25 Ways Your Program Can Improve Community Health

The list below was created based on the work of the 2015-2016 Community Health volunteer group of the Student Academy of AAPA. The work began with Resolution 2015-12 which was passed in the Assembly of Representatives in May 2015. Both a community health survey and discussion board were created in order to examine what type of community/outreach events PA students participate in and what community health problems are addressed. Information was collected from November 2015 through March 2016. For more information, please e-mail students@aapa.org or reach out to your Student Academy Regional Director.

1. WORK AT A FREE CLINIC
2. REACH OUT TO A RONALD MCDONALD HOUSE
3. VOLUNTEER AT A MEDICAL CENTER
4. HELP AT A HOMELESS SHELTER
5. VOLUNTEER AT A CHILDREN'S HOSPITAL
6. ORGANIZE A BLOOD DRIVE
7. REACH OUT TO A SENIOR LIVING COMMUNITY
8. RAISE MONEY FOR A LOCAL HEALTH ASSISTANCE FUND
9. GIVE TO A FOOD BANK
10. BUILD FOR HABITAT FOR HUMANITY
11. ORGANIZE A LOCAL RUN/WALK
12. SPEAK AT A HIGH SCHOOL
13. CREATE RESOURCES FOR MENTAL HEALTH AWARENESS
14. RUN A HOLIDAY TOY DRIVE
15. GET INVOLVED WITH A LOCAL CHURCH
16. CREATE A BONE MARROW REGISTRY
17. OFFER A COMMUNITY HEALTH SCREENING
18. VOLUNTEER WITH A DISEASE AWARENESS PROGRAM
19. CREATE A BACKPACK PROGRAM TO FIGHT CHILDHOOD HUNGER
20. BUILD AN URBAN GARDEN
21. ORGANIZE A COMMUNITY CLEAN UP
22. BUILD A LOCAL PARK
23. HELP AT AN AFTERSCHOOL PROGRAM
24. VOLUNTEER WITH A SPECIAL NEEDS PROGRAM
25. WORK WITH A LOCAL FARMER'S MARKET