment
- Discuss acute coronary syndrome (ACS)
- Explain hyperlipidemia (HLD)

Medical Pearls to Help you Navigate and be Successful in the Inpatient World

AAPA Category 1 CME Credit: 1.0

There are areas of medicine that you don't read about in the textbooks but are critical to success in your practice and helping patients. Some of these include effective communication, establishing strong relationships, managing one's time, doing the little things, being an effective leader, and empathy.



Learning Objectives

At the conclusion of this session, participants should be able to:

- Illustrate medicine is about communication
 - Illustrate medicine is about relationships
 - Illustrate medicine is about caring
 - Illustrate medicine is about leadership
 - Illustrate medicine is about the little things
-

Midnight Rx: Effective Strategies for Night Floor Calls

AAPA Category 1 CME Credit: 1.0

Night shift is one of the most dreaded phrases in medicine. The volume and acuity of pages can vary dramatically, and quiet nights can be shattered with one critical call. This session will serve as an overview to cross-cover medicine, how to tackle specific issues, and when to escalate care. By defining your individual approach to overnight care, and prioritizing communication with ancillary staff, you can walk into any shift feeling prepared. Evidence-based approaches to delirium, arrhythmias, fevers, foley and IV issues, and much more will be discussed. Learners have access to a continually updated guide to night medicine issues that was designed in conjunction with subspecialist faculty in the handouts. Concise documentation of overnight events will also be emphasized.

Learning Objectives

At the conclusion of this session, participants should be able to:

- Summarize the most common cross-cover calls received overnight
 - Differentiate across the standard approaches to routine patient care issues overnight
 - Apply triage concepts to multiple competing priorities during night shift
 - Demonstrate judicious decision-making in pharmacologic interventions
 - Develop a consistent strategy for cross-cover documentation and communication
-

Nutrition in an Acute Care Setting

AAPA Category 1 CME Credit: 0.50

Hear from a registered dietician about the role of a Registered Dietitian in an acute care setting. Enteral nutrition (EN), parenteral nutrition (PN), as well as protein-calorie malnutrition (PCM) will be covered in this talk.

Learning Objectives

At the conclusion of this session, participants should be able to:

- Describe the qualifications and role of a Registered Dietitian in an acute care setting



- Discuss indications for enteral (EN) vs. parenteral nutrition (PN)
 - Explore indications for short-term vs. long-term enteral nutrition
 - Discuss diagnostic criteria for protein-calorie malnutrition (PCM)
-

Ortho for the Hospitalist PA

AAPA Category 1 CME Credit: 1.0

This session will focus on non-surgical orthopedic diagnoses that the hospitalist PA may come across, either as a primary or secondary diagnosis. Through cases, learners will blend the worlds of hospital medicine and orthopedics, reviewing best practices for common orthopedic cases and some pearls and pitfalls to keep in mind.

Learning Objectives

At the conclusion of this session, participants should be able to:

- Discuss common orthopedic cases seen in the inpatient setting
 - Describe orthopedic diagnoses that require timely recognition and intervention
 - Justify treatment recommendations, including appropriate pharmacology, in various orthopedic diagnoses
-

Persistent Vomiting: Untangling Cyclic Vomiting Syndrome and Cannabinoid Hyperemesis Syndrome

AAPA Category 1 CME Credit: 0.50

During this session, the faculty will review how to accurately diagnose patients with cyclic vomiting syndrome (CVS) and cannabinoid hyperemesis syndrome (CHS), summarize treatment options, outline pharmacologic therapy, and discuss the challenges encountered when treating these patients.

Learning Objectives

At the conclusion of this session, participants should be able to:

- Identify patients with cyclic vomiting syndrome (CVS) and cannabinoid hyperemesis syndrome (CHS) based on clinical presentation
- Recognize principles of diagnostic testing for presumed CVS
- Implement a tailored management plan for treating acute episodes related to CVS and CHS
- Identify challenges when providing care for patients with CHS



Protecting Your Mental Health: A Wellness-Centered Approach

AAPA Category 1 CME Credit: 0.75

In this session, learners will hear about evidenced-based well-being intervention to reduce stress, infuse joy, and support personal and professional well-being.

