

# Honest Tips in Primary Care Psychiatry

MERCEDES DODGE, MPAS, PA-C, CAQ-PSYCHIATRY

Education and material collected from the Primary Care Psychiatry UC Davis/UCLrvine Fellowship

Book: Lippincott's Primary Care Psychiatry by Dr Robert McCarron, and UpToDate

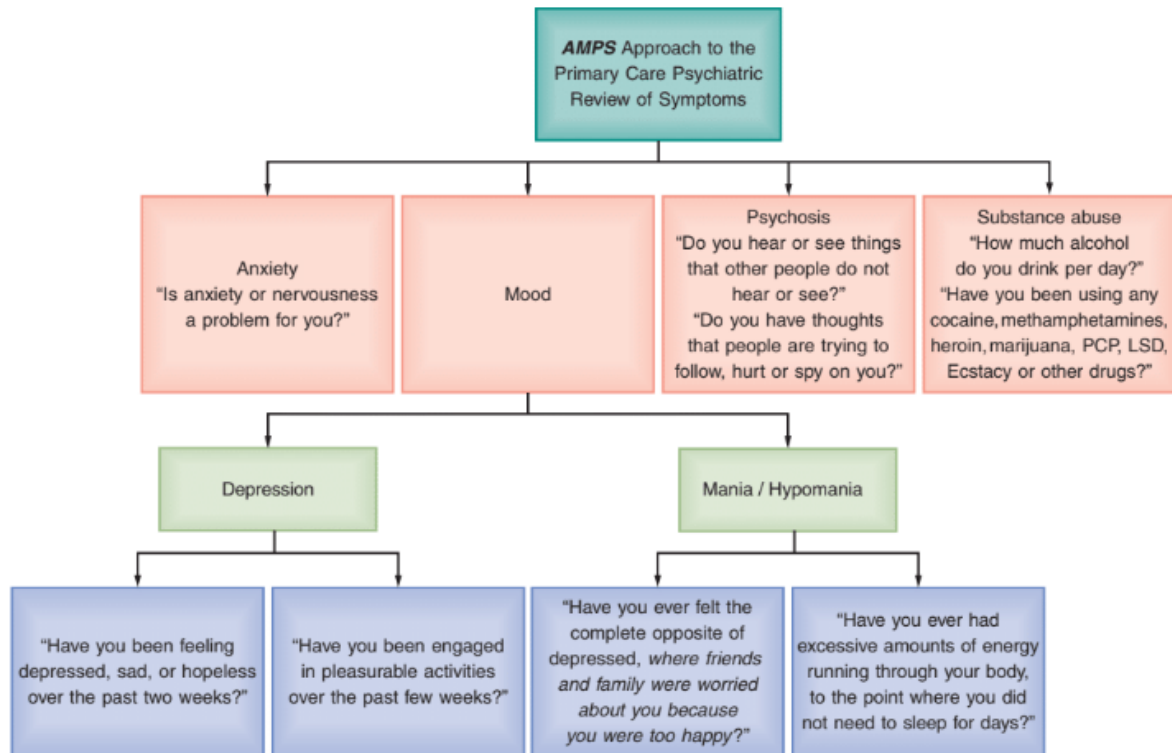


Figure 1.1 Psychiatric review of systems: AMPS screening tool.

## SSRI choices

Generic Name	Trade Name	Comment	FDA Approval (anxiety disorders)
Citalopram	Celexa	No drug interactions (Max Dose 40 mg qd d/t QTc prolongation at higher doses)	
Sertraline	Zoloft	Bit more titration needed, dose with food	OCD, PD, PTSD, SAD
Fluoxetine	Prozac	Moderate 2D6 inhibitor, mildly activating, long half-life	OCD, PD
Paroxetine	Paxil	Moderate 2D6 inhibitor, mild antichol SE's, mild weight gain, D/C syndrome	GAD, OCD, PD, PTSD, SAD
Escitalopram	Lexapro	S-enantiomer of citalopram, fewer side effects but no generic	GAD

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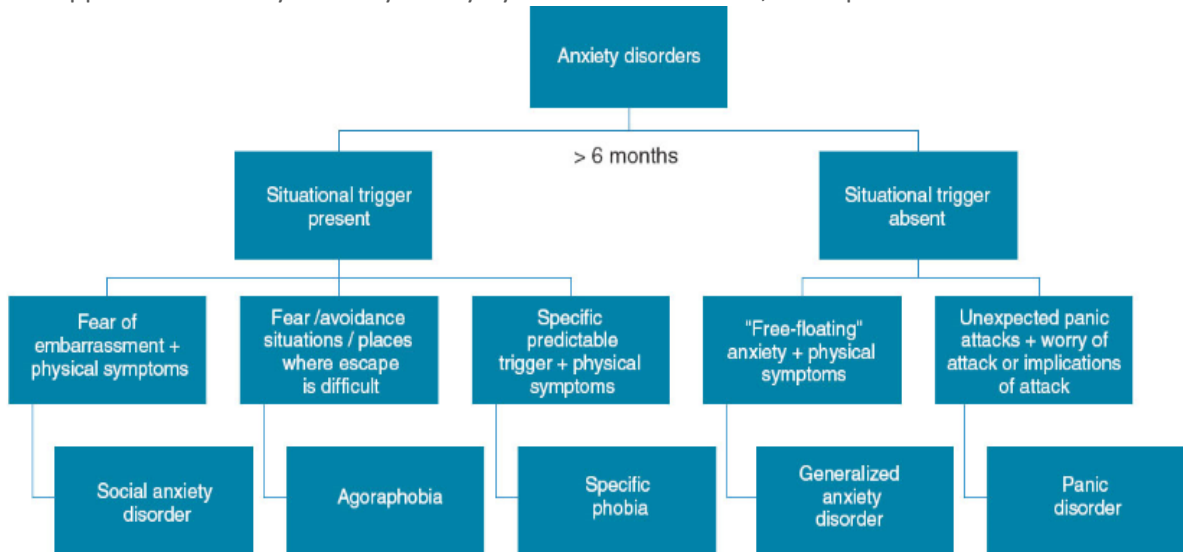


FIGURE 5-1 Diagnostic algorithm for anxiety disorders.

## The Anxiety Cycle

