



CME POST-TEST

All post-tests must be completed and submitted online.

EXPIRATION DATE: SEPTEMBER 2023

Earn Category I CME Credit by reading both CME articles in this issue, reviewing the post-test, then taking the online test at <http://cme.aapa.org>. Successful completion is defined as a cumulative score of at least 70% correct. This material has been reviewed and is approved for 1 hour of clinical Category I (Preapproved) CME credit by the AAPA.

POST-COVID-19 NEUROLOGIC SYNDROME

1. What percentage of patients were found to have suffered from at least one symptom 2 months after their COVID-19 symptomatic onset?
 - a. less than 27%
 - b. 37%
 - c. 78%
 - d. more than 87%
2. What is the terminology used to specifically describe predominately neurologic symptoms following COVID-19 illness?
 - a. PCNS
 - b. post COVID-19 syndrome
 - c. long haulers
 - d. PASC
3. Which statement best describes the process of making the diagnosis of PCNS?
 - a. MRI
 - b. CT scan
 - c. The presence of biomarkers measured at the beginning of acute COVID-19 illness
 - d. No test can definitively diagnose PASC or PCNS, therefore the diagnosis is largely clinical
4. What is the most common post-acute symptom that follows a SARS-CoV-2 infection?
 - a. Bowel and/or bladder dysfunction
 - b. Loss of sense of taste and/or smell
 - c. Fatigue
 - d. Fever
5. Which medications have been proven to help in the treatment of post-COVID-19 symptoms?
 - a. Corticosteroids
 - b. No medications have been shown to be helpful with the symptoms of "long COVID" in large-scale studies
 - c. Atorvastatin
 - d. Pyridoxine

VAPING: THE GEN Z NICOTINE CRISIS

6. In 2019, what percentage of high school students reported using e-cigarettes?
 - a. 11.7%
 - b. 20.8%
 - c. 27.5%
 - d. 35.3%
7. Of current e-cigarette users, the highest use group reported in the 2018 National Health Interview Survey was
 - a. children ages 10-12 years
 - b. teenagers ages 13 to 17 years
 - c. adults ages 18 to 24 years
 - d. adults ages 25 to 49 years
8. A patient using high-nicotine concentration e-cigarettes for 8.6 episodes of vaping daily and 10.3 puffs per episode inhales an amount of nicotine per day equivalent to
 - a. a half pack a cigarettes per day
 - b. a pack of cigarettes per day
 - c. a pack and a half of cigarettes per day
 - d. two packs of cigarettes per day
9. According to poison control centers the most common symptoms related to nicotine overdose are
 - a. tachycardia and anxiety
 - b. wheezing and coughing
 - c. nausea and vomiting
 - d. confusion and hallucinations
10. Which statement is correct about EVALI?
 - a. The syndromic appearance of EVALI includes respiratory symptoms (shortness of breath and cough) associated with neurologic symptoms (headache, fatigue)
 - b. Propylene glycol has been strongly linked to the EVALI outbreak because it was detected in bronchoalveolar lavage fluid
 - c. The most common findings on pulmonary imaging include patchy, unilateral, ground-glass opacities on CT
 - d. About half of patients require ICU admission