Learning Objectives

At the conclusion of this session, participants should be able to:

- Discuss a 10-15-minute daily well-being intervention to support mental health
 - Discuss areas where the well-being intervention can support professional and personal well-being
 - Apply the well-being skills in a way that makes a difference to you, your patients, colleagues, and loved ones
-

Stayin' Alive: Updates in Critical Care

AAPA Category 1 CME Credit: 0.75

IMAGINE: Your pager goes off. Your patient is hypotensive, tachypneic, and tachycardic. You run to the bedside and recognize that they are mottled and minimally responsive. What do you do next? How are you feeling? In this session, we will break down how to recognize a deteriorating patient, and how to best initiate resuscitation strategies, including which IV fluids to use and when.

Learning Objectives

At the conclusion of this session, participants should be able to:

- List how to best recognize and evaluate an "unstable" patient
 - Review the impact of steroids in sepsis and septic shock
 - Explain when you could consider starting vasopressors peripherally
 - Discuss the role of platelet transfusions in central line placement in the setting of thrombocytopenia
 - Summarize how to prevent GI stress ulcers in the ICU
 - Outline "pearls" about managing/assessing hypotension
-

Sweat the Small Stuff

AAPA Category 1 CME Credit: 1.0

The following presentation is a highly emotional story of the speaker's experience after his son, just two weeks after his 4th birthday, was diagnosed with High-Risk T Cell Lymphoblastic Lymphoma. The presentation covers the ups and downs of critical illness and prolonged hospitalizations from the patient's perspective and focuses on things providers can do to make



the best of a terrible situation. After watching, learners will hopefully be moved to “sweat the small stuff” when at the bedside of their patients and help change the lives of those critically ill.

Learning Objectives

At the conclusion of this session, participants should be able to:

- Formulate strategies to assist at the bedside with patients and families suffering from critical illness
 - Identify ways to make a difference for patients encountering life-threatening illness
 - Highlight reasons that individuals go into healthcare
 - Give examples of how the small stuff can have an everlasting impact
-

The Bronchi and the Breathless: Hospital Respiratory Cases

AAPA Category 1 CME Credit: 0.75

Regardless of what specialty you practice in, there's a good chance your patient has presented with some type of respiratory complication - from pneumonia to pulmonary embolism to COPD exacerbations and much much more, this talk will focus on how to best stabilize your patients from a respiratory standpoint, including best uses for high flow nasal cannula, BiPAP, and other devices.

Learning Objectives

At the conclusion of this session, participants should be able to:

- Define and classify acute respiratory failure
 - Review oxygen supplementation techniques
 - Summarize updates for management of pulmonary embolism
 - Discuss appropriate use of NPPV
 - Outline the updated CAP guidelines
 - Diagnose acute respiratory distress syndrome and review the best treatment options for the condition
-

The Hospitalist Paging the Nephrologist

AAPA Category 1 CME Credit: 1.0

This session is focused on discussing initial workup for hyponatremia, applying correct management for hypervolemic hyponatremia, SIADH, and severe symptomatic hyponatremia. In addition, we will review basic workup and management of acute kidney injury, including when escalation to dialysis is needed.

Learning Objectives

At the conclusion of this session, participants should be able to:



- Define acute kidney injury (AKI)
 - Formulate a diagnostic and therapeutic plan for AKI
 - Recognize five indications for acute dialysis
 - Develop diagnostic workup for hyponatremia
 - Identify management strategy for three common hyponatremia scenarios
-

"The Periop Drop" — Perioperative Medicine for the NP and PA

AAPA Category 1 CME Credit: 1.0

Perioperative medicine is a growing field for both medical and surgical subspecialties. As the number and medical complexity of patients undergoing surgery increases, it is crucial for clinicians to be able to optimize these patients to both prevent and treat medical complications. This educational session will focus on essential aspects of the preoperative cardiac risk assessment and the guidelines for ordering appropriate cardiac testing. The session will also review the management of perioperative cardiac medications for both inpatient and outpatient perioperative care.

Learning Objectives

At the conclusion of this session, participants should be able to:

- Perform a cardiac risk stratification
 - Discuss the appropriate preoperative cardiac testing
 - Manage anticoagulation in the perioperative period
 - Manage cardiac medications in the perioperative period
-

When the Answers Aren't Straight Forward: LGBTQ+ Health for the Hospitalized Patients

AAPA Category 1 CME Credit: 0.75

Research has shown that LGBTQ+ patients have faced discrimination within the healthcare system. This presentation will shed light on how to provide affirming care for this population.

Learning Objectives

At the conclusion of this session, participants should be able to:

- Define common terms surrounding LGBTQ+ and gender-affirming care
 - Identify best practices in HPI and documentation surrounding LGBTQ+ care
 - Define gender-affirming interventions, associated risks, and management during inpatient hospitalization
-